

# Maryland State Resources

## **Vital Statistics Administration**

Get a copy of your birth certificate.

<https://dhmh.maryland.gov/vsa>

## **Maryland Department of Transportation**

Motor Vehicle Administration

6601 Ritchie Highway N.E.

Glen Burnie, MD 21062

410-768-7000

<https://mva.maryland.gov/drivers/>

## **Voter Disenfranchisement Laws**

The Brennan Center map summarizes state laws on criminal disenfranchisement

<https://www.brennancenter.org/issues/ensure-every-american-can-vote/voting-rights-restoration/disenfranchisement-laws>

## **Professional Licensing**

Find out what steps are involved in getting the license for the work you want.

<http://www.dllr.state.md.us/>

## **Workforce Development**

DHS offers several programs that are dedicated to helping eligible participants find, train for, and obtain employment that will pave the way to a lifelong career.

<https://dhs.maryland.gov/workforce-development/>

## **Department of Human Services**

Many child, family, food, disability and more services can be found on the website.

<https://dhs.maryland.gov/category/services/>

## **Maryland Food Pantries**

Find local pantries, soup kitchens, food shelves, food banks and other food help.

<https://www.foodpantries.org/st/maryland>

## **Assurance Wireless Lifeline Program**

P.O. Box 5040

Charleston, IL 61920-9907

1-888-321-5880

Assurance Wireless provides eligible consumers with free monthly data, unlimited texting, free monthly minutes plus a free Smartphone. Residents of homeless shelters, nursing homes and temporary addresses may also be eligible.

<https://www.assurancewireless.com/lifeline-services/what-lifeline>

## **Freecycle.org**

We are a grassroots and entirely nonprofit movement of people who are giving and getting stuff for free in their own Towns. It's all about reuse and keeping good stuff out of landfills. Membership is free.

<https://www.freecycle.org/>

## **Smart Recovery**

The SMART Recovery 4-Point Program helps people recover from all types of addiction and addictive behaviors. SMART Recovery sponsors face-to-face meetings around the world, and daily online meetings. In addition, our online message board and 24/7 chat room are excellent forums to learn about SMART Recovery and obtain addiction recovery support. [www.smartrecovery.org/](http://www.smartrecovery.org/)

## **AA Meetings in Maryland**

Welcome to AA Maryland, a state-wide recovery resource devoted to supporting the men and women of Maryland. AA Maryland helps individuals struggling with alcoholism find the help they need on a local basis.

<https://alcoholicsanonymous.com/aa-meetings/maryland/>

## **Maryland Free Clinics and Health Centers**

Listings that can help low-income and uninsured people connect with a clinic or community health center in their area. These clinics offer free and discounted rates for medical and dental care.

[freeclinicdirectory.org/maryland\\_care.html](http://freeclinicdirectory.org/maryland_care.html)

**MD Dept. of Health**

Promoting lifelong health and wellness for all Marylanders We work together to support and improve the health and safety of all Marylanders through disease prevention, access to care, quality management, and community engagement.

<https://health.maryland.gov>

**Nat'l Foundation for Credit Counseling**

800.388.2227

Free Credit Counseling! Our services help people overcome financial challenges at nearly every stage of life.

<https://www.nfcc.org/>

**CREDIT REPORT - Free!**

Free credit reports authorized by federal law. Federal law allows you to get a free copy of your credit report every 12 months from each credit reporting company.

<https://www.annualcreditreport.com/index.action>

**Find Help**

Our findhelp technology powers Americas leading social care network.

<https://www.findhelp.org/find-social-services/maryland>

**Maryland 211**

211 connects you with thousands of nonprofit and government services in your area. If you want personal assistance call the three-digit number 211 or 877-947-2211.

<https://211md.org/>

**Need Help Paying Bills?**

Needhelppayingbills.com has tens of thousands of verified assistance programs listed. Enter your city and state in the search box and their search engine will find a lot of resources in your area.

<https://www.needhelppayingbills.com/html/search.html>

**Homes for America**

175 Admiral Cochrane Drive Suite 402

Annapolis, MD 21401

410-269-1222

Homes for America develops and owns affordable rental communities all around Maryland. They serve families, seniors, persons with disabilities and special needs populations.

<https://homesforamerica.org/>

**Maryland Low Income Housing**

Find low income apartments in Maryland along with non-profit organizations that help with low-income housing along with HUD apartments, public housing apartments, public housing authorities, and housing assistance agencies.

<https://www.lowincomehousing.us/MD.html>

**Maryland Shelters**

We provide an online directory of shelters in Maryland.

<https://www.shelterlist.com/state/maryland>

**Maryland Transitional Housing**

1-855-860-3119

Transitional, sober housing provides supportive housing along with drug and alcohol treatment for selective locations [www.transitionalhousing.org/state/maryland](http://www.transitionalhousing.org/state/maryland)

**Maryland Disability Resources**

Government agencies and disability rights organizations in Maryland.

<https://www.olmsteadrights.org/self-helptools/advocacy-resources/item.6979>

**Disability Help Center**

All services can be found on the website including Office of Employment and Program Equity <https://dhs.maryland.gov/office-of-employment-and-program-equity/disability-help-center/>

## Maryland Department of Aging

The Maryland Department of Aging helps establish Maryland as an attractive location for all older adults through vibrant communities and supportive services that offer the opportunity to live healthy and meaningful lives.

<https://aging.maryland.gov/>

## Dept. of Veterans Affairs

The Maryland Department of Veterans Affairs was created by the State Legislature in 1999 as an executive agency with the mission of assisting veterans, active duty service members, their families and dependents.

<https://veterans.maryland.gov>

### National, State and Local Reentry Guides

Choose Your State ▶

Maryland

## Maryland

### Veterans Reentry Guide

Incarcerated Veterans Re-entry Guides contain information on resources and how to plan a successful reentry.

Web: [http://www.va.gov/homeless/reentry\\_guides.asp](http://www.va.gov/homeless/reentry_guides.asp)

File: [09\\_md\\_dc.pdf](#)

### Maryland CareerOneStop Centers

Locations all around the state!

File: [md.pdf](#)

### US Dist. Atty for Dist of MD Reentry Resource Guide 2023

The guide is broken down by county and provides information on federal, state, local, and nonprofit services.

Web: <https://www.justice.gov/usao-md/reentry>

File: [2023\\_usao-md\\_reentry\\_resource\\_guide\\_-\\_june\\_2023.pdf](#)

### Return Home Baltimore

Reenter. Reconnect. Rebuild. This is a large resource directory website. Sadly, they do not offer an address for you to write to them for information.

Web: <https://returnhome.org/>

### Maryland Reentry Resource Center

77 West Street, Suite 110 Annapolis, MD 21401 410-429-0107 Started in 2019, the Maryland Reentry Resource Center exists to empower formerly incarcerated individuals to become thriving and productive citizens in the communities to which they return. Their focus is on upholding human dignity and creating opportunities that help individuals and organizations remove the social and financial barriers to success.

Web: <https://www.mdrrc.org>

### Baltimore

### Baltimore Resource Guide for Aging, Families and People with Disabilities

Packed with information about services and activities. Updated annually!

Web: <https://health.baltimorecity.gov/sites/default/files/2025%20Resource%20Guide.pdf>

File: [2025-baltimore-resource-guide-min.pdf](#)

# National Resources for Everyone!

**NATIONAL REENTRY HELPLINE:** 814-916-2577

## **FREE NATIONAL REENTRY PUBLICATION!**

Write for your copy! "Mapping Your Future – National Reentry Guide" (available in English and Spanish). Send your request to: Education Justice Project 1001 South Wright Street Champaign, IL 61820

**Everyone On** connects low-income people to affordable internet service and computers; including delivering digital skills training. [www.everyoneon.org/](http://www.everyoneon.org/)

**LibriVox Free Audio Books** LibriVox provides free audiobooks. [www.librivox.org/](http://www.librivox.org/)

## **Open Culture Free Audio Books**

Free cultural and educational media access. [www.openculture.com/freeaudiobooks](http://www.openculture.com/freeaudiobooks)

**University of The People** (free!) 100% online, tuition-free degree programs that are designed to fit into your life. Programs include: Business Administration, Computer Science, Health Science, Education. Associate, Bachelor & Master Degrees available. [www.uopeople.edu](http://www.uopeople.edu)

**Modern States** - Freshman Year for Free dedicated to making a high quality college education free of cost and accessible to any person who seeks one. Freshman Year for Free is intended to let students earn up to one year of college credit without tuition or textbook expense. [www.modernstates.org](http://www.modernstates.org)

## **National Urban League Jobs Network**

The National Urban League is a historic civil rights organization dedicated to elevating the standard of living in historically underserved urban communities. [www.nuljobsnetwork.com](http://www.nuljobsnetwork.com)

## **America Works**

America Works: work readiness training, vocational training, career placement, career advancement, and employment retention services. [www.americaworks.com](http://www.americaworks.com)

**PeopleReady** connects people and work. Whether you need workers or you're looking for new job opportunities, we're ready to deliver results for you today. [www.peopleready.com](http://www.peopleready.com)

## **Once Fallen**

2211 County Road 400 Tobias, NE 68453  
Once Fallen is a leading reference & resource site for Registered Citizens. It also provides useful information to those seeking to reform or abolish the sex offense laws. Once Fallen provides information and support FREE of charge. [www.oncefallen.com](http://www.oncefallen.com)

**Career Gear** for men [www.careergear.org](http://www.careergear.org)  
**Dress For Success** for women [dressforsuccess.org](http://dressforsuccess.org)

**Parents Anonymous** - now called Raising the Future 855-427-2736 English and Spanish 8 am - 8 pm pst. [www.raisingfuture.org](http://www.raisingfuture.org)

## **National Parent Helpline** 1-855-427-2736

Weekdays: 10:00 am to 7:00 pm pst  
[www.nationalparenthelpline.org](http://www.nationalparenthelpline.org)

## **Why Hunger Hotline:** 866-348-6479

**Find food pantries**, soup kitchens, summer meals sites, government nutrition programs and grassroots organizations. [www.whyhunger.org/find-food](http://www.whyhunger.org/find-food)

**Feeding America** Find a food bank near you! The Feeding America nationwide network of food banks secures and distributes more than 3 billion meals each year. Contact your local community food bank to find food. [www.feedingamerica.org](http://www.feedingamerica.org)

## **Assurance Wireless Lifeline Program** (Free Phone)

P.O. Box 5040 Charleston, IL 61920-9907  
1-888-321-5880 [www.assurancewireless.com](http://www.assurancewireless.com) Assurance Wireless provides eligible consumers with free monthly data, unlimited texting, free monthly minutes plus a free Smartphone.

**Freecycle** People who are giving and getting stuff for free to keep good stuff out of landfills. [www.freecycle.org](http://www.freecycle.org)

## **National Emergency Hotlines**

Domestic Violence Hotline 1-800-799-7233 Strong Hearts  
Native Helpline 1-844-762-8483 Human Trafficking  
Hotline 1-888-373-7888 Child Abuse Hotline - 1- 800-422-4453  
Sexual Assault Hotline - 800-656-4673 Suicide  
Prevention Hotline - 800-273-8255

## **National Association of Free & Charitable Clinics**

1,400 Free and Charitable Clinics and Pharmacies provide access to healthcare for uninsured and underinsured people. [www.nafcclinics.org](http://www.nafcclinics.org)

## **Free Clinics For Uninsured and Low Income**

Clinics listed on our website offer services for free or at a reduced rate. Many clinics are operate under a sliding scale schedule. This means that costs to patients are calculated based on income. [www.freeclinics.com](http://www.freeclinics.com)

**Social Security Benefits** After Incarceration Individuals released from incarceration may be eligible for Social Security retirement, survivors, or disability benefits. 1-800-772-1213. If you are deaf or hard of hearing, call TTY 1-800-325-0778. [www.ssa.gov/reentry/benefits](http://www.ssa.gov/reentry/benefits)