North Carolina State Resources

NC Vital Records

1903 Mail Service Center Raleigh, NC 27699-1903 (919) 733-3000 https://www.ncard.us/

NC Dept. of Motor Vehicles

3101 Mail Service Center 1515 N. Church St. Rocky Mount, NC 27804 License & ID Renewal (919) 715-7000 https://www.ncdot.gov/dmv

North Carolina Resource Guides!

Our Journey
PO Box 2862
Rocky Mount, NC 27802
Let them know which county you will be releasing to and they will send a guide loaded with resources and information!

North Carolina Prisoner Legal Services PO Box 25397

Raleigh, NC 27611 919.856.2200
E-Mail: ncpls@ncpls.org
North Carolina Prisoner Legal Services
(NCPLS) is a non-profit law firm. Since 1979,
we have been dedicated to ensuring access
to the courts for people incarcerated in North
Carolina state prisons. https://www.ncpls.org/

NCWorks

855-629-6757
North Carolina's Workforce Development.
Find a Career Center near you!
https://www.ncworks.gov/vosnet/default.aspx

NC Dept of Health and Human Services

2001 Mail Service Center Raleigh, NC 27699-2000 919-855-4800 https://www.ncdhhs.gov/

AA NA AlAnon - find meetings near you! https://findrecovery.com/

Division of Child and Family Well-Being

2001 Mail Service Center
Raleigh, NC 27699-2000 1-800-662-7030
The Division of Child and Family Well-Being
works to promote healthy and thriving
children in safe, stable and nurturing families,
schools, and communities.

https://www.ncdhhs.gov/divisions/division-child-and-family-well-being

Family Support Network of North Carolina

Phone: 800-852-0042 Providing caring connections and support to families of children with disabilities, mental health challenges, and special healthcare needs and their community since 1985. https://fsnnc.org/

NC Division of Child Development and Early Education.

NC Dept of Health and Human Services 2201 Mail Service Center Raleigh, NC 27699-2200 919-814-6300 https://ncchildcare.ncdhhs.gov/

Triple P Positive Parenting Program

Support your children to cope with challenges. Triple P programs have many simple strategies you can start using right now!

www.triplep-parenting.com/nc-en/triple-p/

North Carolina Food Pantries

Find local pantries, soup kitchens, food shelves, food banks and other food help. www.foodpantries.org/st/north_carolina

Food Stamp Offices

Food and Nutrition Services (FNS) is a federal food assistance program that helps low-income families.

www.ncdhhs.gov/dss/foodstamp/index.htm

Free and Charitable Clinics

Find the health clinic nearest to you!

http://www.nafcclinics.org/clinics/search

The North Carolina Association of Free and Charitable Clinics

These clinics are part of a network that is providing quality care and improving the health and well-being of the uninsured and underinsured in North Carolina. https://ncafcc.org/our-clinic-list/

NC Dept. of Health and Human Services

The Department of Health and Human Services manages the delivery of health- and human-related services for all North Carolinians, especially our most vulnerable citizens children, elderly, disabled and low-income families. Many services and resources are available on this page https://www.ncdhhs.gov/

Find Help

Our findhelp technology features more than 300,000 free and reduced-cost programs in 50 states! https://www.findhelp.org/find-social-services/north-carolina?ref=ab redirect

North Carolina 211

211 connects you with thousands of nonprofit and government services in your area. If you want personal assistance call the three-digit number 211 or 877-947-2211. A friendly voice to talk with you 24/7/365. https://nc211.org/

NC Homeless Shelter/Soup Kitch.

http://www.homelessshelterdirectory.org/foodbanks/NCfoodbanks.html

NC Housing Coalition

3608 University Drive, Suite 201
Durham, NC 27707 919-881-0707
Leading a movement to ensure that every
North Carolinian has a home in which to live
with dignity and opportunity.
http://www.nchousing.org/

North Carolina Low Income Housing

Find low income apartments in North Carolina along with nonprofit organizations

that help with low income housing along with HUD apartments, public housing apartments, public housing authorities, and housing assistance agencies.

www.lowincomehousing.us/NC

Salvation Army Carolinas

The Army operates hundreds of facilities and services in over 50 cities around North and South Carolina.

http://www.salvationarmycarolinas.org/

North Carolina Shelters

An online directory of shelters in North Carolina.

www.shelterlist.com/state/north carolina

North Carolina Transitional Housing

1-855-860-3119

Transitional, sober housing provides supportive housing along with drug and alcohol treatment for select locations transitionalhousing.org/state/north_carolina

North Carolina Disability Resources

Government agencies and disability rights organizations in North Carolina. https://www.olmsteadrights.org/self-helptools/advocacy-resources/item.6666-North_Carolina_Disability _Resources_and_Advocacy_Organizations

Family Support Network of North Carolina

Phone: 800-852-0042. Providing caring connections and support to families of children with disabilities, mental health challenges, and special healthcare needs. https://fsnnc.org/

NC Disability Services

Disability Services helps people who have disabilities find employment, find care providers and gain access to technology helps people continue to live independently. www.ncdhhs.gov/assistance/disability-services

Aging and Adult Services

2101 Mail Service Center
Raleigh, NC 27699–2101 919-855-3400
The Division of Aging and Adult Services
works to promote the independence and
enhance the dignity of North Carolina's older
adults, persons with disabilities and their
families through a system of opportunities,
services, benefits and protections.
www.ncdhhs.gov/divisions/aging-and-adultservices

Web: https://www.communitysuccess.org/

NC4VETS

NC4Vets serves as a comprehensive resource for veterans, offering guidance, support, and direct assistance in accessing benefits, healthcare, and services tailored to their unique needs. https://nc4vets.org/

Dept. of Military and Veterans Affairs 4001 Mail Service Center Raleigh, NC 27699-4001 844-624-8387 https://www.milvets.nc.gov/services

National, State and Local Reentry Guides Choose Your State > North Carolina North Carolina Veterans Reentry Guide Incarcerated Veterans Re-entry Guides contain information on resources and how to plan a successful reentry. Web: http://www.va.gov/homeless/reentry_guides.asp File: 09_nc.pdf Wake County Nework of Care Resource Guide The Wake Network of Care is a comprehensive, up to date Service Directory to locate needed services, organizations, and supports throughout Wake County. Web: https://mentalhealth.networkofcare.org/wake-nc Wheels 4 Hope Cars are \$500. They have a Triad location - Greensboro, Winston-Salem and High Point - 336-355-9130. And a Triangle location -Raleigh, Durham and Chapel Hill - 919-832-1941. Web: https://wheels4hope.org/ Family Support Network of North Carolina Providing caring connections and support to families of children with disabilities, mental health challenges, and special healthcare needs and their community since 1985. Web: https://fsnnc.org/ North Carolina CareerOneStop Centers Locations all around the state! File: nc.pdf Our Journey Reentry Resource Guides Our Journey Reentry Resource Guides (RRG) are full of information for agencies, organizations, ministries and businesses that provide assistance in the home county of the returning citizen. We are committed to developing these RRGs for all 100 counties in Web: https://www.ourjourney2gether.com/reentry-resource-guides Charlotte Ada-Jenkins Resource Manual - 2021 90 page resource book for Charlotte, NC. File: ada-jenkins-resource-book-2021.pdf Durham Durham Re-Entry Resource Guide The Durham Prisoner Resource Round Table (DPRRT) seeks to strengthen the Durham community by connecting the disconnected to housing, education and training skills, health services, employment, family and faith based ministry. Web: http://dcia.org/DOCS/ReentryResource_Guide.pdf File: reentryresource_guide.pdf Raleigh Community Success Initiative P.O. Box 61114 Raleigh, NC 27661 Community Success Initiative (CSI) was founded with a vision to create communities where people discover their potential, set worthy goals for their lives, and take action in a positive way, with an emphasis on men and

women who are transitioning from prison and jail, or who otherwise find themselves entangled in the criminal justice system. Phone

National Resources for Everyone!

NATIONAL REENTRY HELPLINE: 814-916-2577

FREE NATIONAL REENTRY PUBLICATION!

Write for your copy! "Mapping Your Future – National Reentry Guide" (available in English and Spanish). Send your request to: Education Justice Project 1001 South Wright Street Champaign, IL 61820

Everyone On connects low-income people to affordable internet service and computers; including delivering digital skills training, www.everyoneon.org/

LibriVox Free Audio Books LibriVox provides free audiobooks. www.librivox.org/

Open Culture Free Audio Books

Free cultural and educational media access. www.openculture.com/freeaudiobooks

University of The People (free!) 100% online, tuitionfree degree programs that are designed to fit into your life. Programs include: Business Administration, Computer Science, Health Science, Education. Associate, Bachelor & Master Degrees available. www.uopeople.edu

Modern States - Freshman Year for Free dedicated to making a high quality college education free of cost and accessible to any person who seeks one. Freshman Year for Free is intended to let students earn up to one year of college credit without tuition or textbook expense. www.modernstates.org

National Urban League Jobs Network

The National Urban League is a historic civil rights organization dedicated to elevating the standard of living in historically underserved urban communities. www.nuljobsnetwork.com

America Works

America Works: work readiness training, vocational training, career placement, career advancement, and employment retention services. www.americaworks.com

PeopleReady connects people and work. Whether you need workers or youre looking for new job opportunities, were ready to deliver results for you today. www.peopleready.com

Once Fallen

2211 County Road 400 Tobias, NE 68453
Once Fallen is a leading reference & resource site for Registered Citizens. It also provides useful information to those seeking to reform or abolish the sex offense laws. Once Fallen provides information and support FREE of charge. www.oncefallen.com

Career Gear for men www.careergear.org

Dress For Success for women dressforsuccess.org

Parents Anonymous - now called Raising the Future 855-427-2736 English and Spanish 8 am - 8 pm pst. www.raisingfuture.org

National Parent Helpline 1-855-427-2736

Weekdays: 10:00 am to 7:00 pm pst www.nationalparenthelpline.org

Why Hunger Hotline: 866-348-6479

Find food pantries, soup kitchens, summer meals sites, government nutrition programs and grassroots organizations. www.whyhunger.org/find-food

Feeding America Find a food bank near you! The Feeding America nationwide network of food banks secures and distributes more than 3 billion meals each year. Contact your local community food bank to find food. www.feedingamerica.org

Assurance Wireless Lifeline Program (Free Phone) P.O. Box 5040 Charleston, IL 61920-9907 1-888-321-5880 www.assurancewireless.com Assurance Wireless provides eligible consumers with free monthly data, unlimited texting, free monthly minutes plus a free Smartphone.

Freecycle People who are giving and getting stuff for free to keep good stuff out of landfills. www.freecycle.org

National Emergency Hotlines

Domestic Violence Hotline 1-800-799-7233 Strong Hearts Native Helpline 1-844-762-8483 Human Trafficking Hotline 1-888-373-7888 Child Abuse Hotline - 1-800-422-4453

Sexual Assault Hotline - 800-656-4673 Suicide Prevention Hotline - 800-273-8255

National Association of Free & Charitable Clinics

1,400 Free and Charitable Clinics and Pharmacies provide access to healthcare for uninsured and underinsured people. www.nafcclinics.org

Free Clinics For UnInsured and Low Income

Clinics listed on our website offer services for free or at a reduced rate. Many clinics are operate under a sliding scale schedule. This means that costs to patients are calculated based on income. www.freeclinics.com

Social Security Benefits After Incarceration Individuals released from incarceration may be eligible for Social Security retirement, survivors, or disability benefits. 1-800-772-1213. If you are deaf or hard of hearing, call TTY 1-800-325-0778. www.ssa.gov/reentry/benefits