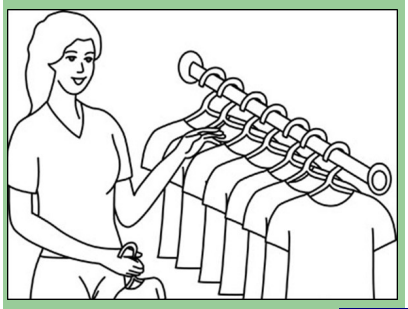
Little Rock Re-Entry Resource Directory

Compiled for: Lewis-Burnett Employment Finders, Inc.

April 2013



Clothing Resources

Current as of
April 2013
Little Rock, AR

GREATER SECOND CARE CENTER
501-569-9988
5615 Geyer Springs Rd
Little Rock, AR 72209

Offers a free clothing closet by appointment only. Call for appointments.

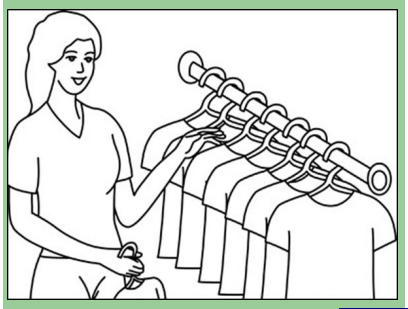
SALVATION ARMY
501-374-9296
www.uss.salvationarmy.org/uss/www_uss_caac.nsf
1111 W. Markham St.
Little Rock, AR 72201
Office open Monday-Friday 8:30AM-4:30PM
Breakfast served at 7:00AM
Shelter check-in 6:00PM

Offers a night shelter with 7 free nights included per individual, free meals for shelter residents, boarder program for long-term housing at $75 per week or $300 per month, food pantry services, small free clothing supply, soup kitchen open to the public for breakfast and dinner on weekdays, casework assistance for all shelter residents and limited casework assistance for non-residents. Drop-ins are accepted. All services are free except for boarder program. Sex offenders are not eligible for stay at the shelter. A state ID or drivers license is needed for entrance into shelter. A state ID/drivers license and proof of residence are needed for food pantry services. Children under 18 can accompany their legal guardian but no unaccompanied minors are served.

RIVER CITY MINISTRY
501-376-6694
www.rivercityministry.org
1021 E. Washington
North Little Rock, AR 72114
Homeless Day Resource Center
Monday-Friday 7:30AM-3:30PM

Day shelter offering comprehensive services. Day services include social worker counseling, case management services, drug and alcohol counseling and rehab referrals. Emergency clothing closet and bag storage available. Public showers and limited laundry services also available. Also offer a public phone, fax services and limited computer/internet services. Medical services offered include adult primary care clinic, eye clinic dental clinic and psychiatric clinic with an in-house pharmacy. Patients are also offered assistance in enrolling for prescription assistance programs. Faith-based programs including optional spiritual counseling and bible study classes. A hot mid-day meal is offered at 12:00PM six days a week (no Saturday meal). The Sunday meal is offered at 2:00PM. There is a food pantry available on Tuesdays and Thursdays from 9:30AM- 10:30 AM. Individuals are only eligible to access the pantry once per month. To access medical services an individual must make an appointment and have a photo ID and social security number. Medical services include an interval annual $5.00 service charge. Most services are free, some are subsidized. Those eligible for Medicare/Medicaid or VA benefits are not eligible for service. Patients must be uninsured and under a certain income ceiling.

Central Arkansas ReEntry
(CARE) Coalition
Community empowerment through collaboration.
CentralArkansasReEntry@gmail.com
501-444-CARE
(501-444-2273)



Clothing Resources (cont.)

Current as of April 2013 Little Rock, AR

MOSAIC CHURCH OF CENTRAL ARKANSAS
501-562-3336
6420 Colonel Glenn Rd
Little Rock, AR 72204
Tuesdays 2:00PM-6:00PM

'The Orchard" Food and Clothing ministry offers clothing closet services on Tuesdays from 2:00 PM-6:00 PM. 72204 zip code residents preferred. Individuals can access the services once per month.

UNION RESCUE MISSION
501-370-0808
www.urmission.org
1650 East Washington Rd
North Little Rock, AR 72114
First weekend of every month

Offers a once per month $1 clothing sale at their warehouse facility. All clothing items are $1 each the first weekend of each month.

LIBERTY HILL MISSIONARY BAPTIST CHURCH
501-374-8060
1215 S Schiller St.
Little Rock, AR 72202

Clothing closet available the 2nd Wednesday of the month.

ST. JOHN MISSIONARY BAPTIST CHURCH
501-975-0900
2501-2617 S. Main Street
Little Rock, AR 72216
Tuesday, Thursday 11:00AM-3:00PM

An individual can access services 30 days after their first visit and 60 days after any subsequent visits. There are no fees. Individuals must have a photo ID to access service.

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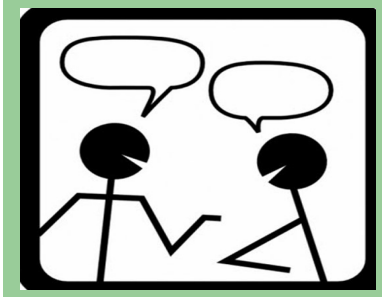

Mental Health Resources

Current as of April 2013 Little Rock, AR

LITTLE ROCK COMMUNITY MENTAL HEALTH CENTER
501-686-9300
Fax: 501-686-9312
www.lrcmhc.org/content/index.php
4400 Shuffield Rd.
Little Rock, AR 72225
Monday-Friday 8:00AM-5:00PM

Offers general outpatient services, individual therapy, group therapy, medication management, acute day treatment, long-term day treatment and rehabilitation, case management services, pharmacy facility. Specializes in severe and chronic mental illness. Drop-ins accepted. Medicare and Medicaid accepted. For uninsured, there is a sliding fee scale for services.

PROFESSIONAL COUNSELING ASSOCIATES
501-568-4294
www.pca-ar.org
9110 Geyer Springs Rd.
Little Rock, AR 72209
Monday-Friday 9:00AM-3:00PM

Mental health facility offering individual counseling for individuals living in Pulaski County catchment area. To best access services, individuals should call first to set up an appointment. Sex offenders and violent offenders are ineligible for services. Offenders with a serious drug charge need evidence that they have completed a rehabilitation program. Medicaid/Medicare and insurance are accepted. A sliding scale for fees is used based on income. There is no cost for intake. Individuals must show proof of income or unemployment paperwork as well as insurance information and a photo ID.

CENTER FOR YOUTH AND FAMILIES
501-666-8686
www.centersforyouthandfamilies.org
Parent Resource Center
5905 Forest Place, Suite 200
Little Rock, AR 72207
Monday-Friday 9:00AM-5:00PM

Adolescent mental services facility offering parenting assistance including parental skills classes and workshops, a parent resource center library including books, videos, magazines and computers. Also offers an in-prison parental skills class in 6 different prisons (Tucker max, Grimes Unit, Mcpherson, Wrightsville, Pine Bluff Randall Williams Unit.) Also offer in-prison family literacy program at Wrightsville and McPherson for inmates with children ages 0-14 years of age. Family literacy program allows for special visitation rights for those enrolled with family literacy classes once per week- Level 1, 2 inmates with no charges against a child are eligible. Registration for classes is over the phone. Individuals enrolled in the in-prison programs have access to classes/workshops upon release free of charge. Likewise, caregivers of children of inmates can access classes free of charge. Otherwise courses cost anywhere from $15.00 to $40.00.

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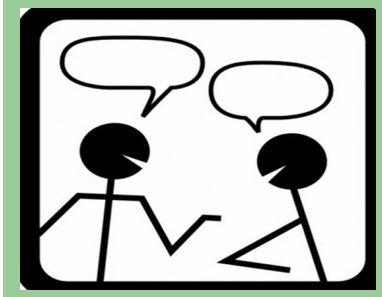

Mental Health Resources (cont.)

Current as of April 2013 Little Rock, AR

UAMS PSYCHIATRIC RESEARCH UNIT- WALKER FAMILY CLINIC
501-526-8100
Fax: 501-526-8199
www.psychiatry.uams.edu
4301 W. Markham St., #554
Little Rock, AR 72205
Monday-Friday 8:00AM-4:30PM

Mental health facility offering adult outpatient clinic services, psychological testing, psychiatric evaluations, psychotherapy and medication management. Appointments are necessary. No referral is needed. No services are offered free although program is eligible for UAMS hospital discount program. Accepts Medicare, Medicaid and commercial insurance.

FAMILY SERVICES AGENCY
501-372-4242
Fax: 501-372-6565
www.helpingfamiliesfirst.org
628 W. Broadway, Suite 300
North Little Rock, 72114
Monday-Friday 8:00AM-5:00PM

Mental health facility offering counseling services, employee assistance programs, substance abuse counseling, and prevention resource centers. Provides classes in anger management, drug and alcohol safety education programs, domestic violence intervention programs and parenting classes. Also offers financial consulting services including budget counseling, debt management programs, credit report review services, mortgage default and rent delinquency counseling, reverse mortgage counseling and consumer financial education. Appointments are necessary. Some services are free and some are fee-based. Spanish language assistance available.

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Women's Resources

Current as of
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UNION RESCUE MISSION – DORCAS HOUSE
501-374-4022
www.urmission.org
823 S Park Street
Little Rock, AR 72202
Phone lines: Monday-Friday 7:00AM-4:00PM
Staff available on-site 24/7
Best to call in the morning

Women's shelter - domestic violence and drug & alcohol rehabilitation services, transportation, food, clothing, ministry, workforce training, job opportunities, 9-month strict program, counseling. No ID required. They will help residents to obtain ID. Must call. Interviews, intakes, and applications happen over the phone. While there, no smoking, drugs or alcohol. Strict rules. No internet, computers, work, or school. Free for domestic violence side. Drug and alcohol side costs $75 total, which you get back if you graduate. Serve children of women on domestic violence side, no children on drugs and alcohol side.

CENTER FOR WOMEN IN TRANSITION
501-372-5522
Fax : 501-372-5544
www.cwitlr.org
1116 Garland Street
Little Rock, AR
Monday-Friday 8:00AM-4:00PM, some groups and classes held at night

Women focused facility offering full case management and basic needs assistance, court advocacy assistance, private counseling services, support groups and substance abuse groups, anger management, life skills and re-entry issues classes and mini workshops including financial planning and budgeting. Call to make an appointment. No documentation or identification restrictions. Services only open to women. All services are free except for classes, which charge $10.00 per class.

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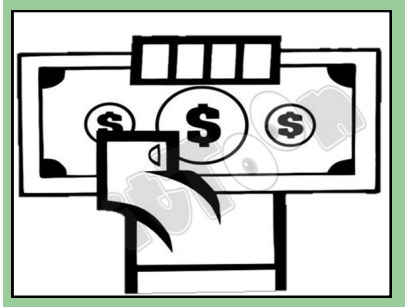

Financial Assistance Resources

Current as of
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Little Rock, AR

DEPARTMENT OF HUMAN SERVICES
501-371-1300
www.humanservices.arkansas.gov
1424 East Second St.
Little Rock, AR 72203
Monday-Friday 8:00AM-4:30PM

State agency offering many low-income support services including Medicaid and SNAP (food stamps) programs. Other services offered include Access to Recovery Program, Alternatives for Adults with Physical Disabilities Program, Money Follows the Person Program, Alcohol Addiction/Abuse Services, Specialized Programs for Adults with Serious Mental Illness Program, Transitional Employment Assistance Program. Must call or visit office to access applications for programs. Eligibility varies based on specific program requirements. Basic state ID needed to access services.

CENTRAL ARKANSAS DEVELOPMENT COUNCIL
501-603-0909
501-603-0947
www.cadc.com
5401 S. University Ave
Little Rock, AR 72209
Monday-Friday 8:00AM-5:00PM

Offer energy assistance, utility assistance (LIHEAP program), commodity food distribution, public transportation assistance. CADC accepts drop-ins and appointments. A minimum of a state ID is required for all services. All services are free. Utility assistance hours are M-W 8:00 AM- 12:00 PM.

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Substance Abuse Resources

Current as of April 2013 Little Rock, AR

QUALITY LIVING CENTER
501-663-3490
Fax : 501-663-3446
www.qualitylivingcenter.org
3925 Asher Avenue
Little Rock, AR 72204
Tuesday: 10am-5pm
Monday-Wednesday: 1:00AM-5:00 PM

Program provides a residential program, transitional living, and an outpatient program. Appointments preferred; drop-ins ok. Standard state-issued ID is required. Must be over 18, Disabilities including mental and physical handicaps are accepted on a case-by-case basis, sex offenders and violent offenders are accepted on a case-by-case basis. There is a sliding fee scale; cost is set during the initial assessment; Program is in the process of getting access to Medicaid.

ARKANSAS CARES
501-661-0720
www.methodistfamily.org/programs/Arkansas-CARES.html
2002 South Fillmore St
Little Rock, AR 72204
Monday-Friday: 8:00AM-3:30PM

Program provides 6 months inpatient care; childcare provided. Appointments only; Spanish ok. Standard state-issued ID, social security card, immunization record, and birth certificate are required. WOMEN ONLY. No sex offenders; must be pregnant or have children; No violent offenders. Program has a sliding fee scale and accepts Medicaid.

GYST HOUSE
501-568-1682
Fax: 501-568-1150
www.gysthouseinc.com
8101 Frenchmans Lane
Little Rock AR 72209
Monday-Friday: 8:00AM-5:00PM

Residential Program, transitional living, an outpatient program (very strict outpatient program), and a 12 step program, After 1 year, program provides assistance finding permanent housing, and assistance finding jobs. Services by appointment only. Ask for Ruben Johnson (handles pending charges, parole, and is a court liason) or Stephanie Norvell. Standard state- issued ID and social security card are required to access services, but organization will assist patrons with acquiring necessary documentation. No sex offenders; violent offenders are accepted on a case-by-case basis; mental disabilities are ok if currently receiving necessary treatment; severe physical or mental disabilities are accepted on a case-by-case basis. No insurance or Medicaid accepted. Prefers $850 initial cost up front includes $250 non-refundable assessment fee and first month's rent. After that, cost is $150/week ($600/month)-can work to pay off costs if necessary. Very structured program-limited phone calls, must earn privileges. If following the program, client will not be kicked off for non-payment; program frequently takes parolees.

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Substance Abuse Resources (cont.)

Current as of April 2013 Little Rock, AR

STEEPLECHASE APARTMENTS
501-372-4611
6225 Father Tribou St.
Little Rock, AR 72205
Monday-Friday: 8:00AM-5:00PM

Program provides inpatient care, outpatient care, chemical free outpatient care, chemical free housing, and veteran housing, All clients must go through the outpatient program in order to access longer term housing. Appointments preferred, drop-ins ok; ask for Kim. Treatment application is available on website. Standard state-issued ID, proof of income, earning statement from SSI, if applicable, are required. Sex offenders and violent offenders are case-by-case, Must be over 18; No spouses or kids are allowed in housing; program has an income based fee scale and accepts Medicaid. No cost for first visit; program accepts private insurance.

RCA WILLIAMSBURG
501-372-4611
www.rcofa.org
6301 Father Tribou St.
Little Rock, AR 72205
Monday-Friday: 8:00AM-5:00PM

Program provides an inpatient program, outpatient care, and chemical free living. Full brochure on website, Appointments only; ask for Melissa. Standard state-issued ID and proof of income are required. No sex offenders; violent offenders are accepted on a case-by-case basis. Program has an income based fee scale and accepts Medicaid.

SERENITY PARK
501-663-7627; 866-699-7627
After-hours: 501-541-4370
www.serenitypark.org
2801 West Roosevelt St.
Little Rock, AR 72204
Monday-Friday: 8:00AM-5:00PM
After hours Monday-Friday: 5:00PM-9:00PM

Organization provides residential treatment, continued care/after-care, assessment and evaluation, crisis intervention, group therapy, individual counseling, individual sponsorship, case consultation, treatment outcome accountability, an extended care facility, educational presentations for consumers, extended residential care, medical detoxification, psychological testing and evaluation, psychiatric evaluation, and medical maintenance. Program provides transitional housing for men. Refers females to Hope House. To access, call the screening and admission line. The fee structure is as follows: Intake & Assessment $250; Residential $7,250. Total Residential Program: $7,500 (Total length 35-45 days). Aftercare (12-week Program) Fees: Re-evaluation $140; 3-Individual & 12-Groups $810. Estimated Aftercare: $950. Hourly Rate: Individual: $90, Group: $30: No insurance accepted. No sex-offenders or violent offenders. No medical detox on-site, State-issued ID and social security card required. Full pay is expected upon admission- most credit cards accepted. No American Express.

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Substance Abuse Resources (cont.)

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OXFORD HOUSE
800-689-6411; 301-587-2916
www.oxfordhouse.org
House locations are listed on the website.
Contact each house directly: Schedule Varies

Program provides sober living facility for individuals who are currently in recovery from drugs or alcohol. Individual can remain a resident as long as they remain in good standing with the house by paying all fees and not using drugs or alcohol; interview time will be scheduled by house members. To access, select a house from those that currently have vacancies on the website; must complete an "Application for Membership" and go through an interview process with the residents of the house that he or she is interested in. Move-in Deposit required; costs include monthly rent/living expenses. Every resident must be in recovery from alcohol and/or drug addiction.

WOLF STREET FOUNDATION
501-372-5662
www.wolfstreet.org
1015 Louisiana St.
Little Rock, AR 72202
AA Schedule available on the website

Program provides 12 step programs, AA Meetings, and breakfast and lunchtime meetings. Walk-ins welcome. Breakfast meetings- $5 (meal included), Lunch meeting- $4 (meal included). All meetings are anonymous. No children allowed.

CATAR CLINIC
501-664-7833
catarclinic.com
1401 South University Ave.
Little Rock, AR 72204
Mondays-Saturday Intake: Before 7 am, Counseling offered daily from 5:30AM-11:00AM

Program provides drug treatment and medication assisted drug treatment including suboxone and methadone treatment, and drug counseling. Patients are required to attend counseling sessions. Organization prefers appointments; referral not necessary. Costs include $200 fee that must be paid on first day of service; afterwards treatment is $80/week. No insurance accepted. Only for serious opiate users. Treatment not recommended for users of other drugs or individuals without serious addiction issues. State issued ID and Social Security Card; Spanish ok.

CHANCE SOBRIETY
501-851-8484
12127 Gabriel Lane
North Little Rock, AR 72118
Monday-Fridays: 9:00AM-5:00PM

Program provides transitional living, group therapy, one on one counseling, and residential services. A small number of indigent beds are available. Program also provides transportation to jobs. Average client stays between 6 months and 2 years. Program provides assistance with obtaining long-term housing. Appointments are required; Call and ask for Ben Perkins. Program provides sliding scale fee; no insurance or Medicaid accepted; no cost for initial screening. Program only accepts men. Program requires a state issued ID and proof of Arkansas residency (such as a birth certificate). Program can assist clients with obtaining ID if needed.

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Substance Abuse Resources (cont.)

Current as of April 2013 Little Rock, AR

BAPTIST HEALTH RECOVER
501-202-2893
www.baptist-health.com/locations/accesspoint.aspx?accessPointID=200
9601 Interstate 630 #7
Little Rock, AR 72205
Contact Anytime

Program provides inpatient and outpatient care and provides detox services for those recovering from opiate and alcohol addiction. To receive services, client must have photo ID and social security number. Services are offered by appointment only. There are no age or gender restrictions. Sex-offenders and violent offenders are accepted on a case-by-case basis. Program costs $5500. Payment in full is required before services are offered. Program accepts Medicaid and private insurance.

UAMS PSYCHIATRIST RESEARCH INSTITUTE METHADONE CLINIC
501-526-8400
www.psychiatry.uams.edu/?id=3876&sid=3
4224 Shuffield Drive
Little Rock, AR 72205
Mondays-Fridays: 6:00AM-4:00PM

Program provides methadone and suboxone treatment, outpatient treatment, and an opiate specific program. Detox services are not provided. To access treatment, client must have photo ID and a social security card. Services are offered by appointment only. To access services, client must pay $200 up front which pays for all initial services. After the initial fee, program is $84/month. Client can apply for sliding scale payment schedule. Program does not accept private insurance or Medicaid.

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Veterans Resources

Current as of
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ARVETS
501-246-5341
Fax: 501-353-1180
www.arvets.org
4704 West Commercial Drive, Suite B
North Little Rock, AR 72116
Monday-Friday: 8:00AM-5:00PM

Program provides general case management, shelter for families through a local homeless shelter (St. Francis House) and connections to many non-profits in the area that primarily serve veterans. Organization provides job placements, offers educational assistance, provides access to VA benefits, access to public assistance, and homelessness assistance. Also provides guidance and counseling for families of veterans. Veterans must present proof of veteran status by showing their DD-214 (ARVets can assist with acquiring this documentation), standard state issued ID is also required (ArVets will also aid in acquiring this). Appointments are preferred but walk-ins are accepted. Arvets will provide assistance to all veterans but individual partner nonprofits have individual restrictions on who they provide services to. No Cost or Fees for these services.

VA DROP IN TREATMENT CENTER
501-257-4499
www.veterans.arkansas.gov/homeless.html
1101 West Second St.
Little Rock, AR 72201
Drop in Hours: Mon, Wed, Thurs, Fri 7:30AM-2:30PM; Tues 7:30AM-2PM; closed weekends

Program provides general case management, washer and dryer, shower, breakfast and dinner, counselors, residential placement, help finding permanent housing, vocational rehab, and job placement. In order to receive services, individual must register with the VA. After registering, the client can access services by showing a state issued ID. Drop ins are ok during designated times. Basic services are offered to everyone; housing may be a problem for sex offenders Children are ok to visit facility. Office visit is free. Other services are billed through the Veteran's Administration Office; Spanish ok.

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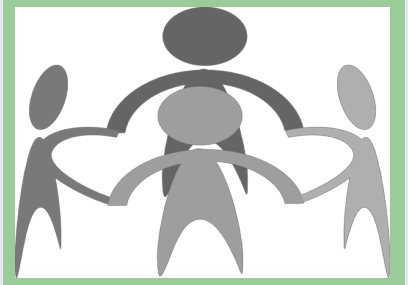

Resources for Those On the Sex Offender Registry

Current as of April 2013 Little Rock, AR

ARKANSAS TIME AFTER TIME
(501) 444-2828
www.arkansastimeaftertime.org
P.O. Box #10074
Russellville, AR 72802

Organization offers legislative advocacy designed to reform sex offender laws in Arkansas; organization also provides referrals and support group services. Organization can be contacted by mail and e-mail anytime or by phone during decent hours. The primary contact person is Mrs. Carla Swanson. No documentation is required. Program assists anyone on the sex offender registry, their family members, therapists, law enforcement officers, attorneys, etc. Organization serves anyone on the sex offender registry or struggles with sex offender registration issues. There are no costs but donations are welcome. Group primarily consists of the family members of registered sex offenders. Organization offers support group activities, and monthly meetings. Organization works to help registrants coordinate housing and employment information and to insure that they meet their registration requirements.

MR. ARTHUR CHUPIK, MSW, ACSW
AWCounseling Services
awcbit208@yahoo.com
1920 North Main Street, Suite 223
North Little Rock, AR 72114

Licensed sex offender treatment provider. Provides counseling services. Licensed Certified Social Worker. Certified Sexual Addiction Therapist.

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State Services Resources

Current as of April 2013 Little Rock, AR

OFFICE OF DRIVER SERVICES
501-682-7060
Fax: 501-682-7688
www.dfa.arkansas.gov/offices/driverServices/Pages/default.aspx
Ragland Building
1900 W. 7th St, Rm 2067
Little Rock, AR 72201
Monday-Friday 8:00AM-4:30PM

Provide AR state and drivers license (with test) and state ID cards The office accepts walk-ins and appointments. To apply, one needs a verifiable Social Security Number. Applicants also need a primary and secondary document. Primary documents include; a birth certificate. A military ID with photograph, a valid passport, INS documents or a photo drivers license that is not expired more than 30 days. Secondary documents include a photo work/school ID, a Health Insurance card, an IRS/State Tax Form, a marriage certificate/license, prison release document or court records. Fees range from $5.00 for a State ID, $20.00 for a class D original or renewal license, and $50.00 for a commercial drivers license test.

DEPARTMENT OF HUMAN SERVICES
501-371-1300
humanservices.arkansas.gov
1424 East Second
Little Rock, AR 72203
Monday-Friday 8:00AM-4:30PM

State agency offering many low-income support services including Medicaid and SNAP (food stamps) programs. Other services offered include Access to Recovery Program, Alternatives for Adults with Physical Disabilities Program, Money Follows the Person Program, Alcohol Addiction/Abuse Services, Specialized Programs for Adults with Serious Mental Illness Program, Transitional Employment Assistance Program. Must call or visit office to access applications for programs. Eligibility varies based on specific program requirements. Basic state ID needed to access services.

AR DEPARTMENT OF HEALTH: VITAL HEALTH RECORDS
501-661-2336
Fax: 501-661-2717
4815 W. Markham St., Slot 44
Little Rock, AR 72205
Monday-Friday 8:00AM-4:30PM

Provide birth certificates and marriage and divorce records. To receive a replacement birth certificate, the applicant must have a government issued photo ID. Information needed to obtain a birth certificate includes: full name, date of birth, city and county of birth, father's full name, mother's full name. Birth certificates cost $12.00.

DEPARTMENT OF COMMUNITY CORRECTIONS
501-324-9176
www.dcc.arkansas.gov
2679 Pike Ave,
North Little Rock, AR 72214
Monday-Friday 7:00AM-6:00PM

Day reporting center, parole and probation office, classes for clients include GED class, financial management class, substance abuse class, employment class with Goodwill- all need referral from officer.

SOCIAL SECURITY OFFICE
1-866-593-0933
www.secure.ssa.gov/apps6z/FOLO/Controller
Room 1201 Federal Building
700 W Capitol St
Little Rock, AR 72201
Monday-Friday 9:00AM-3:00PM

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Employment Resources

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Little Rock, AR

ARKANSAS DEPARTMENT OF WORKFORCE SERVICES
501-682-2257
Fax: 501-682-7797
www.dws.arkansas.gov/
5401 South University
Little Rock, AR 72209

Provides assistance with unemployment insurance, extensive job seeker assistance including work registration through Arkansas Job Link system, resource computer lab for resume building, job searching and filing for unemployment insurance as well as free fax machine and copier usage, TANF/TEA program assistance, Career Pathways program assistance, Arkansas Work Pays program assistance, Workforce Investment Act services, unemployment claims adjudicators and appeals services. Open Monday-Friday 8:00 AM – 4:30 PM. Drop-ins accepted although the Workforce Investment Act office requires appointments. A state ID or drivers license is required for services. Non-English speaking clients can be accommodated.

ARKANSAS MINORITY & WOMEN CONTRACTORS ASSOCATION
501-907-6670
Fax : 501-414-0356
www.amwca.com
Headquarter, Pulaski Technical College
3301 Roosevelt Rd 208-B
Little Rock, AR 72206
Monday-Friday 9:00AM-4:30PM

Business trade and training membership association that assists with capacity building for minority, women owned and veteran owned sub contractors. Also has linkages with larger contractors searching for sub contractors. Proof of identification and/or drivers license needed. Appointments necessary. There are no costs for referral services but there is an annual membership fee if one wishes to become a member.

GOODWILL
501-372-5100
www.goodwillar.org/career_training/careerservices/
1110 W. 7th Street
Little Rock, AR 72201
Monday-Friday 7:00AM-4:30PM

Career centers offer resume assistance and job readiness skills, job search assistance, job placement, personal development and soft skills training, computer lab access, career counseling, adult education and training classes and support services and community referrals. Free online classes also available. Orientations held every Thursday at 9:00 AM and 1:30 PM. Transitional Employment Opportunity (TEO) program offered exclusively to assist ex-felons through employment process. Includes a 16-week job training program, barrier removal strategies, occupational training, career planning and job search assistance, resume development, referral services and basic education services. Interested individuals must complete an application. Basic state ID is needed to access services.

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Employment Resources (cont.)

Current as of April 2013 Little Rock, AR

WATERSHED HUMAN AND COMMUNITY DEVELOPMENT AGENCY, INC.
501-378-0176
Fax: 501-378-0432
3701 Springer Blvd,
Little Rock, AR 72206
Monday-Friday 10:00AM-4:00PM

As the self-proclaimed, "World's First Social Hospital," offers a variety of services including: Arkansas Birthing Project services, child development center full child-care services, youth service programs for at-risk youth, a fatherhood initiative for single males ages 15-35, 'Our Club' after school youth program for ages 6-12, educational services including GED tutoring and general academic tutoring, job guidance and counseling to assist job seekers and temporary labor services, financial management classes including home ownership, tax returns and computer competency, Friends and Family of Incarcerated Persons support services, and children and family services resource center including access to food/clothing, utility assistance, transportation and special outreach services for persons with disabilities. Identification requirements vary based on program but include drivers license and/or state ID and/or social security card and/or proof of income. There are no fees for the services and no restrictions for eligibility.

LEWIS-BURNETT EMPLOYMENT FINDERS
501-379-1592
Fax : 501-379-1599
www.lewisb.org
3805 West 12th Street
Little Rock, AR 72204
Monday-Friday 8:00AM-5:00PM

Offers employment advising, full-case management, computer literacy classes, GED classes, assistance obtaining state services, legal assistance and resume workshops. Drop-ins accepted, no appointment necessary. All services are free. No identification or documentation is needed.

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Children and Family Resources

Current as of April 2013 Little Rock, AR

THE OFFICE OF CHILD SUPPORT ENFORCEMENT
501-682-8398
www.dfa.arkansas.gov/offices/childSupport/Pages/default.aspx
1509 West 7th Street
Little Rock, AR 72201
Monday-Wednesday- 1:00PM-5:00PM
Tuesday: 10:00AM-5:00PM

Program provides assistance with establishing paternity, locating the noncustodial parent, getting a child support order established or changing an existing support order, getting medical insurance coverage for a child, determining the amount of past due child support, collecting child support payments, and assistance collecting spousal support payments when spousal support is part of a child support order. During first meeting, client should bring information about noncustodial parent, birth certificates of children, written statements from alleged father asserting that he is the child's legal father, child support orders, divorce decrees or separation agreements, and records of any past child support. SERVICES NOT PROVIDED: spousal support, legal advise, visitation and legal custody, and locating missing persons. Appointments Required. Costs include $25 application fee to open case; initial fee may be waved if receiving certain types of government assistance including Medicaid and ARKids First, Transitional Employment Assistance (TEA), and IV-E Foster Care; Additional fees may apply-fee schedule provided on application form.

ARKANSAS VOICES FOR THE CHILDREN LEFT BEHIND
501-372-1985; 866-986-4237
www.arkansasvoices.org
1818 N. Taylor St #140
Little Rock, AR 72207
Hours Vary-Call for Appointment

Program offers parenting classes inside prisons/jails, family reentry, co-parenting agreements, parenting after release, support group for affected children, caregiver support groups (for those caring for the children of incarcerated parents), home visits with children, focus on family ties to avoid recidivism, employment assistance, housekeeping training, dressing for success, and clinical art classes in a therapy setting for children, parents, and caregivers. Contact Anytime, if no answer, leave a message. No cost for any services. Organization has a critical response team to assist undocumented individuals Standard state issue ID is required for services. All other necessary information is gathered during intake; Spanish ok.

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Legal Resources

Current as of
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Little Rock, AR

ARKANSAS COMMUNITY DISPUTE RESOLUTION CENTERS
501-379-1501
Fax: 501-379-1564
www.acdrc.net
3805 W 12th Street, Suite 201
Little Rock, AR 72204
Monday-Friday 9:00AM-5:00PM
Also available evenings and weekends

Community-based dispute resolution, mediation, facilitation, conciliation, arbitration, negotiation, training, education, skill building, and fact-finding. All services are confidential and provided by a diverse team of trained, impartial neutrals. Spanish spoken. No documentation needed. Call, drop-in, or visit website to access services. No one turned away due to inability to pay. Sliding scale for services based on annual income.

CENTER FOR ARKANSAS LEGAL SERVICES
501-376-3423
Fax: 501-376-3664
www.arlegalservices.org
1600 W 6th Street
Little Rock, AR 72201
Monday-Friday 9:00AM-11:00AM and 1:00PM-3:00PM

Free legal assistance to low-income individuals in non-criminal cases. Information and resources provided on website for expungement and other legal needs. Spanish spoken. No documentation needed. Applications taken by phone.

DISABILITY RIGHTS CENTER
501-296-1775
www.arkdisabilityrights.org
1100 N University Avenue
Little Rock, AR 72207
Monday-Friday 9:00AM-5:00PM

Advocates for individuals based on type of disability. No documentation needed. Individuals will be required to sign an authorization form. Applications taken by phone. Cannot serve anyone involved in a criminal case, only civil, and only individuals with disabilities. No costs or fees associated with services.

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Transportation Resources

Current as of
April 2013
Little Rock, AR

SOAR HOMELESS NETWORK SHUTTLE
501-255-0529
www.soarnetwork.org
1827 S Woodrow Street
Little Rock, AR 72204
7 days a week, 7:00AM-8:00PM

Free transportation to doctor appointments, job interviews, appointments with parole officers, and more. Computers available on site for individuals to work on job applications, resumes, etc. No documentation needed. Call the help line to access services. No drugs, alcohol, or weapons allowed on site. No costs or fees, but gas money is appreciated if individual is able to contribute.

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Housing Resources

Current as of
April 2013
Little Rock, AR

GAINES HOUSE
501-376-4015
1702 Gaines Street
Little Rock, AR 72216
Phone lines open: Monday-Friday 8:00AM -4:00PM
Staff available on-site 24/7

Case managers, day treatment for mental disabilities, doctor appointment assistance, substance abuse support. Driver's license, social security card, proof of income. Call to make an appointment. Drop-ins will also need to make an appointment. Only women with mental or physical disabilities. No sex offenses. Costs $360 per month (includes housing and 3 meals per day)

SALVATION ARMY
501-374-9296
www.uss.salvationarmy.org/uss/www_uss_caac.nsf
1111 W. Markham St
Little Rock, AR 72201
Office open Monday-Friday 8:30AM-4:30PM
Breakfast served at 7:00AM
Shelter check-in 6:00PM

Offers a night shelter with 7 free nights included per individual, free meals for shelter residents, boarder program for long-term housing at $75 per week or $300 per month, food pantry services, small free clothing supply, soup kitchen open to the public for breakfast and dinner. on weekdays, casework assistance for all shelter residents and limited casework assistance for non-residents. Drop-ins are accepted. All services are free except for boarder program. Sex offenders are not eligible for stay at the shelter. A state ID or driver's license is needed for entrance into shelter. A state ID/drivers license and proof of residence are needed for food pantry services. Children under 18 can come in, but no unaccompanied minors allowed.

LITTLE ROCK COMPASSION CENTER
501-296-9114
www.lrcompassioncenter.org
3618 W. Roosevelt Road
Little Rock, AR 72204
Any day, any time

Men and women's shelter for the homeless, meals, lodging, hygiene, clothing, education, church. Driver's license, social security card, and ID needed. Drop-in or call. Must complete an intake. Individuals on the sex offender registry not allowed. No more than 2 bags with you. 10 free days after intake. $4 per day after that. You can get a family room with a marriage certificate.

HOOVER TREATMENT CENTER – JERICHO PROGRAM
501-663-7221
www.bdcinc.org
3805 W 12th Street
Little Rock, AR 72204
Phone lines: Monday-Friday 8:00AM-4:00PM
Staff available on-site 24/7

Supportive housing, no set limit on length of stay. Residents must participate in 12-step programs, case management, and mental health programs when necessary. ID and Social Security Card required. Call to make an appointment. Drop-ins will also need to make an appointment. Must have finished a substance abuse program and be alcohol and drug-free, and have done at least 30 days of jail time. Apartments rented through Section 8 Housing.

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Housing Resources (cont.)

Current as of April 2013 Little Rock, AR

OUR HOUSE
501-374-7383, 501-375-2416
www.ourhouseshelter.org
302 E Roosevelt Road
Little Rock, AR 72206
Female ex-offender program: 2:00PM-10:00PM
Phone available any time.

Emergency housing, transitional housing, and permanent housing program. Single, homeless, and families. Housing, food, clothing, childcare, adult education, life skills, counseling. Special program for female ex-offenders. Social Security Card and photo ID required. Walk ins preferred. No sex offenders. Costs $135 per week, but it goes into savings for that person for 2 years or $10,000.

UNION RESCUE MISSION – DORCAS HOUSE (WOMEN)
501-374-4022
www.urmission.org
823 S Park Street
Little Rock, AR 72202
Phone lines: Monday-Friday 7:00AM-4:00PM
Staff available on-site 24/7
Best to call in the morning

Women's shelter - domestic violence and drug & alcohol rehabilitation services, transportation, food, clothing, ministry, workforce training, job opportunities, 9-month strict program, counseling. No ID required. They will help residents to obtain ID. Must call. Interviews, intakes, and applications happen over the phone. While there, no smoking, drugs or alcohol. Strict rules. No internet, computers, work, or school. Free for domestic violence side. Drug and alcohol side costs $75 total, which you get back if you graduate. Serve children of women on domestic violence side, no children on drugs and alcohol side.

UNION RESCUE MISSION – NEHEMIAH HOUSE (MEN)
501-374-1108
www.urmission.org
3001 Confederate Blvd
Little Rock, AR 72206
Phone lines and staff available on-site 24/7
Check-in for shelter is Monday-Saturday 2:00PM-7:00PM, and Sunday 1:00PM-6:00PM

Men's shelter - rehab program and workforce program, plus homeless shelter. 3 meals per day, bed and linens, showers and hygiene. Picture ID required. Call to make an appointment. Apply in person. Only men. No sex offenders. First 4 nights free, $6 per night after that. Work program is $100 per month.

HICKS MATTIE SOBER LIVING HOME FOR WOMEN
501-374-0015; 501-612-5763
2020 Main Street
Little Rock, AR 72206
Phone lines open: Monday-Friday 8:00AM-4:00PM
Staff available on-site 24/7

Transitional living and rehabilitation. Those who qualify and stay clean and sober can stay up to two years. Residents must participate in 12-step programs and attend church functions. Must take a urine test upon application for housing. Call to make an appointment. Apply on Wednesday nights at 5:30 at the church. Only women. Must be clean and sober for 30 days prior to applications. Costs $85 per week.

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Education Resources

Current as of
April 2013
Little Rock, AR

ARKANSAS BAPTIST COLLEGE
501-374-2238
Fax: 501-372-7992
www.arkansasbaptist.edu
1621 Dr. Martin Luther King Drive
Little Rock, AR 72206
Monday-Thursday 8:30AM-11:30AM and 12:30PM-2:30PM
Tuesday and Thursday 5:00PM-7:30PM
TABE Tuesday and Thursday 8:30AM and 5:00PM

Certificates, 2-year degrees, 4-year degrees. TABE testing and GED classes. Documentation required: State ID and Social Security Card. Drop-ins are welcome, but appointments are preferred. No costs or fees.

LITERACY ACTION OF CENTRAL ARKANSAS
501-372-7323
www.literacylittlerock.org
CALS Main Branch, 100 Rock Street, Suite 532, Little Rock, AR 72201
Monday-Thursday 9:00AM-4:00PM
Tutors available additional hours

Reading/comprehension assessment, individual and group tutoring, orientation. ESL classes available. Students must make a one-year commitment. No documentation required, but know your social security number and basic information. Call to make an appointment or drop-in. Must be 18 or older, and must read below an 8th grade level. If they have a felony, tutors must know about the nature of the crime. No costs or fees.

UNIVERSITY OF ARKANSAS AT LITTLE ROCK – EOC TRIO PROGRAM
501-907-2470, Howard Johnson
www.ualr.edu/eoc
2801 S University
Little Rock, AR 72204
Monday-Friday 8:00AM-5:00PM

Assistance with completing admission and financial aid applications. Spanish spoken by staff members. Call or drop in to access services. Must provide income verification. Must be 18 or older.

OUR HOUSE LEARNING CENTER
501-374-7383 ext. 210
Fax: 501-374-9611
www.ourhouseshelter.org
302 E Roosevelt Road
Little Rock, AR 72206
Monday-Thursday 8:00AM-4:30PM
Tuesday & Thursday 6:00PM-9:00PM
Evening only for registered students

Test of Adult Basic Education assessment, computers, learning software, tutors, adult education instructors, GED preparation, college application, enrollment and scholarship assistance, life skills, job skills. Spanish speakers available. ID and Social Security Card required. If not a resident of the shelter, make an appointment over the phone. Must be 18 or older, no sex offenders. Childcare available. No costs or fees

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Education Resources (cont.)

Current as of April 2013 Little Rock, AR

LEWIS-BURNETT EMPLOYMENT FINDERS
501-379-1592
Fax: 501-379-1599
www.lewisb.org
3805 W 12th Street
Little Rock, AR 72205
Monday-Friday 9:00AM-5:00PM

GED courses, career training, job readiness, and much more. No documentation required. Call or drop-in to access services. No costs or fees.

SHORTER COLLEGE
501-372-1547
www.shortercollege.4t.com
604 Locust Street
North Little Rock, AR 72114
Monday-Thursday 8:00AM-4:30PM

GED Program, Adult Education program, 2-year college. Must have documentation to apply to college, and FAFSA for financial aid. Apply for admission online. Call for GED program. Some restrictions on financial aid for those with a criminal record. Open admission policy. $10 fee for application, Free GED program. Financial aid and scholarships available.

LITTLE ROCK SCHOOL DISTRICT – ADULT EDUCATION CENTER
501-447-1850
www.lrsd.org/schoolindex.cfm?sccode=31
4800 W 26th Street
Little Rock, AR 72204
Monday, Wednesday 8:00AM-3:30PM
Tuesday & Thursday 8:00AM-8:00PM

GED classes and testing, refresher classes, Adult Basic Education classes, pre-GED classes, ESL classes. State ID or driver's license required. Call or drop-in. Must be 18 or older. No costs or fees

PULASKI TECHNICAL COLLEGE
501-812-2824, Mark Thomas
mtthomas@pulaskitech.edu
www.pulaskitech.edu
Locations in North Little Rock, West Little Rock, and South Little Rock
Monday-Friday 8:00AM-4:30PM

Adult education program, TRIO, Upward Bound, Network for Student Success (helping African American males to be successful in college). GED and reading assistance available prior to admission. Must have documentation to apply to college, and FAFSA for financial aid. Visit website, call or visit admissions office for assistance. Some restrictions on financial aid for those with a criminal record. Open admission policy, as long as you meet the minimum reading score.

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Food Pantry Resources

Current as of April 2013 Little Rock, AR

CHURCH AT ROCK CREEK
501-221-1051
www.churchatrockcreek.com
1150 W. 36th St
Little Rock, AR 72211
Tuesday-Friday, call between 8:00AM-11:30AM

Food pantry. Individual must call between 8AM and 11:30AM to make an appointment for the afternoon. Pantry is by APPOINTMENT ONLY. Phone intake will occur when the individual schedules the appointment. Individual must show proof of address.

FIRST BAPTIST CHURCH
501-374-5882
901 Calhoun Street
Little Rock, AR 72203
2nd, 3rd, 4th Wednesdays, 6:30-8:30PM

Food pantry.

FIRST CHRISTIAN CHURCH LITTLE ROCK
501-225-5656
1500 N Mississippi Avenue
Little Rock AR 72210
Fridays, 10:30AM-Noon

Picture ID required. Can access every 3 months.

HOLY CROSS BAPTIST CHURCH
501-666-2060
4800 W 12th Street
Little Rock, AR 72204
2nd and 4th Tuesdays each month, 6:00PM-7:00PM

Bags of groceries provided. Proof of income required. Call the day before to schedule an appointment.

IRONTON BAPTIST CHURCH
501-888-2693
www.irontonbaptistchurch.org
14718 Ironton Cutoff Road
Little Rock, AR 72206
3rd Tuesday and 4th Saturday each month, 9:00AM-11:00AM

Food pantry. ID and proof of residence required. No appointment necessary – first come, first served. You can come 3 months in a row, then you have to wait 4 months and you're put on a schedule to come every 3 months.

LIFE UNLIMITED CHRISTIAN FELLOWSHIP
501-568-3600
701 Colonel Glenn Road
Little Rock, AR 72214
Wednesdays, 9:00AM-Noon

Bag of groceries and prayer. Individuals can only get food 4 times per year. One emergency is allowed. Driver's license and social security card required. No appointments necessary. Must believe in Jesus Christ and be a born-again Christian.

LIFELINE BAPTIST CHURCH
501-565-3469
7601 Baseline Road
Little Rock, AR 72209
Thursdays, 9:00AM-11:00AM

Food pantry. First come, first served. Spanish spoken on site. Driver's license required. Recipients must live in the 72209 zip code.

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Food Pantry Resources (cont.)

Current as of April 2013 Little Rock, AR

LITTLE ROCK CHURCH
501-455-0900
www.littlerockchurch.org
10701 W. Baseline Road
Little Rock, AR 72209
Every other Monday, 5:00PM-6:00PM

Box of groceries for every family, and a hot meal for each person. Picture ID required. First come, first served.

GEYER SPRINGS UNITED METHODIST CHURCH
501-565-3175
5500 Geyer Springs Road
Little Rock AR, 72209
1st and 3rd Thursdays, 9:00AM-Noon

Food pantry.

GREATER SECOND CARE CENTER
501-569-9988
5619 Geyer Springs Road
Little Rock, AR 72209
Thursdays, 10:00AM-Noon

Can access every 3 months

MOSAIC CHURCH OF CENTRAL ARKANSAS
501-562-3336
6420 Colonel Glenn Road
Little Rock, AR 72204
Tuesdays, 2:00PM-6:00PM

RICE DEPOT
501-565-8855
www.churchatrockcreek.com
3801 W 65th street
Little Rock, AR 72209
Monday-Friday, 9:00AM-5:00PM

Call the Rice Depot, and they let you know the food pantries in your area and how to contact them.

LITTLE ROCK COMPASSION CENTER
501-296-9114
www.lrcompassioncenter.org
3618 W Roosevelt Road
Little Rock, AR 72204
Any day, any time

Meals and food provided for those in the shelter. Driver's license, social security card, and ID required. Call or drop-in. All individuals must complete an intake. Individuals on the sex offender registry are not allowed.

OTTER CREEK ASSEMBLY
501-455-0946
www.ottercreekag.com
9416 Stagecoach Road
Little Rock, AR 72210
Call for times of food pantry.

Food pantry. Spanish spoken on site. Picture ID required. No appointments necessary – first come, first served. Will not turn anyone away, but those receiving food should live within 72210 zip code.

UNITED AFRICAN METHODIST EPISCOPAL CHURCH
501-374-3528
1825 S Pulaski Street
Little Rock, AR 72206
1st Wednesday of the month, 1:00PM-3:30PM

Food pantry once a month. ID required.

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Food Pantry Resources (cont.)

Current as of April 2013 Little Rock, AR

FOOD BANK
501-565-0180
www.arkansasfoodbank.org
4301 W 65th Street
Little Rock, AR 72209
Tuesday-Friday, call between 8:00AM-11:30AM

Call the Food Bank, and provide your zip code. The Food Bank will let you know the food pantries in your area and how to contact them.

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Food Pantry Resources Calendar

Current as of April 2013
Little Rock, AR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Little Rock Compassion Center – Any day, any time	9-5 M-F Rice Depot 5-6 Little Rock Church	2-6 Mosaic Church of Central Arkansas	9-12 Life Unlimited Christian Fellowship 11-2 Mount Zion Baptist Church 1-3:30 United African Methodist Episcopal Church	9-11 Lifeline Baptist Church 9-12 Geyer Springs United Methodist Church 10-12 Greater Second Care Center	10:30-12 First Christian Church	10-12 Mount Zion Baptist Church
		2-6 Mosaic Church of Central Arkansas	9-12 Life Unlimited Christian Fellowship 11-2 Mount Zion Baptist Church	9-11 Lifeline Baptist Church 10-12 Greater Second Care Center	10:30-12 First Christian Church	10-12 Mount Zion Baptist Church
	6-7 Holy Cross Baptist Church	6-7 Holy Cross Baptist Church	6:30-8:30 First Baptist Church			
	5-6 Little Rock Church	9-11 Ironton Baptist Church 2-6 Mosaic Church of Central Arkansas	9-12 Life Unlimited Christian Fellowship 11-2 Mount Zion Baptist Church 6:30-8:30 First Baptist Church	9-11 Lifeline Baptist Church 9-12 Geyer Springs United Methodist Church 10-12 Greater Second Care Center	10:30-12 First Christian Church	10-12 Mount Zion Baptist Church
		2-6 Mosaic Church of Central Arkansas	9-12 Life Unlimited Christian Fellowship	9-11 Lifeline Baptist Church 10-12 Greater Second Care Center	10:30-12 First Christian Church	9-11 Ironton Baptist Church 10-12 Mount Zion Baptist Church
	6-7 Holy Cross Baptist Church	6-7 Holy Cross Baptist Church	11-2 Mount Zion Baptist Church 6:30-8:30 First Baptist Church			

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Meal Resources

Current as of
April 2013
Little Rock, AR

LITTLE ROCK COMPASSION CENTER
501-296-9114
www.lrcompassioncenter.org
3618 W Roosevelt Road
Little Rock, AR 72204
Any day, any time

Men and women's shelter for the homeless. Provide meals, lodging, hygiene, clothing, education, and church. Driver's license, social security card, and ID required. Call or drop-in. All individuals must complete an intake. Individuals on the sex offender registry are not allowed. No more than 2 bags allowed per person. 10 free days in the shelter after the intake. Costs $4 per day after that. Family rooms available with a marriage certificate.

STEWPOT
501-372-1804
800 Scott Street
Little Rock, AR 72201
Monday-Friday, Noon-1:00PM

Hot meal provided for lunch. Must enter from 8th street side at Noon. Have a clothing room on Thursday and Baptist Health comes on Friday. Closed on all major holidays. First come, first served.

LEWIS STREET CHURCH OF CHRIST
501-666-2074
2716 Lewis Street
Little Rock, AR 72204
Saturdays, Noon-2:00PM

Hot meals served. Emergency food pantry by appointment.

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Meal Resources Calendar

Current as of April 2013 Little Rock, AR

Sunday	Monday	Tuesday	Wednes-day	Thursday	Friday	Saturday
Any day, any time Little Rock Compas-sion Center	12-1 Stewpot	12-1 Stewpot	12-1 Stewpot	12-1 Stewpot	12-1 Stewpot	12-2 Lewis Street Church of Christ
	12-1 Stewpot	12-1 Stewpot	12-1 Stewpot	12-1 Stewpot	12-1 Stewpot	12-2 Lewis Street Church of Christ
	12-1 Stewpot	12-1 Stewpot	12-1 Stewpot	12-1 Stewpot	12-1 Stewpot	12-2 Lewis Street Church of Christ
	12-1 Stewpot	12-1 Stewpot	12-1 Stewpot	12-1 Stewpot	12-1 Stewpot	12-2 Lewis Street Church of Christ

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Physical Health Resources

Current as of April 2013 Little Rock, AR

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501-444-CARE
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JEFFERSON COMPREHENSIVE CARE OPEN HANDS CLINIC
501-244-2121
Fax: 870-543-4716
1225 Martin Luther King Drive
Little Rock, AR 72204
Monday-Friday 8:00AM-4:00PM

Offers primary adult healthcare, minimal female healthcare, referrals (mental, dental, physical), prescriptions, assistance with pharmaceutical reduced payment program. Open Hands accepts uninsured, Medicare/ Medicaid users, and insured patients. Services are available to the homeless and for six months after residency has been established. There are no fees for any services. Drop-ins are accepted and appointments are preferred.

PULASKI COUNTY HEALTH CARE UNIT- CENTRAL
501-280-3100
Fax: 501-280-3352
www.healthy.arkansas.gov/programsServices/localPublicHealthOffices/Pages/huDetails.aspx?show=Pulaski%20County%20Health%20Unit%20-%20Central%20Little%20Rock
3915 W. 8th Street
Little Rock, AR 72204
Monday-Friday 8:00AM-4:30PM

Specific healthcare service facility offering WIC services, TB testing and treatment services, family planning, AIDS/STD testing, BCCP services and immunizations. Not a primary healthcare facility. Accepts uninsured, insured, Medicare/Medicaid and ARKids. There is a sliding scale for service fees as low as $5.00 per service although no one is turned away. A photo ID is needed to access services- proof of income and proof of residency are additionally needed for WIC services. Appointments are preferred for all services and necessary for WIC.

ST. VINCENT HEALTH CLINIC EAST
501-552-4710
Fax: 501-376-2084
Health Clinic East website
2500 East 6th Street
Little Rock, AR 72204
Monday-Thursday 8:00AM-4:30PM
Fridays 8:00AM-12:00PM

Healthcare facility offering primary healthcare and dental care, specialized referrals and STD testing. Accepts uninsured, insured, Medicare and Medicaid. Open M-Thurs 8:00 AM-4:30 PM and Friday 8:00 AM-12:00 PM. For patients walk-ins are accepted, new patients an appointment is required. All services are offered on a sliding scale based on an individual's ability to pay. A photo ID and social security number are needed prior to services.

SHEPHERDS HOPE HEALTH CENTER
501-614-9523
2404 South Tyler St.
Little Rock, AR 72204
Tuesdays, Thursdays 6:00PM-9:00PM

Primary healthcare medical clinic open to children and adults. Dental clinic services are offered on Tuesday nights. The clinic is open Tuesdays and Thursdays from 6:00 PM- 9:00 PM. Services are accessible through appointment only. Full Spanish language services are available. All services are free although families are asked to contribute a $5.99 registration fee per visit. New patients must live in the 72204 zip code. Full Spanish services are available.

Physical Health Resources (cont.)

Current as of April 2013 Little Rock, AR

WESTSIDE FREE MEDICAL CLINIC- CATHOLIC CHARITIES OF ARKANSAS
501-664-0340
Fax: 501-664-9186
www.dolr.org/offices/catholiccharities/westside.php
2000 Aldersgate Road
Little Rock, AR 72205
Wednesdays 5:00PM-9:00PM, one Tuesday evening per month

Adult primary healthcare facility providing screenings, limited primary health, pharmacy services for established patients, health education. Dermatological and diabetic eye treatment services can also be schedule by appointment. All services are provided free of charge. Services are accessible through appointment only. The clinic is bilingual. Full Spanish language services are available.

HARMONY HEALTH CLINIC
501-375-4400
Fax: 501-375-4401
www.harmonyclinicar.org
201 East Roosevelt Road
Little Rock, AR 72206
Thursdays, 4:45PM-9:00PM
Saturdays 7:45AM-12:00PM

Description: services, hours, how to access, fees, restrictions, documentation, language, family
Healthcare facility offering adult primary healthcare, free lab work, pharmacy services, assistance enrolling in patient assistance programs, specialty referrals. Appointments are necessary. Patients must live or work in Pulaski County and be uninsured. Patients must bring a Medicaid denial letter or shelter letter, a picture ID and an application filled out and filed in advance to the appointment. All services are free. Spanish speaking assistance is available.

AR HEALTHCARE ACCESS FOUNDATION
501-221-3033
Fax: 501-221-7977
www.ahcaf.org
10 Corporate Hill Drive Suite 240
Little Rock, AR

Medical referral program for free and subsidized non-emergency healthcare including prescription services, non-emergency medical, dental services, and health education services. Applications for entry into the program are available at DHS offices. Potential applicants must be uninsured. Applicants must reapply every year. There is no limit on how many times an individual can apply. There are no fees or costs associated with program membership. Services are restricted to Arkansas residents/ U.S. citizens that fall within 150% of the federal poverty guidelines. Individuals interested in applying must have a picture ID and proof of income. Spanish language assistance is available.

PULASKI COUNTY HEALTH CARE UNIT- SOUTHWEST
501-565-9311
Fax: 501-565-7960
6800 Baseline Road
Little Rock, AR 72209
Monday-Friday 8:00AM-4:30PM

Specific healthcare service facility offering WIC services, TB testing and treatment, immunizations and limited women's health. Not a primary healthcare facility. Accepts uninsured, insured, Medicare/Medicaid and ARKids. There is a sliding scale for service fees starting as low as $5.00 although no one is turned away. A photo ID is needed to access services- proof of income and proof of residency are additionally needed for WIC services. Appointments are preferred for all services and are necessary for WIC.

Central Arkansas ReEntry (CARE) Coalition
Community empowerment through collaboration.
CentralArkansasReEntry@gmail.com
501-444-CARE
(501-444-2273)

Physical Health Resources (cont.)

Current as of
April 2013
Little Rock, AR

ESPERANZA HOPE CLINIC
501-552-4710
Appointment line: 501-562-1114
Fax: 501-376-2084
www.esparanzaclinic.org
2500 East 6th Street
Little Rock, AR 72204
Thursdays 6:00PM-9:00PM

Healthcare facility offering primary healthcare services for residents in and around the 72209 zip code. Services include primary family healthcare and specialized referrals. Services are accessible through appointment only. Services are available for uninsured individuals only. The clinic is bilingual. Full Spanish language services are available.

Central Arkansas ReEntry
(CARE) Coalition
Community empowerment through collaboration.
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501-444-CARE
(501-444-2273)