The Monmouth-Ocean County Smart Book

A Resource Guide for Returning Home

2022 Edition
by
The New Jersey Department of Corrections
Office of Programming & Supportive Services

Quick Reference: Useful Numbers and Hotlines

Positive Transitioning	1-844-335-1321
American Friends Service Committee **Prisoner's Resource Center**	1-973-643-2205
CDC National STD and AIDS Hotlines	
Spanish:	1-800-344-7432
English:	1-800-227-8922
Addictions Hotline of NJ	1-800-238-2333
Alcoholics Anonymous	1-800-245-1377
Division of Disability Services (DDS)	1-888-285-3036
Division of Youth & Family Services	1-800-792-8610
Hyacinth AIDS Foundation	1-800-433-0254
Legal Services of New Jersey	1-888-576-5529
NJ Motor Vehicle Commission	
Driver's License Suspension Hotline	1-609-292-7500
Main Information	1-888-486-3339
Narcotics Anonymous of NJ	1-800-992-0401
National Suicide Crisis Hotline	1-800-784-2433
New Jersey AIDS **STD Hotline (Beth Israel)**	1-800-624-2377
2-1-1 First Call for Help	2-1-1/
Se habla español or toll free	1-800-331-7272
Monmouth County One Stop	732-683-8850
Ocean County One Stop	732-286-5616 732-286-6446
Social Security Office	1-800-772-1213
Statewide Domestic Violence Hotline **(Woman's Space, Inc.)**	
Bilingual and TTY accessible	1-800-572-7233

The Monmouth and Ocean County Smart Book

Table of Contents **Page #**

The Start of a New Beginning:
How to Use this Book 5
Getting Started:
I.D. and Other Documents 6
A. Social Security Card 6
B. Birth Certificate 7
C. County I.D. 13
D. Driver's License 14
E. Non-driver's State I.D. 17
F. Certificates of Naturalization or Citizenship 18
G. Alien Registration Card ("Green Card") 18
H. Military Discharge Papers 18
I. Passport 19
J. NJDOC Release Papers and Temporary ID Card 20

First Steps after Release:
Where Do I Go to Find 20
A. First Stops 21
B. Shelter 21
C. Food/Clothing 22
D. Transportation 30
E. Money: FS/GA 31
F. Veterans Benefits 32

Taking Care of Yourself: 33
Getting Support

Taking Care of Yourself: 33
LGBTQ+ Resources

Taking Care of Yourself: 38
COVID-19 Testing and Vaccine Resources

Taking Care of Yourself:
Health Care Resources 39
A. Health Care Benefits: Am I Eligible? 40
B. General Health Care Providers 41
C. Services for People with HIV/AIDS 45
D. Services for People with Tuberculosis or Hepatitis C 49
E. Dental Care 50
F. Substance Abuse Resources/Mental Health 50
G. Emergency Mental Health Services 56

H. Free/Low Cost Eyeglasses 57

Finding a Job: Employment Assistance and Training Programs 57
A. Things to Know Before You Start Your Job Search 58
B. Help with Job Search and Job Training Resources 59
C. Legal Restrictions on Employment and Protection against Discrimination 60
D. Benefits for Employers Who Hire People with Criminal Records 61
E. Opening a Checking or Savings Account 62
F. Public Libraries 62

Reconnecting With Family 66
A. Family Counseling Resources 67
B. Child Custody and Visitation 70
C. Getting and Paying Child Support 71
D. Domestic Violence Resources 72

Getting More Education 73
A. High School and GED Certificate/High School Equivalency Degree (HSED)/ Vocational School Certificates 73
B. GED Classes 74
C. Higher Education 74

Other Things You Need to Know 75
A. Getting Legal Assistance 75
B. Checking and Correcting Your Criminal Record ("rap sheet") 75
C. Expungement: Cleaning Up Your Criminal Record 76
D. Checking and Correcting Your Credit Record 76
E. Voting Rights 77
F. Registration of Sexual Offenders (Megan's Law) 78

The Game Plan: 78

The Start of a New Beginning:

How to use this book

This book is intended to prepare you for your arrival home and reintegration back into society. In order to make the transition smoother for you a list of resources have been compiled along with a list of necessary items you will find that are essential to your success. This book focuses on the first few weeks and months of your arrival home and assisting you on managing the transition. Although not every resource available to you will be found in here, there are many that will help to guide your journey.

Each section of this book is categorized by items that you will need in order to find employment, return to school, and to obtain identification. It will also provide addresses, websites, phone numbers, and general tips on how to acquire that particular service. You can use the table of contents to easily identify what service you require, and follow instructions as to how to contact providers.

FYI: ***Please feel free to utilize your social services department for assistance in contacting an agency or inquiring information about a service found in this book. There are some services that may be free to you that you can contact through your social services department before making an out-of-pocket expense.*

There are things that can be completed prior to release from prison. Two things specifically are requesting a duplicate Social Security card for **FREE** and applying for a birth certificate for a **fee**. Please contact your social worker six months prior to release to apply for these items. By doing this while still in custody, you are taking a large step towards making your transition back into the community easier for you. Provided both documents are processed successfully, you will have two necessary forms of identification made available to you the day you are released. This will speed up the process of finding employment.

You will not find every service or organization in **Monmouth and Ocean County** in this book however there will be many to help you begin. Also, the organizations that are listed may be able to offer additional resources to you. **You can also *visit your local library to get free internet access, (see page 57 or 59)*** for more county information.

Getting Started:
Identification (I.D.) and Other Documents

In order to apply for employment, rent an apartment, apply for general assistance, food stamps, or Medicaid, proper identification will be required. The more identification you have in your possession, the easier it will be for you to obtain these services. Certain items can be obtained while you are still incarcerated. Ask your social worker for assistance, and for the remainder, this book will point you in the right direction.

FYI: In order to obtain identification, various agencies will require proof of address. It is smart to keep bills in your name or official documents that have your name and address for further verification of your address.

A. Social Security Card



If at all possible, apply for a duplicate social security card with your social worker six months prior to release. If for some reason this is not possible or your application has been denied, you will need to visit your closest Social Security Office to apply at:

Social Security Administration
Monmouth County
3310 State Route 66
Neptune, NJ 07753

Ocean County
2620 Yorktowne Blvd.
Brick, NJ 08723

190 St. Catherine Blvd.
Toms River, NJ 08755

Office hours M, Tu, Th, F 9:00am-4:00pm;
Weds 9:00am-12:00pm
Phone numbers:
Toll Free 1-800-772-1213
TTY- 1-800-325-0778

If you choose to visit your local office to apply you will need to fill out the application at the office. You will need to show proof of identification. **Prison release papers count as proof of identification. Also, use your NJDOC Temporary ID card.**
To save time you can download the application online (www.ssa.gov/replace_sscard.html).

B. Birth Certificate 

The office of Vital Statistics in the New Jersey Department of Health and Senior Services has all the New Jersey birth, marriage, and death records. The fee is **$25.00**. However, depending upon where you were born in Monmouth/Ocean County, you may be able to apply for a birth certificate for a lesser fee.

New Jersey Department of Health and Senior Services
Bureau of Vital Statistics and Registration
P.O. Box 370
Trenton, NJ 08625-0370

Contact information for the NJ Bureau of Vital Statistics and Registration: 1-609-292-4087 **and** 1-866-649-8726 (toll-free nationwide)

FYI: You are able to apply for a birth certificate while you are still in custody and have six months left prior to release. Please see your social worker to do so.

If you were born in the following towns, you may go to your registrar's office and apply for a birth certificate. You will need to call for the fee amounts.

Monmouth County

Aberdeen Township
1 Aberdeen Square
Aberdeen, NJ 07747
Phone: 732-583-4200 x101

Allenhurst Borough
Borough Hall
125 Corlies Avenue
Allenhurst, NJ 07711
Phone: (732) 531-2757
Fax: (732) 531-8694

Allentown Borough
8 No. Main Street
P.O. Box 487
Allentown, NJ 08501

Asbury Park City
1 Municipal Plaza
Asbury Park, NJ 07712
Phone: 732-502-5721

Atlantic Highlands Borough
Borough Hall
100 First Avenue
Atlantic Highlands, NJ 07716
Phone: (732) 291-1444 X3103

Avon-By-The-Sea Borough
Municipal Building
301 Main Street
Avon, NJ 07717
Phone: 732-502-4510

Belmar Borough
P.O. Box A
601 Main Street
Belmar, NJ 07719
Phone: (732) 681-3700 x231
Fax: (732) 681-3434

Bradley Beach Borough
Borough Hall
701 Main Street
Bradley Beach, NJ 07720
Phone: (732) 776-2983
Fax: (732) 775-1782

Brielle Borough
601 Union Lane
P.O. Box 445
Brielle, NJ 08730
Phone: 732-528-6600 x114

Colts Neck Township
124 Cedar Drive
Colts Neck, NJ 07722
Phone: (732) 409-7135
Fax: (732) 462-5470

Deal Borough
Borough Hall
Durant Square
Deal, NJ 07723
Phone: 732-531-1455
Fax: 732-531-1705

Eatontown Borough
Municipal Building
47 Broad Street
Eatontown, NJ 07724
Phone: 732-389-7601

Englishtown Borough
15 Main Street
Englishtown, NJ 07726
Phone: (732) 446-9235

Fair Haven Borough
Betty Ann Berube
Municipal Building
748 River Road
Fair Haven, NJ 07704
Phone: 732-747-6962 Ext 219

Farmingdale Borough
P.O. Box 58
11 Asbury Avenue
Farmingdale, NJ 07727
Phone: (732) 938-4077
Fax: (732) 938-2023

Freehold Borough
51 West Main Street
Freehold, NJ 07728
Phone: 732-462-1259

Freehold Township
1 Municipal Plaza
Freehold, NJ 07728
Phone: (732) 294-2010
Fax: (732) 462-7910

Hazlet Township
1766 Union Ave
Hazlet, NJ 07730-2444
Phone: (732) 264-1700 x8688
Fax: (732) 264-1785

Highlands Borough
171 Bay Avenue
Highlands, NJ 07732
Phone: (732) 872-1224 x205
Fax: (732) 872-0670

Holmdel Township
4 Crawfords Corner Rd.
Holmdel, NJ 07733
Phone:(732)946-2820 X1212

Howell Township
4567 Route 9 North
P.O. Box 580
Howell, NJ 07731
Phone: 732-938-4500 ext. 2150

Interlaken Borough
Borough Hall
100 Grassmere Ave.
Interlaken, NJ 07712

Phone: (732) 531-7405
Fax: (732) 531-7099

Keansburg Borough
Borough Hall
29 Church St.
Keansburg, NJ 07734
Phone: (732) 787-0215
x114

Keyport Borough
70 West Front St.
Keyport, NJ 07735
Phone: (732) 739-5136
Fax: (732) 739-3479

Lake Como
Borough Hall
P.O. Box 569
1740 Main St.
Lake Como, NJ 07719
Phone: (732) 681-3232
Fax: (732) 681-8981

Little Silver Borough
Municipal Buildings
480 Prospect Ave.
Little Silver, NJ 07739
Phone: (732) 842-2400
x143
Fax: (732) 219-0581

Loch Arbour Village
550 Main St.
Loch Arbour, NJ 07711
Phone: (732) 531-4704

Long Branch City
City Hall
344 Broadway
Long Branch, NJ 07740
Phone: (732) 571-5665
x5263

Manalapan Township
120 Rt. 522
Manalapan, NJ 07726
Phone: (732) 466-8345

Manasquan Borough
Borough Hall
201 E. Main St.
Manasquan, NJ 08736
Phone: (732) 223-0544
x236
Fax: (732) 223-1300

Marlboro Township
Municipal Building
1979 Township Drive
Marlboro, NJ 07746
Phone: 732-536-0200
Fax: 732-536-9652

Matawan Borough
Registrar's Office
201 Broad Street
Matawan, NJ 07747
Phone: 732-566-3898 X600
Fax: 732-566-0036

Middletown Township
Town Hall
One Kings Highway
Middletown, NJ 07748
Phone: 732-615-2094
Fax: 732-706-1105

Millstone Township
470 Stagecoach Rd
Clarksburg, NJ 08510
Phone: 732-446-3402
Fax: 609-208-2438

Monmouth Beach Borough
22 Beach Road
Monmouth Beach, NJ 07750
Phone: (732) 229-2204
x110
Fax: (732) 870-8245

Neptune City Borough
106 W. Sylvania Avenue
Neptune City, NJ 07753
Phone: 732-776-7224 x41
Fax: 732-776-8906

Neptune Township
Vital Statistics
25 Neptune Boulevard
P.O. Box 1125
Neptune, NJ 07753
Phone: (732) 988-5200 Ext 222
Fax: (732) 988-6433

Ocean Township
Town Hall
399 Monmouth Road
Oakhurst, NJ 07755
Phone: (732)531-5000 x321
Fax: 732-531-5286

Oceanport Borough
Borough Hall
222 Monmouth Blvd.
Oceanport, NJ 07757
Phone: 732-222-8179

Red Bank Borough
P.O. Box 868
90 Monmouth Street
Red Bank, NJ 07701
Phone: (732) 530-2755
Fax: (732) 530-2757

Roosevelt Borough
Borough Hall
33 N. Rochdale Avenue
P.O. Box 128
Roosevelt, NJ 08555
Phone: 609-448-0539

Rumson Borough
Borough Hall
80 E. River Road
Rumson, NJ 07760
Phone: (732) 842-3300

Sea Bright Borough
1167 Ocean Avenue
Sea Bright, NJ 07760
Phone: 732-842-0099

Sea Girt Borough
Borough Hall
PO Box 296
321 Baltimore Blvd.
Sea Girt, NJ 08750
Phone: 732-449-9433 X113

Shrewsbury Borough
Borough Hall
419 Sycamore Avenue
P.O. Box 7420
Shrewsbury, NJ 07702
Phone: (732) 741-4200 x107
Fax: (732) 741-6549

Shrewsbury Township
1979 Crawford Street
Shrewsbury Township, NJ 07724
Phone: (732) 542-0675
Fax: (732) 935-1348

Spring Lake Borough
Municipal Building
423 Warren Ave
Spring Lake, NJ 07762
Phone: 732-449-0800

Spring Lake Heights Borough
555 Brighton Avenue
Spring Lake Heights, NJ 07762
Phone: (732) 449-3500
Fax: (732) 449-8264

Tinton Falls Borough
Borough Hall
556 Tinton Avenue
Tinton Falls, NJ 07724
Phone: 732-542-3400
Fax: (732) 542-2079

Union Beach Borough

c/o Keyport Borough
70 W. Front St.
Keyport, NJ 07735
Phone: (732) 739-5136
Fax: (732) 264-1267

Upper Freehold Township
Municipal Building
314 Route 539
Cream Ridge, NJ 08514
Phone: (609) 758-7738
Fax: (609) 758-1183

Wall Township
Roberta Lang
2700 Allaire Road
Wall, NJ 07719
Phone: (732) 449-8444 x215

West Long Branch Borough
965 Broadway
West Long Branch, NJ 07764
Phone: (732)-571-5984

Ocean County

Barnegat Light Borough
P.O. Box 576
10 West 10th Street
Barnegat Light, NJ 08006
Phone: 609-494-9196
Fax: 609-494-4827

Barnegat Township
Municipal Hall
900 West Bay Avenue
Barnegat, NJ 08005

Bay Head Borough
Borough Hall
106 Bridge Ave, Unit 2
Box 248
Bay Head, NJ 08742
Phone: (732) 892-0574
Fax: (732) 899-6494

Beach Haven Borough
Borough Hall
300 Engleside Avenue
Beach Haven, NJ 08008
Phone: (609) 492-0111 x216
Fax: (609) 492-6262

Beachwood Borough Borough Hall
1600 Pinewald Road
Beachwood, NJ 08722
Phone: (732) 286-6000 Ext 212
Fax: (732) 349-8390

Berkeley Township
Municipal Building
627 Pinewald-Keswick Road
P.O. Box B
Bayville, NJ 08721
Phone: (732) 244-7400 Ext 205
Fax: (732) 505-0145

Brick Township
401 Chamber Bridge Road
Town Hall
Brick, NJ 08723
Phone: (732) 262-1004 or 1002
Fax: (732) 262-2839

Eagleswood Township
146 Division Street
PO Box 409
West Creek, NJ 08092
Phone: 609-296-3040
Fax: 609-296-4649

Harvey Cedars Borough
Borough Hall
P.O. Box 3185
7606 Long Beach Blvd
Harvey Cedars, NJ 08008-0337
Phone: (609) 361-6000 x112
Fax: (609) 494-2335

Island Heights Borough

Borough Complex
P.O. Box 797
East End & Van Sant Avenues
Island Heights, NJ 08732
Phone: (732) 270-6415

Jackson Township
Municipal Building
95 West Veterans Hwy
Jackson, NJ 08527
Phone: (732) 928-1200 ext 202
Fax: (732) 928-4377

Lacey Township
Municipal Building
818 Lacey Rd.
Forked River, NJ 08731
Phone: (609) 693-1100 ext 247 or 251
Fax: (609) 693-8466

Lakehurst Borough
Borough Hall
5 Union Avenue
Lakehurst, NJ 08733
Phone: 732-657-4141

Lakewood Township
Municipal Building
231 3rd Street
Lakewood, NJ 08701
Phone: 732-364-2500 x5970
Fax: 732-901-3647

Lavallette Borough
Fire House Parking Lot
121-125 Washington Avenue
Lavallette, NJ 08735
Phone: (732) 793-7477
Fax: (732) 830-8248

Little Egg Harbor Township
Municipal Building
665 Radio Road
Little Egg Harbor, NJ 08087
Phone: (609) 296-7241 ext 233
Fax: (609) 296-5352

Long Beach Township
Municipal Building
6805 Long Beach Boulevard
Brant Beach, NJ 08008
Phone: 609-361-6631
Fax: 609-494-5421

Manchester Township
Town Hall
1 Colonial Drive
Manchester, NJ 08759
Phone: (732) 657-8121 Ext 243
Fax: (732) 657-2071

Mantoloking Borough
P.O. Box 4391
340 Drum Point Road 2nd Floor
Brick, NJ 08723
Phone: (732) 475-6983 Ext 313
Fax: (732) 475-7671

Ocean Gate Borough
801 Ocean Gate Ave
Ocean Gate, NJ 08740
Phone: (732) 269-3166
Fax: (732) 269-6652

Ocean Township
50 Railroad Avenue
Waretown, NJ 08758
Phone: (609) 693-3302 x233
Fax: (609) 693-9026

Pine Beach Borough
Borough Hall
599 Pennsylvania Avenue
P.O. Box 425
Pine Beach, NJ 08741
Phone: (732) 349-6425

Plumsted Township
Municipal Complex
121 Evergreen Road
New Egypt, NJ 08533
Phone: (609) 758-2241x101
Fax: (609) 758-0123

Point Pleasant Beach Borough
Borough Hall
416 New Jersey Avenue
Point Pleasant Beach, NJ 08742
Phone: 732-892-1118 X21

Point Pleasant Borough
P.O. Box 25
2233 Bridge Avenue
Point Pleasant, NJ 08742

Seaside Heights Borough
Borough Hall
P.O. Box 38
901 Boulevard
Seaside Heights, NJ 08751
Phone: (732) 793-9100
Fax: (732) 793-0319

Seaside Park Borough
1701 N. Ocean Avenue
P.O. Box B
Seaside Park, NJ 08752
Phone: (732) 793-3700
Fax: (732) 793-3737

Ship Bottom Borough
Borough Hall
1621 Long Beach Blvd.
Ship Bottom, NJ 08008
Phone: (609) 494-2171 x116
Fax: (609) 361-8484

South Toms River Borough
144 Mill Street
South Toms River, NJ 08757
Phone: 732-349-0403
Phone: (732) 892-4183
Fax: (732) 899-2655

Stafford Township
Municipal Building
260 East Bay Avenue
Manahawkin, NJ 08050-3498
Phone: (609) 597-1000 Ext 8526

Surf City Borough
Borough Hall
813 Long Beach Boulevard
Surf City, NJ 08008
Phone: (609) 494-3064
Fax: (609) 361-9746

Toms River Township
33 Washington Street
P.O. Box 728
Toms River, NJ 08753
Phone: (732) 341-1000 Ext 8403
Fax: (732) 341-0835

Tuckerton Borough
Borough Hall
140 E. Main Street
Tuckerton, NJ 08087
Phone: (609) 296-2701

C. County Identification

You can obtain a county identification card by going to the Monmouth County Clerk's office (listed below). You will need a certified birth certificate with raised seal (this is issued by the town in which you were born), naturalization certificate, or permanent resident card, proof of Monmouth County residency (valid driver's license, mail, utility bill) and proof of social security number (card, W2 tax form, pay stub, bank statement). **There is a $13.00 fee--cash money order, MasterCard or Visa are accepted.** The hours for an identification card for

Monmouth County residents are 8:30am-4:00pm.

Monmouth County Clerk's Office
33 Mechanic Street
Freehold, NJ 07728
Phone: 732-431-7324

In Ocean County, you can obtain a free county identification card if you are an honorably discharged veteran. This will make it easier to take advantage of a wide variety of veterans discount programs. To obtain a card, a veteran must provide his or her DD-214 Discharge Papers at the County Clerk's office:

Ocean County Clerk's Office
P.O. Box 2191
118 Washington St.
Toms River, NJ 08754
Phone: 732-929-2018
Toll Free: 1-800-722-0291
Fax: 732-349-4336

D. Driver's License



Once you are released from prison, you can go to the Motor Vehicle Commission (MVC) to get a new driver's license, replace a lost one, or renew a card that has expired. If you believe that your license has been suspended, you should confirm this and figure out what you need to do to get it back. If you were convicted of any kind of drug offense, your license has been suspended.

Prior to your release, you can get a copy of your driver's license record, which is called an "abstract." Please contact your social worker if you are interested in obtaining an abstract. **The fee for an abstract is $15.00**

Upon your release, you can go to the MVC offices in Monmouth or Ocean County (listed below) or a Regional Service Center to request a driver's abstract. If you have internet access, you can also request an abstract online at http://www.state.nj.us/mvc. You will still have to pay **$15.00**. If your license was suspended for six months or more because of a drug conviction, the period of the suspension will begin from the time of your release. Other kinds of suspension, such as failure to pay parking tickets, insurance surcharges, or child support, will last until you have paid the fine or worked out a payment plan. For questions about suspension, call the suspension hotline: **609-292-7500**.

Restoration Fees, Tickets, and Surcharges: If you found out that your license has been suspended, you will have to pay a restoration fee of **$100.00** in order to have your license reinstated. This does not include any additional fines or surcharges you are required to pay. This fee can be paid at the Regional Service Center (see below).
If you have internet access, this fee can be paid online at http://www.state.nj.us/mvc. You can pay your surcharges and parking tickets on this web site as well.

MONMOUTH COUNTY MVC LOCATIONS
To reach MVC by phone call 609-292-6500

Asbury Park
1010 Comstock Street
Asbury Park, NJ 07712
Specialty Inspection (salvage, kid cars, hi-rise stability testing, referee by appointment only)
Mon-Fri 8:00am-4:30pm

Eatontown
109 Route 36
Eatontown, NJ 07724
Agency, Driver Testing: M, W, Th, F 8:00am-5:30pm;
Tu 8:00am-7:30pm; Sat 8:00am-1:00pm
Suspension/Restoration: Mon-Fri 8:00am-4:30pm
Inspection: Mon-Fri 8:00am-4:30pm
Sat 7:00am-12:00pm
Road Test: Mon-Fri 8:00am-4:00pm

Freehold
811 Okerson Road
Freehold, NJ 07728
Agency, Driver Testing: M, W, Th, F 8:00am-5:30pm;
Tu 8:00am -7:30pm; Sat 8:00am-1:00pm
Inspection: Mon-Fri 8:00am-4:30pm
Sat 7:00am-12:00pm

Hazlet
1374 Highway 36
Airport Plaza
Hazlet, NJ 07730
Agency: M, W, Th, F 8:00am-5:30pm
Tu 8:00am-7:30pm; Sat 8:00am-1:00pm

OCEAN COUNTY MVC LOCATIONS
To reach MVC by phone call 609-292-6500

Lakewood
1195 Route 70
Leisure Center, Store 9
Lakewood, NJ 08701
Agency: M, W, Th, F 8:00am-5:30pm; Tu 8:00am-7:30pm;
Sat 8:00am-1:00pm
Lakewood cont'd
1145 Route 70
Lakewood, NJ 08701
Inspection: M-F 8:00am-4:30pm; Sat 7:00am-12:00pm

Manahawkin
712 East Bay Ave. Suite 7
Manahawkin, NJ 08050
Agency: M, W, Th, F 8:00am-5:30pm; Tu 8:00am-7:30pm;
Sat 8:00am-1:00pm

220 Recovery Rd.
Ocean County Resource Center
Manahawkin, NJ 08050
Inspection: M-F 8:00am-4:30pm; Sat 7:00am-12:00pm

Miller Air Park
Route 530 & Mule Rd.
Berkeley Twp., NJ 08757
Road Testing: Tu-F 8:00am-4:00pm

Toms River
1861 Hooper Ave.
Village Sq. Plaza
Toms River, NJ 08753
Agency, Driver Testing: M, W, Th, F 8:00am-5:30pm; Tu
8:00am-7:30pm;
Sat 8:00am-1:00pm

Regional Office: Trenton Agency
120 S. Stockton & Front St.
Trenton, NJ 08611
Services: Driver conferences, driver records, (issuances and inquiries), points and surcharge (inquiries), suspensions and restorations.
Hours: Mon-Fri 8am-4:30pm; Sat 8am-12pm

To replace a lost or stolen license, you will have to bring identification to the MVC and pay an **$11.00 fee.** The MVC now has very specific kinds of I.D. that are required under the new "Six Point" system:

Please use this guide to prepare yourself for your trip to MVC. Make sure you have the six points of identification necessary to obtain your drivers license or non-drivers I.D.

SIX POINT SYSTEM OF IDENTIFICATION

Primary Documents:
(4 Points)

- Birth Certificate or Certified Copy from one of the 50
- states.
- U.S. Dept. of State Birth Certificate
- US Passport-Current or Expired less than 3 years
- Current US Passport card
- Current NJ Digital Drivers License
- Valid Active Duty US Military Photo ID Card
- US Adoption papers
  Certificate of Naturalization
  Certificate of Citizenship

Secondary Documents:
(3 Points)

- Civil Marriage/Domestic partnership/ Civil Union
- Certificate: Issued by the Municipality or State
  Order of Decree of Divorce
- Court Order for Legal Name Change: Signed by a judge or county clerk
- US Military Photo/Retiree Card

(2 Points)

- U.S. Military Discharge Papers (DD214)

(1 Point)

- Current/ Expired (Less than 1 year) Non-Digital NJ
- Photo Drivers License
- Social Security Card
- Bank statement or record
- ATM Card w/ pre-printed name and applicant signature
- NJ Public Assistance Card w/ Photo
  High School Diploma/GED/ College Diploma
  Veterans Affairs-Universal Access Photo ID Card

You can get a brochure on this new "Six Point" system from the MVC offices listed above or from the Motor Vehicle Commission web site, www.state.nj.us/mvc. If your license has expired, you will have to go with your six points of I.D. to the MVC to fill out a renewal application. You may have to take the written test again. License renewal costs **$24.00**.

E. Non-driver's State I.D.

New Jersey provides state photo identification for non-drivers. **You can get this official state I.D. even if your driver's**

license is currently suspended. This may be a good option for you if it is going to be some time before you get your license back. You will still need to bring the same type of identification documents described previously, under the new "Six Point" system.

F. Certificates of Naturalization or Citizenship

This certificate is necessary for employment upon your release. In general, if you need to replace lost forms, you can contact the US Citizenship & Immigration Service or Application Support Centers to find out about identification and fingerprint verifications. There is a fee to process an application for replacement documents. The National Customer Service Hotline is **1 (800) 375-5283.**

Citizenship Locations

US Citizenship & Immigration Service
Closest field office to Monmouth and Ocean County
Peter Rodino Jr. Federal Building
970 Broad Street, Newark NJ 07102

Application Support Center
24 Commerce Ave.
Newark, NJ 07102

G. Alien Registration Card "Green Card"

To replace a missing Green Card, you must go to the US Citizenship & Immigration Service Office (see above) to fill out an I-90 form. Please make sure that you bring I.D. with you.

You can also visit the website and download the forms at www.uscis.gov. It costs **$290.00** for processing. **If you have any questions or concerns about your status as a result of your criminal conviction, call Legal Services of New Jersey at 1-888-576-5529 before going to immigration.**

H. Military Discharge Papers

FYI: You may have the opportunity to meet with the Veterans Administration (VA) liaison from the Veterans Administration during your incarceration. The VA liaison can assist you in requesting a copy of your DD214 (discharge papers) by completing the SF-180 form. Please notify a social worker for assistance with your requests and to obtain information on your veteran status. You can also obtain the SF-180 by writing the Veteran Benefit Administration in NJ or the NPRC, which is the main record depository.

Veterans Benefit Administration in New Jersey
20 Washington Pl., 3rd Floor
Newark, NJ 07102
1-800-827-1000
Main records depository
NPRC, 9700 Page Ave
St. Louis, MO 63132-5100

Monmouth County Veterans Affairs Office
3000 Kozloski Road
Freehold, NJ 07728
Phone: 732-683-8675
Fax: 732-683-8676
Contact: Sue Moleon,
Director, Veterans Services

Ocean County Veterans Affairs
2280 Hamilton Ave.
Hamilton, NJ 08619
609-989-6120
Mon-Fri 8:30am-4:30pm

Upon your release, you can also visit the following web site to request military records; www.vetrecs.archives.gov
Once on the www.vetrecs.archives.gov website, follow the on screen instructions for requesting personnel records. You will be asked to print out a signature page which can either be mailed or faxed. Upon receiving the form, the records will be mailed directly to you.



I. Passport

Although a passport may not seem like an important item to have at this point, it can serve as a major form of identification because it is widely accepted. There are fees involved in obtaining your passport. To obtain your passport, you may visit the Monmouth/Ocean County Clerk's passport offices:

Monmouth County Connection
3544 State Highway 66
Neptune, NJ 07753
Phone: 732-303-2828
M, W, F 10:00am-6:00pm
T, Th 10:00am-8:00pm
Sat 9:00am-1:00pm

Freehold Passport Office
33 Mechanic Street
Freehold, NJ 07728
Phone: 732-431-7324
Mon-Fri 8:30am-4:00pm

Ocean County Clerk's Office
118 Washington St.
Toms River, NJ 08754
Phone: 732-929-2018

Ocean County Southern Service Center
179 South Main St.
Manahawkin, NJ 08092
609-597-1500

Northern Ocean County Resource Center
225 4th St.
Lakewood, NJ 08701
732-370-8850

County Connection

Ocean County Mall (near JC Penney)
Hooper Avenue
Toms River, NJ 08753
732-288-7777

To obtain a passport, it is necessary for each applicant to have a long form certified birth certificate with a raised seal, showing both parents names', social security number, a passport photo 2x2 inches in size, and current identification such as a driver's license or government identification.

$110.00 Passport Services fee (must be in the form of check or money order payable to U.S. Department of State)
$25.00 Execution fee (payable by cash, check [Ocean County] Discover, MasterCard or Visa)
To expedite (3 to 4 weeks): $60.00 ADDITIONAL. This does not include overnight delivery. If overnight delivery is desired, an additional postage fee of $20.66 must be included.

J. NJDOC Release Papers/Temporary I.D. Card

Make sure you keep your prison release papers and temporary I.D. card. Your release papers can serve as identification in some circumstances and your I.D. card is valid for 30 days. These items along with several others will all be included in your *Fair Release and Re-entry Act* **(FRARA)** folder given to you on the day of your release.

First Steps after Release:

Where Do I Go to Find…

This section provides resources for food, shelter, clothing, money, and other emergency needs. We have provided some resource options in Monmouth and Ocean County that you can utilize upon release.

FYI: Important paperwork will be needed repeatedly throughout your life. Make sure to invest in a folder or safe to keep important documents. **Never** carry your birth certificate or Social Security card with you. You will only need to produce these items upon request. It is smarter to keep them in a safe place.

Also, make sure to keep a notebook and a pen with you to write down the names and phone numbers of the people you come in contact with at various agencies. Remember, nobody is going to care about your success as much as you do.

Provided for you are agencies and services that can assist you in finding your basic needs.

FYI: It is a good idea to call first to check that the hours of operation haven't changed. Please try to be patient with those that are attempting to assist you.

See the following pages for list of resources.

A. First Stops

The agencies below provide a range of services
and/or, depending on what you need, can refer you to other places.

FIRST-STOP AGENCIES

2-1-1/First Call for Help – is a resource for Monmouth & Ocean County residents, which offers comprehensive information and referrals for human services, health care, government and community resource assistance. Dial 211, which can be accessed from the internet, cell phone or landline, 24 hours a day, 7 days a week. Dial 800-331-7272 for the Homeless Hotline, which addresses emergencies and homeless calls. 211is multi-lingual and accepts TTY callers



B. Shelter

Here are some shelters in Monmouth & Ocean County. Access to most of these shelters can be obtained through the Monmouth/Ocean County Board of Social Services or through a general walk in. Although each agency has been verified, please call to check for the most current hours or operation. Please call the agencies listed below for further information.

Monmouth County 24 Hour Homeless Emergency Phone Line
732-431-6000

Jersey Shore Rescue Mission
701 Memorial Drive
Asbury Park, NJ 07712
732-988-0242
*Emergency shelter

Family Promise of Monmouth County
PO Box 70
Middletown, NJ 07748
732-495-1050

Easter Seals New Jersey
417 Burns Avenue
Fort Monmouth, NJ 07703
732-542-8264
*Single shelter

HABcore, Inc.
P.O. Box 2361
Red Bank, NJ 07701
732-544-1975
*Permanent Supportive Housing: Boarding Home and Independent Living

Interfaith Neighbors, Inc.
810 4th Ave.
Asbury Park, NJ 07712
732-775-0525
*Affordable housing, rental and mortgage assistance

Manna House
640 Cliffwood Ave.
Cliffwood Beach, NJ 07735
732-566-8774
*Women and children shelter/transitional housing

Affordable Housing Alliance
3535 Route 66
Parkway 100, Building 4
Neptune Twp, NJ 07754
732-389-2958

Harbor House
808 Conifer Street
Toms River, NJ 08753
24/7 Emergency Hotline: 732-929-0660
*Emergency shelter and transitional living for youth ages 10-21

C. Food/Clothing  

Here are the food pantries, soup kitchens and in Monmouth and Ocean County. Although each agency has been verified, please call to check for most current hours of operation.

Jersey Shore Dream Center
1301 Corlies Ave.
Neptune City, NJ 07753
877-391-5732
**Prisoner Relief Progra*m provides former inmates with clothes, food for the week and toiletries to help with personal hygiene.

FoodBank of Monmouth and Ocean Counties
3300 Route 66
Neptune, NJ 07753
732-918-2660
Mon-Fri 8:00am-4:30pm

Soup Kitchens 

First UMC-Heaven's Kitchen
906 Grand Ave.
Asbury Park, NJ 07712
732-775-2693
Wednesdays 5:00pm-7:00pm

St. Augustine's Soup Kitchen
Atlantic & Prospect Ave.
Asbury Park, NJ 07712
732-774-3069
Sundays at 12:00pm

Trinity Episcopal Saturday Soup
503 Asbury Ave.
Asbury Park, NJ 07712
732-775-5084
Saturdays 12:00pm-1:00pm

Feed All God's Children
33 Throckmorton St. /St. Peter's Parish Ctr.
Freehold, NJ 07728
732-308-9152 *or* 732-431-8383
M, T, W, Th 11:30am-1:00pm

Meal at Noon
93 Liberty St. /Second Baptist Church
Long Branch, NJ 07740
732-229-1188 or 732-229-2035
Wed 11:00am-12:00pm (bag lunch); Sat 12:00pm-1:00pm (hot meal)

St. Mark's CCR Soup Kitchen
247 Carr Ave.
Keansburg, NJ 07734
732-787-1075 or 732-787-3520
Mon-Sat 9:00am-10:30am (hot breakfast); Mon-Sun 12:00pm-1:15pm (lunch)

Bayshore Lunch Program @ Community Church
Warren St. between Division & Osborn St.
Keyport, NJ 07735
732-217-1148
M, W, F 11:30am-12:30pm; T & Th 12:30pm-1:00pm

Lunch Break Soup Kitchen
121 Dr. James Parker Blvd.
Red Bank, NJ 07701
732-747-8577
Mon-Fri 11:00am-1:00pm; Sat 10:00am-12:00pm, bag lunches distributed 11:00am-12:00pm

Shalom Mission (Lacey United Meth.)
203 W. Lacey Rd.
Forked River, NJ 08731
609-693-5222
Tuesday 12:00pm-1:30pm

Ken's Kitchen
100 Bishop Way
Manahawkin, NJ 08050
609-660-9386
Thursday 11:00-12:00pm
*Also provides free blood pressure screenings

Simon's Kitchen
168 Grant Ave.
Seaside Heights, NJ 08752
732-270-5941
Tues & Fri 5:30-7:00pm (Oct-April)

Abundant Grace Soup Kitchen
108 Indian Head Rd.
Toms River, NJ 08753
732-914-2058
1st Saturday of every month from 12:00pm-3:00pm

Salvation Army/Hearty Helpings Soup Kitchen
1738 Route 37
Toms River, NJ 08753
732-270-8393
Thursday 4:45pm

Food Pantries 

Lutheran Church of Atonement Pantry
308 1st Ave.
Asbury Park, NJ 07712
732-776-5727
2nd and 4th Wednesday of every month 10:30am-12:30pm

Salvation Army Pantry-Asbury Park
605 Asbury Ave.
Asbury Park, NJ 07712
732-775-8698
Monday and Friday 9:00am-11:00am

Jewish Family Services Pantry
705 Summerfield Ave.
Asbury Park, NJ 07712
732-774-6886
Fridays 12:00pm-1:00pm

Quinn Chapel Pantry
109 Prospect Ave.
Atlantic Highlands, NJ 07716
732-291-1078
Tuesdays 12:30pm-2:30pm by appointment

Friends Feeding Families
180 Church Street (@ Belford UMC)
Belford, NJ 07718
732-639-0106
Tuesdays 6:00pm-8:00pm & Saturdays 10:00-12:00pm

Belmar Food Pantry
7th & D St. (United Methodist Church)
Belmar, NJ 07719
732-280-6100
Mon & Thurs 10:00am-12:00pm and Thursdays 3:00-6:00pm

Bradley Food Pantry
605 4th Ave, next to St. James Church
Bradley Beach, NJ 07720
732-775-0161
Mon-Fri 10:00am-12:00pm and Thurs 6:00pm-7:00pm

Providence Baptist Pantry
49 Kennedy Ave.
Cliffwood Beach, NJ 07721
732-566-4430
3rd Sat of every month 8:00am-12:00pm

Emley's Hill Good Samaritan Pantry
69 Emley's Hill Road
Cream Ridge, NJ 08514
609-758-2166
Wednesdays 6:30pm-7:30pm

St. Dorthea's Pantry
240 Broad St. (Route 7)
Eatontown, NJ 07724
732-542-0148
2nd & 4th Wednesday 5:00pm-7:00pm and 2nd & 4th Sat 9:00am-11:00am

New Hope Pantry
28 1st St. (corner of Center)
Freehold, NJ 07728
732-780-9210
3rd Thursday of every month 10:00am-1:00pm & 3rd Sat 9:00am-1:00pm

Open Door Pantry
39 Throckmorton St. /St. Peter's Church
Freehold, NJ 07728
732-780-1089
Mon-Fri 10:00am-2:00pm

Keyport Ministerium Food Pantry
10 East Front St.
Keyport, NJ 07735
732-888-1986
Tues & Thurs 9:30am-11:30am

St. Michael's Food Pantry
800 Ocean Ave.
Long Branch, NJ 07740
732-483-0360 x13
3rd Saturday of the month 3:30-5:30pm & by appointment

Reformation Food Pantry
992 Broadway (Corner of Locust)
W. Long Branch, NJ 07764
732-229-9180
Tues 7:00pm-8:30pm & Sat 8:30am-10:00am

CHANT Food Pantry
1301 Corlies Ave. (Rt. 33) Unit 1B
Neptune, NJ 07753
732-774-2712
Mon-Fri 9:00am-1:00pm

Lunch Break Soup Kitchen
121 Dr. James Parker Blvd.
Red Bank, NJ 07701
732-747-8577
M, T, Th, F 10:00am-3:00pm; Wed 12:00pm-6:00pm;

Sat 9:00am-12:00pm

St. Barnabas Pantry
33 Woodland Rd.
Bayville, NJ 08721
732-269-2208 ext. 107
M, W, F 9:30am-11:15am, Wed 5:30pm-7:15pm by appointment

Destiny Community Food Pantry
236 Brick Blvd.
Brick, NJ 08723
732-451-0779
Tues-Thurs 10:00am-2:00pm, Sat 11:00am-2:00pm

St. Pius Pantry
300 Lacey Rd.
Forked River, NJ 08731
609-693-6105
Mon & Wed 9:00am-4:00pm, Fri 9:00am-1:00pm

Island Hgts. UMC Pantry
111 Ocean Ave.
Island Heights, NJ 08732
732-929-9143
1st and 3rd Tuesday of each month 9:00am-11:00am

Jackson Baptist Pantry
360 Bennetts Mills Rd.
Jackson, NJ 08527
732-505-4357
Mon-Fri 9:00am-4:00pm call for an appt.

Lakehurst United Methodist (mobile site)
204 Elm St.
Lakehurst, NJ 08733
732-918-2600
1st Tuesday of the month 9:30-10:30am

St. Mary's of the Lake
43 Madison Ave.
Lakewood, NJ
732-363-6683
M, W, Th, Sat 9:30am-12:30pm, Tu 1:00pm-4:00pm

Greater Tuckerton Food Pantry
148 North Green St. (Rt. 539)
Tuckerton, NJ 08087
609-294-4777
Mon, Thurs, and Sat 9:00am-12:00pm

Tuckerton Interchurch Pantry
641 Radio Rd.
Little Egg Harbor, NJ
609-296-1345
Mon-Fri 2:00-4:00pm

St. Francis Food Pantry
4700 Long Beach Blvd.
Long Beach Twp, NJ 08008
609-494-8861
M, W, F 10:00am-2:00pm, Tu 10:00am-12:00pm,
Thurs 4:00pm-6:00pm

King of Kings Food Pantry
1000 N. Main St.
Manahawkin, NJ 08050
509-597-7177
Tuesdays 12:00pm-5:00pm

St. Joseph's Pantry
685 Hooper Ave.
Toms River, NJ 08753
732-349-0018 ext. 2207
Mon-Fri 10:00am-4:00pm

St. Stephen's Food Pantry
367 Route 9
Waretown, NJ 08758
609-698-8561
Mon-Fri 9:00am-12:00pm

Cedar Run Assembly of God
562 South Main St. (Route 9)
West Creek, NJ 08092
609-597-3225
Tuesdays 4:00pm-5:30pm

Free/Low-cost Clothing 

Clara's Closet @ Lunch Break
121 Dr. James Parker Blvd.
Red Bank, NJ 07701
732-474-8577
T, Th, F 10:00am-3:00pm; Wed 12:00pm-5:00pm; Sat 10:00am-12:00pm
**Suited for Success* *provides business and special occasion attire. By appointment only. Please call 732-747-8577 x3021*

Redeem Her-Second Chances Thrift Shop
101 3rd Ave.
Neptune City, NJ 07753
732-776-7006
Mon-Sat 10:00am-5:00pm, Sun 10:30am-5:00pm
**Redeem Her* *is a non-profit organization that helps women transitioning out of prison, jail or rehab.*

Goodwill: Bayville
333 Route 9 (Baywick Plaza)
Bayville, NJ 08721
732-269-2902

Goodwill: Ocean Twp.
1 North Mall Dr.
Ocean Twp., NJ 07712
732-643-1064

Project Paul Thrift Shop
211 Carr Ave.
Keansburg, NJ 07734
732-787-4887

St. Peter's Thrift Shop
49 Throckmorton Street
Freehold, NJ 07728
732-462-9264
T,W,F 10:00am-2:00pm
Th, Sat 10:00am-4:00pm

Black Sheep Thrift Shop
323 Drum Point Road
Baywood Plaza
Brick, NJ 08723
848-232-2327

St. Agnes Thrift Shop
Avenue D &South Ave.
Atlantic Highlands, NJ 07716
732-291-2156
Winter Hours (Labor Day-Memorial Day) are Tuesday-Sat 9:00am-2:00pm
Summer Hours (Memorial Day-Labor Day) are Wednesday-Sat 9:00am-2:00pm

Bo's Attic Consignment & Thrift Shop
455 Route 36
Port Monmouth, NJ 07758
732-787-1150

Mon-Sat 10:00am-5:00pm; Sun 11:00am-5:00pm



D. Transportation

There is no general program that will provide assistance paying for transportation. NJ Transit will no longer accept release papers in substitution for bus tickets. However, you may purchase transit tickets from NJDOC for $2.00 prior to release, which will assist you with reaching your destination.

Some of the programs listed in this book will provide bus passes to help you participate in a particular program. If you are assigned to a community/social service or reporting program, you may want to ask if the program offers transportation assistance.

For specific bus, rail or train schedules and fares, you may call NJ Transit: (973) 275-5555, NJ Text Telephone: 800-772-2287 or visit the NJ Transit Website: http://www.njtransit.com
For specific route information on the web site, click on the "trip planner". For your Monmouth/Ocean County travel convenience, may want to purchase weekly, monthly or discounted transit passes (when applicable).

If you are going to drive places, remember that you **must** have a valid driver's license and you **must** have insurance for any vehicle that you are driving.

TRANSPORTATION FOR THE DISABLED AND SENIOR CITIZENS

Transportation is generally geared toward seniors, disabled, individuals with AIDS or HIV and others with significant needs. Some agencies provide transportation for their program participants only. Contact the agencies below to determine eligibility requirements.

Monmouth County Division of Transportation
250 Center Street
Freehold, NJ 07728
Phone: 732-431-6480
Bus/Train Information: 732-780-1121

Ocean County Ocean Ride
877-929-2082 or 732-736-8989
www.co.ocean.nj.us

Office of Amtrak Access
800-872-7245

Greyhound Customers with Disabilities Travel Assistance Line
800-752-4841



E. Money

Once you are released from custody, you will need a source of income until you can find a job. (see section on "Finding a Job" for job seeking information).

The DOC does not provide any "gate money," except for the money you may have in your inmate account. If it is possible to save any money before you are released, you should try to do so. Parole may give emergency funds, based on needs, but it's at their discretion—as your parole officer about this.

You may be eligible to get some sort of public assistance (welfare), not everyone qualifies for this. Listed below are some basics on seeking and applying for benefits.

Work First New Jersey Program (WFNJ)

WFNJ provides cash benefits (General Assistance) for single people and Temporary Assistance for Needy Families for people who have custody of their children. Both programs will require you to work or actively look for work and both have a five-year lifetime limit. Work First New Jersey also has an Emergency Assistance program that you may qualify for if you are homeless or at risk of becoming homeless: it can pay for things like food, clothing and transportation costs to look for housing, but also utility payments and temporary rental or mortgage payment assistance. You can contact your social worker for more information.

FYI: Please call your local office to verify what the eligibility requirements are for obtaining General Assistance.

NJ SNAP (formerly Food Stamps)

You may apply for NJ SNAP while applying for GA/TANF. If you were convicted after August 22, 1996 of a drug distribution or sales offense, you may still be able to get NJ SNAP if you have completed or are enrolled in a licensed drug treatment program, or completed a program in prison and are drug free (you will be tested). Same goes for possession offenses. Please contact the Division of Welfare in Hudson County to inquire.

Monmouth County Division of Social Services
3000 Kozloski Rd.
Freehold, NJ 07728
Phone: 732-431-6000
For clients only: 800-662-3114

Fax: 732-431-6266
Hours: Mon-Fri 8:30am-4:30pm; evening hours on Thursday from 4:30pm-8:00pm

Ocean County Board of Social Services
1027 Hooper Ave.
Buildings 3, 4, 5 & 7
Toms River, NJ 08753
Phone: 732-349-1500
Emergency/after hours: 732-240-6100 / 609-693-5834

F: Veterans Benefits 

If you were receiving veteran's benefits, either for disability or a pension, and you were incarcerated for more than 60 days, you will have to get reinstated after you are released. If you were not receiving benefits and you are a veteran, you may be eligible for benefits or for other programs and services, including health care. You can contact the Veterans Administration for questions about benefits at 800-827-1000; the health benefit number is 877-222-VETS. The 24-hour veterans mental health hotline is **1-866-VETS-NJ4U**.

The closest VA Benefit Administration is located at:
110A Meadowlands Parkway, Suite 102
Secaucus NJ 07094
201-223-7787

Regional Office
20 Washington Pl., 3rd Floor
Newark, NJ 07102
973-645-1441

The nearest Veterans Services Office is located at:

Monmouth County Veterans Affairs Office
3000 Kozloski Road
Freehold, NJ 07728
Phone: 732-683-8675
Fax: 732-683-8676
Contact: Sue Moleon, Director, Veterans Services

Ocean County Veterans Service Bureau
1027 Hooper Ave., 1st Floor
Toms River, NJ 08754
732-929-2096

The following are some websites that can assist you in looking for information about veteran services:

Federal Veterans Information:
www.va.gov

Info for NJ Veterans:
www.vetsinfo.com

New Jersey Dept. of Veterans Affairs: www.state.nj.us/military

New Jersey Veterans Guide:
www.state.nj.us/military/veterans/njguide

VA Home Loans:
www.homeloans.va.gov

Veterans Counseling Service Center:
www.va.gov/rcs/newjersey/html

Be aware that the VA takes considerable time to make decisions. On average, it can take 273 days to process a new application for benefits.

OTHER BENEFIT PROGRAMS: You may be eligible for other cash benefits, including Supplemental Security Income (SSI) disability benefits (if you are seriously disabled and cannot work) call 1-800-772-1213 and the Women's, Infants, Children (WIC) program, which gives food vouchers to low-income parents. You can inquire about WIC at the city and county welfare offices.

Taking Care of Yourself: Getting Support

The transition from prison back to society may take some time to get adjusted and we want to provide you with options to lessen the burden. Taking care of your mind and body will be important for your success. Below are a few places to that may be of assistance.

Taking Care of Yourself: LGBTQ+ Resources



Garden State Equality

Garden State Equality lifts up the diverse voices of LGBTQ+ communities through education and advocacy to advance the movement for equality in New Jersey and nationally.

Are you a Trans person who needs help changing your name in New Jersey? Garden State Equality is here to help! Learn more about **updating identification documents** at GSE's website: https://www.gardenstateequality.org/take-action/update-id/

1408 Main Street
Asbury Park, New Jersey 07712
https://www.gardenstateequality.org/
(973) 509-5428

Equality Federation
Equality Federation is an advocacy accelerator rooted in social justice, building power in our network of state-based lesbian, gay, bisexual, transgender, and queer (LGBTQ+) advocacy organizations.
equalityfederation.org

The Pride Center of New Jersey

The mission of Pride Center of New Jersey is to provide a safe and welcoming space for all individuals who identify as LGBTQ+ to find support, educational tools, health and education resources, and social opportunities within a community of acceptance. Free HIV testing.

85 Raritan Avenue, Suite 100
Highland Park NJ, 08904-2430
(732) 846-2232
info@pridecenter.org

NJ Gay Life
Lists events throughout New Jersey to connect the LGBTQI+ community. Online directory of New Jersey businesses and a support group calendar organized by issues and geographic locations.
NJGayLife.com
PO Box 224, Metuchen, NJ 08840.

Parents, Families and Friends of Lesbians and Gays (PFLAG)
The PFLAG mission is to build on a foundation of loving families united with LGBTQI+ people and allies who support one another, and to educate ourselves and our communities to speak up as advocates until all hearts and minds respect, value and affirm LGBTQI+ people. To find a local chapter visit: https://pflag.org/find-a-chapter

Main Phone: (202) 467-8180
Fax: (202) 467-8194

Human Rights Campaign
Advocates for LGBTQI+ Americans, mobilizes grassroots action, and educates the public about LGBTQI+ issues.
www.hrc.org

SAMHSA Substance Abuse and Mental Health Service Administration
Resources on the LGBTQI+ population include national survey reports, agency and federal initiatives, and related behavioral health resources from the U.S. Department of Health and Human Services.

Find Help and Treatment
The National Helpline provides 24-hour free and confidential referrals and information about mental and/or substance use disorders, prevention, treatment, and recovery in English and Spanish.
SAMHSA's National Helpline
800-662-HELP (4357)
TTY: 800-487-4889
For additional information on finding help and treatment options, visit www.samhsa.gov/find-treatment.
For general questions about SAMHSA, including information about mental and substance use disorders:
SAMHSAInfo@samhsa.hhs.gov
877-SAMHSA-7 (726-4727)
TTY: 800-487-4889

Edge New Jersey
The mission of EDGE New Jersey is to respond compassionately and responsibly to the HIV+ and LGBTQI+ communities by providing supportive services, housing opportunities, prevention strategies and education to enhance the community we serve. The vision of EDGE is to empower those we serve to achieve a healthy, safe and self-sufficient life, providing the resources to positively influence their community.

CAN Clinic (Temporary)
3155 NJ State Route 10, Suite 204
Denville, NJ 07834
973-370-3130

EDGE CAN Wellness Center
295 East Main St
Denville, NJ 07834
973-285-0006

Hudson Pride Center Hudson Pride serves as an advocate and social service provider for both the LGBTQI+ and HIV/AIDS communities in Hudson County.

205 Brunswick St
Jersey City, NJ 07302

NHCAC Health Center
2nd Floor, 714 31st St
Union City, NJ 07087

(201) 963-4779
info@hudsonpride.org

PROUD Gender Center of New Jersey
At Robert Wood Johnson University Hospital (RWJUH) New Brunswick it is a top priority to optimize health and well-being for every patient. The **LGBTQIA Program** is firmly rooted with that purpose in mind.
In full support of the transgender community, RWJUH provides a full suite of specialized services designed to bring you to the best "you" you can be.
At the Center, a multidisciplinary team of family medicine physicians, gynecologists, urologists, endocrinologists, plastic surgeons and otolaryngologists provides specialized care for LGBTQ patients. Hormone therapy and surgical procedures are offered to support the transition of transgender patients.

181 Somerset St., 2nd Floor
New Brunswick, NJ 08901
1-833-BH-PROUD (1-833-247-7683)

Lambda Legal
Founded in 1973, Lambda Legal is the oldest and largest national legal organization whose mission is to achieve full recognition of the civil rights of lesbians, gay men, bisexuals, transgender people and everyone living with HIV through impact litigation, education and public policy work.
As a 501(c)3 nonprofit organization, we do not charge our clients for legal representation or advocacy, and we receive no government funding.

National Headquarters
120 Wall Street, 19th Floor
New York, NY 10005-3919
212-809-8585

QSpot LGBT Community Center

QSpot fosters the health, well-being and pride of NJ's LGBT and allied community by providing resources, referrals, education, and outreach. QSpot works tirelessly to fulfill its mission while operating a safe and welcoming LGBT community center.

1601 Asbury Ave, Asbury Park, NJ 07712
(732) 455-3373

HOTLINES /CRISIS INTERVENTION

The National Helpline provides 24-hour free and confidential referrals and information about mental and/or substance use disorders, prevention, treatment, and recovery in English and Spanish.

SAMHSA's National Helpline
800-662-HELP (4357)
TTY: 800-487-4889

Crisis Intervention/Suicide Prevention
The Trevor Project: (866) 488-7386
The Trevor Project is the leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender and questioning (LGBTQ) young people ages 13-24.

National Suicide Prevention Lifeline: (800) 273-8255 (online chat available)
The National Suicide Prevention Lifeline is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week.

Crisis Text Line: Text START to 741-741
Crisis Text Line is free, 24/7 support for those in crisis. Text from anywhere in the USA to text with a trained Crisis Counselor.

The Gay, Lesbian, Bisexual and Transgender National Hotline: (888) 843-4564
The GLBT National Youth Talkline (youth serving youth through age 25): (800) 246-7743

Both provide telephone, online private one-to-one chat and email peer-support, as well as factual information and local resources for cities and towns across the United States.

Trans Lifeline: (877) 565-8860
Trans Lifeline is a trans-led organization that connects Trans people to the community, support, and resources they need to survive and thrive.

National AIDS Hotline (800) 342-AIDS / (800) 344-7432 (Spanish) / (800) 243-7889 (TDD)
Other Hotlines

U.S. National Domestic Violence Hotline: (800) 799-7233 (English and Spanish) (800) 787-3224 (TTY)
They also have an online chat feature available. Operating around the clock, seven days a week, confidential and free of cost, the National Domestic Violence Hotline provides lifesaving tools and immediate support to enable victims to find safety and live lives free of abuse. Highly trained, experienced advocates offer compassionate support, crisis intervention information and referral services in over 170 languages.

Pride Institute: (800) 547-7433 24/7
Chemical dependency/mental health referral and information hotline for the LGBTQ community.

Rape Abuse and Incest National Network (RAINN): (800) 656-HOPE / (800) 810-7440 (TTY)
The nation's largest organization fighting sexual violence, RAINN also carries out programs to prevent sexual violence, help victims and ensure that rapists are brought to justice.

Support for victims and survivors of sexual violence
Hotline: 1-866-295-SERV (7378)

Taking Care of Yourself: COVID-19 Testing and Vaccine

COVID-19 Testing and Vaccine

Call 211 for General COVID-19 Questions and information on how to stay safe, test sites, financial assistance, unemployment, donations, food, and other non-medical needs. (24/7)

Call 1-800-962-1253 (24/7) to speak to a healthcare professional at the NJ Poison Control Center

about symptoms, when to seek medical attention and proper steps to take if exposed to COVID-19.

Call (COVID-19 Vaccination and Testing): **1-855-568-0545 (10a-6p, M-F; 10a-4p, Sa)**

Call (Medical COVID-19 Questions): **1-800-962-1253 (24/7)**

There are multiple ways to get a COVID-19 vaccine including:

1. Use the NJ Vaccine Appointment Finder to find available vaccination appointments near you or sites with walk-in vaccinations (no appointment needed).
2. Register with the NJ Vaccine Scheduling System to be notified when an appointment is available to you at vaccination locations that use the State's Vaccine Scheduling System.
3. Seniors 65+ can call the senior-specific hotline at **855-429-1168** from 8am to 8pm to schedule dedicated vaccine appointments
4. Many **VA** facilities and clinics are offering vaccines to veterans, their spouses, and their caregivers.



Taking Care of Yourself: Health Care Resources

It is very important that you pay close attention to your aftercare once you are released from custody. Change in your daily routine cause a certain level of stress. Stress along with any medical condition may worsen if routine monitoring and treatment are not available. Therefore the resources listed below provide information on paying for health care, clinic visits and other resources in Monmouth and/or Ocean County.

Prior to your release, you will be given the opportunity to apply for Medicaid through the Affordable Health Care Act (ACA). ACA allows those with little or no income to be eligible for

Medicaid under the new law. New Jersey residents complete an application for New Jersey Family Care and out of state residents complete an application for the Healthcare Marketplace. Applying for healthcare while at NJDOC allows enough time for processing to be completed and a health insurance card to be mailed to your residence with coverage beginning the day of your release. For more information regarding the Affordable Care Act and Medicaid, please contact your social worker or visit www.njfamilycare.org or www.healthcare.gov. Below is some information regarding traditional Medicaid.

A. Health Care Benefits: Am I eligible?

In New Jersey, the **Medicaid** program provides health care benefits for some low-income people. If you gain custody of children under 18 when you are released, you may qualify if you are; ***single, head of house and unemployed, or existing earnings are not enough to support the household*** Other eligibility requirements include low-income status, over age 65, blindness, or inability to work due to a disability.

If you are disabled and are applying for SSI, you will also be screened for Medicaid at that time. If you qualify for General Assistance benefits, you will get some very basic health care benefits through Medicaid (Plan G). **Medicaid is a separate program from GA or TANF, so you don't have to be eligible for those benefits to qualify for Medicaid.**

For questions about Medicaid eligibility, or to apply for Medicaid in Monmouth and/or Ocean County go to:

Monmouth County Division of Social Services
3000 Kozloski Rd.
Freehold, NJ 07728
Phone: 732-431-6000
For clients only: 800-662-3114
Fax: 732-431-6266
Hours: Mon-Fri 8:30am-4:30pm; evening hours on Thursday from 4:30pm-8:00pm

Ocean County Board of Social Services
1027 Hooper Ave.
Buildings 3, 4, 5, & 7
Toms River, NJ 08753
Phone: 732-349-1500
Fax: 732-244-8075
Hours: Mon-Fri 8:30am-4:30pm

If you are a veteran, you may be eligible for health care benefits through the **Veterans Administration**, which provides a

"Medical Benefits Package" for enrolled veterans. You may call 877-222-VETS for more information about eligibility and applying for benefits.

If you are HIV+ or have AIDS, you may also be eligible for the **AIDS Drug Distribution Program** (ADDP), which provides help paying for HIV/AIDS medication for people who do not have other ways of paying. **You can apply for this program before you are released**. Contact the **Aids Drug Distribution Program** at 609-588-7038 or toll free 877-613-4533, Mon-Fri 8am-5pm to apply.

Easter Seals New Jersey provides information, referrals and loans of medical equipment (including wheelchairs) to people in need. For information call 732-257-6662.

B. General HealthCare Providers 

Even if you do not have Medicaid or other health insurance and benefits, here are some facilities that provide primary health care at low cost, sliding scale or free service. They are listed below. Most hospitals have charity care, for which you can inquire about during a hospital emergency room visit.

MONMOUTH COUNTY HEALTHCARE LOCATIONS

Monmouth Family Health Center
270 Broadway
Long Branch, NJ 07740
732-923-7100
Adult Medicine hours: Mon & Wed 8:00am-7:00pm; Tues, Thurs, Fri 8:00am-5:00pm; Sat 8:00am-4:00pm
Pediatric Care hours: Mon-Fri 8:00am-5:00pm
Podiatric Medicine hours: Wed & Thurs 8:30am-11:30am
HIV Specialty Services hours: Mon-Fri 8:30am-5:00pm

Monmouth Family Health Center-Women's Wellness Center
80 Pavilion Ave.
Long Branch, NJ 07740
732-413-2030
Mon-Thur 8:00am-4:30pm
Site provides gynecological care, birth control and counseling, menopausal medicine, breast health screenings, general and high risk prenatal care, pregnancy tests and confirmation, childbirth preparation, postpartum care, postpartum depression screening and treatment, certified HealthStart provider

Parker Family Health Center
211 Shrewsbury Ave.
Red Bank, NJ 07701

732-212-0777
Hours: Mon & Wed 9:00am-6:00pm; Tues & Thur 9:00am-4:30pm; Fri 9:00am-4:00pm; Sat 8:00am-12:00pm
Provides pre-employment and school physicals, immunizations and well-child care, children's dental screenings, women's health care, chronic disease management, hypertension clinic, adult immunizations, vision screening, affordable prescription medications, social service referrals and cancer screening (through NJCEED).

Visiting Nurse Association of Central Jersey Community Health Centers (4 locations)

CHC of Asbury Park
1301 Main St.
Asbury Park, NJ 07712
Phone: 732-774-6333
Fax: 732-774-0313
Hours: M,T, Th 8:00am-6:00pm; Wed 8:30am-5:00pm; Fri 8:30am-4:30pm and Sat 8:00am-1:00pm

Keyport Primary Care Center
35 Broad St.
Keyport, NJ 07735
Phone: 732-888-4149
Fax: 732-264-0799
Hours: M, Th, F 8:30am-4:30pm; Tues 10:00am-6:00pm; Wed 8:30am-4:30pm and Sat (Prenatal day only) 8:00am-1:00pm.

Keansburg Community Health Center
100 Main St.
Keansburg, NJ 07734
Phone: 732-787-1250
Fax: 732-787-4079
Hours: Mon-Fri 8:30am-4:30pm

Red Bank Community Health Center
176 Riverside Ave.
Red Bank, NJ 07701
Phone: 732-219-6620
Fax: 732-219-6625
Hours: M, T, Th, F 8:30am-4:30pm; Wed 9:00am-5:00pm

OCEAN COUNTY HEALTHCARE LOCATIONS

CHEMED
1771 Madison Ave.
Lakewood, NJ 08701
Phone: 732-364-2144 or 732-364-6666
Fax: 732-253-4011

Services: internal medicine, pediatrics, dentistry, behavioral health, women's health, specialty care (cardiology & endocrinology), LRRC social services and a pharmacy.
*Call for hours of operation

Coastal Volunteers in Medicine
349 South Main St., Suite 8
Barnegat, NJ 08005
Phone: 609-384-0102
Fax: 1-888-972-7314
Services: outpatient primary medical care, preventative medical care, referrals for specialized services, adult health literacy programs, navigators for patient during treatment, translation and interpretation services and prescription assistance.
Hours; Tu, W, Th 10:00am-2:00pm

Ocean Health Initiatives, Inc. (4 Locations)
Lakewood Health Center
101 2nd Street
Lakewood, NJ 08701
Hours: M, Th, F 8:00am-5:30pm; T, W 8:00am-8:00pm
*For appointments call: ***732-363-6655***

Toms River Health Center
301 Lakehurst Rd.
Toms River, NJ 08755
Hours: M, T, W, F 8:00am-5:30pm, Th 8:00am-8:00pm
*For appointments call: ***732-363-6655***

Manahawkin Health Center
333 Haywood Rd.
Manahawkin, NJ 08050
Hours: M-F 8:00am-4:30pm
*For appointments call: ***732-363-6655***

Manchester Health Center
686 Route 70
Lakehurst, NJ 08733
Hours: M-F 8:30am-5:00pm
*For appointments call: ***732-363-6655***
Services: behavioral health, dental, family medicine, internal medicine, OB/GYN, pediatrics, podiatry and social services.

HOSPITALS IN MONMOUTH AND OCEAN COUNTY

Bayshore Community Hospital
727 North Beers Street
Holmdel, NJ 07733-1598
Phone: 732-739-5900
Fax: 732-739-5887

Monmouth Medical Center
300 Second Ave.
Long Branch, NJ 07740
Phone: 732-222-5200
Fax: 732-823-7570

Ocean Medical Center
425 Jack Martin Blvd.
Brick, NJ 08724
732-840-2200

CentraState Healthcare System
901 West Main Street
Freehold, NJ 07728
Phone: 732-431-2000
Fax: 732-462-5129

Riverview Medical Center Division
1 Riverview Plaza
Red Bank, NJ 07701
Phone: 732-741-2700
Fax: 732-224-8408

Jersey Shore Medical Center
1945 Route 33
Neptune, NJ 07754
Phone: 732-775-5500
Fax: 732-776-4583

FYI: All of these centers accept Medicaid and some insurance plans, but also provide services on a sliding scale basis, additional fees for x-rays and lab work. Primary and preventative care. Staff there may help you apply for Medicaid, charity care or other benefits if you are eligible.

Monmouth County Health Department
3435 Highway 9
Freehold, NJ 07728
Phone: 732-431-7456
Fax: 732-409-7579

Ocean County Health Department
175 Sunset Ave.
Toms River, NJ 08754
Toll free: 800-342-9738
Phone: 732-341-9700
Hours: 8:00am-5:00pm

Family Planning Centers in Monmouth & Ocean County Area:

Planned Parenthood

Freehold Center
800 W. Main St.
Freehold, NJ 07728
Phone: 732-431-1717
Fax: 732-431-4846
Hours: Mon 11:30am-7:00pm; Wed & Fri 8:30am-4:00pm
Services include abortion services, birth control, HIV testing, LGBT services, men's health care, Morning-After Pill (emergency contraception), pregnancy testing & services, STD testing, treatment & vaccines and women's health care.

Shrewsbury Center
69 East Newman Springs Rd.
PO Box 95
Shrewsbury, NJ 07702
Phone: 732-842-9300
Fax: 732-842-9338
Hours: Mon & Tues 9:00am-4:30pm; Wed 10:30am-6:00pm; Thurs 11:00am-7:30pm, Fri 10:00am-4:00pm; Sat 8:00am-3:00pm
Services offered: abortion services, birth control, HIV testing, LGBT services, men's health care, morning-after pill (emergency contraception), pregnancy testing & services, STD testing, treatment & vaccines, women's health care.

Family Planning Center of Ocean County

Lakewood Office
290 River Ave.
Lakewood, NJ 08701
Phone: 732-364-9696
TTY: 732-364-0448
Hours: M, T, Th 9:00am-8:00pm; W, F 9:00am-4:30pm

Manahawkin Office
1173 Beacon Ave., Suite B
Manahawkin, NJ 08050
Phone: 609-597-6094
Hours: Wednesday 12:00pm-7:00pm

C. Services for People with HIV/AIDS

In addition to the clinics listed above, a number of places in Monmouth County offer care and support services specifically for those living with HIV and AIDS.

HIV & AIDS Ambulatory Care Clinic (A-Team)
Jersey Shore University Medical Center

1828 West Lake Ave., Suite 203
Neptune, NJ 07753
732-776-4700

The Center in Asbury Park, Inc.
806 3rd Ave.
Asbury Park, NJ 07712
732-774-3416
Office hours: Mon-Fri 10:00am-4:00pm

Beacon House
1410 6th Ave.
Neptune, NJ 07753
732-502-9245
Office hours: 24/7

Catholic Charities
238 Neptune Blvd., Suite 2B
Neptune, NJ 07753
732-879-7701 x111
Office hours: Mon-Thurs 8:30am-8:30pm; Fri 8:30am-4:30pm

Check-Mate, Inc.
910 4th Ave.
Asbury Park, NJ 07712
732-774-3220
Office hours: Mon-Fri 9:00am-4:30pm

Lakewood Resource and Referral Center, Inc.
1771 Madison Ave.
Lakewood, NJ 08701
Phone: 732-364-2144 ext. 206
Fax: 732-364-3559
Hours: Mon-Thurs 8:30am-9:00pm, Fri 8:30am-2:00pm, Sat by appointment only, Sun 8:30am-6:00pm

Community Medical Center
99 Route 37 West
Toms River, NJ 08755
Phone: 732-557-8000
Fax: 732-557-8956
Hours: Mon-Fri 7:00am-4:30pm

Ocean County Health Department
175 Sunset Ave.
Toms River, NJ 08754
Phone: 732-341-9700
Fax: 732-341-5461
Hours: M, W, F 8:00am-5:00pm, Tues 8:00am-9:00pm

Freehold Twp. Health Department
1 Municipal Plaza
Freehold, NJ 07728
732-294-2060
Office hours: Mon-Fri 8:30am-4:30pm

Long Branch Dept. of Health
344 Broadway
Long Branch, NJ 07740
732-571-5665
Office hours: Mon-Fri 8:30am-4:30pm

Manalapan Twp. Department of Health
120 Route 522 & Taylor Mills Rd.
Town Hall
Manalapan, NJ 07726
732-446-8345
Office hours: Mon-Fri 8:30am-4:30pm

Middletown Twp. Health Department
1 Kings Highway
Middletown, NJ 07748
732-615-2095
Office hours: Mon-Fri 8:00am-5:00pm

Monmouth County Health Department
3435 US Highway 9
Freehold, NJ 07728
732-431-7456
Office hours: Mon-Fri 8:30am-4:30pm

NJ AIDS/STD Hotline
1-800-624-2377 – 24 hours/day
1.800.433.0254
Live Text: Send a test message to 8006242377@njpies.org
Live Chat: visit the webpage www.njhivstdline.org
The hotlines provide referrals, general information, counseling, testing locations and treatment information.

Rapid Testing Centers
Asbury Park
Check-Mate, Inc.
910 4th Ave.
Asbury Park, NJ 07712
732-774-3100 ext. 124
Jersey Shore Addiction Services
1200 Memorial Drive
Asbury Park, NJ 07712
732-988-8877

Visiting Nurse Association of Central Jersey-Community Health Center
1301 Main St.
Asbury Park, NJ 07712
732-774-6333
Visiting Nurse Association of Central Jersey-HIV Prevention Services
816 Sunset Ave.
Asbury Park, NJ 07712
732-502-5100

Freehold
Planned Parenthood of Central New Jersey-Freehold
800 W. Main Street
Freehold, NJ 07728
732-431-1717

Lakewood
Family Planning of Ocean County
290 River Ave.
Lakewood, NJ 08701
732-364-9696

Ocean Health Initiatives
101 2nd St.
Lakewood, NJ 08701
732-363-6655

Manahawkin
Ocean Health Initiatives
333 Haywood Rd.
Manahawkin, NJ 08050
609-489-0110

Neptune
Monmouth Regional Screening Center
1828 West Lake Ave., Suite 202
Neptune, NJ 07753
732-869-5740
Jersey Shore medical Center Emergency Department
(for emergency department patients only)
1945 Route 33
Neptune, NJ 07753
732-775-5500

Shrewsbury
Planned Parenthood of Central New Jersey-Shrewsbury
69 E. Newman Springs Rd.
Shrewsbury, NJ 07702
732-842-9300

Toms River
Ocean County Health Department
175 Sunset Ave.
Toms River, NJ 08753
732-341-9700 ext. 7604
Ocean Health Initiatives
301 Lakehurst Rd.
Toms River, NJ 08753
732-552-0377

D. Services for People With Tuberculosis and Hepatitis C

In addition to the general medical care facilities listed above, there are a few services especially for people with tuberculosis and hepatitis C.

Rutgers Global TB Institute
NJ Medical School-Clinical Services
225 Warren St.
Newark, NJ 07103
973-672-6232

Tuberculosis Program
50 East Street, 3rd Floor
P.O. Box 363
Trenton, NJ 08625-0363
609-826-4878

E. Dental Care 

The locations listed below don`t provide free care, but do have a sliding scale for those without insurance. Waiting lists can be long.

NJ Family Care is available to certain low income parents. In addition to health benefits dental and eyeglasses are offered. For children this service is free. In order to check for eligibility, please call 1-800-701-0710

Jersey Shore University Medical Center
1828 West Lake Ave.
Neptune, NJ 07753
732-869-5736
Mon-Fri 8:00am-4:00pm
Services: preventative, restorative, prosthodontics, pedodontics, oral surgery, endodontics and orthodontics.
Payment methods: charity care, Medicaid, self-pay and sliding scale.

Monmouth Family Health Center
300 2nd Ave.
Long Branch, NJ 07740
732-923-6585
Mon-Fri 8:00am-5:00pm; Sat 8:30am-4:00pm
Services: preventative, restorative, pedodontics, oral surgery and endodontics.
Payment methods: Medicaid, self-pay and sliding scale.

Ocean Health Initiatives, Inc. (2 locations)
Lakewood Health Center
101 2nd St.
Lakewood, NJ 08701
Toms River Health Center
301 Lakehurst Rd.
Toms River, NJ 08755
Phone: 732-363-6655
Services: general dentistry care, cleanings and screenings, routine checkups beginning at 12 months, fluoride treatments, sealants, extractions, x-rays, treatment of gum disease and removal of decayed teeth.

F. Mental Health and Substance Abuse Resources

FYI: Drug addiction can be fatal to your health, not to mention illegal and can result in jail time. In order to be successful in society seeking services for a drug or alcohol addiction will be necessary. Many of the health clinics, support centers and other resources listed in this guide can help refer you to treatment that most fit your needs. Listed below are some of Monmouth &

Ocean County's treatment resources and each of these will also help with referrals if they cannot help you. If you want treatment, you should also ask your parole officer for help — beds in treatment facilities are hard to come by, and they can help get you in. There are Narcotics Anonymous (NA) and Alcoholics Anonymous (AA) support group meetings all over Monmouth County. To find a meeting near you, call 866-920-1212 (for AA) or 800-992-0401 (for NA). For other self-help group resources, call the New Jersey Self Help Clearinghouse at 800-367-6274. Also, you can call the Addictions Hotline of NJ at 800-238-2333.

FYI: Each county has a mental health administrator. When you call this person they will provide you with the names and phone numbers closest to your area to provide services that fit your needs.

The Mental Health Administrators Office for Monmouth and Ocean County are:

Assistant Director
PO Box 3000 Kozloski Rd.
Freehold, NJ 07728
732-431-7200
Mon-Fri 8:30am-4:30pm

Mental Health Administrator
Dept. of Human Services
1027 Hooper Ave., Building 2
Toms River, NJ 08754
732-506-5374

Detoxification Centers in NJ

Aldie Counseling Center
2291 Cabot Boulevard West
Langhorne, PA 19047
215-642-3230

Behavioral Crossroads Recovery, LLC
509 South Blackhorse Pike (Rt 168)
Turnersville, NJ 08012
609-964-4061 ext. 2

Burlington Comp Counseling Inc.
75 Washington Street
Mount Holly, NJ 08060
609-267-3610

Carrier Clinic
252 County Route 601

Belle Mead, NJ 08502
908-281-1000

Hunterdon Med Center/Addictions Treatment Services
2100 Wescott Drive
Flemington, NJ 08822
908-788-6401

Jersey City Medical Center
355 Grand Street
Jersey City, NJ 07302
201-915-2281

Kaleidoscope Health Care, INC
75 Harrison Avenue
Jersey City, NJ 07304
201-451-5425

Livengrin Foundation Inc.
4833 Hulmeville Road
Bensalem, PA 19020
215-638-5200

New Horizon Treatment Services Inc.
132 Perry Street
Trenton, NJ 08618
609-394-8988

New Pathway Counseling Services
995 Broadway
Bayonne, NJ 07002
201-436-1022

Princeton House Behavioral Health
905 Herrontown Road
Princeton, NJ 08540
609-497-3300

Somerset Treatment Services
118 West End Avenue
Somerville, NJ 08876
908-722-1232

Spectrum Health Care, INC
74-80 Pacific Avenue
Jersey City, NJ 07304
201-860-6100

Summit Behavior Health
4065 Quakerbridge Road

Princeton Junction, NJ 08550
609-651-4001

Today Inc.
1990 North Woodbourne Road
Newtown, PA 18940
215-968-4713

Turning Point, INC.
595 County Avenue
Secaucus, NJ 07096
973-239-9400

Outpatient and Residential Treatment in Monmouth County

CPC Behavioral Healthcare
270 Highway 35
Red Bank, NJ 07701
732-842-2000
Outpatient services

CPC Behavioral Healthcare
Aberdeen Counseling Center
1088 Highway 34
Aberdeen, NJ 07747
732-290-1700
Partial care and outpatient services

CPC Behavioral Healthcare
22 Court St.
Freehold, NJ 07728
732-780-2012
Integrated case management services

Jersey Shore Medical Center
Parkway 100
3535 Rt. 66--Building 5
Neptune, NJ 07753
732-643-4400
Outpatient and partial care services

Monmouth Medical Center
75 North Bath Ave.
Long Branch, NJ 07740
732-923-6500
Partial care and outpatient services

Riverview Medical Center
Booker Behavioral Health
661 Shrewsbury Ave.

Shrewsbury, NJ 07702
732-345-3400
Outpatient and partial care services

Easter Seal Society of NJ
615 Hope Road
Victoria Plaza
Eatontown, NJ 07712
732-380-0390
Residential services

Declarations
345 Union Hill Rd., Building 2, Suite C
Manalapan, NJ 07726
732-792-6990
Residential services

High Focus Centers
6 Paragon Way, Suite 104
Freehold, NJ 07728
866-463-9804
Intensive outpatient program and partial hospitalization services

Catholic Charities-Project Free
238 Neptune Blvd.
Neptune, NJ 07753
732-897-7701
Outpatient, intensive outpatient and partial care addiction services

Community Rehab, Inc.
3443 Route 9
Freehold, NJ 07728
732-462-5553
Outpatient, intensive outpatient and partial care addiction services

Endeavor House
6 Broadway
Keyport, NJ 07735
732-264-3824 x101
Outpatient, intensive outpatient and residential addiction services.

Recovery Innovations
1 Corbett Way
Eatontown, NJ 07724
732-380-7061
Outpatient, intensive outpatient and partial care services

Outpatient and Residential Treatment in Ocean County

Barnabas Behavioral Health Center
1691 Route 9
Toms River, NJ 08754
732-914-1688
Inpatient services

The Counseling Center at Toms River
1198 Lakewood Road, Suite 101
Toms River, NJ 08753
Phone: 732-736-6559
Fax: 732-797-2388
Outpatient, intensive outpatient and dual diagnosis services/programs

Toms River Drug Treatment Centers
1258 Hooper Ave., Suite 322
Toms River, NJ 08753
732-608-2260
Inpatient medical detox, inpatient rehabilitation, residential rehab, acupuncture therapy, equine therapy, pain management and yoga

Seashore Family Services of New Jersey
(2 locations)
Administration/Brick
35 Beaverson Blvd.
Bldg. 8 Suite 8A
Brick, NJ 08723
732-920-2700 or 732-477-3507
Toms River
226 Main St.
Toms River, NJ 08753
732-244-1600
Family counseling, substance abuse services, and anger management programs

Lighthouse Recovery
Lighthouse at Manahawkin
Cedar Bridge Plaza, 400 North Main St., Suite 2
Manahawkin, NJ 08050
609-489-0787
Outpatient services

Preferred Behavioral Health
700 Airport Rd.
Lakewood, NJ 08701
732-367-4700
Co-occurring services (mental illness & substance abuse)

The Center, Co-Occurring Partial Care Program
5 Airport Rd.

Lakewood, NJ 08701
732-961-9666

Ocean Mental Health Services (2 Locations)
Berkeley Center Office
160 Atlantic City Blvd.
Bayville, NJ 08721
732-349-5550
Manahawkin Outpatient Office
81 Nautilus Drive
Manahawkin, NJ 08050
609-597-5327
Outpatient and adult partial care services

St. Francis Counseling Service
4700 Long Beach Blvd.
Long Beach Twp, NJ 08008
609-494-8861or 609-494-1554
Outpatient counseling services

Lakewood Community Service Corp.
500 West Kennedy Blvd.
Lakewood, NJ 08701
732-901-6001
Outpatient counseling services

FYI: While the medical care and drug treatment and/or detoxification facilities listed above may be able to assist you with medication for mental health issues, and some counseling as well, there are also places to go to get counseling and therapy and other mental health services. Some of these services require Medicaid or other insurance, but some will also have sliding scale payments.
Although the services below provide mental health services, some may also offer substance abuse services as well.

G. Emergency Mental Health Services

FYI: If at any time you may want to hurt yourself or someone else, please call 911. If you feel like you may be a danger to yourself or others. It is very important that you call someone for help. Here are a few numbers of places that would be more than willing to come to your aid.

In the event of a mental health emergency,
Call **609-396-HELP (4357)**
***If you are in immediate danger, call 911**

Primary Screening Centers for Monmouth County:

Central State Medical Center
901 W. Main Street
Freehold, NJ 07728
732-294-2595

Jersey Shore University Medical Center
1945 Corlies Ave., Rt. 33
Neptune, NJ 07753
732-776-45555

Riverview Medical Center
1 Riverview Plaza
Red Bank, NJ 07701
732-219-5325

Primary Screening Center for Ocean County

Kimball Medical Center
600 River Ave.
Lakewood, NJ 08701
866-904-4474 or 732-886-4474

H. Free/Low Cost Eyeglasses and Eye care 

Monmouth County Health Dept.
3435 Highway 9 North
Freehold, NJ 07728
732-431-7456, call for an appointment
Free eye screenings-Freehold: the second Monday of every month

National Federation of the Blind of New Jersey
69 Prospect Place
Belleville, NJ 07109
973-450-3030

New Eyes for the Needy
549 Millburn Avenue
PO Box 332
Short Hills, NJ 07078
973-376-4903
Hours: Mon-Thurs 9:00am-12:30pm; 1:30pm-4:00pm
Friday (closed during July/August) 9:00am-12:00pm
Eligibility: Must be in financial need; have had a recent eye exam. (New Eyes does not pay for eye exams but does provide referrals); have no other resources available to pay for glasses,

including federal or state programs or assistance from local charitable organizations; income at or below the U.S. poverty guidelines
*A New Eyes voucher typically covers only the cost of a basic pair of single or bifocal eyeglasses.



Finding a Job:

Employment Assistance and Training Programs

Getting a job is usually one of the most important necessities when released from prison. Not everyone can obtain employment immediately, sometimes things like getting drug treatment, dealing with your housing, health or family situation may come first. For most people, though, finding work is the first step to getting back on your feet. It will be very challenging to get a job once you have been in prison, but it is not impossible, and you need to be persistent and patient. Below are some pointers on job searching, and information about resources that can help you find a job or get training for the job you want.

A. Things to Know Before You Start Your Job Search

Be Prepared: It is essential that you are organized, and have all records of previous employment available when beginning a job search. A resume is the smartest thing you can create. If you are unsure of how to do so, you may go to your local one-stop career center and seek assistance. Not only will employers want to know your work history, they will inquire of accurate dates that you were employed with the company. Knowing this information is vital to ensuring employment. Employers will not be interested in hearing that you do not remember dates or addresses for your work history. If an employer decides to hire you, he will also need your identification, so make sure that is readily available.

Presentation: Look as neat, clean and organized as possible, no matter what the job is. Be polite and respectful, even when people are not polite and respectful to you, and many won't be. Making the person you want to help you or hire you mad won't get you the job you want.

Talking About Your Criminal Record:
Never omit or falsify a document that asks you specifically if you have a criminal record. The application may ask you to give details to the nature of your crime or it may not. Chances are a criminal background check will be administered prior to employment, and lying will cost you the job.

IT'S A JOB FOR RIGHT NOW,
IT'S NOT THE REST OF YOUR LIFE

When you are first starting out, especially if you've been out of the job market for a while, or have never had a job, you need to build a work history, and, of course, you need to make some money. Take whatever job you can get for now — it doesn't have to be the exact job you want, or what you eventually want to be doing. Do this job well —even if it's not a great job — and it can help you get a better one in the future. A year of good job performance will make your criminal record matter less.

B. Help with Job Search and Job Training: Resources

Monmouth County One Stop Career Center
145 Wyckoff Rd. Suite 201
Eatontown, NJ 07724
732-683-8850
Mon-Fri 8 :30am-4 :30pm

Ocean County One-Stop Career Center
Building #2
1027 Hooper Ave.
Toms River, NJ 08754
732-286-5616
Mon-Fri 8 :30am-4 :30pm

For Vocational Rehabilitation Services:
Center for Vocational Rehabilitation
15 Meridian Rd.
Eatontown, NJ 07724
732-544-1800
Mon-Fri 8:00am-4:00pm

The Arc of Monmouth
1158 Wayside Rd.
Tinton Falls, NJ 07712
732-493-1919
Locations in Neptune, Long Branch, Eatontown, Morganville, Freehold, Red Bank and Tinton Falls.

ARC Employment Center
150 N. Oberlin Ave.
Lakewood, NJ 08701
732-363-6677

NJ Division of Vocational Rehabilitation Services (DVRS)
1027 Hooper Ave. Bldg. 6

3rd Floor, Suite 1
Toms River, NJ 08753
732-505-2310 or 866-341-8531

Ladacin Network
ACCESS Unlimited-Monmouth County
3500 Sunset Ave., Suites D 3 & 4
Wanamassa, NJ 07712
732-643-9069

Lifework
270 Industrial Way West
Eatontown, NJ 07724
732-542-2525

Waters & Sims Employment Services Inc. (2 Locations)
Monmouth County
Mailing address: PO Box 8685 Red Bank, NJ 07701
Office location: 135 Monmouth Street 1st Floor
Red Bank, NJ 07701
732-747-5544
Ocean County
508 Main St.
Toms River, NJ 08753
732-240-7910

Supported Employment Services
725 Airport Rd.
Lakewood, NJ 08701
732-367-5811

C. Legal Restrictions on Employment and Protections against Discrimination

If you are interested in getting a job and building a career in a particular area, you should make sure that it isn't one that is forbidden to someone with the kind of criminal conviction that you have on your record. There are about 22 categories of jobs in New Jersey that exclude people with convictions (which conviction it is varies by job). These include: aircraft/airport employees; paid public school employees, school bus drivers and school crossing guards; bank employees; bartenders and waiters in establishments where liquor is served; housing authority and municipal police and parking enforcement officers; New Jersey Turnpike Authority employees; liquor retail, wholesale, manufacturing or distributing employees; paid firefighters; child care center employees; community residences for individuals with developmental disabilities. A much larger number of jobs require that you disclose your

criminal record, and those employers perform background checks; some of these, however, also require that employers consider evidence of rehabilitation. These include most jobs in the health care and counseling fields (including drug and alcohol counseling) and social workers.

FYI: If you are going to begin training in a particular field, make sure you find out from the training course whether there are any restrictions that will keep you from getting a job.

Protections for Licensed Occupations:
If you are not absolutely barred from a position because of your conviction, New Jersey law says that you cannot be denied a professional license simply because of your conviction unless the crime for which you were convicted relates to the occupation you want to enter. If the licensing board or agency wants to deny you a license because the crime is related to the occupation, they have to explain, in writing, that they have considered certain factors like the seriousness of the crime, the circumstances of the crime, the date and your age when convicted, whether the crime was an isolated or repeated event, social conditions, and evidence of rehabilitation. You can ask your parole officer about applying for a "certificate of rehabilitation," which can be used in your license application.

D. Benefits for Employers Who Hire People with Criminal Records

As you look for a job you can tell employers that the federal government has programs to support employers who hire people coming out of prison.

FYI: Work Opportunity Tax Credit (WOTC): With the Work Opportunity Tax Credit, your employer may be able to save up to $4800 the first year you are hired. Make sure to inform your potential employer of this benefit.

For questions regarding WOTC, please call 609-292-5525 or 1-800-792-8881

Federal Bonding Program: Provides bonding "or insurance coverage" for employers who hire individuals with criminal histories who are otherwise qualified but cannot gain employment due to their criminal backgrounds. Please contact your local one stop for more information:

Monmouth County One Stop Career Center
145 Wyckoff Rd. Suite 201
Eatontown, NJ 07724
732-683-8850

Mon-Fri 8 :30am-4 :30pm

Ocean County One-Stop Career Center
Building #2
1027 Hooper Ave.
Toms River, NJ 08754
732-286-5616
Mon-Fri 8 :30am-4 :30pm

E. Opening a Checking or Savings Account



After you've gotten a source of income, you may want to open a checking or savings account. A checking account is a great idea because many jobs provide direct deposit, and your check is automatically deposited into your account on payday. Using checks to pay for your bills is also cheaper than using money orders. To open a checking account you usually need a picture I.D. (driver's license or non-driver state I.D.), proof of address, birth certificate, and a Social Security card. You can also request a debit card with your account, which you can use just like a credit card (as long as you have the money in your account already). You can get a debit card for either a checking account or a savings account, but with a savings account you can earn interest on the money you've saved. Fees for these accounts will vary depending on the type of account and bank. Many banks now offer free checking.



F. Public Libraries

Your local public library can be a good resource for your job search. Public computers provide internet access (and help using the computer), job and course listings, and other local directories. Libraries also often carry the government forms mentioned in this guide, and librarians can help you find other information that you need.

Monmouth County

Allentown Branch
16 S. Main St.
Allentown, NJ 08501
609-259-7565

Asbury Park Free Public Library
500 1st Ave.
Asbury Park, NJ 07712
732-774-4221

Atlantic Highlands Branch
100 1st Ave.
Atlantic Highlands, NJ 07716
732-291-1956

Avon Free Public Library
Garfield and 5th Ave/
Avon-By-The-Sea, NJ 07717
732-502-4525

Belmar Public Library
517 10th Ave.
Belmar, NJ 07719
732-681-0775

Bradley Beach Public Library
511 4th Ave.
Bradley Beach, NJ 07720
732-776-2995

Brielle Public Library
Howell Branch
318 Old Tavern Rd.
Howell, NJ 07731
732-938-2300

Keyport Free Public Library
109 Broad St.
Keyport, NJ 07735
732-264-0543

Little Silver Public Library
610 South St.
Brielle, NJ 08730
732-528-9381

Colts Neck Branch
1 Winthrop Drive
Colts Neck, NJ 07722
732-431-5656

Eatontown Public Library
33 Broad St.
Eatontown, NJ 07724
732-389-2665

Fair Haven Public Library
748 River Rd.
Fair Haven, NJ 07704
732-474-5031

Freehold Public Library
28 1-2 E. Main St.
Freehold, NJ 07728
732-462-5135

Hazlet Branch
251 Middle Road
Hazlet, NJ 07730
732-264-7164

Holmdel Branch
4 Crawfords Corner Rd.
Holmdel, NJ 07733
732-946-411

484 Prospect Ave.
Little Silver, NJ 07739
732-747-9649

Long Branch Free Public Library
328 Broadway
Long Branch, NJ 07740
732-222-3900

Manalapan Branch
125 Symmes Drive
Manalapan, NJ 07726
732-431-7220

Manasquan Public Library
55 Broad St.
Manasquan, NJ 08736
732-223-1503

Marlboro Branch
1 Library Ct. & Wyncrest Dr.
Marlboro, NJ 07746
732-536-9406

Matawan-Aberdeen Public Library
165 Main St.
Matawan, NJ 07747
732-583-9100

Middletown Twp. Public Library
55 New Monmouth Rd.
Middletown, NJ 07748
732-671-3700

Monmouth Beach Public Library
18 Willow Ave.
Monmouth Beach, NJ 07750
732-229-1187

Neptune City Library
106 W. Sylvania Ave.
Neptune City, NJ 07753
732-988-9966

Neptune Twp. Public Library
25 Neptune Blvd.
Neptune, NJ 07753
732-775-8241

Ocean Twp. Branch
701 Deal Rd.
Ocean, NJ 07712
732-531-5092

Oceanic Free Library
109 Avenue of Two Rivers
Rumson, NJ 07760
732-842-2692

Oceanport Branch
8 Iriquois Ave.
Oceanport, NJ 07757
732-229-2626

Red Bank Public Library
84 W. Front St.
Red Bank, NJ 07701
732-842-0690

Sea Bright Public Library
J.W. Ross Cultural Arts Ctr
1097 Ocean Ave.
Sea Bright, NJ 07760
732-758-9554

Sea Girt Library
Railroad Station at the Plaza
Sea Girt, NJ 08750
732-449-1099

Eastern Branch, Shrewsbury
1001 Route 35
Shrewsbury, NJ 07702
1-866-941-8188 (toll-free)
732-683-8980 (Freehold area)

Tinton Falls Public Library
664 Tinton Ave.
Tinton Falls, NJ 07724
732-542-3110

Wall Branch
2700 Allaire Rd.
Wall, NJ 07719
732-449-8877

West Long Branch
95 Poplar Ave.
West Long Branch, NJ 07764
732-222-5993

Ocean County

Barnegat Branch
112 Burr St.
Barnegat, NJ 08005
609-698-3331

Bay Head Branch
136 Meadow Ave.
Bay Head, NJ 08742
732-892-0662

Beachwood Branch
126 Beachwood Blvd.
Beachwood, NJ 08722
732-244-4573

Berkeley Branch
30 Station Rd.
Bayville, NJ 08721
732-269-2144

Brick Branch
301 Chambers Bridge Rd.
Brick, NJ 08723
732-477-4513

Island Heights Branch
121 Central Ave.
Island Heights, NJ 08732
732-270-6266

Jackson Branch
2 Jackson Dr.
Jackson, NJ 08527
732-928-4400

Lacey Branch
10 East Lacey Rd.
Forked River, NJ 08731
609-693-8566

Lakewood Branch
301 Lexington Ave.
Lakewood, NJ 08701
732-363-1435

Little Egg Harbor Branch
290 Mathistown Rd.
Little Egg Harbor, NJ
08087
609-294-1302

Long Beach Island Branch
217 S. Central Ave.
Surf City, NJ 08008
609-494-2480

Manchester Branch
21 Colonial Dr.
Manchester, NJ 08759
732-657-7600

Point Pleasant Beach Branch
710 McLean Ave.
Pt. Pleasant Beach, NJ
08742

732-892-4575

Point Pleasant Borough Branch
834 Beaver Dam Rd.
Pt. Pleasant, NJ 08742
732-295-1555

Plumsted Branch
119 Evergreen Rd.
New Egypt, NJ 08533
609-758-7888

Toms River Branch
101 Washington St.
Toms River, NJ 08753
732-349-6200

Tuckerton Branch
380 Bay Ave.
Tuckerton, NJ 08087
609-296-1470

Upper Shores Branch
112 Jersey City Ave.

Lavallette, NJ 08735
732-793-3996

Waretown Branch
112 Main St.
Waretown, NJ 08758
609-693-5133

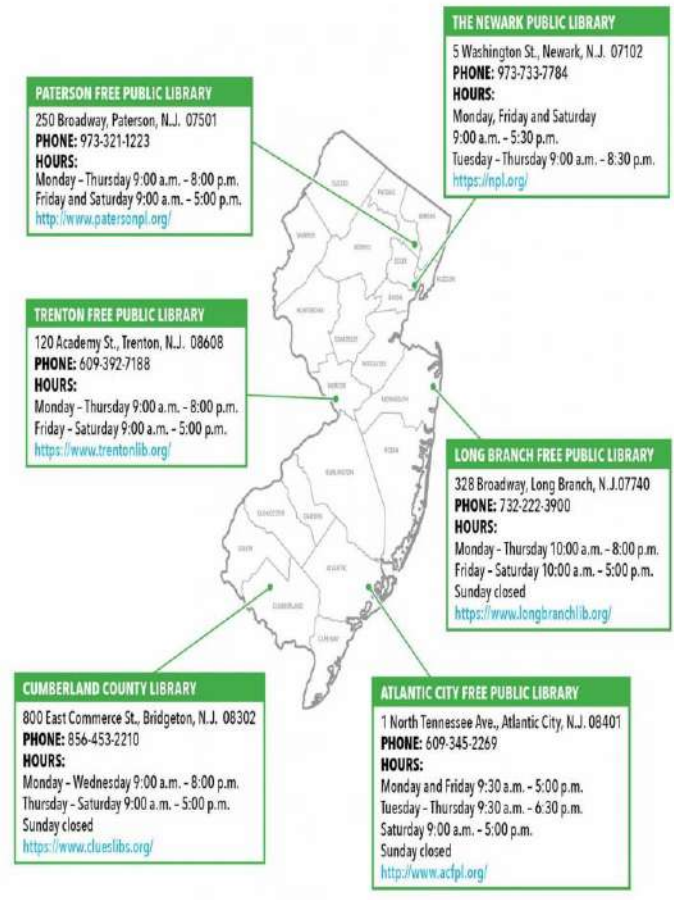
Whiting Reading Center
Whiting Commons
Shopping Center
400 Lacey Rd. Suite 5
Whiting, NJ 08759
732-849-0391



FRESH START @ YOUR LIBRARY
#MyFreshStart #MyJourney #MyLibrary

Fresh Start @ Your Library is a statewide library reentry program that is focused on reconnecting returning citizens with their communities at public libraries. Libraries play an integral role in providing support and services to individuals returning to their home communities after completing their prison terms.

Returning citizens often have a difficult time transitioning back into society, primarily because of a lack of employment. New Jersey libraries are here to help prepare individuals for successful reentry into the workforce. Below are the participating locations.





Reconnecting with Family

As you prepare to come home, you may be thinking about reuniting with family members, including those you may not have seen for a long time. You may be excited to see your kids, your spouse, your parents, and others who are part of your family, and while most will be glad to see you home, others may be reluctant. All kinds of issues can come up, and you may need some help solving some of the problems that arise. This section provides some information and resources to help solve these issues.

Hotlines for Family Services Resources

NJ Child Abuse/ Neglect Hotline:
1(877) NJABUSE (652-2873)

Child Care Hotline:
1(800) 332-9227

NJ Child Support Hotline:
1 (877) NJKIDS- 1 (655-4371)

Division of Family Development:
1(800) 792-9773

NJ Division of Youth and Family Services:
1 (800) 331-DYFS (3937)

Family Health Line:
1 (800) 328-3838

Family Help Line (for stressed parents):
1 (800) THE KIDS (843-2537
National Domestic Violence Hotline:
1(800) 799-7233

NJ Domestic Violence Hotline:
1(800) 572-7223

Parents Anonymous:
1(800) 843-5437

A. Family Counseling Resources

The following places can provide support, marital and family counseling and parenting classes to help you reunite with your family.

Monmouth County

Asbury Park Psychotherapy Associates
501 Grand Ave.
Asbury Park, NJ 07712
732-823-2225

Bayshore Family Success Center
810 Union Ave.
Union Beach, NJ 07735
732-497-3811

Center for Marriage & Family Therapy, P.C.
20 Court St., Suite 102
Freehold, NJ 07728
732-264-8878

Contemporary Counseling Center
9 S. Main St.
Marlboro, NJ 07746
732-577-1076

Institute for Personal Growth (IPG)
90 West Main St.
Freehold, NJ 07728
866-957-1790

Long Branch Concordance Family Success Center
300 Broadway, rear entrance
Long Branch, NJ 07740
732-571-1670

The Rose Relationship Learning Center
1205 NJ-35
Ocean Township, NJ 07712
732-517-1177

The Samaritan Center at the Jersey Shore
36 South St.
Manasquan, NJ 08736
732-223-4673

Ocean County

Family Success Center-Ocean County
The Children's Home Society of NJ
1433 Hooper Ave., Suite 121
Toms River, NJ 08753

St. Francis Counseling Services
609-494-1554
4700 Long Beach Blvd.
Long Beach Twp, NJ 08008
609-494-1554

Marin Integrative Therapy, LLC
86 East Water St.
Toms River, NJ 08753
732-244-2210

Leadem Counseling and Consulting Services, P.C.
668 Commons Way, Bldg. 1
Toms River, NJ 08755
732-797-1444

Parents Anonymous of New Jersey, Inc.
1-800-843-5437 (24 hour hotline) Hours: Call to confirm group times at different locations Self-help for parents who are under stress and who want to improve their relationship with their children. Groups meet weekly and are facilitated by a volunteer professional; many groups provide child care. Groups meet in most counties throughout the state with some bilingual groups available. Parents Anonymous also offers an on-line support group as well.



B. Child Custody and Visitation

Establishing visitation and gaining custody of your children once you are released is not an overnight procedure. If you had custody of your kids at the time you were incarcerated, and no family was able to take care of them, they may have been placed in foster care. If this is the case, and you do not know your child's case manager's name or number, contact the Division of Child Protection and Permanency (formerly DYFS) at 800-531-1091. You will have to make an appointment with the case manager for an interview. They may not be willing to give you information over the phone. You'll be asked a series of questions in order to assess when and if you will be given visitation rights, so that you may reestablish your relationship with the child and hopefully gain custody again. This is just a quick overview of what to do and what you can expect.

FYI: ***If you were convicted of any violent or sexual offenses against children, you may be unable to live with or regain custody of your children.***

Listed below are the different offices for DCPP in your area. Please contact the office that applies to your location.

Monmouth North LO- #663
Monmouth Park Corporate Center 1
185 Route 36 West, Building E
West Long Branch, NJ 07764
732-571-2190 or 800-392-9511

Monmouth South LO- #666
630 Bangs Ave.
Asbury Park, NJ 07712
732-897-6300 or 800-392-9512

Ocean North LO- #672
1510 Hooper Ave., Suite 210
Toms River, NJ 08753
732-255-8015 or 866-544-9197

Ocean South LO- #671
Baywick Plaza
333 U.S. Route 9
Bayville, NJ 08721
732-908-5900 or 800-442-6232

C. Getting and Paying Child Support

Whether you have custody of your children on your own when you get out, and need help from an absent "non-custodial" parent, or you do not have custody of kids who need your support, child support payments will be an important part of your life after you are released. Some basic information is included below, as far as enforcing a child support order.

Child support, custody and visitation issues are very complicated, and if you can get **a lawyer, you should.** Contact the Legal Services of New Jersey hotline, from 9:00 am - 4:30 pm, at 888-576-5529, or the Union County Bar Association Lawyer Referral Service at 908-353-4715. You can also contact Central Jersey Legal Services at 60 Prince Street, Elizabeth, NJ 07208 at 908-354-4340. From prison, you can also contact the Prisoner's Self-Help Legal Clinic, PO Box 768, Newark, NJ 07101.

Getting and Enforcing a Child Support Order

If you have custody of your children, and want financial support from the non-custodial parent, you can apply for child support at the Union County Family Court Building, 2 Broad Street, 2nd Floor Annex, Elizabeth, NJ 07207, 908-659-4600. There is a possible fee. You can also call 1-877-NJKIDS1 for more information about this.

Paying Child Support

If you have kids that you did not have custody of before you went to prison, there may be a child support order requiring you to pay a certain amount every month for their support. Even if you did not go to court, for example, the parent with custody filed for the order while you were incarcerated, the court can still order you to pay child support. The amount you pay in child support is tied to your income, and if the court does not know your income, they will assume you are working 40 hours a week at minimum wage. Child support payments are usually taken out of your paycheck. If you have not paid at all or missed payments, you will owe "arrears." Unless you got a modification of your child support order when you went into prison (see below), the amount of arrears that you owe will have continued to grow while you were inside. When you come out, and get a job, they can begin to take out not just the monthly amount you owe for child support, but more money to pay back the arrears

(up to 65% of your pay in total). They may also suspend your driver's license. Here are some things you can do:

To locate a parent prior to an order, contact:
Monmouth County Division of Social Services
PO Box 3000 Kozlowski Rd.
Freehold, NJ 07728
1-877-655-4371

Ocean County Board of Social Services
1027 Hooper Ave.
Toms River, NJ 08754
1-877-655-4371

To enforce an existing order, contact:
Monmouth County Probation
30 Mechanic St.
PO Box 1259
Freehold, NJ 07728
1-877-655-4371

To establish or change an order, contact:
Monmouth County Courthouse
71 Monument Park
PO Box 1252
Freehold, NJ 07728
1-877-655-4371

Justice Complex
120 Hooper Ave.
Toms River, NJ 08754
1-877-655-4371

D. Domestic Violence/Sexual Assault Resources

The following places provide counseling, support and shelter or referrals to shelter in domestic violence situations. You can also call these 24-hour hotlines:

New Jersey Coalition for Battered Women:
(800)-572-SAFE.

Domestic Abuse Hotline for Men and Women:
(888) 7HELPLINE (1-888-743-5754)

180 Turning Lives Around, Inc.
732-264-4111 (24-Hr. Hotline)
888-843-9262 (Domestic Violence)
888-264-7273 (Sexual Violence)

Catholic Charities of Ocean County

Providence House Domestic Violence Services
88 Schoolhouse Rd., Suite 1
Whiting, NJ 08759
24/7 Hotline: 732-244-8259
Toll Free: 1-800-246-8910
Outreach Office: 732-350-2120

Getting More Education

Although getting more education may not be part of your short term plans, it certainly should be something to think about for the future, especially if you do not have a high school diploma or a GED.



A. High School Diploma/GED Certificate/High School Equivalency Degree (HSED)/Vocational School Certificates

It is very important to keep records of any degrees and certificates of completion and work-related licenses that have earned. Before you are released, you can write to the school or agency where you earned your degree or certificate to obtain a copy. Once you have a copy in your possession, this should be kept in your strong box.

FYI: If you earned your GED while incarcerated, please call the Education Department of the institution you were in to obtain a copy.

You can also request your GED transcript or diploma verification from the New Jersey Department of Education providing you completed your diploma in a traditional setting. You will have to fill out a GED Information Request Form.

Please call 609-777-1050 for further assistance.
You may ask that it be sent to you; or you may pick up the form at a local testing center (which you can do after you are released); by downloading the form from the website http://www.state.nj.us/njded/students/ged/ged7.htm; or by writing to: GED Testing Program, Bureau of Adult Education and Family Literacy, New Jersey Department of Education, PO Box 500, Trenton, NJ 08625.

Your chances of getting a job that pays a living wage and of moving forward in a career will improve with more education, and not having the high school diploma or GED will simply lock you out from a lot of opportunities.

B. GED Classes



The places in Monmouth and Ocean County below offer classes to help you prepare for the GED exam. Call for exact times and procedures. Many locations offer classes at low cost or no cost. For more information, contact the New Jersey Department of Labor and Workforce Development, Division of Workforce Readiness & Literacy at (609) 943-5921. Call individual programs for information on classes offered, fees and/or time schedules.

GED Testing Centers

Brookdale Community College
765 Newman Springs Rd.
Lincroft, NJ 07738
732-224-2584
Test offered in both English and Spanish

Ocean County College
1 College Dr.
College Testing Center, Library Bldg. #3, Rm. 014B
Toms River, NJ 08754
732-255-0530

C. Higher Education



If you already have a high school diploma or a GED certificate, you may want to move forward and get your associate's degree, bachelor's degree or graduate degree.

Local Area Colleges

732-542-4118

Beth Medrash Govoha
617 6th St.
Lakewood, NJ 08701
732-367-1060

Brookdale Community College
765 Newman Springs Rd.
Lincroft, NJ 07738
732-224-2345

Fairleigh Dickinson University
Eatontown Location
1 Main St., Suite 116
Eatontown, NJ 07724

Georgian Court University
900 Lakewood Ave.
Lakewood, NJ 08701
1-800-458-8422

Mesivta Keser Torah
503 11th Ave.
Belmar, NJ 07719
732-681-5656

Monmouth University
400 Cedar Ave.

West Long Branch, NJ
07764
732-571-3400

Ocean County Community College
1 College Drive
Toms River, NJ 08754
732-255-0400

Can I Get Financial Aid?
To pay for this, you will probably try to get some financial aid. If you are applying for any federal financial aid programs after release (such as Pell Grants, Perkins Loans, Federal Family Education Loans, etc.), you are not restricted unless you have a drug-related offense. For possession offenses, a first offense means one year of ineligibility (after your conviction), a second offense, two years, and third offense means you are "indefinitely" ineligible, which to the government means permanently ineligible. For a sales or distribution crime, a first offense has two years of ineligibility, a second offense makes it permanent. Private financial aid or loan programs may not have any restrictions.

Other Things You Need to Know

A. Getting Legal Assistance

To get assistance with civil (not criminal) cases, you can contact the toll free hotline for **Legal Services of New Jersey (LSNJ)**, which provides information and referrals, **888-576-5529**. For local Monmouth & Ocean County legal services please contact the office located nearest to you:

South Jersey Legal Services

Monmouth County Office
303 West Main St., 3rd Fl.
Freehold, NJ 07728
732-414-6750
Fax: 732-414-6757
SJLSMonmouth@lsnj.org

Ocean County Office
215 Main St.
Toms River, NJ 08753
732-608-7794
Fax: 732-608-9636
SJLSOcean@lsnj.org

B. Checking and Correcting Your Criminal Record ("rap sheet")

Since employers, landlords and others will be performing criminal background checks and getting copies of your criminal record, it is important that you know what is on it, and that it is accurate. You should also be prepared to answer any questions about your background.

FYI: Background checks are now only done electronically. You may contact State Police Headquarters to inquire how to correct your criminal record at the following address.

State Section of Identification
Records and Identification Bureau
New Jersey State Police
P.O. Box 7068
West Trenton, NJ 08628
1-609-882-2000 ext 6425
1-609-530-4856 fax

C. Expungement: Cleaning Up Your Criminal Record

You may have heard about expungement as one way to clean up your criminal record as you get some distance from your old arrests and convictions. Unfortunately, expungement is fairly limited in New Jersey. You can expunge any arrest that did not lead to a conviction at any point. You can expunge "disorderly persons offenses," which are low level offenses in New Jersey, after 5 years, and most municipal ordinance offenses after 2 years. Convictions for "indictable offenses" (felonies), can be expunged 10 years from the date of conviction, payment of any fine, satisfactory completion of probation or parole or release from incarceration, but whichever is latest. The most serious of these offenses, such as murder, kidnapping, aggravated sexual assault, robbery, arson, perjury and distribution, sale or possession with intent to distribute of controlled dangerous substances (drugs), **can never be expunged**. Expungement is a broader remedy for offenses committed as a juvenile. Legal Services of New Jersey has published a guide to cleaning up your record through expungement.

To obtain a copy of the book, call 888-576-5529, or go to the LSNJ web site, where you can download it for free: http://www.lsnj.org/english/crime/municipalcourt/clearingyourrecord.cfm.



D. Checking and Correcting Your Credit Record

While New Jersey allows employers to look at your criminal record, many employers — and others like landlords and mortgage companies — will use a credit report instead of or in addition to the state's records. Credit records are maintained by private companies and generally have information about your debts, your history of paying bills and other financial matters, but may also have information about your criminal record. The information may not be correct, and the law does offer you some protections. For example, if an employer uses a credit record to

deny you a job, they have to tell you this, and give you the name, address and phone number of the agency that provided the report, and the agency must give you a copy of that information on your request. They cannot charge you money for that request if the employer used the report to deny you a job. If the records of the credit agency contain incorrect information, they must investigate and correct inaccurate information.

You can get ahead of the curve by getting a copy of your credit record and making sure there isn't any incorrect information on it. New Jersey residents are allowed one free credit report each year. Three companies that provide this service are:

Equifax Information Systems, LLC:
P.O. Box 740241, Atlanta, GA 30374
800-685-1111.

Transunion Personal Credit Report:
PO Box 1000, Chester PA 19022
800-888-4213.

Experian:
PO Box 2002, Allen, TX 75013
800-397-3742.

FYI: By mail, be sure to include your full name, current address, Social Security number, and most recent former address for file-matching purposes.

E. Voting Rights

New Jersey law does not allow you to vote while you are in prison, or while you are on probation or parole for an indictable offense (disorderly person's offenses don't disqualify you). **Once you have completed your parole or probation term, you may register to vote**. Make sure that you are registered in the county in which you reside. **Applications for registration can be obtained from Social Services prior to release**. Also you may apply with the Division of Elections, the Commissioners of Registration office in the County where you live or from your Municipal Clerk once you are released. Registration forms are also available in various State agencies and at Division of Motor Vehicle offices and can be obtained while transacting agency business. If you are not sure, you can visit http://www.state.nj.us/lps/elections/vote_doe.html. You will be able to download a voter's registration form and mail it in. This site also explains who can register to vote and where you can register.

F. Registration of Sexual Offenders (Megan's Law)

Sex offenders are required to register with the police under Megan's Law. Offenses include: aggravated sexual assault; sexual assault; aggravated criminal sexual contact; endangering the welfare of a child by engaging in sexual conduct which would impair or debauch the morals of the child; luring or enticing and, if the victim were a minor and the offender not a parent, kidnapping; criminal restraint and false imprisonment and promoting prostitution of a child under 18. **You will be registered prior to release, but must re-register your home address at least 10 days prior to any move with the law enforcement agency with which you were registered when released.** You will also need to verify your address annually or every 90 days if you are a repetitive and compulsive offender

The Game Plan

Your first weeks out after leaving prison can be overwhelming. This section is set up to help you get organized and keep yourself on track toward your goals. First, think about what those goals are? What do you want or need to get done in your first week out? In your first month out? Where do you want to be in six months? There are lots of things that other people need you to do — your parole officer, for example, and your family — but you also need to think about what you expect from yourself.

Here are some pages to use to plan your first days out of prison. There are some questions to ask yourself about what you plan to do. It's best to write things down and plan ahead. ******You should also refer to your discharge plan created by your social worker that outlines your needs***. Have a wonderful and successful reentry!

DO I Have my Basic Needs?

Shelter:

_____

Food:

_____

Health Care: _____

Clothing: _____

Transportation: _____

DO I Have Support?
Family: _____

Friends: _____

Do I Have Identification?
I.D. Checklist

Documents	**Have?**	**Need?**
Strong Box	____	____
Social Security Card	____	____
Birth Certificate	____	____
County I.D.	____	____
Driver's License	____	____
Non-driver's I.D.	____	____
Certificate of Naturalization	____	____
Green Card	____	____
Military Discharge Papers	____	____
Passport	____	____
High School Diploma		
Or GED Certificate	____	____
Prison Release Papers	____	____

Other things I need to do (job leads, appointments, prescriptions, go to a support group, etc.):

Notes: _____

_____

_____

_____

_____

_____

_____

_____

_____

_____

_____

_____

_____

Important Names and Phone Numbers
(Parole, Mentor, Emergency Contact, etc.)

Name: _____
Phone Number: _____

Name: _____
Phone Number: _____

Name: _____
Phone Number: _____

Name: _____
Phone Number: _____

Name: _____
Phone Number: _____

Name: _____
Phone Number: _____

Name: _____
Phone Number: _____

Name: _____
Phone Number: _____

Smart Book Topics

- **Getting Started: I.D. and Other Documents**
- **First Steps after Release: Where Do I Go to Find...**
- **Taking Care of You: Getting Support**
- **Taking Care of You: Health Care Resources**
- **Finding a Job: Employment Assistance and Training Programs**
- **Reconnecting With Family**
- **Getting More Education**
- **Other Things You Need to Know**
- **The Game Plan**