Trempealeau County Resource Guide

Produced by the W-2 Children's Services Network

The purpose of this directory is to provide a variety of community resource agencies to better serve the people of Trempealeau & Buffalo County.

W-2 Agency
36084 Walnut Street
Independence, WI 54747
Phone 608-790-2380
Fax 608-785-9939

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Information regarding local Food Pantries is included on the last page of this guide.

ABUSE

911
Call immediately if you feel someone is in immediate, serious, or life-threatening danger

Family & Children Services through Trempealeau County - 715-538-2311 ext. 290

New Horizons Shelter and Outreach Centers
La Crosse - 608-791-2610
Whitehall - 715-538-2810
Crisis Line – 1-888-231-0066

Domestic Abuse
Bolton Refuge House - 715-334-0628

ALCOHOL AND OTHER DRUG ABUSE SERVICES

Mayo Clinic Health System – Outpatient Behavioral Health Services – 800-362-5454

Gundersen Behavioral Health – 608-775-228

L.E. Phillips Rehab Center (Within HSHS Sacred Heart Hospital)
Eau Claire - 715-839-4361

West Central Wisconsin Behavioral Health Clinic
Whitehall – 715-538-9134

AGING

Aging & Disability Resource Center of Western Wisconsin
Whitehall - 1-800-273-2001

Alzheimer's Association 24/7 Helpline – 800-272-3900

Social Security Administration Eau Claire - 1-800-772-1213
Social Security Administration La Crosse - 1-800-770-2345

Senior Services - 715-538-2311 or 1-877-538-2311 ext. 250

BUDGETING

Catholic Charities
La Crosse - 608-782-0710

Consumer Credit Counseling Services of La Crosse
505 King Street, Suite 212, La Crosse - 608-784-8380 Financial Analysis, Bankruptcy
Counseling and Education, Check Wise, Debt Management Plans, Credit Analysis, preparing for living on Your Own, Financial Wellness Seminars.

Trempealeau County UW-Extension - 715-538-2311 ext. 206

CHILD CARE

Child Care Assistance
Western Region for Economic Assistance (WREA)
https://access.wisconsin.gov
1-888-627-0430

Child Care Resource & Referral Service
Child Care intake appt - 1-888-627-0430

Bureau of Early Care Regulation for the Western Region – 715-930-1148

YoungStar Child Care Search
https://dcf.wisconsin.gov/youngstar

CLOTHING

Catholic Charities
Eau Claire - 715-832-6644
La Crosse - 608-782-0710

Women's Clothes Closet (Our Savior's Lutheran Church) 612 Division Street, La Crosse – 608-784-5745 http://www.oursaviorslutheranchurch.net/womens-clothes-closet/

Cents and Sensibility
Independence - 715-985-3301

Arcadia Mission Thrift Store - 608-323-7116

COUNSELING

Country Counseling Clinic
Whitehall - 715-538-4103

Catholic Charities
La Crosse - 608-782-0710

Gundersen Behavioral Health - 608-775-2287

Stein Counseling – 608-785-7000

Triniteam
Eau Claire - 715-836-8106

Next Chapter of La Crosse
608-461-7006
www.nextchapterlacrosse.org

CRISIS PROGRAMS & SERVICES

In an emergency-Dial 911

New Horizons Domestic Abuse Shelter 608-791-2610 http://www.nhagainstabuse.org/

Couleecap, Inc. 608-782-4877 or 1-866-904-4508 http://www.couleecap.org

Catholic Charities 3710 East Avenue South, La Crosse – 608-782-0710 or 888-212- HELP https://cclse.org/

Salvation Army 223 8th Street North, La Crosse – 608-782-6126 https://centralusa.salvationarmy.org/lacrosse

Great Rivers 2-1-1 (Wisconsin) Call 2-1-1 from service area – 608-775-4344 Toll Free -800-362-8255 Live Chat available online gr211@gundersenhealth.org

Wisconsin Road Condition Information - 511
Nationwide Runaway Hotline - 800-621-4000 or 608-786-2929
National Child Abuse Hotline - 800-422-4453
National Domestic Violence Hotline - 800-799-7233 |
Center for Missing & Exploited Children - 800-843-5678
National Poison Control Center - 800-222-1222
National Substance Abuse Hotline - 800-662-4357
New Horizons Shelter - 608-791-2610

DISABILITY SERVICES

Trempealeau County Aging & Disability Resource Center of Western Wisconsin
1-800-273-2001 or http://www.tremplocounty.com/tchome/aging_disability_resource_center/

Division of Vocational Rehabilitation (DVR)
La Crosse - 608-785-9500

Independent Living Resources
La Crosse - 608-787-1111

ORC Industries, Inc.
La Crosse - 608-781-7727
Arcadia – 608-323-2101

Social Security Administration
Eau Claire - 1-800-815-2924
La Crosse - 1-800-772-1213

Wisconsin Council on Children & Families
(Helps families caring for a disabled family member)
Madison - 608-284-0580 or 1-888-400-8455

Trempealeau County Health Care Center
Whitehall - 715-538-4312

DISASTER SERVICES

American Red Cross
La Crosse - 608-784-2102
Eau Claire - 715-835-4020

Emergency Government
Whitehall - 715-538-2311 ext. 215

ECONOMIC SUPPORTS

Great Rivers 211 – provides free, confidential community information, referrals and crisis line services 24 hours a day. Dial 2-1-1 or (800) 362-8255

Food Share Program Western Region for Economic Assistance (WREA)
Call or go online to apply, renew, make changes, ask questions, and make appointments about:

- FoodShare
- BadgerCare Plus
- Medical Assistance
- Child Care Benefits

Online: https://access.wisconsin.gov
Phone: 1-888-627-0430
Fax proof/verifications: 1-855-293-1822

Call center hours:

Mon/Tues/Thur/Fri: 9:00-4:00
Wednesday 10:00-4:00

EDUCATION

Western Technical College
Independence - 715-985-3392

Coulee Region Literacy Council
http://www.couleeregionliteracycouncil.com/
608-789-4752

Chippewa Valley Technical College
Eau Claire - 715-833-6200 or 800-547-CVTC

Division of Vocational Rehabilitation (DVR)
La Crosse - 608-785-9500

Workforce Connections, Inc.
Independence – 608-790-2380
La Crosse - 608-789-5620

Educational Opportunity Center, EOC
Eau Claire - 800-335-3113

EMPLOYMENT SERVICES & PROGRAMS

Workforce Connections, Inc.
http://www.workforceconnections.org/
Independence – 607-790-2380
La Crosse - 608-789-5620

Wisconsin Division of Vocational Rehabilitation (DVR)
http://www.dwd.wisconsin.gov/dvr 2615 East Ave S, La Crosse
608-785-9500 or 1-800-523-2139 TTY 1-866-785-9530

Project Proven 400 7th St. North LaCrosse
608-785-9200

Independent Living Resources (ILR)
4439 Mormon Coulee Road, La Crosse
http://www.ilresources.org
608-787-1111 or 1-888-474-5745 TTY 608-787-1148 or 1-888-378-2198

Aptiv
3000 South Avenue, La Crosse
http://www.aptiv.org
608-784-9450 or 1-800-949-7380 TTY 608-784-0039

Couleecap Job & Business Development Program
http://couleecap.org
608-782-5525

Worker's Compensation-Wisconsin
http://www.dwd.state.wi.us/wc
608-266-1340 or TTY 1-866-265-3142

Workforce Development
http://www.dwd.wi.gov

Western Dairyland EOC, Inc.

Independence - 800-782-1063

FAMILY & CHILDREN'S RESOURCES

Big Brothers Big Sisters of Trempealeau County
Trempealeau County - 715-985-2555

Western Dairyland Head Start
Independence - 715-985-2391 or 1-800-782-1063 ext. 252

Trempealeau County Car Seat Program – free checks upon request
715-538-2311 ext. 220

Sleep in Heavenly Peace
(Provides beds and supplies so children ages 3-17 are not without or sharing)
Larry Guthrie - 715 983 5602 - lguthrie@tcc.coop

HEALTH CARE

FREE assistance is available from Healthcare Navigators at Workforce Connections, Inc. Navigators provide unbiased assistance to individuals and families that need affordable health insurance coverage. We help you to look at your options and consider factors that are important to you in choosing coverage that works for you. Call 608-789-5620. Also see information at www.workforceconnections.org – Click programs from the top menu, then click healthcare.

Gundersen Health System
Whitehall - 715-538-4355
La Crosse - 608-782-7300

Mayo Clinic Health System
Arcadia - 608-323-3373
La Crosse - 608-791-9730
Eau Claire - 715-838-3311
Osseo - 715-597-3121

HSHS Sacred Heart Hospital
Eau Claire - 715-839-4121

Western Dairyland Family Planning
Whitehall - 715-538-2306 or 1-800-472-3566

FREE OR REDUCED HEALTHCARE

Chippewa Valley Free Clinic
Eau Claire - 715-839-8477
http://www.cvfreeclinic.org

Family Health Center of Marshfield, Inc.
Marshfield - 715-221-7500 or 1-800-942-5420

Family Health/La Clinica
Wautoma - 920-787-5514

LOW COST OR FREE DENTAL CLINICS

Chippewa Center for Dental Excellence
Chippewa Falls – 715-723-7175

Chippewa Valley Technical College Dental Clinic
Eau Claire - 715-833-6271

HOUSING

Hope Gospel Mission
Eau Claire - 715-552-5566

Housing Authority of Trempealeau County
Whitehall - 715-538-2274
https://tremphousing.com/HATCHome.html

National Center for Homeless Resource Center
1-800-308-2145

Next Chapter of La Crosse
608-461-7006
www.nextchapterlacrosse.org

Tenant Resource Center
Madison - 608-257-0006

Western Dairyland Homeless Shelter
Independence - 715-985-2391 ext. 220

Salvation Army Homeless Shelters
Eau Claire - 715-834-1224
La Crosse - 608-782-6126

Catholic Charities – 608-782-0710

Bolton Refuge House – 715-926-6080

LEGAL SERVICES

Lawyer Referral & Information Service
Madison- 1-800-362-9082

Trempealeau County District Attorney
Whitehall - 715-538-2311 ext. 278

NUTRITIONAL PROGRAMS

WIC Program
Trempealeau County-Whitehall - 715-538-2311 ext. 233

Food Share Program
Western Region for Economic Assistance (WREA)
https://access.wisconsin.gov
1-888-627-0430

TELEPHONE ASSISTANCE

Lifeline/Link-up Program
Lifeline: Provides discounts on basic monthly telephone service, up to $10.00 per month.
Link-up: Assists with the initial installation fee or activation fee for telephone service.
**Contact your local telephone company or cell phone provider for additional eligibility information.
http://lifelinesupport.org

Safelink Wireless Cell Phone Program
Issues a free cell phone with free minutes each month to low income households. People who qualify either already participate in a government assistance program or meet the income guidelines for eligibility. 1-800-977-3768 www.safelinkwireless.com

Telecommunications Equipment Purchase and Assistance Plans
TEPP- assists individuals that are hard of hearing, deaf/severely hard of hearing, speech impaired, mobility/motion impaired, deaf with low vision or deaf and blind to obtain equipment for basic phone service
TAP- a program for those who are deaf or severely hard of hearing in a low-income household to pay the TEPP co-payment if you qualify. Voice 608-231-3305 - TTY 1-800-251-8345

TRANSPORTATION

Senior Services of Trempealeau County
Whitehall - 715-538-2311 ext. 250

Work N' Wheels Program through Western Dairyland
Independence - 715-985-3239

Coulee Wheels
Partnered through Altra Federal Credit Union & Consumer Credit Counseling Services
800-350-2227

At one time or another everyone needs help or an answer to what seems like a simple question. The Resource Guide is designed to link peoples' questions or problems to the agency or organization best able to provide the needed assistance.

The listings in this brochure are by no means inclusive of all of the services in the Trempealeau County area.

We believe that consumers are in the best position to evaluate and choose resources appropriate to their needs.

Trempealeau County Food Pantries & Community Meals

Trempealeau County Food Pantry & TEFAP Commodity Distribution – at Trempealeau County Care Center W20410 State Road 121 Whitehall WI 715-200-1649, leave a voice mail stating your calling about the food pantry. 3rd Saturday from 1-5pm

Salvation Army Whitehall - 715-538-2311 ext. 290

Senior Services Nutrition Program Whitehall - 715-538-2311 or 1-877-538-2311ext. 250

Whitehall Food Pantry within Our Savior's Lutheran Church 36197 Main St Whitehall, WI 5477. 715-538-4997. Last Wednesday of the month 11:30 to 1 p.m.

Food Distribution Between Pigeon Falls and Whitehall located within Reaching Out Ministry Center W15822 Simonson Rd, Whitehall WI 54773. 715-896-0604 $10 donation 1st and 3rd Thursday 10-12 p.m. 2nd, 4th and 5th Thursday 4-6 p.m. No income limits.

Trempealeau County Community Cupboard & TEFAP Commodity Distribution in Strum 715-695-3511. Trempealeau County Care Center W20410 State Road 121 Whitehall, WI 54773. 715-836-7511 Ext 1188, 3rd Saturday, 2-5 p.m.

OLPH Mission Food Pantry Arcadia – 608-323-7116 411 S Washington St. Arcadia WI 54612 (Within Mission Thrift Store) By appointment- please call.

Arcadia CommUNITY Pantry within Bethel Lutheran Church 608-323-7116 N29280 Loesel Ln, Arcadia, WI 54612. 4th Thursday Doors open at 2:30 Food is handed out at 3:30

Blair Food Pantry within Blair Lutheran Church 608-989-2818 126 S. Peterson Ave. Blair WI 54616 2nd Friday, 10 a.m.-12 p.m. 4th Thursday 4-6 p.m. Open to anyone with a Blair or Ettrick address.

Come for Supper at Ettrick Community Dinner, Living Hope Lutheran Church, 15630 E 4th St, Ettrick 608-525-3454 Come For Supper is on the 3rd Sunday evening of the month from 5-6:30 p.m.

G-E-T Community Food Pantry within First Presbyterian Church - 608-582-2991. 20237 West Ridge Ave Galesville. All Wednesdays 9:30-11:30 a.m. also the last Wednesday of month there

are evening hours 5:30-7 p.m.

Independence Food Pantry within City Hall - 23688 Adams St Independence 715-985-3055 Monday-Thursday 8-4:30 Closed 12:20 to 1:30

Tri-County Osseo Food Pantry by Osseo Fire Dept.- 715-597-3213. 50965 Industrial Road • Osseo 3rd Saturday of every month 10-11 a.m.

Table of Friendship Community Meal within Osseo Lutheran Church 50351 Harmony St, Osseo. 715-597-3213 2nd Wed of the month 5-6 PM.

Ruby's Pantry in Osseo within United Church of Christ Osseo, WI corner of Hwy 10 and Main St. Osseo WI 54758. 715-597-2485. 2nd Tuesday of each month 4:30-6 p.m. $20 Cash donation. Preregister online at rubyspantry.org

Strum Area Food Pantry within Immanuel Lutheran Church 109 Elm St Strum WI 54770 715-695-3511 Strum Food Pantry 1st Tuesday of each month 9-11 a.m.