

START HERE

St. Louis Area Resource Directory 2019

*Visit our website:
www.startherestl.org*

*For information, e-mail
startherestl@gmail.com*

**Heartland Zen 2019
www.heartlandzen.org**

The ***Start Here St. Louis Area Resource Directory*** and its corresponding website gathers into one place many of the resources and services that are available throughout the metropolitan area. In addition to addresses and phone numbers, we've provided the website address for most these organizations.

Looking at an agency's website will provide more information about the place before you call them or go there.

FREE GOVERNMENT CELL PHONES

If you are receiving any form of government benefits or meet income guidelines, you may qualify.

There is a list of Missouri providers on this website:
www.freegovernmentcellphones.net/states/missouri

www.StartHereStl.org

Visit the Start Here website for more information about the organizations listed as well as additional updated listings.

PUBLIC LIBRARIES

provide computers and computer labs for access to the internet.

If you are aware of any changes, updates or closings send an e-mail to [***startherestl@gmail.com***](mailto:startherestl@gmail.com)

TABLE OF CONTENTS

BEFORE YOU START.....	4
CLOTHING & FURNITURE	5
for DADS.....	7
DISABILITY.....	8
DOMESTIC VIOLENCE RESOURCES.....	21
DROP-IN CENTERS	10
EMPLOYMENT & TRAINING	11
FOOD PROGRAMS & PANTRIES	15
HOUSING: SHELTERS FOR MEN	20
HOUSING: SHELTERS FOR WOMEN.....	22
HOUSING.....	24
IMMIGRANT SERVICES.....	28
LEGAL SERVICES	30
LGBTQ.....	32
MEAL PROVIDERS.....	33
MEDICAL.....	34
MENTAL HEALTH.....	36
MONEY MATTERS.....	39
RE-ENTRY.....	40
STREETWISE	44
SUBSTANCE ABUSE TREATMENT	45
UTILITY ASSISTANCE.....	50
for VETERANS	51
YOUTH SERVICES.....	53
HOTLINES & WEBSITES	55

Services provided in this directory can change at any time due to funding and/or resources available.

BEFORE YOU START

Many of the organizations listed here receive grants and federal funds. They are mandated to provide services and assistance, so take your time going through the book, read the requirements, and make use of what they have to offer.

HOW TO USE THIS DIRECTORY

1. Make a list of your needs, and seek help for the ones that are most important. Prioritize!
2. Locate providers who can provide services that fit your needs.
3. Try to provide all of the information that's being requested when you visit an agency or talk with a caseworker. Making their job easier will reflect back to you.

HOW TO GET RESULTS WHEN YOU CONTACT AGENCIES

1. Take notes. Have paper and pencil ready when you make a call. Be ready to give a brief but complete account of what you need. Eliminate unrelated information.
2. Be ready to provide your full name and contact information such as how or where you can be reached or get messages.
3. If your inquiry involves an agency that uses an identifying case or file number, have that available.
4. Be sure to record the names and titles of people you talk to and confirm their phone numbers in your notes.
5. Keep your notes together on all of your contacts to each agency so that you can supply information when you make follow-up calls.
6. Take the time to say THANK YOU to those who assist you!

HOUSING HELPLINE 314-802-5444

FOR EMERGENCY SHELTER AND OTHER HOUSING PROGRAMS:
Start the Intake Process in one of these three ways:

1. HOMELESS HOTLINE: 314-802-5444 (VOICE)

Toll Free - 1-866-802-7155

For Hearing or Speech Impaired - RelayMO 711 or (800) 735-2966

2. ST. PATRICK CENTER 314-802-0700

WELCOME CENTER 800 North Tucker 63101

www.stpatrickcenter.org

Walk-in hours Monday-Friday from 8am-4:30pm.

3. BIDDLE HOUSE OPPORTUNITIES CENTER 314-612-1675

1212 N 13th St. 63101

Overnight shelter and day services for MEN ONLY.

CLOTHING & FURNITURE

CENTRAL REFORM CONGREGATION

5020 Waterman 63108

314-361-3919

Clothing and food pantry Monday-Friday 9:00am-5:00am.

CONNECTIONS TO SUCCESS and DRESS FOR SUCCESS

www.connectionstosuccess.org

2125 Bissell (No street sign. In the Grace Hill building near Grand and Florissant) 63107 314-584-6887

3000 Little Hills Expressway St. Charles 63301 636-940-8027

Monday-Friday 9:00am-4:00pm. Both organizations provide clothing for job interviews and outfits for starting work before the first paycheck. Also, counseling and job readiness. They work with men and women who have been incarcerated, as well as other job seekers. Grace Hill address is for women only.

DREAM CENTER

4324 Margaretta Ave. 63115

www.stldreamcenter.org 314-381-0700

New and gently used clothing and accessories. Open to the public Tuesday, Wednesday, Thursday, Friday, 1:00pm-3:00pm. Closed Mondays

FOCUS GATEWAY CITY

1901 Ann Avenue 63104 314-776-4205

Food Pantry and clothing/housewares closet are open the 2nd and 4th Wednesdays of the month from 9:30am-11:00am.

FRIEND OF MOMS BABY BOUTIQUE

Chapel of the Cross - Lutheran

11645 Benham Rd. 63136

www.chapelofthecross.org/friend-of-moms 314-741-3737

Provides new and gently-used clothing and other resources to parents in need. Anyone who is in need, pregnant, or raising young children is welcome to call for an appointment.

GUARDIAN ANGEL/HOSEA HOUSE

2635 Gravois 63118

www.gasastl.org 314-773-9027

Zip codes 63104 and 63118 only. They are open every day but an appointment is needed. Call the above number to schedule times. Also food pantry.

HELPING HAND ME DOWNS

8673 Olive Blvd., University City 63132

www.helpinghandmedowns.org 314-514-5987

Referral from a nurse, social worker or case worker required. Provides gently-used clothing, toys, books and two large baby items (swing, stroller, etc)..

ISAIAH 58 MINISTRIES

2149 S Grand Blvd. 63104

www.i58ministries.org 314-776-1410

Clothing and food pantry. Serves area between Chouteau and Chippewa, between Jefferson and Kingshighway. Clothing Monday-Friday, 10:00am-noon. Pantry is open Tuesday, Wednesday, Thursday 10:00am-1:00pm.

KAREN HOUSE**1840 Hogan 63106 314-621-4052**

Every Thursday 1:00pm-3:00pm. Call first, if possible. Program times vary.

KINGDOM HOUSE**1321 S. 11th St. 63104 314-421-0400****The Bodega** offers discounted high-quality essentials and clothing. Open to the community on Thursdays from 10am - 2pm and 4 - 7pm. Cash only. h**PAKT COMMUNITY RESOURCE CENTER****500 Airport Rd Ferguson 63135****www.paktcenter.org 314-524-2710**

Rent and utility assistance, food pantry, clothing, after-school program and more for North County residents. Call the number above for details.

ST. AUGUSTINE'S CATHOLIC CHURCH (FATHER BOB'S)**1371 Hamilton Ave. 63112****www.st-augustine-stl.org 314-385-1934**

Food pantry and clothing Monday and Friday 9:30am-11:00am.

ST. JOHN'S COMMUNITY SERVICE MINISTRY**2240 St. Louis Ave. 63106****314-533-8668**

Monday and Friday 8:30am-10:30am. Clothing and food pantry.

ST. LOUIS COMMUNITY RE-ENTRY PROGRAM**1809 S. 8th St. 63104****314-621-0228 or 314- 951-4048**

Clothing pantry Thursday 10:00am -2:00pm. Transitional housing and more.

ST. PATRICK CENTER**800 N. Tucker Blvd. 63101****www.stpatrickcenter.org 314-802-0700**

Tuesday and Thursday 1:00pm-2:30pm. Second Saturdays 8:00am-noon.

ST. VINCENT DE PAUL CHURCH**1408 South 10th St. 63104 314-231-9328**

Free clothing Tuesday noon-1:30pm.

URBAN LEAGUE CLOTHING ASSISTANCE**www.ulstl.org 314-615-3654****City: 935 Vandeventer Ave. 63108 314-615-3600****County: 8960 Jennings Station Rd. 63136 314-388-9840**

Clothing at the Clothes Closets for all members of a family.

WAYMAN AME CHURCH**5010 Cabanne Ave. St. 63113****www.waymanamestl.org 314-361-4123**

Clothing and other resources upon request. Please call for more information. Free hot breakfast served every 4th Saturday 8-10am

for DADS

BETTER FAMILY LIFE

5415 Page Blvd. 63112

www.betterfamilylife.org 314-367-3440

Workforce development and many other programs offered by this long time St. Louis agency. Social, cultural, artistic, youth, economic, housing and educational programs. Numerous programs and initiatives.

CHILD SUPPORT HOTLINE

800-859-7999

Supportive services and information, including genetic testing and updates on cases.

CONNECTIONS TO SUCCESS

See page 5 for info about this outreach program for job success.

EMPLOYMENT CONNECTION

2838 Market Street 63103

www.employmentstl.org 314-333-JOBS (5627)

Pathways to responsible fatherhood. Includes parenting, economic stability and legal services. See page 12 for more information about Employment Connection.

FATHERS SUPPORT CENTER

Prince Hall Family Support Center and other locations

4411 N. Newstead 63115

www.fatherssupportcenter.org 314-333-4170

NOW WORKING WITH WOMEN. Areas of focus include job readiness and retention skills, job placement, mentoring, legal clinic, youth leadership.

HISET HIGH SCHOOL EQUIVALENCY TEST (GED)

www.hiset.ets.org 1-855-MyHiSET 1-855-694-4738

The website offers support throughout the process, lists testing sites, preparation and more. The test is only given online so set up an account to start the process.

JUSTINE PETERSEN

1023 North Grand Blvd 63106

929 North 15th St, East St. Louis, IL 62205

www.justinepetersen.org 314-533-2411

Homeowner and small business loans, credit counseling, first time homebuyer options and more.

NATIONAL FATHERHOOD INITIATIVE

www.fatherhood.org

To develop strong relationships between fathers who have been incarcerated, in the military and other situations, and their children. Check the website for resources.

PARENTS' FAIR SHARE

www.ded.mo.gov/jobseeker 1-800-859-7999

www.missouricareersource.com

If you have an active child support case, this program offers GED and vocational classes, job search skills, transportation, and more to improve child-parent relations.

PARENT LINK

www.parentlink.missouri.edu 800-552-8522 En Español: 888-460-0008

Answers and options regarding parenting concerns. Support for incarcerated parents. The website has many resources.

DISABILITY SERVICES

AMERICAN CIVIL LIBERTIES UNION (ACLU)
906 Olive #1130 63101
www.aclu-em.org 314-652-3111

ARC/St. Louis Arc
1177 N. Warson Rd. 63132
www.slarc.org 314-569-2211
In-home residential support program, ARCH (Assistance with Residential Care in the Home), reimburses primary caregivers for short-term care. Support groups.

ARTISTS FIRST
7190 Manchester Rd., Maplewood 63143
www.artistsfirststl.org 314-781-4440
Artists First offers art-based programs serving aspiring artists of all ages with developmental disabilities, pervasive mental illness, and/or traumatic brain injury.

BI-LINGUAL INTERNATIONAL ASSISTANCE SERVICES
1329 Macklind Ave., Suite 200 63110
www.bilingualstl.org 314-645-7800
Mental health and social services to the elderly and disabled foreign born. Counseling, case management, translation/interpretation services.

BRIDGES COMMUNITY SUPPORT SERVICES
3114 Sutton Blvd. Maplewood 63143
www.bridgescss.com 314-781-7900
Individually tailored 24 hour support in a shared or individual home or apartment. Community Support, counseling and behavior therapy.

CANTERBURY ENTERPRISES
7228 Weil Ave. 63119
www.canterburyinc.org 314-781-3999
Sheltered workshop employing people with disabilities.

CITY OF ST. LOUIS
Human Services Disabled Resources in the St. Louis Community
www.stlouis-mo.gov

CENTER FOR HEARING AND SPEECH
9835 Manchester Rd. 63119
www.hearing-speechstlouis.org 314-968-4710
Audiology and speech disorder facility treating hearing and speech disorders.

CHALLENGE UNLIMITED
4 Emmie L. Kaus Lane Alton, IL 62002
www.cuinc.org 618-465-0044
Off-site employment opportunities throughout the Metro area. Recruitment and intake services, job training, residential programs, supported employment and more.

DEAF INC. Deaf Empowerment Awareness Foundation, Inc.
25 East Frisco Avenue Webster Groves, MO 63119
www.deafinc.org
Voice/Videophone: 314 714-6400 Fax: 314 266-7427
Interpreting Services Voice: 314 968-8868 Toll Free: 888 898-DEAF 3323
Interpreting, advocacy, support groups and more. Some services are free. They provide assistance in courtroom and law enforcement situations.

FEDERAL GOVERNMENT WEBSITE

www.disability.gov

Information on disability programs and services nationwide.

INDEPENDENCE CENTER

4245 Forest Park Ave. 63108

www.independencecenter.org 314-533-4245

A community based rehabilitation program for adults with severe and persistent mental illnesses built on the Clubhouse model of psychosocial rehabilitation.

INDEPENDENT LIVING

www.ilru.org

Centers for Independent Living (CILs) and Statewide Independent Living Councils (SILCs) National, state, and local directories, resources, and information.

PARAQUAD

5240 Oakland Ave. 63110

www.paraquad.org 314-289-4200

Hands-on, practical assistance for people with disabilities. Independent living, deaf services, health and wellness center, resources and more DEAFWAY interpreting.

MO PROTECTION & ADVOCACY

925 South Country Club Dr., Jefferson City 65109

www.moadvocacy.org

A federally mandated system in the state of Missouri which provides protection of the rights of persons with disabilities in the legal system.

OPTIONS FOR JUSTICE

200 South Hanley, Suite 207 Clayton 63105

www.stidd.org/optionsforjustice.html 314-721-6161

A nonprofit organization serving individuals with developmental disabilities who are at risk to become or who are involved with the criminal justice system.

RAINBOW VILLAGE

1240 Dautel Ln. 63146

www.rbvstl.org 314-567-1522

Neighborhood homes for people with developmental disabilities.

REHABILITATION SERVICES FOR THE BLIND 800-592-6004

SOCIAL SECURITY WEBSITE www.ssa.gov

ST. LOUIS SOCIETY FOR THE BLIND and VISUALLY IMPAIRED

8770 Manchester Rd. 63143

www.slsbvk.org 314-968-9000

Programs, technical aids, therapy, transportation assistance, education, resources.

ST. LOUIS HELP

www.stlhelp.org 314-567-4700

Medical and health equipment lending/recycle program, including wheel chairs,

STATE OF MISSOURI DISABILITY PORTAL

www.disability.mo.gov

VOCATIONAL REHABILITATION

220 S Jefferson St., Room 110 63103

dese.mo.gov/adult-learning-rehabilitation-services 314-877-2940

Many more. Wide range of job training, educational and employment services.

1-877-222-8963 (voice) 573-751-0881 (TDD). Many locations.

DROP-IN CENTERS

BIDDLE HOUSE OPPORTUNITIES CENTER

1212 N 13th St. 63101.

314-802-0700 or 314-802-5444

Overnight shelter for men and day programs for men who stay there only..

CENTER FOR YOUTH ON THE RISE

12075 Bellefontaine Rd. Spanish Lake 63138 314-355-2348

Ages 12 to 19. A variety of activities and services. Life skills workshops, counseling services, educational support, employment preparation, legal assistance.

COVENANT HOUSE

2727 North Kingshighway 63113

www.covenanthousemo.org 314-533-2241

For Youth. Every afternoon. Access to shelter, food, clothing, blankets, showers, laundry facilities, information, referrals, and crisis intervention.

EPWORTH'S YOUTH DROP-IN CENTER/STREET OUTREACH

7520 Natural Bridge Rd. Normandy 63121

www.epworth.org Office-314-222-4877 Outreach-314-952-8689

Ages 18-24 in crisis; couch hopping; literally homeless

Ages 11-20 that are at risk of homelessness or are homeless.

Mon-Thur 12pm-5pm; Friday 1-5pm and some evenings. Laundry and shower; safer sex kit, clothing and hygiene items; computer work stations; healthcare, legal aid, and birth certificate and ID assistance; support for LGBTQ youth and allies.

PLACES FOR PEOPLE WELCOME CENTER

4130 Lindell Blvd. 63108

www.placesforpeople.org 314-615-2111

The Places for People Welcome Center has walk-in hours Monday-Friday 8-11:30. Walk-ins will meet with an intake clinician for screening, information and referrals.

ST. LOUIS EMPOWERMENT CENTER

Depression Bipolar Support Alliance (DBSA)

1908 Olive St. 63103

www.dbsaempowerment.org 314-652-6100 Friendship Line: 866-525-1442

A drop-in center for mental health and substance abuse recovery self-help meetings. Open 365 days a year 9:00am-3:00pm. Lunch daily.

THE SPOT for ages 13-24

4169 Laclede 63108

www.thespot.wustl.edu 314-535-0413

A drop-in center with computers, medical care, showers, laundry, mental health counseling, and more. Open 1:00pm-5:00pm weekdays. Walk-in medical services 1:00pm-2:30pm. Pregnancy testing and contraception, STD/HIV testing.

WOMAN'S PLACE

www.womansplacestl.org

8300 Morganford 63123 (Affton, in the back of St. Mark Church)

314-645-4848 Monday-Friday 10:00am-5:00pm.

4116 McClay 63304 St. Charles 636-373-7911 Call for times. Crisis intervention, safety planning, support groups for survivors of domestic abuse.

EMPLOYMENT & TRAINING

The City of St. Louis has “banned the box.” That means that applications for employment with the City of St. Louis will no longer require job applicants to check a box if they have a felony conviction.

AMERICORPS

1315 Ann Ave. 63104

314-772-9002

Year-round recruitment for people to work in disaster relief. Call for details.

BEGIN Training and Employment Center St. Patrick Center

800 North Tucker 63101

www.stpatrickcenter.org 314-802-1953

The BEGIN Training & Education Center (BTEC) is an innovative educational program providing various training courses and social support services.

BETTER FAMILY LIFE

Cultural, Educational and Business Center (Headquarters)

5415 Page Blvd 63112

www.betterfamilylife.org 314-367-3440

Missouri work assistance. Other Programs offered through the MET Center. Many resources and several locations.

BUD PROGRAM: Building Union Diversity

American Job Centers

1520 Market Street 63103

3rd Floor. Apply in person 9:00am-4:00pm

26 North Oaks Plaza 63121

www.stlouis-mo.gov

Pre-apprenticeship training for careers in construction union trades.

COMMUNITY ACTION AGENCY OF ST LOUIS COUNTY (CAASTL)

2709 Woodson Rd 63114

www.caastlc.org 314-863-0015

Assists residents of St Louis County meet the terms of their probation and parole, including GED, money management, counseling, job readiness and placement.

COMMUNITY COLLEGES

www.stlcc.edu/workforce 314-539-5722

Free accelerated training programs: CDL, Logistics, STEM Portal, Medical, more.

COMPUTER VILLAGE

4411 N. Newstead (Prince Hall)

www.computervillage.org 314-533-1900

Learning Center that works in collaboration with other non-profits in several locations.

CRAIGSLIST www.craigslist.org

Website only. Look for St. Louis, and see the many jobs that are listed there. They also list housing, items for sale, and other services.

CHALLENGE UNLIMITED

4 Emmie L. Kaus Lane Alton, IL 62002

www.cuinc.org 618-465-0044

Off-site employment opportunities throughout the Metro area. Recruitment and intake services, job training, residential programs, supported employment and more.

EDUCATIONAL OPPORTUNITY CENTERS

Part of the federally-funded TRIO program. Provides college, career, financial aid and financial literacy advising to assist individuals in furthering their education beyond high school. Free of charge.

Alton: 11 West 3rd Street, Alton, IL 62002 618-465-5124

Belleville: 110 N. High St., Ste. 1, Belleville, IL 62220 618-235-1776

East St. Louis: SIUE East St. Louis Center, Bldg. A, Room 2026

601 James R. Thompson Blvd., East St. Louis, IL 62201 618-874-8734

Greenville College: Greenville Central 618-664-7114

Lewis & Clark Community College: Admissions 618-468-5258

Lindell Education Center: 4236 Lindell Suite 102, 63108 314-367-8100

North County Education Center: *Florissant, MO 63033 314-837-2100

EMPLOYMENT CONNECTION

2838 Market Street 63103

www.employmentstl.org 314-333-JOBS (5627)

Free employment services to ex-offenders and persons who have a barrier to finding and maintaining employment, and to St. Louis area businesses who are seeking qualified job applicants. New programs for veterans now available.

HISET HIGH SCHOOL EQUIVALENCY TEST (GED)

www.hiset.ets.org 855-MyHiSET 1-855-694-4738

The website offers support throughout the process, lists testing sites, preparation and more. The test is only given on line so set up an account to start of the process.

INDUSTRIAL AID

4417 Oleatha Ave. 63116

www.industrialaid.com 314-773-3200

Extended employment sheltered workshop employing individuals with disabilities

JOBS AND MORE STL: Focus on Ferguson

www.jobsandmorestl.org 314-922-5059

Interviewing, networking, application and resume writing, decision making, and conflict resolution. Workshops and classroom learning. Workforce training.

JOBS.MO.GOV

www.jobs.mo.gov

The official workforce resource website for the State of Missouri.
(Formerly Great Hires)

JOB CORPS CENTER

4333 Goodfellow Blvd. 63120

www.stlouis.jobcorps.gov 314/679-6200

No-cost education and career technical training program administered by the U.S. Department of Labor. Career technical and academic training for ages 16-24.

LAUNCHCODE

4811 Delmar 63108

www.launchcode.org 314-254-0107

Learn coding and programming. Non-profit organization that provides (FREE) classes, mentoring, 'codergirl' for women, job placement in computer technology.

MERS GOODWILL INDUSTRIES

1727 Locust St. 63103

www.mersgoodwill.org 314-241-1133

Many job programs and locations, including services for veterans. Juvenile Justice helps youth in juvenile detention centers find employment and obtain a GED.

METROPOLITAN EDUCATION & TRAINING CENTER (METCENTER)

6347 Plymouth Ave. 63133 314-746-0788

and 12721 W. Watson Rd. 63127

www.metcenterstl.com 314-989-7570

Job training, placement, assessment, career development services and more.

MISSION ST. LOUIS

3108 N Grand Blvd 63107

www.missionstl.org 314-534-1188

Works with at-risk men ages 22-35 through skills training, internships, a community of support and job placement.

MISSOURI DEPT. OF LABOR AND INDUSTRIAL RELATIONS

www.dolir.mo.gov 573-751-9691

Information about wages, unemployment compensation, etc. and a good source for potential employers looking for incentives to hire individuals with criminal histories.

NEAR SOUTHSIDE EMPLOYMENT COALITION

2649 Pestalozzi St. 63118

www.nsecworks.org 314-865-4453

Training and job placement services. Develop computer and interviewing skills
Screening and job referrals.

PARAQUAD

5240 Oakland Ave. 63110

www.paraquad.org 314-289-4200

Several employment programs for people with disabilities, including professional mentoring and Ticket to Work.

PROJECT CONNECT CITY OF ST. LOUIS

www.stlouis-mo.gov/project-connect/

Website with information about the new **National Geospatial-Intelligence Agency** NGA development, including job opportunities.

REDEVELOPMENT OPPORTUNITIES FOR WOMEN (ROW)

www.row-stl.org

City Office: 1914 Olive 63103 314-588-8300

County Office: 2709 Woodson Rd. 63114 314-833-1273

Free supportive programs and services including a financial literacy program, a matched savings program (IDA), parenting classes, and GED. **Now a Division of Family Forward. 3309 S. Kingshighway 63139 314-534-9350**

SLATE MISSOURI CAREER CENTER (SLATE MCC)

www.stlworks.com

Provides training and job placement services to the St. Louis City's adult workforce.

ST. LOUIS CITY-SLATE CAREER CENTER

1520 Market St. Room 3050 63103 314-589-8000

ST. LOUIS COUNTY-NORTH OAKS CAREER CENTER

26 North Oaks Plaza 63121 314-381-6700

ST. LOUIS COUNTY - FLORISSANT CAREER CENTER

4040 Seven Hills Dr., Suite 166 Florissant 63033 314-475-7900

ARNOLD CAREER CENTER

3675 West Outer Rd., Suite 102 Arnold 63010 636-287-8909

ST. CHARLES CAREER CENTER

212 Turner Blvd. St. Peters 63376 636-255-6060

WASHINGTON CAREER CENTER

1108 Washington Square Shopping Center Washington 63090 636-239-6703

A FEW TEMPORARY AGENCIES**NEXTEMPS INDUSTRIAL STAFFING**

7390 St. Charles Rock Rd. 63133 314-727-1060 www.nextempsnow.com

PATRIOT PERSONNEL SERVICES

914 Olive St. 63101 314-241-1776 www.patriot-personnel.com

PEOPLE READY

909 S. 13th St. 63103 314-776-0600 www.peopleready.com

STAFFING ONE (Hospitality)

5615 Pershing Avenue, Suite 24 63112-1757

314-361-2444 www.staffingoneservices.net

UNEMPLOYMENT INSURANCE

314-340-4950

Automated claim processing and information number.

URBAN LEAGUE

3701 Grandel Square 63108

www.ulstl.org 314-615-3600

Job search assistance, career counseling, job readiness training, job referrals, more.

St. Louis City Division

935 N. Vandeventer 63108 314-615-3600 Ext. 684

St. Louis County Division

8960 Jennings Station Rd. 63136 314-388-9840

ST. CLAIR COUNTY DIVISION

10220 Lincoln Trail Fairview Heights, IL 62208 618-274-1150

VOCATIONAL REHABILITATION

220 S Jefferson St., Room 110 63103

dese.mo.gov/adult-learning-rehabilitation-services 314-877-2940

In addition to this downtown location, there are many more. Wide range of job training, educational and employment services.

www.careeronestop.org

Information on training and jobs. Sponsored by the U.S. Department of Labor.

www.cap4kids.org

Many employment resources on this extensive website.

WOMEN IN CHARGE

1483 82nd Blvd. University City 63132

www.womenincharge.org 314-432-7300

Many programs, including HiSet classes (formerly GED), mentoring, counseling,

THE WORKFORCE SOLUTIONS GROUP (Accelerated Job Training)

St. Louis Community College's Corporate College

3221 McKelvey Road Bridgeton 63044

www.stlcc.edu/workforce-solutions 314-539-5302

Develops industry-specific training in partnership with the college's campuses.

YOUTHBUILD ST. LOUIS Operation Excel YouthBuild

93 North Oaks Plaza 63121

www.youthbuild.org 314-261-0202

Alternative education, construction training, employment, and leadership. 18-24.

FOOD PROGRAMS & PANTRIES

You can apply for emergency or regular food stamps at the locations below or any Division of Family Services office in the City or County of St. Louis. For information about the Food Stamp program (SNAP) and free application screening, visit: www.dss.mo.gov/fsd/fstamp.

EMERGENCY FOOD STAMPS/SNAP PROGRAM

www.dss.mo.gov/fsd/fstamp. Info Line: 855-373-4636 Ext. 2

EBT Customer Service Line: 800-997-7777

3101 Chouteau 63103 314-256-7000

4411 N Newstead Ave., 3rd Floor 63115 314-877-2000

Income Maintenance: 314-877-2400

HUNGER HOTLINE

Operation Food Search 314-726-5355 EXT. 3

Automated list of food pantries by zip code. You'll be directed to put in your zip code, and they'll give a list of all of the pantries in your area. Have a pen and paper ready.

They'll give lots of information.

MEALS ON WHEELS

314-612-5918 www.mowaa.org Must be over 60 or disabled.

WIC (Women Infant and Child)

www.wicprograms.org

This website will give locations and other information. Many locations Most clinics provide WIC services—a supplemental nutrition program for women, infants and children. Other services.

EMERGENCY FOOD

St. Louis offers a variety of places to go for emergency food. We've listed some of them by zip code. Times can change so, if possible, call first.

For Parish Church Pantry Locations call United Way 2-1-1.

63101

BIDDLE HOUSE OPPORTUNITIES CENTER

1212 N 13th St. 63101. 314-802-0700

Overnight shelter for men and meals for residents (men) only.

SHAMROCK CLUB AT ST. PATRICK CENTER

800 N. Tucker 314-802-0700

Lunch: 7 days a week 12:00pm-12:30pm

CHRIST CHURCH CATHEDRAL

1210 Locust St. 314-231-3454

Breakfast every Saturday 7:30am-8:30am. The church is open every day.

FATHER DEMPSEY'S HOME

3427 Washington 314-535-7221

Sandwiches, Monday-Friday 12:00pm-12:45pm. (See the housing section of this book for information about the transitional housing for men available at this location.)

**63104 and 63118
CHAPEL FOR THE EXCEPTIONAL
3436 Winnebago (at Tennessee) 63118
314-776-7172**

Lunch/soup kitchen: Monday-Friday 12:00pm-12:30pm.
Food pantry: Monday and Thursday when available 12:30pm-1:00pm.
Call first if possible. Clothing every day. Furniture when available at no cost.

**FOCUS GATEWAY CITY
1901 Ann Avenue 63104 314 776-4205**

Dinner every first, second and third Sunday of the month starting at 4:30pm.

**GUARDIAN ANGEL/HOSEA HOUSE
2635 Gravois 63118**

www.gasastl.org 314-773-9027

Call to make an appointment for their shopping style food pantry. Weekdays 9:00am-4:30pm. 63104 and 63118 only.

**ISAIAH 58 MINISTRIES
2149 South Grand 63104 314-776-1410**

Serves area between Chouteau and Chippewa, and between Jefferson and Kingshighway. Pantry is open Tuesday, Wednesday, Thursday 10:00am-1:00pm.

**KINGDOM HOUSE CITY HARVEST MARKET
1321 S. 11th St. 63104**

www.kingdomhouse.org 314-421-0400

City Harvest Market offers discounted fresh and healthy food.
Open to the community on Wednesdays from 9am - 12pm and Thursdays from 10am - 12pm and 4 - 7pm. Cash or SNAP.

**SOUP ALLEY/TRINITY LUTHERAN CHURCH
812 Soulard Ave. 63104 314-231-4092**

Noodles and other food distributed Monday-Friday 9:00am-10:30pm and Saturday 10:00am -11:00am. In the Alley. Bags of groceries are available on Fridays 9:00am -10:30am.

**SAINTS PETER AND PAUL CATHOLIC CHURCH
816 Allen St. 63104**

www.ppcsinc.org 314-231-9923

Lunch: 2nd-21st of each month on Saturday and Sunday, Noon-12:45pm. Dinner: 2nd -21st of each month. Monday-Friday 5:00pm-5:45pm.

**ST. VINCENT DE PAUL CATHOLIC CHURCH
1408 S. 10th Street 63104 314-231-9328**

Lunch: Monday-Saturday 11:00am-1:00pm. Coffee and sandwiches: Sundays 10:15am-11:15 am. Dinner the 22nd to the 1st of the month: 5:00pm-6:00pm.

**63106
GATEWAY 180**

1000 North 19th St.

www.gateway180.org 314-231-1515

Brown bag lunches seven days a week, 8:00am - 4:00pm.

**KAREN HOUSE
1840 Hogan**

www.karenhousecw.org 314-621-4052

No longer provides hot meals. They hand out sandwiches 3:00pm-5:00pm daily.

PEOPLE'S CENTER

2012 Martin Luther King Dr.

www.pcacstl.org 314-269-5210 Main

Call for food pantry hours, other services and **more locations**

ST. JOHN'S COMMUNITY SERVICE MINISTRY

2240 St. Louis Ave.

314-533-8668

Monday and Friday 8:30am-10:30am. Clothing and food pantry..

63108

TRINITY EPISCOPAL CHURCH

600 North Euclid Ave. 314-361-4655

Hot meal every Sunday 2:00pm. Food pantry every Tuesday-Thursday 1:30pm-3:00pm. Need to register first for pantry, so bring a photo ID and social security card for each member of the family.

PILGRIM CONGREGATIONAL/UNITED CHURCH OF CHRIST

826 N. Union

314-367-8173

Lunch: Wednesday 12:00pm-1:00pm. Food Pantry every first and third Wednesday 10:00am-11:30pm. Call to check times.

63111

PEOPLE'S CENTER SOUTH CITY

6827 S. Broadway

www.pcacstl.org 314-353-1457

ST. TRINITY LUTHERAN CHURCH

517 Koeln Ave.

314-353-3276

Food pantry Monday, Wednesday, Saturday 9:00am-11:00am.

63112

PEOPLE'S CENTER COOK ELEMENTARY SCHOOL

5935 Horton Pl.

www.pcacstl.org 314-862-6270

Call for food pantry hours.

ST. AUGUSTINE CATHOLIC CHURCH (FATHER BOB'S)

1371 Hamilton Ave.

www.fatherbobsoutreach.com 314-385-1934

Food pantry and clothing: Monday-Friday 9:30am-11:00am. Utility assistance starts 6:00am. Dinner: last five working days of the month 4:00pm-5:00pm.

63113

WEST SIDE MISSIONARY BAPTIST CHURCH

4675 Page Boulevard

314-535-9002

Dinner: Monday, Wednesday, Friday 5:30pm-6:30pm. Food pantry: Tuesday, Wednesday, Thursday 11:00am-1:00 pm.

WAYMAN AME CHURCH

5010 Cabanne Ave. St.

www.waymanamestl.org 314-361-4123

Free hot breakfast served every 4th Saturday 8-10am

Clothing and other resources upon request. Call for more information.

63115**ST. LOUIS DREAM CENTER****4324 Margaretta Ave.****www.stldreamcenter.org 314-381-0700**

Food pantry: Tuesday, Wednesday, and Friday: 10:00am-12:00pm.

KOSSUTH CHURCH OF GOD IN CHRIST**3225 North Taylor Ave. 63115 314-652-4163**

Food Pantry Thursday 8:30am-10:00am.

ALL SAINTS EPISCOPAL CHURCH**5010 Terry Ave. 314-367-2314**

Call the church for information on meals, food, and other assistance.

63118**ST. ANTHONY of PADUA CHURCH****3140 Meramec St. 314-352-1460**

Food and clothing Monday and Thursday 10:00am-Noon, and Wednesday 4:30pm-6:00pm. Call for other activities, such as utility, legal, medical information.

63119**WEBSTER-ROCK HILL MINISTRIES****111 Waymire Ave. 314-961-5082**

Monday-Friday 8:30am-11:30am.

63120 and several more zip codes**PEOPLE'S NORTH CITY AND WELLSTON FOOD PANTRY (PCAC)****5868 West Florissant (at Riverview) 314-862-6270****Church Phone: 314-383-7771 www.pcacstl.org**

Open Monday, Wednesday and Thursday from 9:00am -2:00pm. Other PCAC locations throughout the metro area.

63125**FEED MY PEOPLE****171 Kingston Dr. 314-631-4900**

Monday-Friday 10:00am-3:00pm. Saturday 9:00am-1:00pm.

63132**HARVEY KORNBLUM JEWISH FOOD PANTRY****10601 Baur Blvd.****www.jfcs-stl.org 314-993-1000**

Call and ask to be transferred to the food pantry for hours.

63135**PAKT Community Resource Center****500 Airport Rd. Ferguson****www.paktcenter.org 314-524-2710**

Rent and utility assistance, food pantry, clothing, after-school program and more for North County residents. Call the number above for details and times.

ST. STEPHEN'S FOOD PANTRY**33 N Clay Ave. Ferguson 63135****314-521-0138**

Open Tuesday and Saturday 10 – noon. Located off the parking lot by the ramp.

63136

PROJECT DOWNTOWN SAINT LOUIS West Florissant Masjid
6809 W Florissant Ave.

www.pdstl.org

Every Saturday. Full meals and pantry. Serving starts at 11:30am.

URBAN LEAGUE ST. LOUIS COUNTY

8960 Jennings Station Rd.

314-388-9840

Tuesday-Thursday 9:00am-12:00pm and 2:00on-4:00pm.

63147, 63136, 63137, 63138

GRACE NEW COVENANT FOOD PANTRY

1060 Chambers RD. Bellefontaine, MO. 63147

www.gracenewcovenantchurch.org 314-867-2782

Food and non-food items.

3rd & 4th Saturdays 9-11:30 am, Wednesdays 10:30-12:30 pm.

63031

TEAM FOOD PANTRY

265 St. Catherine Florissant

www.teamfoodpantry.com/wp/food-pantry 314-831-0879

Food and non-food items to needy families in the Florissant/Hazelwood areas on a once a month basis. Call for times and appointment.

63043

LOAVES AND FISHES

2750 McKelvey Rd. Maryland Heights

www.loavesandfishes-stl.org 314-291-3857

Registration required. Call for times and requirements.

63049

FEED MY PEOPLE

3295 Ottomeyer Rd. 636-677-9885

High Ridge

Tuesday, Wednesday, Friday 10:00am-2:30pm. Thursday 10:00am-1:00pm and Saturday 9:30am-12:30pm.

63088

CIRCLE OF CONCERN

112 St. Louis Ave. Valley Park

www.circleofconcern.org 636-861-2623

Parkway, Rockwood and Valley Park School Districts in West County. Food pantry, meals and many other services

Food Pantry hours often change. Call first if possible.

FREE GOVERNMENT CELL PHONES

If you are receiving any form of government benefits or meet income guidelines, you may qualify.

There is a list of Missouri providers on this website:

WWW.FREEGOVERNMENTCELLPHONES.NET/STATES/MISSOURI

HOUSING: SHELTERS FOR MEN

A Housing Helpline referral is required by most (but not all) of the shelters and transitional housing providers in this book. Call 314-802-5444 to start the process.

BIDDLE HOUSE OPPORTUNITIES CENTER

1212 N 13th St. 63101.

314-802-0700 or 314-802-5444

Overnight shelter for MEN ONLY. Daytime services and meals for residents only.

COVENANT HOUSE

2727 North Kingshighway 63113

www.covenanthousemo.org 314-533-2241

For Youth. Access to shelter, food, clothing, blankets, showers, laundry facilities, information, referrals, and crisis interventio

MAGDALENE HOUSE

P.O. Box 1143 63188

www.magdalenestl.org 314-339-5216

A residential community for women who have survived lives of sexual exploitation, violence and addiction. Up to two years of housing, healthcare, and support

PETER & PAUL COMMUNITY SERVICES

2612 Wyoming St. 63118

www.ppcsinc.org 314-588-7111

Assists homeless and near-homeless single men. 60-bed year-round emergency shelter, a 20-bed year-round transitional program, meals, showers, lockers, medical referrals, living skills classes, and case management.

The Peter and Paul shelter is located 816 Allen, but you need a referral from the Housing Helpline. Call 314-802-5444

SALVATION ARMY ADULT REHAB CENTER

3949 Forest Park Ave. 63108 314-678-5500

Residential treatment and work in addition to group and individual therapy.

SALVATION ARMY HARBOR LIGHT

(No longer operating as a shelter.)

2900 Washington Blvd. 63103

314-652-3310

Short term detox/rehab center and drug and alcohol treatment programs.

STEPPING INTO THE LIGHT MINISTRY

1402 Hebert St. 63107

www.steppingintothelightministry.org 314-231-5175

90-day residential treatment program for drug and alcohol abuse. First 30-days probationary/in-house. Can be walk-in or referral. Call first if possible.

SUNSHINE MINISTRIES

1315 Howard St. 63106

www.sunshineministries.org 314-231-8209

Admission is on a first-come, first-served basis. Emergency and longer term.

DOMESTIC VIOLENCE RESOURCES

National Hotline: 1-800-799-SAFE (7233) or (TTY) 1-800-787-3224
SEXUAL ASSAULT HOTLINE 800-656-4673

ALIVE Alternatives to Living in Violent Environments
St. Louis area www.alivestl.org 314-993-2777
Franklin County 636-583-5700 or 800-941-9144
Counseling, emergency sanctuary, for adults and children.

BRIDGEWAY
www.bridgewaybh.com
St. Charles County - The Women's Center in St. Charles
24-Hour Toll-Free Crisis Line: 877-946-6854
Lincoln County - The Terry L. Robertson Center in Troy
24-Hour Toll-Free Crisis Line: 877-462-1758

HUMAN TRAFFICKING
National Human Trafficking Resource Center
www.traffickingresourcecenter.org 888-373-7888 Text BeFree (233733)

(LAAW) Legal Advocates for Abused Women
Hotline: 314-652-3623 Legal Assistance: 800-527-1460 Comprehensive assistance to victims of domestic violence. Crime Victim Advocacy.

SAFE AT HOME
www.MoSafeAtHome.com 866-509-1409
Provides survivors of abuse, assaults and threats with a substitute address for IDs, driver licenses, court documents, etc.

SAFE CONNECTIONS
24-hour Crisis Helpline and main number 314-531-2003
2165 Hampton Avenue 63139 www.safeconnections.org
Free services for adults who have experienced domestic violence, sexual assault and abuse.

ST. MARTHA'S HALL
PO Box 4950 63108 314-533-1313 (available 24/7)
12 week stay, crisis intervention, support groups, advocacy, follow up.

TURNING POINT
888-873-7233 www.turningpointdvs.com/home/resources
Emergency Shelter and Supportive Services for Survivors of Domestic & Sexual Violence For Warren, Montgomery, St. Charles, Franklin, and Gasconade Counties and surrounding counties in east central Missouri.

YWCA
St. Louis Regional Sexual Assault Center
Hotline 314-531-7273 Phone 314-726-6665 www.ywcastlouis.org

WOMENS LAW www.womenslaw.org/
A project of the National Network to End Domestic Violence

WOMEN'S SAFE HOUSE
www.twsh.org 314-772-4535 (24-hour crisis hotline)
A shelter and services for battered women and their children.

BRIDGEWAY BEHAVIORAL HEALTH
www.bridgewaybh.com
24-Hour Toll-Free Crisis Line 877-946-6854
Two emergency safe shelters and outreach centers in St. Charles and Lincoln Counties for women and children. Many other services and more locations.

HOUSING: SHELTERS FOR WOMEN

A Housing Helpline referral is required by most (but not all) of the shelters and transitional housing providers in this book. Call 314-802-5444 to start the process.

ALMOST HOME

3200 St. Vincent 63104

www.almosthomestl.org 314-771-4663

Almost Home is a transitional residence for teenage mothers with up to two children. The program is nine months long and may be extended.

BRIDGEWAY BEHAVIORAL HEALTH

www.bridgewaybh.com

Two emergency safe shelters and outreach centers in St. Charles and Lincoln Counties for women and children. Many other services and more locations.

St. Charles County: The Women's Center in St. Charles

24-Hour Toll-Free Crisis Line 877-946-6854

Lincoln County

The Terry L. Robertson Center in Troy

24-Hour Toll-Free Crisis Line 877-462-1758

GATEWAY 180: HOMELESSNESS REVERSED

1000 North 19th St. 63106

www.gateway180.org 314-231-1515

Emergency shelter services and programs leading to transitional or permanent homes in under 30 days.

HAVEN OF GRACE

1225 Warren 63106

www.havenofgracestl.org 314-621-6507

Residential facility that assists homeless, pregnant women with shelter, goal-setting, education, employment, parenting, and permanent residence.

KAREN HOUSE

1840 Hogan St. 63106

www.karenhousecw.org 314-621-4052

A Catholic worker house of hospitality for homeless women and children. Based on availability. Call to see if they have openings.

KATHY WEINMAN CENTER

314-423-1117

Temporary, emergency shelter, court advocacy, professional therapy for women and children, support groups. St. Louis County operates this shelter.

LOAVES AND FISHES SHELTER PROGRAM

750 McKelvey Rd, Maryland Heights, MO 63043

www.loavesandfishes-stl.org 314-291-3857

Comprehensive program for families with children. Also, overflow shelter program and Bridge program that works with homeless veterans.

LYDIA'S HOUSE

www.lydiashouse.org 314-771-4411

Community and faith-based domestic violence education, transitional housing, crisis intervention, court advocacy, support groups for women and children.

MISSIONARIES OF CHARITY

3629 Cottage Ave. 63113
314-533-2777 or 314-533-9070

Emergency shelter for women and small children.

MISSOURI BAPTIST CHILDRENS HOME

11300 St. Charles Rock Road Bridgeton 63044
www.mbch.org 800-264-6224 or 314-739-6811

Residential program for pregnant women and girls. Family services.

OUR LADY'S INN

St. Louis: 4223 South Compton 63111 314-351-4590
St. Charles: 3607 Highway D, Defiance 63341 636-398-5375
www.ourladysinn.org

Emergency maternity shelter for pregnant women 18 and older and their minor children.

QUEEN OF PEACE CATHEDRAL TOWER

325 N. Newstead 63108
www.qopcastl.org 314-531-0511

Offers a 21 day drug treatment program for women as well as other services. Works with St. Phillipine's to provide housing.

ROOM AT THE INN

3415 Bridgeland Dr. 63044
www.roomstl.org 314-209-9198

St. Louis County immediate, temporary, emergency shelter system for women and families, regardless of age or gender of the children. Churches provide locations.

SALVATION ARMY FAMILY HAVEN

10740 West Page Ave. 63132
www.stsalvationarmy.org 314-423-7770

Will take families, but no single men except during winter months under special county program. Emergency shelter and resources.

*

ST. MARTHA'S HALL

www.saintmarthas.org 314-533-1313

Confidential shelter for female victims of domestic violence. Individual and group counseling, legal advocacy, information, referral, and follow up.

ST. PATRICK PARTNERSHIP CENTER

800 North Tucker 63101
www.stpatrickcenter.org 314-802-0700

St. Patrick Center offers a limited number of beds for mentally ill women.

ST. PHILLIPINE SHELTER

1015 Goodfellow 63112
314-454-1012

For people who have gone through a program for drug rehab through Queen of Peace.

WOMEN'S SAFE HOUSE

www.twsh.org 314-772-4535 (24-hour crisis hotline)

A shelter for battered women and their children. Legal advocacy, housing referrals, support groups, children's programs, and limited transportation.

MISSOURI WOMEN'S SHELTERS

www.womenshelters.org/sta/missouri

HOUSING

3010 APARTMENTS

3010 Washington Ave. 63103

www.3010-apartments 314-833-4040

58 one-bedroom apartments operated by Salvation Army. Rents range from \$425-\$500. Operating as low-income housing for residents with disabilities, young adults and people who are homeless but have a source of income.

ALMOST HOME

3200 St. Vincent 63104

www.almosthomestl.org 314-771-4663

Almost Home is a transitional residence for teenage mothers with up to two children. The program is nine months long and may be extended.

BEYOND HOUSING

MAIN OFFICE

6506 Wright Way Pine Lawn, MO 63121

www.BeyondHousing.org 314-533-0600

Programs to prevent foreclosure, first-time home buyer programs and more.

Supportive rental housing and senior citizen housing. Special focus on community resources, family support and home ownership.

CALL FOR HELP, INC

9400 Lebanon Rd. East St. Louis, IL 62203

www.callforhelpinc.org 618-397-0968

Intensive two-year transitional residential program helps homeless young women.

CENTER FOR WOMEN IN TRANSITION

7529 South Broadway 63111

www.cwitstl.org 314-771-5207

The Center works with women who are re-entering the area after incarceration. CWIT is a comprehensive program to help women move from crisis to stability and self-sufficiency. Two transitional housing facilities in South St. Louis.

COMMUNITY ACTION AGENCY OF ST. LOUIS COUNTY (CAASLC)

2709 Woodson Rd. Overland 63114

www.caastlc.org 314-863-0015

CAASTLC has comprehensive housing assistance programs which include home ownership, housing counseling, and rent or mortgage assistance.

COMMUNITY WOMEN AGAINST HARDSHIP

3963 West Belle Place 63112

www.cwah.org 314-289-7523

Transitional housing location and many other family based programs.

CRIMINAL JUSTICE MINISTRY

1104 South Jefferson 63104

www.cjmstlouis.org 314-652-8062

Release to Rent for Veterans

Scattered supportive housing for veterans who are homeless with a criminal record.

CJM Release to Rent

Up to a year of supportive housing for men completing long-term sentences Contact them by letter at least 6 months before your release date or through parole officer.

COOPER HOUSE (FORMERLY DOORWAYS)**4385 Maryland Ave. 63108****www.doorwayshousing.org 314.535.1919**

Provides housing and related supportive services to improve quality of life and health outcomes for people affected by HIV/AIDS.

FATHER DEMPSEY'S HOME**3427 Washington Blvd. 63103****www.archstl.org/fatherdempseyscharities 314-535-7221**

Partially furnished apartments from \$260 per month for older men. Some meals are provided. Call for availability.

HARRIS HOUSE**8327 S. Broadway 63111****www.harrishouse.org 314-631-4299**

Alcohol and drug rehab services to men and women age 18 and above, including a transitional housing program that provides subsidized housing for up to one year.

HILLJACK HOUSE**www.hilljackhouse.org 314-255-3964**

Supportive sober apartment living in south city buildings for men and women trying to overcome substance addictions.

HOMELESS VETERANS PROGRAMS**515 N Jefferson Ave. 63103****www.va.gov/homeless 314-652-4100 Ext. 55460**

Provides intake, assessment, referral, counseling, consultation for rehabilitative services, and residential placement. Call for more information.

HUMANITRI**1447 East Grand Ave. 63107****www.humanitri.org 314-772-7720**

Scattered site transitional housing and assistance in finding housing.

JUSTINE PETERSEN**1023 North Grand Blvd. 63106****929 North 15th St. East St. Louis, IL 62205****www.justinepetersen.org 314-533-2411**

Homeowner and small business loans, credit counseling, first time homebuyer options and more.

KAREN HOUSE**1840 Hogan St. 63106****www.karenhousecw.org 314-621-4052**

A Catholic worker house for homeless women and children. Call first. Limited space.

MAGDALENE ST. LOUIS**PO Box 1143 63188****www.magdalnestl.org 314-339-5216**

A residential community for women who have survived sexual exploitation, violence and addiction. Up to two years of housing, healthcare and support.

MARYGROVE**2705 Mullanphy Lane Florissant 63031****www.marygrovechildren.org 314-830-6201**

Transitional housing and crisis care for children who are in need of emergency care due to homelessness, potential abuse/neglect, parental stress, etc.

MARIA DROSTE RESIDENCE, WOMEN IN NEED**7660 Natural Bridge 63121****www.mariadroste.com 314-383-1325**

Residential program, inpatient treatment. Rent by the week.

MOVE: MISSOURI VETERANS ENDEAVOR**8410 Engler Park Ct. St. John 63114****www.move-stl.org 314-778-9497**

Provides long-term supportive housing and services to veterans, family members.

NEHEMIAH PROGRAM**www.nehemiahprogramstl.com 314-521-3666**

Transitional supportive housing for women. Rental homes, and home ownership.

North County. Call for information and addresses.

OXFORD HOUSE**2715 Osage St. 63118****www.oxfordhouse.org 14-772-6771**

National, self run, self supported, addiction recovery houses. Clients age 21 and older are eligible for subsidized rent and meals in separate buildings and programs for men and women. There are additional locations throughout the area.

PETER & PAUL COMMUNITY SERVICE**2612 Wyoming St. 63118****www.ppcsinc.org 314-588-7111 or 314-621-5520**

Shelter and transitional housing for men. Two locations.

QUEEN OF PEACE CATHEDRAL TOWER**325 N. Newstead Ave. 63108****www.qopcastl.org 314-531-0511**

Offers a 21 day drug treatment program for women as well as other services.

RECOVERY HOUSE**www.recoverystl.com 314-884-0747**

Transitional living and supportive housing for men in recovery from alcohol and drugs. Visit website for requirements and rental fees. Several locations.

RAINBOW VILLAGE**1240 Dautel Ln. 63146****www.rbvstl.org 314-567-1522**

Neighborhood homes for people with developmental disabilities.

ROSATI APARTMENTS AND GROUP HOME**4220-24 North Grand 63107****www.stpatrickcenter.org 314-371-0586 or 314-802-0700**

Supportive services and housing for clients referred by the St. Louis Psychiatric Rehabilitation Center. Operated through St. Patrick Center.

SALVATION ARMY FAMILY HAVEN**10740 West Page Ave. 63132 314-423-7770**

A transitional housing resource for women and children with various programs focused on family stability.

STEPPING INTO THE LIGHT MINISTRY**1402 Hebert 63107****www.steppingintothelightministry.org 314-231-5175**

90-day residential treatment program for drug and alcohol abuse. First 30-days probationary/in-house. Can be walk-in or referral. Call first if possible.

ST. LOUIS COMMUNITY RE-ENTRY PROGRAM

1809 S.8th Street 63104

314- 951-4048

Rooms for rent for men in transition. Substance abuse meetings, job training.

ST. LOUIS HOPE HOUSE

1611 Hodiamont Ave. 63112

www.hopehousestl.com 314-382-3801

Transitional housing apartments for homeless families, comprehensive social services, family development, vocational and educational counseling, more.

ST. LOUIS CITY AND COUNTY HOUSING AUTHORITY AND EAST ST. LOUIS HOUSING AUTHORITY

St. Louis City: 3520 Page Blvd. 63106

www.slha.org 314-531-4770

Section 8 Waiting List: 314-286-4361

St. Louis County Housing Authority:

8865 Natural Bridge Rd 63121

www.haslc.com 314-428-3200

East St. Louis Housing Authority

700 N 20th St, East St Louis, IL 62205

www.eslha.org 618-215-6759

SUNSHINE MISSION

1520 N. 13th St. 63106

www.sunshineministries.org 314-231-8209

Offers a men's emergency shelter, men's long term rehabilitation program.

WOMEN'S SAFE HOUSE

PO Box 63010 63163

www.twsh.org 24 Hour Crisis Hotline 314-772-4535

Multi-service shelter for battered women and their children.

YWCA-PHYLLIS WHEATLEY

2711 Locust 63103

314-533-9400 Ext. 227

Apartments for single women for up to two years. Personal and career development services. Case management services, GED certification, job readiness training.

www.ahl.mhdc.com

This website lists subsidized or affordable apartments by zip code:

www.hud.gov Department of Housing and Urban Development

www.va .gov/homeless

IMMIGRANT SERVICES

AMERICAN RED CROSS - ST. LOUIS CHAPTER

10195 Corporate Square Dr. 63132

www.redcrossstl.org 314-516-2843

International Services provides tracing and messaging.

BI-LINGUAL INTERNATIONAL ASSISTANCE SERVICES

1329 Macklind Ave., Suite 200 63110

www.bilingualstl.org 314-645-7800

Provides mental health and social services to the elderly and disabled foreign born. Includes counseling, case management, translation/interpretation, and more.

CG IMMIGRATION LAW, LLC

2316 Cherokee St. 63118

www.cgimmigrationlaw.info 314-514-4248

Variety of services from green cards, work permits, family visas, DACA, business visas to traffic tickets, warrants, divorce and more. Free consultation.

CASA DE SALUD

3200 Chouteau Ave. 63103

www.casadesaludstl.org 314-762-1251

Comprehensive medical services and referral services, primarily for adults.

CATHOLIC LEGAL ASSISTANCE MINISTRY (CLAM)

CATHOLIC LEGAL IMMIGRATION NETWORK, INC.

100 N. Tucker Blvd., Suite 726 63101 (No Walk-Ins, call for appointment)

www.cliniclegal.org 314-977-3993

CENTER FOR SURVIVORS OF TORTURE & WAR TRAUMA

has joined Bilingual Assistance Services

1329 Macklind Ave., Suite 200 63110

www.bilingualstl.org 314-645-7800

Counseling and therapy, as well as an extensive youth program, asylum documentation, etc.

ENGLISH TO SPEAKERS OF OTHER LANGUAGES (ESOL)

1530 S. Grand Blvd. 63104

www.slps.org 314-664-1066

Bi-lingual Program-St. Louis Public Schools. Many locations and school sites.

HISPANIC CHAMBER OF COMMERCE

3611 South Grand Blvd., Suite 105 63118

www.hccstl.com 314-664-4432

Promotes and supports Hispanic small businesses through programs, services, and legislative advocacy. Offering restaurant training.

IMMIGRANT AND REFUGEE WOMEN'S PROGRAM

3672B Arsenal St. 63116

www.irwp.net 314-771-1104

Teaches women basic English and practical living skills in their own homes.

IMMIGRANT COMMUNITY ACTION PROJECT (M.I.C.A. PROJECT)

1600 South Kingshighway Blvd. Suite 2N 63110

www.mica-project.org 314-995-6995 Toll Free: 855-995-6995

Provides sliding scale fees for individual legal services for removal defense, family-based immigration, asylum, adjustment of status and more.

INTERNATIONAL INSTITUTE**3401 Arsenal St. 63118****www.iistl.org 314-773-9090**

This organization offers MANY services for new arrivals to the St. Louis area

KINGDOM HOUSE**1321 S. 11th St. 63104****www.kingdomhouse.org 314-421-0400**

Many programs and classes offered in English and Spanish, including Financial Stability, Maternal Mental Health, Social Capital Building, Health & Wellness.

LANGUAGE ACCESS METRO PROJECT (LAMP)**8050 Watson Rd., Suite 340 63119****www.lampinterpreters.org 314-842-0062 866-948-7133**

Translation services. Specialists in medical interpreting.

LEGAL AID/ Legal Services of Eastern Missouri**4232 Forest Park Ave. 63108****www.lsem.org 314-534-4200 or 800-444-0514**

Immigration Law Project offers many resources and services.

MISSOURI IMMIGRANT AND REFUGEE ADVOCATES (MIRA)**2725 Clifton Ave. 63139****www.mira-mo.org 314-669-1288**

Organizes and advocates for the basic rights of immigrants and refugees.

NAHED CHAPMAN NEW AMERICAN ACADEMY(NCNA)**1616 S. Grand Blvd. 63104****www.slps.org/NCNA 314-776-1066 or 314-776-3285**

Accelerated English training, and more through the St. Louis Public Schools.

OASIS INTERNATIONAL**5035 Gravois Ave. 63116****www.oasisinternational.info 314-353-3800**

English classes, clothing, furniture, more for primarily refugee families.

SAINT FRANCIS COMMUNITY SERVICES SOUTHSIDE CENTER**4222 Delor St. 63116****www.sfcstl.org 314-773-6100**

(Formerly Catholic Charities Community Services Southside Center). Case management, mental health counseling, and youth programming, legal services.

(USCIS) US Citizenship and Immigration Service**www.uscis.gov**

Service and Office Locator to check status, change of address, and much more.

VITENDO 4 AFRICA (V4A)**7220 N. Lindbergh Blvd., Suite 270 Hazelwood 63042****www.vitendo4africa.org 314-252-0488**

Programs and support. New health and home ownership programs.

YMCA LITERACY COUNCIL OF GREATER ST. LOUIS**2635 Gravois Ave. 63118 www.ymcastlouis.org 314-776-7102**

Free one-on-one tutoring to adults who need help with English language skills.

LEGAL SERVICES

AMERICAN CIVIL LIBERTIES UNION (ACLU)

906 Olive St. #1130 63101 www.aclu-em.org 314-652-3111

ARCH CITY DEFENDERS

Civil Rights Attorneys

440 N. 4th Street, Suite 390 63102

855-724-2489 Local Number: 314-361-8834

<http://www.archcitydefenders.org>

Free or low cost legal representation from minor criminal offenses, to landlord-tenant law, to family law issues. Call for information about their BAIL PROJECT

CATHOLIC LEGAL ASSISTANCE MINISTRY (CLAM)

100 N. Tucker Blvd., Suite 726 63101 314-977-3993

Mostly domestic issues, cases involving paternity, orders of protection, guardianship, and abuse. Also services for immigrant populations.

CATHOLIC LEGAL IMMIGRATION NETWORK

www.cliniclegal.org/

Immigration attorneys who specialize in advocacy, worker immigration law, more.

CIRCUIT ATTORNEY'S OFFICE

St. Louis City: 314-622-4373

St. Louis County: 314-615-4872

St. Charles County: 636-949-7370

Orders of protection, victims services.

CREA: City of St. Louis Civil Rights Enforcement Agency.

1114 Market Street #626

314-622-3301

Monitors and investigates fair housing, equal employment and public accommodation complaints. Equal opportunity enforcement.

CRIME VICTIMS ADVOCACY CENTER

539 North Grand Blvd., Suite 400 63103

Hotline: 314-652-3623

Legal Assistance: 800-527-1460

Aid to Victims of Crime

EHOC Metropolitan St. Louis Equal Housing and Opportunity Council

1027 S. Vandeventer Ave., 6th Floor 63110

www.ehocstl.org 314-534-5800

FATHERS SUPPORT CENTER

4411 N Newstead Ave. 63115 and more locations

www.fatherssupportcenter.org 314-333-4170s Legal services in the areas of child support payment modifications, legal visitation, child custody and more.

FEDERAL BONDING PROGRAM

Department of Economic Development

421 East Dunklin St., Po Box 1087 Jefferson City 65102

573-526-8217

Fidelity bonding insurance coverage to individuals with criminal histories and others.

JAIL DIVERSION PROGRAM

St. Louis City 314-621-5848 Ext. 1023

LAMDA LEGAL

www.lambdalegal.org

Legal organization working for the civil rights of LGBTQ and people with HIV/AIDS.

LAWYER REFERRAL SERVICE

www.bamsl.org 314-621-6681

Bar Association referral service maintains a listing of attorneys who practice in the metropolitan St. Louis, Missouri-Illinois area.

LEGAL AID (Legal Services of Eastern Missouri)

4232 Forest Park 63108

www.lsem.org 314-534-4200 or 800-444-0514

Legal services in the areas of housing, domestic issues, financial, health, immigration, elderly and many others, including some social services.

LEGAL ADVOCATES FOR ABUSED WOMEN

www.laawstl.org 314-664-6699

Free legal representation at Adult and Child Order of Protection hearings for victims of abuse in seven counties. Many other legal services.

LEGAL ASSISTANCE WEBSITES

www.courts.mo.gov

www.stlc.in.missouri.org

Attorney General's Office: www.ago.mo.gov

Victims of Crime: www.okbemad.org

Legal Services of Missouri: www.lsmo.org

www.legalmatch.com

MACARTHUR JUSTICE CENTER

3115 South Grand Blvd. Suite 300 63118

www.macarthurjustice.org/ 314-254-8540

A civil rights law firm with a focus on jails and prisons, as well as court reform sentencing and parole practices, death penalty and policing.

NEW COVENANT LEGAL SERVICES

4236 Lindell Blvd, Suite 201 63108

www.newcovenantlegalservices.org 314-726-6489

Provides legal services to individuals and groups, including refugees and immigrants on a sliding scale basis. Call for appointment and to provide information by phone.

PUBLIC DEFENDER, CITY

1114 Market St. 63101 314-340-7625

PUBLIC DEFENDER, COUNTY

100 S Central Ave. Clayton 63105 314-615-4778

ST. CHARLES VICTIM OF CRIME ASSISTANCE: 636-949-7370

ST. LOUIS COUNTY FAMILY COURT PROJECT

501 S. Brentwood Blvd. 63105 314-615-4502

ST. FRANCIS COMMUNITY SERVICES Southside Center

4222 Delor St. 63116

www.sfcstl.org 314-773-6100

Family law, immigration law, veterans advocacy, Housing Opportunity Project more.

UPCOUNSEL

www.upcounsel.com

Provides cost-effective legal services for non-profits, businesses, entrepreneurs.

LGBTQ

AMERICAN CIVIL LIBERTIES UNION (ACLU)

4557 Laclede Ave. 63108

www.aclu-em.org 314-652-3111

For preservation and promotion of civil liberties in eastern Missouri.

DOORWAYS -- NOW COOPER HOUSE

4385 Maryland Ave. 63108

www.doorwayshousing.org 314-535-1919

Provides housing and supportive services for people affected by HIV/AIDS.

GROWING AMERICAN YOUTH

Trinity Church 600 N. Euclid 63108

www.growingamericanyouth.org 314-669-5428 (LGBT)

A social support organization for youth.

LAMDA LEGAL

www.lambdalegal.org

National legal organization representing numerous issues in courts and advocacy.

GLBT National Youth Talk 800-246-7743 www.glbthotline.org

METRO TRANS UMBRELLA GROUP (MTUG)

438 N Skinker Blvd 63130

www.stlmetrotrans.com

Resources, programs, events website lists testing sites, medical resources.

SAFE ZONE UMSL TRAINING PROGRAM

www.ums.edu/~safezone/resources.html

Extensive list of resources, organizations, trainings and more at website.

ST. LOUIS GENDER FOUNDATION: LGBT COMMUNITY RESOURCES

www.stlouisgenderfoundation.org

STEPS ALANO CLUB

3974 Humphrey St. 63116

www.stepsalanoclub.org

Provides meeting space for 12-Step recovery fellowships. Check website for calendar and more information.

THE SPOT (for ages 13-24)

4169 Laclede 63108

<http://thespot.wustl.edu/> 314-535-0413

A drop-in center open M-F afternoons. Computers, laundry, showers, pregnancy testing and contraception, STD/HIV testing.

TRANS LAW HELP

www.translawhelp.org

An online database of trans-positive legal resources.

THE TREVOR PROJECT

866-488-7386 (24/7) www.thetrevorproject.org

Crisis intervention and suicide prevention. Ages 13-24. Trained counselors 24/7

YOUTH IN NEED

www.youthinneed.org 636-946-5600 Crisis Hotline: 636-946-3771

MEAL PROVIDERS

Below is a list of places that serve MEALS AND SANDWICHES. It's not complete, and programs change. See page 15 for pantries. Area code 314 on all numbers.

ST PATRICK CENTER-Shamrock
800 N. Tucker 802-0700
Lunch Monday-Friday 12:00pm-12:30pm

63103
CENTRAL BAPTIST CHURCH 2843
Washington Ave. Lunch Tuesdays,
12:00 noon.

CHRIST CHURCH CATHEDRAL
1210 Locust 231-3454
Breakfast: Saturday 7:30am-8:30am.

FATHER DEMPSEY'S HOME
3427 Washington Blvd. 535-7221
Sandwiches Monday-Friday 12:00pm-
12:45pm

63104
FOCUS GATEWAY CITY
1901 Ann Ave. 776-4205
Dinner 1st, 2nd and 3rd Sundays
4:30pm-5:30pm.

PETER AND PAUL SERVICES
816 Allen Ave. 231-9923
Lunch Monday-Friday: 2nd-21st of each
month. Saturday and Sunday 12:00pm-
12:45pm. Dinner Monday-Friday: 2nd-
21st 5:00pm-5:45pm.

ST. VINCENT CHURCH
1408 S 10th St. (Soulard) 231-9328
Enter 9th Street side.
Lunch: Monday-Saturday 11:00am-
1:00pm. Coffee, sandwiches: Sunday
10:15am-11:00am. Dinner: 22nd to 1st of
the month, 5:00pm-6:00 pm.

SOUP ALLEY/TRINITY CHURCH
812 Soulard Ave. 231-4092
Monday-Friday 9:00am-10:30am.
Saturday 10:00am-11:am.

63106
CHURCHES ON THE STREETS
618-251-0039 1333 North 6th Street,
Vess Lot, Dinner Monday 6:00 pm.
Park across from Central Library, Dinner
Thursday 6:00 pm

GATEWAY 180
1000 N. 19th St. 231-1515
Brown bag lunches all day Monday-Friday.

KAREN HOUSE
1840 Hogan St. 621-4052
Sandwiches Monday, Wednesday, Friday,
Saturday, Sunday from 3:00pm-5:00pm.
(No more hot meals)

63108
PILGRIM CONGREGATIONAL
826 N. Union Blvd. 367-8173
Lunch: Wednesday 12:00pm-1:00pm.

TRINITY EPISCOPAL CHURCH
600 N. Euclid Ave. 361-4655
Hot meal every Sunday at 2:00pm.

63112
SOLOMON'S TEMPLE CHURCH
5569 Page Blvd. 314-361-4460
Lunch Wednesdays 11:00 to noon.

UNION MEMORIAL CHURCH
1141 Belt Ave. 367-8314
Lunch: Monday-Friday 12:00pm-12:30pm.
Breakfast: Sunday 9:00am-10:30am.

63113
DESTINY FAMILY CHURCH/BRIDGE
OF HOPE 4100 Cottage Ave.
Breakfast: Thursday 7:00 am.
Lunch: Monday, Wednesday,
Thursday, Saturday 12:00

WEST SIDE MB CHURCH
4675 Page Blvd. 535-9002
Dinner: Monday, Wednesday, Friday
5:30pm-6:30pm

MISSIONARIES OF CHARITY
2500 Spring Ave. 533-9070
Every day except Thursday 10 - 11am.

63115
ST. LOUIS DREAM CENTER
4324 Margaretta Ave. 381-0700
Lunch and more on Wednesdays.

ST. JOHN'S CHURCH
3672 Arsenal St. 772-3970
Dinner every Saturday 4:00pm-6:00pm.

63118
CHAPEL FOR THE EXCEPTIONAL
3436 Winnebago St. 776-7172
Lunch/soup kitchen: Monday-Friday
12:00pm-12:30pm.

MEDICAL

AFFINIA HEALTH CARE (FORMERLY GRACE HILL)

www.affiniahealthcare.org

314-814-8700 for appointment 314-898-1700 for information

Many locations throughout the area. Sliding fee scale to uninsured patients.

AFFORDABLE CARE ACT (Obamacare)

www.HealthCare.gov and www.EnrollMissouri.org **800-318-2596**

INFORMATION LINE: 1-855-373-9994

BEHAVIORAL HEALTH RESPONSE (BHR)

www.bhrstl.org

24-hour Mental Health Crisis Line: 314-469-6644 or 800-811-4760

CALL FOR HELP, INC

9400 Lebanon Rd. East St. Louis, IL 62203

www.callforhelpinc.org **618-397-0968**

Comprehensive intervention services for homelessness, sexual assault, poverty.

CHIPS Health and Wellness Center

2431 N. Grand Blvd. 63106

www.chipsstlouis.org **314-652-9231 Ext. 10 for appointment**

Sliding scale or no fee for wide range of clinic services and programs.

COMMUNICABLE DISEASES/STD DEPARTMENT OF HEALTH

1520 Market St., Suite 4027 63103 314-872-1431

HIV/AIDS Care, Education, Planning, TB Control, Surveillance, and Intervention.

CONTRACEPTIVE CHOICE CENTER

4533 Clayton Ave. 63110 Entrance at back of building

c3.wustl.edu **314-747-0800**

A full-service women's health clinic and testing. Same day appointments available.

COVER MISSOURI

Missouri Health Insurance Marketplace

www.covermissouri.org **800-318-2596**

FAMILY RESOURCE CENTER

3309 South Kingshighway 63139

www.frcmo.org **314-534-9350**

Prevention and treatment of all forms of child abuse and neglect.

HOPE CLINIC FOR WOMEN

1602 21st Street, Granite City, IL 62040

Emergency/After Hours: 618-346-3040 www.hopeclinic.com 618-451-5722

Abortion care. Also, pill 6-10 weeks, pregnancy testing, std testing.

MO HEALTHNET

Missouri's Medicaid Program

615 Howerton Ct. Jefferson City 65109

www.dss.mo.gov/mhd **573-751-3425**

PLANNED PARENTHOOD

4251 Forest Park Ave. 63108

www.plannedparenthood.org **314-531-7526**

Main locations (Many others throughout the area.) To schedule an appointment or for more information, call **800-230-PLAN (7526)**. Many services and testing.

SLU HEALTH RESOURCE CENTER, PRIMARY CARE CLINIC

1408 N Kingshighway Blvd., Suite 213 63113

www.medschool.slu.edu/hrc 314-389-0008

Saturday 9:00am-12:00pm. Sign-ups start at 8:00am. Free clinics/SLU doctors.

SOUTHERN ILLINOIS HEALTHCARE FOUNDATION

www.sihf.org 618-332-0694

A community-based, Federally Qualified Health Center (FQHC) network that serves populations throughout nine counties in Southern Illinois.

ST. LOUIS EFFORT FOR AIDS

1027 S. Vandeventer Ave., Suite 700 63110

www.stlefa.org 314-645-6451

Free testing for AIDS, HIV, STDs. Primary care, medications, and more.

THE ST. LOUIS INTEGRATED HEALTH NETWORK

1520 Market St., Suite 4034 63103

www.stlouisihn.org 314-657-1566

A network of community health centers. Services include primary care, dental, eye care, more.

A referral is **not required**. More locations outside St. Louis area.

BETTY JEAN KERR PEOPLE'S HEALTH CENTERS

www.phcenters.org

Central: 5701 Delmar Blvd. 63112 314-367-7848

North: 11642 W. Florissant Ave. Florissant 63033 314-838-8220

West: 7200 Manchester Ave. Maplewood 63143 314-781-9162

CRIDER HEALTH CENTER www.cridercenter.org

St. Charles: 546 First Capital Dr., Suite 1 63301 636-946-4000

Union: 1780 Old Highway 50 East 63084 636-582-8100

Warrenton: 19515 Brune Parkway 63383 636-456-1500

Wentzville: 1032 Crosswinds Ct. 3385 636-332-6000

FAMILY CARE HEALTH CENTERS www.fhcstl.org

Carondelet: 401 Holly Hills Ave. 63111 314-353-5190

Forest Park Southeast: 4352 Manchester Ave. 63110 314-531-5444

GRACE HILL HEALTH CENTERS: www.gracehill.org

Murphy O'Fallon: 1717 Biddle St. 63106 314-814-8700

Soulard Benton: 2220 Lemp Ave. St. 63104 314-814-8700

South 3930 S. Broadway St. Louis 63118 314-814-8700

Water Tower: 4414 N Florissant Ave. 63107 314-814-8700

MYRTLE HILLIARD DAVIS COMPREHENSIVE www.mhdhc.org

Comprehensive: 5471 Dr. Martin Luther King Dr. 63112 314-367-5820

Florence Hill: 5541 Riverview Blvd. 63120 314-389-4566

Homer G. Phillips: 2425 N. Whittier 63113 314-371-3100

STLHELP (FREE Home Medical Equipment)

www.stlhelp.org 636-933-9393

Provides access to free home medical equipment through recycle and reuse.

WISH CENTER

SSM Health St. Mary's Hospital

1035 Bellevue Ave., Suite 205 Richmond Heights 63117

www.ssmhealth.com/locations/location-details/wish-center 314-768-8230

The Women and Infants Substance Help. for pregnant women who are dependent on opioids. Long term follow up and support.

MENTAL HEALTH

800-SUICIDE (800-784-2433) or 800-273-TALK (800-273-8255)
 National Suicide Prevention Lifeline: 1-800-273-TALK (8255)
www.suicidepreventionlifeline.org/
 24-Hour Local Help Line: 636-946-3771

ADAPT OF MISSOURI

4030 Chouteau Ave. 63110
 2301 Hampton Ave. 63139
www.adaptusa.com 888-657-3201

Provides individual therapy, community support for adults with mental illness.

BEHAVIORAL HEALTH RESPONSE (BHR)

www.bhrstl.org 24 hour Crisis Lines: 314-469-6644 or 800-811-4760

BJC BEHAVIORAL HEALTH

Administrative Offices, Referrals and Call Center
 1430 Olive St., Suite 400 63103
www.bjcbehavioralhealth.org 314-729-4004 toll-free: 877-729-4004
 After hours: 314-469-6644 or toll-free 800-811-4760
 Mental health services and supportive services for adults and children.

BRIDGEWAY BEHAVIORAL HEALTH (Several Locations)

www.bridgewaybh.com Main number: 866-758-1152
 St. Louis City Center 314-535-5246
 St. Charles Center 636-757-2300

CATHOLIC FAMILY SERVICES

www.cfsstl.org 800-652-8055
 Various locations for psychiatric and mental health services.

CENTREPOINTE HOSPITAL AND OUTPATIENT CLINICS

St. Charles: 4801 Weldon Spring Parkway 63304
 St. Louis City: 1430 Olive St. 63103
www.centerpointehospital.com 800-345-5407
 More locations. Residential & outpatient mental health, substance abuse treatment.

CHAD'S COALITION (for Mental Health)

4121 Union Road #224 63129
www.chadscoalition.org 314-952-2046
 A variety of suicide and bullying prevention education programs & support.

COMPREHENSIVE BEHAVIORAL HEALTH CENTER

505 South 8th St. East St. Louis, IL 62201 618-482-7330 (Office)
 Mental health and substance abuse treatment, rehabilitative and social support on a 24-hour basis. Works with Alton Mental Health Center.

COMMUNITY PSYCHOLOGICAL SERVICES (at UMSL)

232 Stadler Hall, One University Blvd. 63121
 314-516-5824 www.umsf.edu/services/cps
 Outpatient mental health center established by the University of Missouri-St. Louis.

COMTREA

www.comtrea.org 636-931-2700
 Several Jefferson County and South County locations. Substance abuse treatment services, psychiatric services, individual and group therapy, and more

CRIDER HEALTH CENTERS

www.cridercenter.org 636-332-6000

St. Charles: 546 First Capital Dr., Suite 1 63301 636-946-4000

Union: 1780 Old Highway 50 East 63084 636-582-8100

Warrenton: 19515 Brune Parkway 63383 636-456-1500

Wentzville: 1032 Crosswinds Ct. 63385 636-332-6000

A variety of behavioral health programs and services throughout the area.

CRISIS TEXT LINE: Text "GO" to 741-741

www.crisistextline.org

Crisis Text Line serves young people (and others) in any type of crisis, providing access to free, 24/7, emotional support and information.

DEPARTMENT OF MENTAL HEALTH

www.dmh.mo.gov

The Department of Mental Health website includes numerous resources on crisis intervention, drug and alcohol abuse, developmental disabilities, and more.

FAMILY MENTAL HEALTH COLLABORATIVE:

314-747-7492

For St. Louis County residents. Sliding fee scale.

HAWTHORN CHILDREN'S PSYCHIATRIC HOSPITAL

1901 Pennsylvania Ave. 63133

www.dmh.mo.gov/hcph 314-512-7800 314-512-7593 (TTY)

A children's psychiatric hospital operated by the MO Dept. of Mental Health.

HOPEWELL MENTAL HEALTH SERVICES

909 North 14th Street 63106

www.hopewellcenter.com 314-531-1770 **Emergency: 314-531-7335**

Provides mental health case management and psychiatric services. Onsite pharmacy for prescription medications. No walk-ins. Must make appointment.

HYLAND BEHAVIORAL HEALTH CENTER

St. Anthony's Medical Center

10010 Kennerly Rd. 63128

www.stanthonyemedcenter.com 314-525-7275.

In-patient and out-patient psychiatric and chemical dependency services. Multidisciplinary team approach.

INDEPENDENCE CENTER

Clubhouse: 4245 Forest Park Ave. 63108 314-533-4245

Membership, Screening and Enrollment: 314-533-4163

Midwest Psychiatry and Community Care: 4219 Laclede Ave. 63108

www.independencenecenter.org

Assists adults with serious, persistent mental illnesses to live and work in the community.

JEWISH FAMILY AND CHILDRENS SERVICES

10950 Schuetz Rd 63146

www.jfcs-stl.org 314-993-1000

Counseling for adults and children. Family conflict, depression, lifecycle transitions, marital conflict or divorce, bereavement, more. Testing, support groups.

KINGDOM HOUSE

1321 S. 11th St. 63104 www.kingdomhouse.org 314-421-0400

Wrap-around Maternal Mental Health Program for new or pregnant Latina mothers at high risk of depression or anxiety, & increased risk for infant mortality.

MEDICAL FAMILY THERAPY PROGRAM

Saint Louis University Center for Counseling and Family Therapy
Fitzgerald Hall, Suite 10 3500 Lindell Blvd. 63103 314-977-2505
 Individual, couples, and family counseling,

MENTAL HEALTH FIRST AID

www.mentalhealthfirstaid.org 314-877-6458

A series of courses, both online and classroom, that help the public identify and respond to signs of mental illnesses and substance use disorders.

METROPOLITAN PSYCHIATRIC CENTER

5351 Delmar Blvd. 63112

www.dmh.mo.gov/mpc 314-877-0501

Diagnostic and treatment psychiatric care services including forensic.

MISSOURI COALITION AGAINST DOMESTIC AND SEXUAL VIOLENCE (MCADSV)

www.mocadsv.org/

Information and resources to support survivors in Missouri.

MISSOURI INSTITUTE OF MENTAL HEALTH (State Hospital)

5400 Arsenal St. 63139

www.mimh.edu 314-877-6401

NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI)

www.nami.org

CIT: Crisis intervention Team programs, many resources and more.

NAMI-ST. LOUIS BRANCH

www.namistl.org 314-962-4670

Community support, education, advocacy, for persons with severe and persistent mental illnesses and their families. Mental health First Aid classes.

PLACES FOR PEOPLE

4130 Lindell Blvd. 63108

www.placesforpeople.org 314-993-1000

Cost-effective outpatient services to people with mental health disorders, including assistance with medication and substance use. **(No housing services)**

PLACES FOR PEOPLE WELCOME CENTER

Walk-in hours Monday-Friday 8:30-11:00. for intake and screening.

PROVIDENT COUNSELING

www.providentstl.org 314-533-8200 for appointments

Provident provides counseling services at five locations throughout greater St. Louis.

SLIDING SCALE COUNSELING CENTERS

Provident Counseling: 314-533-8200

Catholic Family Services: 314-544-3800

Lutheran Family Services: 314-787-5100

ST. LOUIS EMPOWERMENT CENTER

Depression Bipolar Support Alliance (DBSA)

1908 Olive St. 63103

www.dbsaempowerment.org 314-652-6100 Friendship Line: 866-525-1442

A drop-in center for mental health and substance abuse recovery self-help meetings. Open 365 days a year, 9:00am-3:00pm. Lunch daily. Many support groups, programs.

MONEY MATTERS

EXCEL CENTERS/PROSPERITY CONNECTION

www.prosperityconnection.org

Provides financial education, affordable financial services, resources. Free financial coaching and money management education, as well as low-cost banking options.

Old North Excel Center 2707 N. 14th Street 63106 314-768-5954

24:1 Community Excel Center 6724 Page Ave Pagedale, MO 63133 314-256-3995

St. John Excel Center 2808 Endicott 63114 314-256-3995

Administrative Office 3651 Forest Park Ave. 63108 314-385-1586

GATEWAY EITC COMMUNITY COALITION

910 North 11th Street 63101

www.gatewayeitc.org 314-539-4062

Free tax preparation for low income households.

JUSTINE PETERSEN

1023 N Grand 63106

www.justinepetersen.org 314-533-2411

Home ownership and business loans, including Micro-Enterprise Services and more

KINGDOM HOUSE

1321 S. 11th St. 63104

www.kingdomhouse.org 314-421-0400.

Financial Stability Services provide one-on-one coaching, financial education and access to credit and wealth-building products. Includes an on-site St. Louis Community Credit Union micro-branch.

RED DOUGH LOANS

6724 Page Avenue 63133

314-726-2678

www.reddough.com

Combats predatory lending through Helping Hand Loan™, an installment loan that helps break the payday loan cycle. Works with Prosperity Connection.

ROW (REDEVELOPMENT OPPORTUNITIES FOR WOMEN)

Family Resource Center 3309 S. Kingshighway Blvd 63139

www.frmo.org/services/row/ 314-534-9350

Works with women who have been impacted by poverty, homelessness, and/or intimate partner violence. Focus on financial security.

STATE ID AND OTHER RESOURCES

Visit RE-ENTRY starting on Page 40 for information about walk-in assistance at the College Church at Grand and Lindell. Also through City Hall.

WOMEN IN CHARGE

1483 82nd Blvd. University City, MO 63132

www.womenincharge.org 314-432-7300

Many programs, including HiSet classes (formerly GED), mentoring, counseling, career development, nutrition, Yoga, financial literacy and more.

RE-ENTRY

*****NOTE: Two forms of ID are usually needed for employment, so try to take care of this as soon as possible. If still incarcerated, a caseworker can get this process started before release.*****

ID: OUTREACH PROGRAM AT THE COLLEGE CHURCH

Parish Center (Lower Level)

3628 Lindell Blvd. (just west of Grand) 63108 314-977-7308

They assist with both birth certificates and Missouri State IDs. Arrive by 8:45am on Tuesdays and Wednesdays.

Legal advice clinics are every 3rd Wednesday starting at 9:00am.

Call 314-977-7308 for a recorded message about their programs and times.

CALL FOR HELP, INC.

9400 Lebanon Rd. East St. Louis, IL 62203

www.callforhelpinc.org 618-397-0968

Multi-service agency responding to crisis situations in the Metro East area.

CENTER FOR WOMEN IN TRANSITION (CWIT)

7529 South Broadway 63111

www.cwitstl.org 314-771-5207

There are two transitional housing facilities in St. Louis city for women reentering the St. Louis area from a correctional facility.

COMMUNITY ACTION AGENCY OF ST. LOUIS COUNTY (CAASTL)

2709 Woodson Rd. 63114

www.caastlc.org 314-863-0015

Assists residents of St. Louis County meet the terms of their probation and parole, including GED, money management, drug and alcohol, counseling, family development, job readiness and placement.

CONCORDANCE ACADEMY

www.concordanceacademy.com 314-444-1126

Re-entry support program that starts before release. Currently operating in three eastern Missouri prisons. Call or check the website for more information.

CONNECTIONS TO SUCCESS and DRESS FOR SUCCESS

www.connectionstosuccess.org

2125 Bissell 63107 314-584-6887

(In the Grace Hill building near Grand and Florissant)

3000 Little Hills Expressway St. Charles 63301 636-940-8027

1701 N 2nd St. St Charles 63301 636-940-8027

Both organizations provide clothing for job interviews and outfits for starting work before the first paycheck. Also, counseling and job readiness. They work with men and women who have been incarcerated as well as other job seekers. **Grace Hill address is for women only.** Call to make an appointment.

CRIMINAL JUSTICE MINISTRY

1104 South Jefferson 63104 www.cjmstlouis.org 314-652-8062

Works with prison inmates and their families to provide various services. Ask your parole officer to send a referral to CJM Direct Services Criminal Justice Ministry for short-term assistance, including Welcome Backpacks with personal items, bus passes, and more.

Release to Rent for Veterans

Limited openings in scattered supportive housing for qualified veterans who are homeless and have a criminal record.

Release to Rent

Up to one year of supportive housing for men completing long-term sentences who can work full time and are without community support.

IMPORTANT: Contact CJM by letter at least six months before release date.

EDUCATIONAL OPPORTUNITY CENTERS

4495 Forest Park Ave. 63108

314-535-6670

The Educational Opportunity Centers (EOC) are part of the federally-funded TRIO program and provides free educational counseling to assist individuals in furthering their education beyond high school. Call for an appointment.

Educational Opportunity Center

1408 N Kingshighway Blvd., #107 314-367-8100

4644 Gravois Ave. 314-352-4113

13 N Oaks Plaza 314-385-4005

East St. Louis, Illinois EOC

601 James R Thompson Blvd. Building B, Suite 2079 East St. Louis, IL.

62201 618-482-6931

EMPLOYMENT CONNECTION

2838 Market St. 63103

www.employmentstl.org 314-333-JOBS (5627)

Free employment services to ex-offenders and persons who have a barrier to finding and maintaining employment, and to St. Louis area businesses who are seeking qualified job applicants. World of Work (WOW) training is Monday-Thursday, 9:00am-3:30pm. Services provided include: GED classes, on-site job fairs, placement services, homeless veterans program, disabled veterans program. **Bring ID.**

FATHERS SUPPORT CENTER

Prince Hall Family Support Center

4411 N. Newstead Ave. 63115

www.fatherssupportcenter.org 314-333-4170

The Fathers' Support Center Legal Clinic offers legal advocacy and legal services in the areas of child support payment modifications, legal visitation, etc. Also offers employment services. **FSC has received grant funding for training and job placement for ex-offenders. Call for details.**

FEDERAL BONDING PROGRAM (Dept. of Economic Development)

421 East Dunklin St., PO Box 1087 Jefferson City 65102

573-526-8217

Provides fidelity bonding insurance coverage to individuals with criminal histories and other high-risk job applicants.

GOODWILL

Many locations.

Career Center of Downtown St. Louis

1727 Locust St

St Louis 63103

www.mersgoodwill.org/about/jobs 314-436-3540

Call about their high school diploma program.

HEARTLAND CENTER FOR BEHAVIORAL CHANGE

www.heartlandcbc.org/ Toll-free number: 866-242-6670

Several locations in the KC areas and southwest MO areas, Residential RE-ENTRY programs, SATOP and PREA resources. Sliding scale.

HELP FOR FELONS**www.HelpForFelons.org**

A website with lots of information about jobs, loans, tips for getting hired, housing, resources, felons forum and more on line.

HUMANITRI**1447 East Grand Ave. 63107****www.humanitri.org 314-772-7720**

Humanitri provides support for prisoner families. Prisoner Family Bus Transportation. Next Steps-Ex Offender Re-entry Program.

ISAIAH 58 MINISTRIES**2149 South Grand Blvd. 63104 314-776-1410**

Computers, clothing, and other services available between 10:00am-1:00pm.

KAIROS OUTSIDE**PO Box 191214 63119****www.koeastmo.org 636-577-4733**

Support for the families of persons who are or have been incarcerated in the county's correctional facilities, and county jails and youth offender program

JUSTINE PETERSEN**1023 North Grand Blvd. 63106****929 North 15th St., East St. Louis, IL 62205****www.justinepetersen.org 314-533-2411**

Homeowner and small business loans, credit counseling, first time homebuyer options, and more. Loans for formerly incarcerated individuals.

LAUGHING BEAR BAKERY**1610 Olive (in Centenary United Methodist Church) 63103****www.laughingbearbakery.tumblr.com**

Apply in person Monday or Wednesday mornings or online. A work-skills training program for ex-offenders. Both men and women are eligible as paid employees.

LEGAL AID/Legal Services of Eastern Missouri**4232 Forest Park Blvd. 63108****314-534-4200 Legal Aid: 800-444-0514****www.lsem.org/**

Free legal services for those who cannot afford an attorney for civil matters, services for those who qualify under income guidelines, preventive legal education programs.

LET'S START**1408 S. 10th St. 63104****www.letsstart.org 314-241-2324**

Programs for children of incarcerated parents, as well as formerly incarcerated women. Transportation to women's prisons for children and weekly support groups.

LUTHERAN SOCIAL SERVICES OF ILLINOIS**1405 State St. East St. Louis, IL 62205****www.lssi.org 618-601-3459**

Services include employment, school and resources for clothing, housing, identification, medical, mental health and employment. program.

MISSOURI CURE**PO Box 28931 63132****www.missouricure.org and www.curenational.org 877-525-CURE (2873)**

Organizes and unites offenders, their families, and others for education and advocacy

MISSION GATE PRISON MINISTRY**PO Box 6644 Chesterfield 63006****www.missiongateministry.org 636-391-8560**

Christian-based residential program. Men and women. Several locations.

MISSOURI DEPT. OF CORRECTIONS**www.doc.mo.gov.**

Information about re-entry programs and information that is useful for friends and family of incarcerated persons.

NATIONAL FATHERHOOD INITIATIVE**www.fatherhood.org**

A national program that works to develop strong relationships between incarcerated fathers and their children. Website includes ideas and re-entry resources.

NORTH COUNTY COMMUNITY DEVELOPMENT CORP.**2483 Alexandria Place Pkwy 63136****www.northcountycdc.org 314-867-9160**

Shelter and transitional housing programs, including a prison re-entry program.

BOONE COUNTY OFFENDER TRANSITION NETWORK**www.bcotn.org**

This organization provides a comprehensive directory of services for ex-offenders and others in Central Missouri. In PDF format.

PARENT LINK**www.parentlink.missouri.edu 800-552-8522 Espanol 888-460-0008**

Resources about parenting issues. Support for incarcerated parents.

RANKEN TECHNICAL COLLEGE**4431 Finney Ave. 63113****WENTZVILLE LOCATION****755 Parr Rd. Wentzville 63385****Admissions 314-286-4809**

Construction skills training and more. Financial aid available.

ST. LOUIS ALLIANCE FOR RE-ENTRY (STAR)**www.stlreentry.org**

A coalition working to make the re-entry process more successful.

ST LOUIS COMMUNITY RE-ENTRY PROGRAM FOR EX-OFFENDERS**1809 S. 8th St. 63104****314-951-4048**

Substance abuse meetings, transitional housing, job training.

US APPRENTICESHIP PROGRAMS**www.doleta.gov/jobseekers****US DEPARTMENT OF LABOR****www.doleta.gov/jobseekers/career_options.cfm**

A comprehensive website. Apprenticeships are available to ex-offenders.

THE WORKFORCE SOLUTIONS GROUP (Accelerated Job Training)**St. Louis Community College's Corporate College.****3221 McKelvey Road Bridgeton 63044****www.stlcc.edu/Workforce-Solutions 314-539-5302**

Develops industry-specific training in partnership with the college's campuses and local employers to help adults retrain for in-demand occupations.

STREETWISE

BIDDLE HOUSE OPPORTUNITIES CENTER

1212 N 13th St. 802-0700 or 802-5444

Overnight shelter for men. Meals and other services for men only.

CHRIST CHURCH CATHEDRAL

12th and Locust 314-231-3454

Breakfast every Saturday 7:30am-8:30am. Doors are open throughout the day.

DREAM CENTER

4324 Margaretta 63115 314-381-0700

Food pantry, clothing, laundry, haircuts and showers. Call for times.

EMERGENCY FOOD STAMPS/SNAP PROGRAM

Info Line: 855-373-4636 Ext. 2

EBT Customer Service Line: 800-997-7777

3101 Chouteau Ave. 63103 314-256-7000

4411 N Newstead Ave., 3rd Floor 63115 314-877-2000

Income Maintenance: 314-877-2400

Post office boxes available where mail can be received.

INTERSTATE BLOOD BANK

5121 Delmar Blvd. 63108

www.interstatebloodbank.com 314-367-5200

They will pay for donations. Call or check the website for requirements.

MERS/MISSOURI GOODWILL INDUSTRIES

1727 Locust St. 63103

www.mersgoodwill.org 314-241-3464

Job opportunities and counseling. Many locations.

NATIONAL RUNAWAY CRISIS HOTLINE 24-HOUR

www.nrscrisisline.org 800-RUNAWAY/ 800-786-2929

OUTREACH PROGRAM AT THE COLLEGE CHURCH PARISH CENTER

314-977-7308 (Call this number for details)

3628 Lindell Blvd. just west of Grand 63108 (Lower Level)

State ID and birth certificates. Sign in between 8:45am and 9:30am on Tuesdays or Wednesdays. Legal clinics 3rd Wednesday of the month starting at 9:15am.

www.dmv.org/mo-missouri/id-cards.php

This website will give information about getting a state ID from the Department of Motor Vehicles. Birth certificates also at City Hall, 1200 Market St.. Rm 126 for \$15.

ST. LOUIS DEPARTMENT OF PUBLIC HEALTH

1520 Market St., Room 4050 63103

www.stlouis-mo.gov 314-612-5100

Aids and STD Testing and Info: 888-291-AIDS (2437)

SHAMROCK CLUB DAY TREATMENT PROGRAM AT ST. PATRICK CENTER

800 N. Tucker Blvd. 63101

www.stpatrickcenter.org 314-802-0700

Membership privileges available, including breakfast, lunch, showers, phones, laundry, referrals. Also many other services at St. Patrick Center. Lunch 7 days a week, from noon - 12:30.

SUBSTANCE ABUSE TREATMENT

Alcoholics Anonymous (AA) www.aa.org 314-647-3677
Cocaine Anonymous (CA) www.camissouri.org 314-361-3500
Narcotics Anonymous (NA) www.na.org 314-830-3232
Al-Anon www.stl-al-anon.org 314-645-1572

AFFINIA HEALTH CARE

1717 Biddle 63106

www.affiniahealthcare.org 314-814-8700

Comprehensive treatment options, including services for opioid dependence and alcohol abuse. Primarily at Biddle location or in collaboration with other agencies.

ALEXIAN BROTHERS BEHAVIORAL HEALTH HOSPITAL-ONE-EIGHTY

3933 S Broadway 63118

www.stalexioshospital.com/one-eighty 800-841-4263

Medical withdrawal stabilization, 3-5 day hospital stay, follow-up and more.

ALTERNATIVE BEHAVIORAL CARE

255 Spencer Rd., Suite 101 St. Peters 63376

www.alternativebehavioralcare.com 636-477-6111

Children, adolescent and adult mental health and substance abuse programs that include medication assisted therapy. Opiate recovery and Suboxone assessments.

ASSESSMENT AND COUNSELING SOLUTIONS

4400 S. Lindbergh Blvd. 63127

www.aandcsolutions.com 314-849-2800

Assessment and counseling solutions. Drug and alcohol addiction. Mix of mental wellness and substance abuse services.

ASSISTED RECOVERY CENTER OF AMERICA (ARCA)

6651 Chippewa St. Louis 63109

www.arcamidwest.com 314-645-6840

Detox. In-patient, out-patient and transitional living treatment programs.

BEHAVIORAL HEALTH RESPONSE (BHR)

www.bhrstl.org

24-hour Mental Health Crisis Line: 314-469-6644 or 800-811-4760

BLACK ALCDRUG SERVICE INFORMATION CENTER (BASIC)

3029 Locust St. 63103

2600 Washington Ave. 63103

www.basicinc.org 314-621-9009

Drug and alcohol addiction. Substance abuse treatment services.

BRIDGEWAY BEHAVIORAL HEALTH (Several Locations)

St. Louis City Center 1027 S. Vandeventer 63110

St. Charles Center 1570 S. Main St. St. Charles 63303

www.bridgewaybh.com 866-758-1152

Medically-assisted detoxification. Addiction, sexual assault, domestic violence, recovery, mental health, adolescent outpatient. 12 locations. Some residential.

CENTER FOR LIFE SOLUTIONS, INC.

9144 Pershall Rd. Hazelwood 63042

www.centerforlifesolutions.org 314-731-0100

Crisis Intervention Hotline: 314-302-6728

CSTAR, Medication-assisted and methadone treatment programs.

CENTERPOINTE HOSPITAL**5931 Highway 94 S. St. Charles 63303****www.centerpointehospital.com 636-441-7300**

Dual diagnostic treatment. Adolescent outpatient, behavioral health services including residential treatment programs. Eight metro area locations.

CENTREC CARE, INC.**1030 Woodcrest Terrace Dr. 63141****www.centreccare.com 314-205-8068**

Drug and alcohol addiction, detox, buprenorphine treatment. Special Programs. Teenagers, persons with co-occurring mental and substance abuse disorders. Self payment. Privately provided health insurance, military insurance.

COMMUNITY SERVICES OF MO**4456 S. Lindbergh Blvd. 63127****www.DWIprograms.com 314-849-6855**

Drug and alcohol addiction, halfway house. Special Programs, DUI/DWI, Rehabilitation. Self payment. Sliding fee scale.

COMPREHENSIVE BEHAVIORAL HEALTH CENTER**505 South 8th St. East St. Louis, IL 62201****618-482-7330 (Office)**

Mental health and substance abuse treatment, rehabilitative and social support on a twenty-four hour basis. Works with Alton Mental Health Center.

COMTREA**www.comtrea.org 636-931-2700**

Several Jefferson County and South County locations. Substance abuse treatment services, psychiatric services, individual and group therapy, and special programs for domestic violence, as well as 24-hour crisis services.

CROSSROADS PROGRAM**626 Cegi Dr. Chesterfield 63005****www.thecrossroadsprogram.com 636-532-9991**

A drug and alcohol rehab center providing a treatment program for adolescents and teens. Locations in St. Louis, Kansas City, and Columbia.

DRUG AND ALCOHOL REHAB HEADQUARTERS**www.drug-rehab-headquarters.com 866-720-3784**

Extensive listings of treatment resources and information.

FREEDOM FROM ADDICTION SUPPORT SERVICES**ST. LOUIS COMMUNITY RE-ENTRY PROGRAM FOR EX-OFFENDERS****1809 S 8TH ST. 63104 314-951-4048**

Drug and alcohol recovery meetings and more. Transitional housing program for men. Support programs for men and women. Call for information.

GATEWAY FOUNDATION DRUG AND ALCOHOL TREATMENT CENTERS**www.recovergateway.org 877-505-4673**

Outpatient and residential treatment programs in southern Illinois locations.

GIBSON RECOVERY CENTER**1112 Linden St. Cape Girardeau 63703****www.gibsonrecoverycenter.org 573-332-0416**

In and outpatient drug and alcohol treatment, southeast Missouri communities.

HARRIS HOUSE

8327 S. Broadway 63111

www.harrishouse.org 314-631-4299

Drug and alcohol addiction. Halfway house, women, men. Self payment.

HEARTLAND CENTER FOR BEHAVIORAL CHANGE

www.heartlandcbc.org/ Toll-free number: 866-242-6670

Several locations including Springfield and Branson. Services include community residential RE-ENTRY programs, SATOP and PREA resources. Sliding scale.

HILLJACK HOUSE

www.hilljackhouse.org 314-255-3964

Supportive sober apartment living in south city buildings for men and women trying to overcome substance addictions. Call or view their website for more information.

METROPOLITAN PSYCHIATRIC CENTER OF ST. LOUIS

5351 Delmar Blvd. 63112

www.dmh.missouri.gov/mpc 314-877-0500

Detox. Persons with co-occurring mental and substance abuse disorders. State or government financed insurance. Forensic programs.

MIDWEST INSTITUTE FOR ADDICTION

711 Old Ballas Rd., Suite 203 63141

www.midwestinstituteforaddiction.org 314-569-2253

Inpatient and outpatient treatment programs. Medically assisted treatment and counseling to treat alcohol and drug addiction. Sliding scale and financing options.

MO NETWORK FOR OPIATE REFORM AND RECOVERY

4022 South Broadway 63118

www.monetwork.org 314-717-3472 24 hour help line at 1-844-REBEL-UP.

Legislative reform, harm reduction, family support, resources for detox and treatment placement. Also legal services. Free 12 panel drug screen test and Narcan.

NCADA National Council on Alcohol and Drug Abuse

9355 Olive Boulevard St. Louis, MO 63132

www.ncada-stl.org 314-962-3456

Substance use assessments. Naloxone (Narcan) training. Resources, prevention programs, professional training, education, more.

NEW BEGINNINGS CSTAR INC

1408 N. Kingshighway 63113

www.newbeginningscstar.com 314-367-8989

Drug and alcohol addiction services. DUI/DWI rehabilitation, criminal justice clients.

NORTHBOUND ST. LOUIS

333 S Kirkwood Rd., Suite 303 Kirkwood 63122

www.livingsober.com 314-678-1130

Treatment for alcoholism, addiction to other mood altering chemicals, and dual diagnoses. Services: Clinical evaluations, interventions, outpatient services.

OXFORD HOUSE

2715 Osage St. 63118

www.oxfordhouse.org 314-772-6771†

National, self-run, self -supported, addiction recovery houses. Subsidized rent and meals in separate buildings and programs for men and women.

PLACES FOR PEOPLE (Community Reinforcement Approach CRA)**4130 Lindell Blvd. 63108****www.placesforpeople.org 314-535-5600**

Comprehensive substance-abuse treatment program. Walk-ins welcome at Places for People Welcome Center, Monday-Friday, 8-11:30. (No housing services)

PREFERRED FAMILY HEALTHCARE, INC.**3800 S. Broadway 63118****www.pfh.org 314-772-2205**Behavioral health organization offering substance abuse treatment, prevention, and mental health services, including **eight locations** in St. Louis and the Metro area.**PROVIDENT, INC.****www.providentstl.org SEVERAL LOCATIONS.****Life Crisis Hotline 314-647-HELP (4357) or 1-800-273-TALK (8255)****For first appointment, call: 314-533-8200 or 800-782-1008 314-898-0101**

Mix of mental wellness, counseling, and substance abuse services.

QUEEN OF PEACE CENTER**325 N. Newstead St. 63108****www.qopcstl.org 314-531-0511 Ext. 1**

Drug and alcohol addiction services, halfway house for persons with co-occurring mental and substance abuse disorders, pregnant/postpartum women. Housing program connected with St. Phillipines Center.

RECOVERY HOUSE**www.recoverystl.com 314-884-0747**

Transitional living and supportive housing for men in recovery from alcohol and drugs. Visit website for requirements and rental fees. Several locations.

REFUGE RECOVERY**A Buddhist Path to Recovering from Addiction****www.refugerecovery.org**

Mindfulness-based addiction recovery based on Buddhist philosophy. Check their website for local and national locations and more. All are welcome.

SALVATION ARMY ADULT REHAB CENTER (ARC)**3949 Forest Park Blvd. 63108****www.satruck.org 314-535-0057**

Men's non-clinical residential rehab and work for chemical dependency.

SALVATION ARMY**2900 Washington Blvd. 63103****314-652-3310**

Drug and alcohol addiction, detox and rehab programs up to 21 days.

No residential. Now accepting women on out-patient basis. CSTAR, veterans.

SAMHSA: SUBSTANCE ABUSE SERVICES LOCATOR**www.samhsa.gov www.suicidepreventionlifeline.org****Suicide Prevention Lifeline 800-273-TALK (8255)**

A comprehensive website that provides a treatment locator and many other resources.

SATOP Substance Abuse Traffic Offender Program**www.dwiprograms.com**

Many locations, programs and phone numbers listed on this website.

STEPPING INTO THE LIGHT MINISTRY

1402 Hebert 63107

www.stepsintothelightministry.org 314-231-5175 or 314-213-4697

90-day residential treatment program for drug and alcohol abuse.

ST. LOUIS EMPOWERMENT CENTER

Depression Bipolar Support Alliance (DBSA)

1908 Olive St. 63103

www.dbsaempowerment.org 314-652-6100 Friendship Line: 866-525-1442

A drop-in center for mental health and substance abuse recovery self-help meetings.

Open 365 days a year 9:00am-3:00pm. Lunch daily. Many support groups, programs.

ST. LOUIS METRO TREATMENT CENTER

9733 St. Charles Rock Rd. Breckinridge Hills 63114

www.methadonetreatment.com 314-423-7030

Outpatient clinic specifically designed for persons addicted to the opioid class of drugs, including prescription pain medications and heroin.

ST. LOUIS VALLEY HOPE

12777 Olive Blvd. 63141 314-514-9220 or 800-544-5101

Boonville: 1415 Ashley Rd. 65233 660-882-6547 www.valleyhope.org

Drug and alcohol addiction services. Individualized treatment and variable lengths of stay Residential and out-patient. Self payment. Sliding scale.

ST. LOUIS VETERANS AFFAIRS MEDICAL CENTER

915 N. Grand St. 63106

www.va.gov 314-652-4100 Ext. 5

Jefferson Barracks Division #1 Jefferson Barracks Dr. 63125 314-894-6693

Drug and alcohol addiction, detox, methadone, detox, halfway house, more.

ST. PATRICK CENTER

800 N. Tucker Blvd. 63101

www.stpatrickcenter.org 314-802-0693

Drug and alcohol addiction services and Shamrock Club.

ST. VINCENT HOME FOR CHILDREN

7401 Florissant Road 63121

www.saintvincenthome.org 314-261-6011

Residential and outpatient substance abuse treatment programs for youth struggling with drug and/or alcohol addiction. Individual and group therapy.

TEEN CHALLENGE OF ST. LOUIS

2650 Appletree Acres Ln. High Ridge 63049

www.teenchallengestl.com 636-677-1776

Drug addiction treatment. Part of the network across the US.

WEST END CLINIC, INC.

5736 W. Florissant Blvd. 63120 314-381-0560

Drug and alcohol addiction, methadone services. Sliding fee scale. Detoxification, halfway house, partial hospitalization/day treatment, intensive outpatient treatment.

WISH CENTER SSM Health St. Mary's Hospital

1035 Bellevue, Suite 205 Richmond Heights 63117

www.ssmhealth.com/maternity/wish-center 314-768-8230

The Women and Infants Substance Help provides comprehensive maternity care and follow up services to pregnant women who are dependent on opioid drugs.

UTILITY ASSISTANCE

CARDINAL RITTER SENIOR SERVICES

314-918-2258 Utilities only.

Clients must be 60 years of age and older. City residents in threat of disconnect.

COOL DOWN ST. LOUIS/HEAT UP ST. LOUIS

www.cooldownstlouis.org

www.heatupstlouis.org

Websites with information about utility assistance, tips, and much more.

ENERGY CARE

2758 Wyoming St. 63118

www.energycare.org 314-773-5900

Provides a variety of services for low-income seniors (60+), people living with chronic illnesses and disabilities, and families with children under five.

DOLLAR HELP/UTILITY ASSISTANCE

www.dollarhelp.org

This website will take you to locations and phone numbers of agencies offering utility assistance.

FATHER BOB'S ST. AUGUSTINE CATHOLIC CHURCH

1371 Hamilton Ave. 63112

www.fatherbobsoutreach.com 314-385-1934

Utility and rental assistance every Monday, Wednesday, Friday to the first 30 people in line by 6:00am. Must have ID, utility bill or rental agreement and \$25 cash or money order which will be matched with up to \$75 toward the bill. Food pantry and clothing:

FRANCISCAN CONNECTION

2903 Cherokee St. 63118

www.franciscanconnection.org 314-773-8485

Utility assistance, bus passes, school supplies.

LIHEAP

Low Income Home Energy Assistance Program

www.dss.mo.gov/fsd/liheap

PAKT Community Resource Center 500 Airport Rd Ferguson, 63135

www.paktcenter.org 314-524-2710

Rent and utility assistance, food pantry, clothing, after-school program & more for North County residents. Call the number above for details.

ST. VINCENT DE PAUL ASSISTANCE LOCATOR

www.svdpstlouis.org

URBAN LEAGUE UTILITY ASSISTANCE

St. Louis City Division 935 Vandeventer St. 63108

www.ulstl.com 314-615-3684

St. Louis County Division 8960 Jennings Station Rd. 63136 314-388-9840

St. Clair County Division

10220 Lincoln Trail Fairview Heights, IL 62208 618-274-1150

for VETERANS

HOPE RECOVERY CENTER

515 North Jefferson Ave. 63103

314-652-4100 Ext. 55460

Transitional outpatient services including a **HOMELESS VETERANS PROGRAM**.

EMPLOYMENT CONNECTION

2838 Market St. 63103

www.employmentstl.org 314-333-JOBS (5627)

Homeless Veterans Reintegration Program Job placement services and housing. Supportive services for families. Rental assistance, deposits, utilities, etc.

H.E.R.O.E.S. Care

1306 R West Lark Industrial Dr. Fenton 63026

www.heroescare.org 636 600-0096

Food, clothing, financial assistance more for veterans, active military, and families.

THE MISSION CONTINUES

1141 South 7th St. 63104

www.missioncontinues.org 314-588-8805

Veterans engage in community service in St. Louis and nationwide to continue their service in a meaningful way.

MOVE: MISSOURI VETERANS ENDEAVOR

8410 Engler Park Ct. St. John 63114

www.move-stl.org 314-778-9497

Non-profit organization that provides long-term supportive housing and services to veterans and family members. Near Highway 170.

MY NEXT MOVE FOR VETERANS

www.mynextmove.org

PERSONAL CARE HOME HEALTH SERVICES

Veterans Benefit Program

1221 Locust St. Suite 550 63103 314-664-1100

In-home assistance for veterans and families with medical conditions.

PROJECT HERO

314-802-0700

St. Patrick Center operates Project HERO (Housing, Employment, Recovery, Opportunities). Call for information about apartments for veterans.

RELEASE TO RENT FOR VETERANS

Criminal Justice Ministry

1104 South Jefferson 63104

www.cjmlouis.org 314-652-8062

Supportive housing for veterans who are homeless and have a criminal record.

REGIONAL ALLIANCE FOR THE TROOPS

www.rafft.org 314-432-8200

A website devoted to providing military members, their families and veterans with resources all in one location.

HELP FOR HOMELESS VETERANS: 877-424-3838

ST. LOUIS COUNTY VETERANS PROGRAM**9666 Olive Blvd., Suite 510 63132****www.stlouisco.com 314-615-4516 TTY: 800-735-2966**

Various services including case management, referral for benefits, legal, medical, employment, housing and transportation assistance.

North County: 21 Village Square, Hazelwood, 63042 314-625-4000**South County: 4548 Lemay Ferry Rd. 63129 314-615-4000****Community Outreach: 314-615-7433****STAND DOWN****National Coalition for Homeless Veterans****1730 M St. NW, Suite 705 Washington, DC 20036****www.nchv.org/ 202-546-1969 Toll-free phone: 800-VET-HELP****ST PATRICK CENTER Supportive Services for Veterans Families (SSVF)****800 N. Tucker St. Louis MO. 63101 314-802-0700**

For homeless veteran families in St. Louis area and rural counties. Rapid-re-housing, short-term housing assistance, case management services, and more.

TRUE NORTH MANAGEMENT SERVICES**940 Biltmore Dr. Fenton 63026****www.tnmsllc.com 636-717-0111**

Veteran-owned St. Louis-based cellular network construction firm. Hires veterans and active reservists. Also locations in Kansas and Tennessee.

US DEPARTMENT OF VETERANS AFFAIRS**St. Louis Regional Benefit Office****400 S 18th St. 63103****www.va.gov/directory/guide 800-827-1000**

Addresses, phone numbers, programs, benefits, job openings specifically for veterans.

VA MEDICAL CENTER**www.stlouis.va.gov****800-228-5459 314-652-4100 Ext. 53772****314-289-6418 (Methadone Clinic)****314-894-6693****John Cochran Division: 915 N Grand Blvd. 63106****Jefferson Barracks Division: #1 Jefferson Barracks Dr. 63125****VETERANS BENEFITS and other VA information: 800-827-1000****http://www.stlouis.va.gov**

Addresses, phone numbers, programs, job openings specifically for veterans.

VETERANS CRISIS LINE**www.veteranscrisisline.net 800-273-8255 TTY: 800-799-4889**

Connects veterans in crisis (and their families and friends) with Dept. of Veterans Affairs responders through a confidential, toll-free hotline, online chat, or text.

VETERANS FOR PEACE**1404 N Broadway 63102****www.veteransforpeace.org 314-725-6005**

International organization of military veterans, military family members, and allies dedicated to building a culture of peace Over 120 chapters across the US and abroad.

YOUTH SERVICES

24/7 Youth Connection Helpline: 877-928-2929 or 314-628-2929

24-Hour Help Line: 636-946-3771

National Suicide Prevention Lifeline: 800-273-TALK (8255)

Or use the online services to chat, email, or post on the forum. www.1800runaway.org

CRISIS TEXT LINE: Text START or GO to 741741 www.crisistextline.org

NATIONAL RUNAWAY SAFELINE www.1800runaway.org 800-786-2929

ALTERNATIVE BEHAVIORAL CARE

255 Spencer Rd., Suite 101 St. Peters 63376

www.alternativebehavioralcare.com 636-477-6111

Children, adolescent and adult mental health and substance abuse programs.

ANNIE MALONE Children and Family Service Center

2612 Annie Malone Dr. 63113

www.anniemalone.com 314-531-0120

Crisis center, day care, services for teenagers through community programs.

B-WORKS

2414 Menard St. 63104

www.bworks.org 314-827-6640

Earn a computer, fix up a bike to keep, write a book. Programs for kids.

BIG BROTHERS BIG SISTERS

www.bbbsemo.org

Headquarters: 501 N. Grand Blvd., Suite 100 63103 314-361-5900

St. Charles: 1236 Jungermann Rd., Suite G St. Peters 63376 636-939-2227

Parenting education, self-help, counseling and more.

BJC BEHAVIORAL HEALTH

1430 Olive St., Suite 400 63103

www.bjcbehavioralhealth.org 314-729-4004 toll-free: 877-729-4004

After hours: 314-469-6644 or toll-free 800-811-4760

More locations and behavioral Health services.

CAP4KIDS (Children's Advocacy Project) www.cap4kids.org

Many services listed, including employment, training health care and housing.

CENTER FOR YOUTH ON THE RISE

12075 Bellefontaine Rd. Spanish Lake 63138 314-355-2348

Ages 12 to 19. A variety of activities and services. Life skills workshops, counseling services, educational support, employment preparation, legal assistance.

CHADS COALITION (for Mental Health)

421 Union Rd 63129 www.chadscoalition.org 314-952-2046

A variety of suicide and bullying prevention programs.

COMMUNITY WOMEN AGAINST HARDSHIP

3963 West Belle Place 63112

www.cwah.org 314-289-7523

Many anti-poverty family and youth based programs.

COVENANT HOUSE

2727 North Kingshighway 63113

www.covenanthousemo.org 314-533-2241

Shelter, food, showers, laundry facilities, information, referrals, and crisis intervention.

DEMETRIOUS JOHNSON CHARITABLE FOUNDATION

724 N. Union 63108

www.djcfivesback.org/ 314-367-4141

A variety of programs such as GED classes, tutoring, internships, dancing, more.

EPWORTH'S YOUTH DROP-IN CENTER/STREET OUTREACH

7520 Natural Bridge Rd. Normandy 63121

www.epworth.org Office-314-222-4877 Outreach-314-952-8689

Mon-Thur 12pm-5pm; Friday 1-5pm and some evenings. Laundry and shower; safer sex kit, legal aid, and birth certificate and ID assistance; support for LGBTQ youth.

JEWISH FAMILY AND CHILDREN SERVICES

10950 Schuetz Rd. 63146

www.jfcs-stl.org 314-993-1000

Counseling and prevention programs.

KIDS UNDER TWENTY ONE (KUTO)**KUTO Crisis Helpline: 314-644-5886 Toll Free: 888-644-5886**

Provides crisis prevention services and suicide intervention

KINGDOM HOUSE

1321 South 11th St. 63104

www.kingdomhouse.org 314-421-0400

Early Childhood Center, Literacy-focused After School and Summer Camp, and Kingdom Academy for teens. Call for eligibility & geographic areas served.

MARYGROVE

2705 Mullanphy Ln. Florissant 63031

www.marygrovechildren.org 314-830-6201

Transitional housing and crisis care for children who are in need of emergency care due to homelessness, abuse/neglect, parental stress, illness, incarceration of a parent.

MOTHERS WAY CAREER COUNSELING

4134 Seven Hills Dr, Florissant, MO 63033

www.motherswaycc.com 314-561-8507

Housing, child care and services for youth transitioning from foster care

ST. LOUIS COUNTY YOUTH CONNECTION HELPLINE

314-628-2929 or 877-928-2929

THE SPOT (FOR AGES 13-24)

4169 Laclede Ave. 63108

www.thespot.wustl.edu 314-535-0413

A drop-in center open M-F afternoons. Laundry, showers, STD/HIV testing, more.

TREVOR PROJECTwww.trevorproject.org 866-488-7386

National organization providing crisis intervention, resources, to LGBTQ young people.

YOUTH AND FAMILY CENTER

818 Cass Ave. 63106 314-231-1147

Youth programs, summer camp, and family support services.

YOUTH IN NEEDwww.youthinneed.org 636-946-5600 Crisis Hotline 24/7: 636-946-3771

Based in St. Charles, with outreach & housing programs in St. Louis City.

In St. Louis County: 314-628-2929

In St. Charles County: 636-642-0642

In St. Louis City: 636-946-3771

WEBSITES & HOTLINES

Alcoholics Anonymous (AA).....	314-647-3677
ALIVE-Domestic Violence	314-993-2777
Call For Help Metro East.....	618-397-0968
Cocaine Anonymous (CA)	314-361-3500
Covenant House Youth Hotline	800-999-9999
Crime Stoppers.....	866-371-TIPS (8477)
Crisis Nursery Emergency Care for Children	314-768-3201
Elder Abuse Hotline.....	800-392-0210
Epworth Street Outreach (YES).....	314-727-6294
Housing Hotline (City or County).....	314-802-5444 or 866-802-7155
Life Crisis Suicide Hotline.....	314-647-4357
MEDICAID.....	www.medicaid.gov
MEDICARE.....	www.medicare.gov
MO Child Abuse and Neglect.....	800-392-3738
MO HealthNet FSD Information Center.....	855-373-4636
Narcotics Anonymous (NA).....	314-830-3232
Runaway Switchboard	800-621-4000
Safe Connections-Domestic Violence	314-531-2003
Women's Safe House	314-772-8952
Youth In Need Hotline.....	636-946-3771

2-1-1 (Operated by United Way 24/7)

www.211helps.org Alt. Number: 800-427-4626

Counseling, education, employment, utility assistance, etc. Mainly referrals.
Includes information on weather shelters and parish food pantries..

AFFORDABLE CARE ACT HEALTH INSURANCE (Obamacare)

www.HealthCare.gov INFORMATION LINE: 855-373-9994

AID TO VICTIMS OF CRIME HOTLINE: 314-652-3623

BEHAVIORAL HEALTH RESPONSE

www.bhrstl.org 24-hour Crisis Line: 314-469-6644 or 800-811-4760

CALL FOR HELP, INC. (METRO EAST)

www.callforhelpinc.org 618-397-0968

Comprehensive crisis and other services in Metro East.

CATHOLIC CHARITIES

4532 Lindell Blvd.63108

www.ccstl.org 314-367-5500

CHILD ABUSE AND NEGLECT HOTLINES

800-392-3738 (inside MO) or 573-751-3448 (outside MO)

COMMUNITY ACTION AGENCY OF ST. LOUIS COUNTY

www.caastlc.org 314-863-0015

HUNGER HOTLINE**Operation Food Search: 314-726-5355 Ext. 3**

This organization provides an automated list of food pantries by zip code.

KANSAS CITY AREA RESOURCES**Comprehensive Listings at www.kansascityarea.org****www.medicaid.gov**Low cost health insurance through Medicaid or CHIP (Children's Health Insurance Program). **www.chipsstlouis.org****MID-EAST AREA AGENCY ON AGING****www.agingmissouri.org 636-207-0847 or 636-207-1323****MISSOURI HEALTH CARE MARKETPLACE****www.EnrollMissouri.org 24-Hour Hotline: 800-318-2596**

Hotline handles consumer questions and starts the process.

NATIONAL ALLIANCE FOR MENTAL HEALTH (NAMI)**Nation-wide Suicide Prevention****www.nami.org HOTLINE number: 800-273-8255**

The NAMI website provides resources and information about mental illness.

NATIONAL DOMESTIC VIOLENCE**800-799-SAFE (7233) or 800-787-3224****PARAQUAD****www.paraquad.org 314-289-4200**

Advocacy and programs to provide independence for people with disabilities.

PEOPLE'S COMMUNITY ACTION CORPORATION**Several locations. www.pcacstl.org/pcac**

Many services, including food pantries, employment and training programs, computer labs and emergency assistance.

SAFE CONNECTIONS**2165 Hampton Avenue 63139****www.safeconnections.org 314-531-2003**

Various programs and resources for victims of domestic violence.

ST. LOUIS CITY GOVERNMENT WEBSITE www.stlouis-mo.gov**ST. LOUIS COUNTY GOVERNMENT WEBSITE www.stlouisco.com****ST. LOUIS YOUTH CONNECTION****www.youthinneed.org Access crisis help 24 hours a day****In St. Louis County: Youth Connection Helpline at 314-628-2929****In St. Charles County: Helpline at 636-642-0642****In St. Louis City: Call Youth In Need's 24-Hour Help Line at 636-946-3771****Text: 4HLP to 31658****ST. VINCENT DE PAUL ASSISTANCE LOCATOR****www.svdpstlouis.org or 2-1-1.****URBAN LEAGUE www.ulstl.com 314-615-3600**