2014

Directory of

Community Resources

for Wellness and Healthy Living

Produced by

MHA
Mental Health America
in Sheboygan County

920-458-3951

This directory was created by Mental Health America in Sheboygan County, Inc. The organization serves as the county's only nonprofit resource center for mental health. The directory reflects the organization's continuing effort to promote personal well-being by assisting individuals in identifying local resources.

Listings in the directory do not necessarily imply endorsement of the programs or services.

Every attempt has been made to make the directory as complete as possible. Corrections or new listings can be made by contacting Mental Health America.

The directory can be found as a PDF online, free of charge, at www.mhasheboygan.org or a bound copy can be purchased at MHA for $10.

MHA
Mental Health America
in Sheboygan County

915 N 7th Street, Sheboygan, WI 53081
Phone: (920) 458-3951
(877) 605-5165
Fax: (920) 458-3441

E-mail: info@mhasheboygan.org
Website: www.mhasheboygan.org

Follow us on Twitter: @mhasheb
"Like" us on Facebook: facebook.com/MHA.Sheboygan

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PLYMOUTH YOUTH CENTER
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1907 CLUB
2908 North 21 Street, Sheboygan, 53083
(920) 457-9633
Hours: Sunday through Thursday, 7:30 a.m. - 10 p.m.; Friday and Saturday, 7:30 a.m. - midnight.
Staff: Non-professional – volunteer staff
Clientele: Recovering chemically dependent persons as well as relatives and/or friends of same. Anyone desiring help with overcoming chemical addiction is welcome.
Services: Schedule of activities and support meetings are available upon request.

AA MEETINGS
Aurora Sheboygan Memorial Medical Center
2629 N 7th Street, Sheboygan, 53081
(920) 451-5548
Days and Times:
Saturdays – 10:30a.m., Introduction Group, Conference Room A, non-smoking
Tuesdays – 8:00 p.m., Conference Room
Thursdays – 8:00 p.m., Conference Room
To Initiate Service: Call the number listed above for first time attendees.

THE ABODE
503 Ontario Avenue, Sheboygan, 53081
(920) 458-5205
Contact: Cheryl Dutton, Administrator, e-mail: schh.abode@gmail.com
Hours: 24 hours a day, 7 days a week.
Staff: Manager and relief staff.
Fees: Fixed payment.
Clientele: Residential care to persons with mental and/or emotional problems who are able to climb stairs and perform basic chores.
Services: Supportive services, supervision, leisure time activities, medication administration or monitoring.
To Initiate Service: Referral is through a case manager at Sheboygan County Department of Health and Human Services.

ABOVE & BEYOND CHILDREN'S MUSEUM
902 North 8th Street, Sheboygan, 53081
(920) 458-4263; Fax: (920) 458-3402; Website: www.abkids.org
Contact: Jeff L. Mehn, Executive Director; E-mail: Jeff@abkids.org.
Hours: Tuesday through Friday, Sunday 10 a.m. - 6 p.m. Saturday 10 a.m. – 7 p.m. Closed Mondays (year round)
Staff: Paid and Volunteer
Fees: Fixed payment. $6.00 admission fee for children & adults, membership opportunities available; reduced admission for families on eligible state assistance; free admission for children under the age of 2 years.
Clientele: Children of all ages and their families.
Services: As a hands-on learning and discovery center designed to provide fun, interactive exhibits which compliment formal education, the museum strives to provide family and community interaction with the learning process. We offer field trips and educational, science based programming; birthday parties; annual family, grandparent, and reciprocal memberships; kids events; crafts and road shows which bring services and demonstrations to different events.

ADDICTIONS (AODA, SEX, GAMBLING, ETC) SUPPORT GROUP
Labor of Love Counseling & Education Center
1020 Superior Ave., Sheboygan, 53081

Services: Every Thursday at 10:00 a.m.
To Initiate Service: Please call (920) 226-9599

AGING AND DISABILITY RESOURCE CENTER OF SHEBOYGAN COUNTY
650 Forest Avenue, Sheboygan Falls, 53085
(920) 467-4100; 1-800-596-1919; TTY: (920) 467-4195; FAX: 920-467-4106
Contact: Marie Seger, Supervisor
E-mail: adrc@sheboygancounty.com; **Website**: www.sheboygancounty.com
Affiliation: Sheboygan County Health & Human Services
Services Initiated: E-mail, phone call, walk-in or home visits
Satellite Office: Sheboygan County Health and Human Services
Types of Staff: Social Workers, Nurses, Benefit Specialists
Fee: Free Services
Clientele Served: Adults and Seniors with Disabilities
Hours: 8 a.m. - 5 p.m.
Services: Information & assistance, options counseling, benefits counseling, transitional services for young adults with a disability, prevention and early intervention services, access to publicly funded long-term care programs, referral for adult protection services.
Senior Services: Volunteer transportation to medical appointments, noon meals at eight food and fellowship sites, home-delivered meals, outreach to the homebound including community supportive services, handy-helpers chore services, telephone reassurance, peer counseling, Alzheimer family and caregiver support program and support group, national family caregiver support program and support group.

AL-ANON BEGINNERS MEETING
Plymouth Alliance Church (South Door)
Corner of Hwy 23 & Fairview Drive
Contact: Ellynee – (920) 893-0745 or Sandi – (920) 286-0008
Services: Every Tuesday at 6:30 p.m. followed by a regular meeting at 7:15 p.m.

AL-ANON NEW HOPE
Salem United Church of Christ
Corner of Salem & Kensington Ave., Plymouth
Services: Every Sunday from 7- 8 p.m.
To Initiate Service: Please call (920) 892-6636

AL-ANON FAMILY GROUPS
Contact: Pat (920) 242-5159
Fees: None. Donations are accepted to help pay group expenses.
Clientele: Any adult who is a friend or family member affected by someone else's alcoholism.
Services: An anonymous, member-led fellowship which follows the 12 - step program of Alcoholics Anonymous. It is a spiritual (not religious) program designed to welcome and give comfort to families of alcoholics and give understanding and encouragement to the alcoholic. Meetings take place at various times and locations in Sheboygan, Plymouth, and Elkhart Lake.

- For information on Alateen groups (for teens affected by someone else's alcoholism) and Alakids groups (for children 6-12 affected by someone else's alcoholism) contact Augie or Beth at (920) 452-5173.

To Initiate Service: Visit our website at www.area61afg.org.

ALZHEIMER'S ASSOCIATION FAMILY CAREGIVER SUPPORT GROUP
1011 N. 8th St., Sheboygan, 53081
(920) 467-4100; E-mail: adrc@co.sheboygan.wi.us; Website: www.co.sheboygan.wi.us

Contact: Christine Jeske
Clientele: Family and friends of individuals with Alzheimer's.
Affiliation: Aging and Disability Resource Center
Fees: None.
Services: Meets the 4th Tuesday of the month 6:15 – 8:15 p.m. at Sheboygan County Health and Human Services building.

ALZHEIMER'S ASSOCIATION OF SOUTHEASTERN WISCONSIN
(920) 838-1311; 24 hour helpline: 1-800-272-3900; Website: www.alz.org/sewi
Contact: Ginny Nyhuis, community outreach coordinator; E-mail: ginny.nyhuis@alz.org
Hours: Monday through Friday, 8:30 a.m. - 5 p.m.
Fees: None
Clientele: Serves people affected by Alzheimer's disease and other dementias, their families, and care partners.
Services: Offers help and hope to families affected by Alzheimer's disease and other dementias through core services including:

- 24 hour helpline available 7 days a week.
- Support groups where family members share experiences and learn from others.
- One-on-one care consultations to assist with problem solving.
- Safe Return, a nationwide ID program to locate and return loved ones with dementia who may wander.
- Educational programs on the basics of Alzheimer's disease, other dementias, and brain health.

To Initiate Service: Families or professionals call; referrals from doctors, facilities, congregations, and others.

AMERICAN RED CROSS (SCENIC SHORES CHAPTER)
2032 Erie Avenue, Sheboygan, 53081
(920) 457-7739; E-mail: sherry.rezba@redcross.org; Website: www.newredcross.org
Contact: Sherry Rezba, Community Office Director.
Satellite Office: Manitowoc, 920-684-6601
Hours: Monday through Friday, 8:00 a.m. - 4:30 p.m. 24 hour a day phone coverage.
Staff: Professional, para-professional, and volunteers.
Fees: No fees or fixed payment for emergency services. Fees for health and safety training.
Clientele: All people, all ages. Depends upon activity/service.
Services: Health and safety training, blood collection, disaster relief, service to armed forces, and youth services.

AMPUTEE SUPPORT GROUP
Contact: Janice Lemkuil at (920) 892-4397; E-mail: llemkuil@wi.rr.com
Fees: None.
Clientele: For all amputees, their families, and care givers.
Services: Group meets the last Wednesday of the month at 2 p.m. at Rocky Knoll Health Care, N7135 Rocky Knoll Parkway, Plymouth.

ASSOCIATED PSYCHOLOGICAL HEALTH SERVICES
2808 Kohler Memorial Drive, Suite 1, Sheboygan, 53081
(920) 457-9192; FAX: (920) 208-7226; Website: www.abcmedsfree.com
Contact: Dr. Toby T. Watson, Psy.D; E-mail: tobywatson@abcmedsfree.com
Hours: Monday through Saturday, 9 a.m. - 7 p.m. Best to call first.
Staff: Psychologist, post doctorate, therapists, counselors, consulting psychiatrist.
Fees: Sliding fee, and insurance.
Clientele: Individuals, couples, families. Ages 2-99.
Services: Outpatient psychotherapy, counseling, therapy, crisis stress debriefing. Psychological testing and

assessments. Anger management groups and domestic violence-perpetrator groups. Child-parent education training and consultation. Sexual offender treatment. Speaking engagements upon request.
To Initiate Service: Call (920) 457-9192 or visit the website for further information.

ASSOCIATION FOR DEAF AND HARD OF HEARING CHILDREN, INC.
Contact: Dave Collins, president, at (920) 912-7084, e-mail: dcoll65.@aol.com
Clientele: Any person interested in helping hearing-impaired children.
Services: The Association is interested in helping deaf and hard of hearing children lead independent and normal lives. It is an all volunteer program that was founded in 1969. It is for the family of children who are deaf as well as the children themselves. They provide a scholarship to help with the medical equipment related to hearing impairment. Support does end at 18 years of age. Call for meeting places and times.

ATTACHMENT AND TRAUMA NETWORK
E-mail: kelly@attachtrauma.org**; Website:** www.attachtrauma.org
Address: PO Box 164 Jefferson MD 21755
Contact: Kelly Killian, Director at (920) 980-3067 or **WarmLine:** (888)-656-9806
Hours: Always available.
Fees: Fixed Payment.
Clientele: Foster and adoptive parents.
Services: Education, Support, Advocacy. ATN is a resource for adoptive and foster parents dealing with emotionally disturbed children. Support is provided through on-line support groups and a bi-monthly newsletter, as well as regional support groups across the country. ATN maintains a database of therapists and other providers as well.

ATTIC CORRECTIONAL SERVICES, INC.
1512 South 12th St., Sheboygan, 53081
(920) 457-1170; FAX: (920) 457-1647; E-mail: acs17@correctionalservices.org
Website: www.correctionalservices.org
Contact: James Mackman, director.
Hours: Varied.
Staff: Case manager for Transitional Living Program and alcohol and drug abuse counselors.
Fees: Contract with the State of Wisconsin, Department of Corrections, and the U. S. District Court.
Clientele: Correctional clients, male or female, convicted in adult court.
Services: Alcohol and drug abuse counseling services; Transitional Living Program providing temporary housing for 90 days or less for offenders in the community as a transition from prison back into the community.

AURORA SHEBOYGAN CLINIC
2414 Kohler Memorial Drive, Sheboygan, 53081
(920) 457-4461; FAX: (920) 459-1483
Staff: Physicians, professional staff, psychiatrists, psychologist, social workers, alcohol and drug abuse counselors, and pharmacists.
Clientele: All ages.
Services:

- Primary care and specialty services:
  Hours: Monday through Friday, 7:30 a.m. – 7:30 p.m.; Saturday, 8 a.m. – noon; and Sunday, 8 a.m. – noon. Walk-in clinic for urgent care.
  Staff: Anesthesiology; asthma/allergy/immunology; cardiology; dermatology; endocrinology; family practice; gastroenterology; internal medicine; nephrology; neurology; obstetrics/gynecology; occupational health; oncology/hematology; ophthalmology; oral surgery; orthopedic surgery; plastic, reconstructive, and cosmetic surgery; otolaryngology; head and neck surgery; pediatrics/adolescent; rehabilitation and pain management; podiatry; psychiatry; pulmonology; radiology; rheumatology; general and vascular surgery;

urology; full-service pharmacy.

- Behavioral Health services:
  Hours: Monday through Thursday, 8 a.m. - 8 p.m. and Friday, 8 a.m. - 5 p.m.
  Emergency Hours: 24 hours a day for existing patients.
  Staff: Psychiatrists, psychotherapists with alcohol and drug abuse certification, psychologists.
  Services: Licensed by the State of Wisconsin. Outpatient mental health and alcohol and drug abuse counseling for such things as anxiety disorders, depression, family therapy, child and adolescent issues, grief, and abuse of alcohol/drugs. Psychiatric medication management. Comprehensive evaluation/diagnostic services; individual therapy; group therapy; family therapy and counseling for couples; referrals to community agencies; and specialized groups for various populations including Women's Mental Health Group and adolescents.

AURORA SHEBOYGAN MEMORIAL MEDICAL CENTER
2629 North 7 Street, Sheboygan, 53083
(920) 451-5000
Affiliation: Aurora Health Care, Inc.

- Behavioral Health: Services provided for adults, adolescents, and families experiencing emotional and behavioral difficulties which include a specialized treatment team of psychiatrists, nurses, occupational therapists, mental health counselors, and clergy working together to provide caring services and treatment. Services include:
  Adult: In-hospital program helping people stabilize from acute crisis, cope with daily activities, deal constructively with personal feelings, and link them with ongoing care.
  Adolescent Treatment Program: A separate, in-hospital program helping young people identify and treat severe problems experienced at home, school, or other areas of their lives. The result is short-term stabilization and connection with an ongoing system of care.
  Chemical Dependency: A complete range of inpatient services are offered including assessment and treatment for adults or adolescents who are abusing drugs and/or alcohol; the spouse of a chemically dependent person; the children or other family members of a person who is abusing drugs or alcohol; Adults who want help dealing with the effects of growing up with a chemically dependent person; or anyone who may need to intervene with someone who has a problem with alcohol or drugs. Emergency services available 24 hours a day, 7 days a week through the emergency room (920) 451-5553.
- Community Education: Available classes include Birth and Beyond for labor and delivery; Big Kids, New Babies; infant/child cardio-pulmonary resuscitation (CPR); and breastfeeding. Call (920) 451-5537.
- Employee Assistance Program (EAP): The EAP Program is offered to assist area employers in helping their employees solve personal problems that may affect their job and family life. The EAP provides assistance and referral to community-based resources for a wide range of concerns. Call 1-800-511-4804.
- I Love Someone with Cancer: A support group that meets the 2nd and 4th Monday of every month from 6:30pm-8:00pm at the Sport Core in Kohler, WI.
- Touched by Cancer: A support group that meets the 2nd Thursday of every month at 6pm at Aurora Sheboygan Clinic.
- Sexual Assault Treatment: Confidential physical and emotional care and follow-up support for the victims and families involved in a sexual assault. Call (920) 451-5553.
- Us TOO: A prostate support group that meets the 3rd Wednesday of the "Odd Numbered" months. There are 6 meetings a year and are haled from 6:30pm – 8pm at the Sheboygan VLCC.
- Aurora Health Care Women's Health: This service provides a variety of programs and services designed to assist women and their families in taking active roles in their own good health. Programs and services include:

- Women Surviving Cancer Support Group: An information and support group for women facing the physical and emotional adjustments following cancer treatment. The 2nd Thursday of the month September - May at 6 p.m. at the Sheboygan Clinic.
- Total Health: Studies show that healthy workers not only have lower workers' compensation costs, but also help improve a company's financial bottom line. The Total Health program provides health risk appraisals, on-site health talks, health fairs, and smoking cessation programs.

AURORA SURGERY CENTER CAMPUS OF AURORA SHEBOYGAN MEMORIAL MEDICAL CENTER
901 Reed Street, Plymouth, 53073
(920) 893-1771
Affiliation: Aurora Health Care, Inc.
Services: Provides patients with outpatient (same day) surgery as well as endoscopic surgical services.

AURORA VISITING NURSE ASSOCIATION OF WISCONSIN
931 Discovery Road, Green Bay, 54313
(920) 288-5100; Website: www.aurorahealthcare.org/vna
Contact: Diana Nordeman, manager.
Hours: 8 a.m. - 4:30 p.m.
Emergency Hours: 24 hours a day, 7 days a week. A registered nurse is on call after hours.
Staff: Registered nurses; licensed practical nurses; certified nursing assistants; physical, occupational, and speech therapists; social workers; and dietician.
Fees: Medicare, Medicaid, insurance, private pay, Department of Social Services.
Clientele: Persons of any age in Sheboygan County needing home care.
Services:
- Skilled nursing care within the home for acute and long term cases.
- Home health aide and personal care under supervision of a nurse.
- Physical, occupational, and speech therapy in the home for rehabilitation.
- Respite care for relief of caregiver from 2 - 24 hours a day.
- Home hospice program.
- Living arrangements and financial planning.
- Meal planning and helping people with dietary problems.
- Lifeline.
- Durable medical equipment and supplies.

To Initiate Service: Anyone can call the agency. An assessment visit can be made to determine needs of the client. Further visits require physician's orders.

AURORA VISITING NURSE ASSOCIATION OF WISCONSIN HOSPICE
(920) 288-5100; Website: www.aurorahealthcare.org/vna
Contact: Diana Nordeman, manager.
Staff: Nurses, physicians, volunteers, social workers, chaplains, dietitians, and therapists.
Fees: Medicare, Medicaid, or Medicare Hospice benefits cover hospice care. Most insurance companies also have hospice benefits.
Services: The VNA Hospice Program reaches out to the special needs of people who are terminally ill and their families. Hospice adds life to days when days can no longer be added to life. Focuses on enhancing the quality of each day, one day at a time. All families are followed for one year after the death of a loved one. VNA Hospice Program serves all of Sheboygan County.

AUTISM PARENT SUPPORT GROUP
N5653 Frontage Road, Plymouth, 53073

(920) 892-7060
Contact: Travis Wick
Services: To better serve Sheboygan County, meetings will alternate between Paragon Community Services in Plymouth and the Sheboygan YMCA. Meetings will be the second Wednesday of the month. For additional questions, contact Travis Wick at traviswick@yahoo.com or call (920) 889-1285.

AZURA – MEMORY CARE
2629 Indiana Avenue, Sheboygan 53081
(920) 284-6584
Contact: Connie Thimmig, Director of Community Relations; **E-mail**: connie.thimmig@azuramemory.com
Services: Free presentations for caregivers, professionals and the community by Azura Memory Care. Call for a listing of presentation topics.
To Initiate Services: Please call (920) 284-6584

BAY-LAKES COUNCIL - BOY SCOUTS OF AMERICA
2555 Northern Road, Appleton, 54912; Website: www.baylakesbsa.org
(920) 734-5705 or 1-800-3-SCOUTS
Contact: Chris Weber
Staff: Volunteers, professionals, office manager.
Clientele: Community organizations, schools, churches, and business and industry that utilize Boy Scout and Learning for Life programs for youth.
Services: Office handles items for uniforms and other materials. Programs include Tiger Cubs for 1st grade boys; Cub Scouts for 2nd - 5th grade boys; Boy Scouts for ages 11 - 17; and Venturing/Learning for Life Programs for boys and girls ages 14 - 20.

BETHESDA THRIFT STORE
2827 S. Business Drive, Sheboygan, 53081
(920)452-5212; Website: www.bethesdalutherancommunities.org
Contact: Dan Dever, manager.
Hours: Monday-Friday 9 a.m. - 7 p.m., Saturday 9 a.m. - 4 p.m., Sunday 12 p.m. - 4 p.m.
Staff: Regular staff with a volunteer base.
Clientele: All net proceeds of the store go toward the expenses of Bethesda Lutheran community's campus for the physically disabled in Watertown and group homes in 13 other states.
Services: Sales of gently used donated items. Priced competitively with other outlets in this line of retail. Pickup services for larger items to donate and large quantity donations available by appointment. Clothing, furniture, shoes, books, domestics, toys, housewares, dishes, glassware, wall art and collectibles all available.
To initiate service: Stop at store or visit website for store specials. Wednesday is senior discount day with 25% off all qualifying purchases to those over 55.

BIG BROTHERS BIG SISTERS OF SHEBOYGAN COUNTY, INC.
2020 Erie Avenue, Sheboygan, 53081
(920) 458-0111; FAX: (920) 458-0161**; E-mail:** info@bbssc.org
Website: www.bbbssc.org
Contact: Timothy B. Kaker, director.
Hours: Monday - Friday, 8 a.m. - 5 p.m. or by appointment.
Emergency Hours: As needed.
Staff: Social workers.
Clientele: Children age 5 to 18 residing in Sheboygan County. Single-parent children are a service priority. No new applications accepted from children 14 years or older or children younger than 5. Child must be capable of forming a meaningful, long-term relationship with an adult.

Services:

- Big Brothers (one man-one boy), Big Sisters (one woman-one girl), Couples (one husband/wife team-one child age 7 or under), and Cross-gender (one woman-one boy). "Matching" is the major program area.
- Children are assigned to a volunteer based on personality, age, residence, and interests. Prior to the match, the staff conducts in-depth interviews. Relationships are goal-oriented, based on the child's needs, and staff supported.
- Children usually show improvements in any or all of the following areas: self-concept, scholastic achievement, peer relationships, social adjustments, and parent/child relationships.
- Teen Program: Matches eligible sophomores, juniors, and seniors with younger students, usually through school referrals. Relationships are similar to the regular program with a greater emphasis on social/scholastic adjustment.
- Lunch Buddies: School-based mentoring with school-referred students. One lunch hour per week for one-to-one relationships.

To Initiate Service: Referral forms should be available from school guidance counselors. If not, call the Big Brothers Big Sisters office. Any referral should be discussed with the child's guardian prior to submission to the agency.

BIPOLAR & DEPRESSION GROUP
Labor of Love Counseling & Education Center
1020 Superior Ave., Sheboygan, 53081
(920) 226-9599
Services: Every Tuesday at 10:00 a.m. A support group for people to come share & discuss their experiences.
To Initiate Service: Please call (920) 226-9599

BIPOLAR SUPPORT GROUP
Lutheran Church in Grafton
714 Fifth Avenue (the corner of 5th and Hickory)
(920) 901-4317; Website: www.dbsalliance.org
Contact: Emily
Clientele: Those with depression and bipolar disorder
Services: Offers support, education, socialization, outside speakers, and a lending library.
To Initiate Service: Contact Emily at (920) 901-4317

BOYS & GIRLS CLUBS OF SHEBOYGAN COUNTY, INC.
Stayer Unit - 733 Broadway Avenue, Sheboygan, 53081; (920) 457-8200; FAX: (920) 457-8208
Falls Unit - 107 Cedar Street, Sheboygan Falls, 53085; (920) 467-3820; FAX: (920) 467-3827; David Rios, Unit Director
The Club (for teens) - 107 Cedar Street, Sheboygan Falls 53085; (920) 467-9514; David Rios, Unit Director
Grant After School Program – 1528 N. Fifth Street, Sheboygan, 53083; (920) 452-3223; Tina Schuh, Extension Director
Jefferson After School Program – 1538 N. Fifteenth Street, Sheboygan, 53081; (920) 627-4932; Seth Carreno, Extension Director
Contact: Robert O'Hara, Executive Director
Office Hours: Monday through Friday, 9 a.m. - 5 p.m. Phone (920) 467-9733.
Club Hours:
Stayer Unit
School days: Monday, Tuesday, Thursday, and Friday: 3 - 6 p.m.
Wednesday: 2 - 6 p.m.
Summer: Monday-Friday, 9:00 AM-5:00 PM
Sheboygan Falls Unit

School days: Monday, Tuesday, Thursday, and Friday: 3 - 7 p.m.
Wednesday: 2 – 6:30 p.m.
Summer: Monday-Friday, 9:00 AM-5:00 PM

The Club

School days: Monday, Tuesday, and Thursday: 3 - 7 p.m.
Wednesday: 2 - 6:30 p.m.
Teen Nights Friday: 6 - 10 p.m.
Summer: Monday-Friday, 2:00 PM-6:00 PM

Grant After School Program

School days: Monday, Tuesday, Thursday, and Friday 3 – 5:15 PM
Wednesday 2:00 – 5:15 PM
This site is closed during the summer and on non-school days

Jefferson After School Program

School days: Monday-Friday 3 – 5 PM
This site is closed during the summer and on non-school days
Staff: Professional and volunteers.
Clientele: Youth of Sheboygan County, ages 6 - 18 years.
Services: The Boys & Girls Clubs provide developmental programs in core areas of youth development, with a special focus on academic excellence, good character and healthy lifestyles.

BRAIN INJURY SUPPORT GROUP

Contact: Prevea Therapy
Phone: (920) 459-4643; **Fax**: (920) 451-7272
Fees: None.
Clientele: Individuals who have experienced trauma to the brain via accident, stroke, or tumor. No age requirements.
Services: The group meets the first Monday of each month, September through May, from 6:30 - 8 p.m. in the Francis Room on the ground floor of St. Nicholas Hospital, 3100 Superior Avenue, Sheboygan. Provides monthly support with outside activities to educate the community and also provide a service. Speakers are scheduled as requested or available during monthly meetings.

BRIDGEPOINT HEALTH, LLC

3425 Superior Avenue, P.O. Box 387, Sheboygan, 53082-0387
(920) 458-5557; FAX: (920) 458-2692
Contact: Brian Lukach, Ph.D., clinical director or Wendy Elgin, director of business operations.
Hours: Monday and Tuesday 8:30 a.m. – 8 p.m., Wednesday and Thursday 8:30 a.m. – 6 p.m., Friday 9 a.m. – 5 p.m.
Emergency Hours: 24-hour on call service including holidays.
Staff: Psychiatrists, psychologists, psychotherapists, social workers, and alcohol and drug abuse counselors.
Fees: Sliding scale, third party, fixed payment, Medicaid, Medicare, and commercial insurance.
Clientele: Children, adolescents, adults, and families, ages 2 through geriatric.
Services: Play therapy; postpartum depression therapy; individual, group, and family counseling; alcohol and drug abuse; Eye Movement Desensitization and Reprocessing; domestic violence therapy for victims and perpetrators; anger management for all ages; adult, adolescent, and child psychiatry; psychological testing and treatment; and attention deficit/hyperactivity disorder treatment.
To Initiate Service: Patient or referral source calls our office to make appointment. Insurance and demographic information is taken at that time. Insurance benefits are verified through our office and patient is made aware of payment options. Some providers require a written referral.

BRIDGEWAY AND BEYOND TRANSITIONAL LIVING PROGRAM

PO Box 73, Sheboygan 53082

1251 Geele Avenue, Sheboygan, 53081
(920) 457-7272, ext. 115; FAX: (920) 451-9493
Contact: Mary K. Selvig, Director of Social Services, **E-mail**: scio.mary@gmail.com
Website: www.sheboygancountyinterfaith.org
Affiliation: Sheboygan County Interfaith Organization.
Fees: Sliding Fee Scale. Fees are based on income and include room, board, and all necessities.
Clientele: Transitional living for homeless women and their children.
Services: A transitional living program with the mission of assisting clients to learn successful life skills in a safe, secure, and supportive environment. Clients may remain in the program for up to two years. They receive on-going aftercare should they leave the facility prior to the expiration of their two year term. After graduating the Bridgeway Program, families have the option of moving into Trisha's House to apply skills learned at Bridgeway House while enjoying increased independence and greater accountability. Staff continues to offer case management to monitor progress.
To Initiate Service: Call (920) 457-7272, extension 115.

CDF SHEBOYGAN CELIAC CONNECTION
Contact: Yvonne Young, co-facilitator, at (920) 912-6335; **E-mail**: sheboyganceliac@gmail.com
Affiliation: Celiac Disease Foundation.
Fees: None.
Clientele: All persons who have celiac disease as well as family, friends, or others interested in learning about Celiac Disease.
Services: A peer-led, monthly support group that meets on the third Tuesday of each month at St. Mark Lutheran Church, 1019 North 7 Street, Sheboygan at 7 p.m. in the church basement. An elevator is available.

COPD SUPPORT GROUP
Lutheran Church of Our Redeemer
3027 Wilgus Ave., Sheboygan, 53081
Services: Every Wednesday at 1:00 p.m.
To Initiate Service: Contact Beverly Behnke at (920) 698-2263

CAMP Y-KODA – OUTDOOR SKILLS AND EDUCATION
E-mail: campykoda@sheboygancountyymca.org
Contact: Jeremiah Dentz, director
Affiliation: Sheboygan County YMCA.
Clientele: Local schools and groups.
Services: Outdoor education programs and summer camp opportunities.
To Initiate Service: Call (920) 467-6882.

CAMPUS LIFE, INC.
6426 South Business Drive, P.O. Box 83, Sheboygan, 53082-0083
(920) 457-2381; E-mail: info@gocampuslife.com
Contact: Jim Green, executive director.
Hours: 8 a.m. - 5 p.m.
Staff: Para-professional and volunteers.
Fees: No fees.
Clientele: Programs and events are designed for junior high and senior high teenagers and families throughout Sheboygan County. There are no memberships or dues required of young people involved in Campus Life activities.
Services: Counseling young people by trained youth workers is a regular function of Campus Life. Club programs as well as city and countywide activities meet needs through discussion, role-playing, and group dynamics. A food pantry also is available for families in need.

"CAREGIVER FRIENDS" FAMILY CAREGIVER SUPPORT GROUP
650 Forest Avenue, Sheboygan Falls, 53085
www.co.sheboygan.wi.us; www.sheboygan.uwex.edu
Contact: Kathleen Manny (920) 467-4100; mannykrm@co.sheboygan.wi.us
Jane Jensen (920) 459-5900; jane.jensen@ces.uwex.edu
Staff: Professional
Fees: None
Affiliation: Aging & Disability Resource Center of Sheboygan County
UW-Extension Sheboygan County/Family Living
Clientele: Family caregivers (not professional), adult family member, or another individual who is an informal provider (not paid) of in home or community care to an older or disabled adult or to an adult with Alzheimer's disease and other dementia, or a grandparent over age 55 who is the primary caregiver for grandchildren under the age of 19.
To Initiate Service: Call 467-4100 Monday – Friday from 8 a.m. – 5 p.m. for more information. Call 467-4079 after 5 p.m. and leave a message. The group meets the 2nd Tuesday of the month from 1:30p.m – 3:00 p.m. at the Aging & Disability Resource Center, except for the month of December.

CATHOLIC CHARITIES
503 Wisconsin Avenue, Suite 2, Sheboygan, 53081
(920) 458-5726; FAX: (920) 458-5826
Hours: Monday through Friday, 8:30 a.m. - 5 p.m. and evenings by appointment.
Staff: Licensed Clinical social workers, family educators, case manager, attorney, and volunteers.
Fees: Sliding fee scale for counseling services; State certified for insurance payments including Medical Assistance, Badger Care, and Medicare.
Clientele: Any resident of Sheboygan County regardless of age, race, creed, religion, gender, sexual orientation, or national origin.
Services: A multi-service social service agency primarily offering treatment, intervention, and educational services such as:

- Adoption services: stepparent adoption screenings, agency adoption, and independent adoption studies.
- Birthparent counseling: counseling and support services for individuals experiencing an unplanned pregnancy.
- Immigration and Naturalization Services: Attorney supervised, broad based immigration services including application for victims of domestic violence, family-based and asylum petitions. Staff located in Milwaukee.
- Outpatient mental health counseling: Individual, couple, family, and children counseling provided on an outpatient basis.
- Outreach: Alejandra Klemme serves as the Spanish bilingual case manager/resource coordinator.

CELEBRATE RECOVERY
Contact: Debbie Runge, coordinator at (920) 452-0051, extension 16; **E-mail**: Bethany@bethanyrc.com
Affiliation: Bethany Reformed Church, 1315 Washington Avenue, Sheboygan.
Hours: Celebrate Recovery Mondays start with food and fellowship at 5:30 p.m., worship/teaching/testimony time at 6:30 p.m., men's and women's open share groups at 7:30 p.m., and Solid Rock Café fellowship time at 8:30 p.m. An alternative option is the Celebrate Recovery Step Studies which meet on various nights throughout the week. Call for details and exact start dates and times of Step Studies.
Fees: For our optional meal, which is $3.50 or $1.00, for those with financial need.
Clientele: A ministry for those with problems and addictions which are unhealed, unmet, or unresolved. These may include but are not limited to: overeating, overspending, overworking, sexual addiction, depression, divorce,

co-dependency, drug/alcohol addiction, grief, and anger.
Services: A Christ-centered, Biblically driven 12-step program that links the elements of fellowship, worship, teaching, support groups, and Bible studies under one curriculum.

CENTER FOR PAIN AND WORK REHABILITATION
3100 Superior Avenue, Sheboygan, 53081
(920) 451-7473; FAX: (920) 451-7449; Website: www.stnicholashospital.org
Contact: S. Vasudevan, MD
Affiliation: St. Nicholas Hospital.
Hours: 8 a.m. - 4:30 p.m.
Staff: Physical medicine and rehabilitation specialist, psychologist, physical therapist, and occupational therapist.
Fees: Third party.
Clientele: Individuals with conditions which have been treated include lower back pain, neck and arm pain, whiplash injuries, headaches, limb pain after nerve injury, carpal tunnel syndrome, cancer pain, diabetic neuropathy, fibromyalgia, post-hepatic neuralgia, and others which affect lifestyle.
Services: Patients will receive a medically supervised, individually tailored treatment plan to provide coordinated, goal-directed care. Services may include physical therapy, occupational therapy, medication management, and/or psychological therapy such as stress management, biofeedback, and relaxation techniques. Vocational counseling and other medical specialists are consulted as indicated. Several levels of services are available to meet the need of individuals with acute, sub-acute, or chronic pain. The industrial/work rehabilitation program incorporates each part of a work-related injury from prevention to rehabilitation to a safe and rapid return to work. Through the Isernhagen Work Systems program, services may include functional capacity evaluation, functional job analysis, pre-work screening, work conditioning and hardening, and job site rehabilitation.
To Initiate Service: Referral from physician, insurance companies, health and social services professionals, or by self-referral.

CHANGE WEIGHT LOSS SUPPORT GROUP
Contact: (920) 459-8300
Affiliation: St. Nicholas Hospital and Prevea Plymouth Health Center.
Fees: There is a fee.
Services: One-on-one nutrition education and counseling is available to help individuals manage their weight, cholesterol levels or other nutrition-related health concerns.
To Initiate Service: By appointment in the Nutrition Services offices at St. Nicholas Hospital and Prevea Plymouth Health Center.

CHRISTIAN LIFE ASSEMBLY OF GOD
933 Krumrey Street, Plymouth, 53073
(920) 892-4080; E-mail: church@christianlifefamily.com
- For those affected by addictions. Ryan Worm, coordinator. (920) 207-3665.
- For those going through a divorce or recovering from a divorce. Roger Paul, coordinator. (920) 892-4888.
- For survivors of sexual abuse. Rev. Sharon York, coordinator. (920) 838-2114.
  Singles' Connection for friendship, studies, and activities for singles. Roger Paul, coordinator (920) 946-2491

COLUMBIA ST. MARY'S - MARSHO FAMILY MEDICAL GROUP
1703 North Taylor Drive, Sheboygan, 53081
(920) 457-4438
Hours: Sheboygan office: Monday through Friday, 8 a.m. - 5 p.m.

Express Care: Monday through Friday, 8 a.m. - 7 p.m. and Saturday 8:30 - 11:30 a.m.
Open most holidays, call for hours.
Staff: Family physicians and allergist.
Services: A family practice group offering a wide range of medical services to patients including colposcopy, diabetic counseling, digital mammography, EKG, express care, laboratory, minor surgery & procedures, stress testing and x-rays. Also offers services of specialists.

COMFORT KEEPERS
809 North 8 Street, Suite 201, Sheboygan, 53081
(920) 458-2806; 1-800-788-1078; FAX: (920) 783-0220; E-mail: Sheboygan@comfortkeepers.com
Website: www.comfortkeepers.com
Contact: Martha Gedemer.
Hours: 24 hours a day, 7 days a week.
Staff: Owners, office manager, scheduler, client care coordinator, caregivers, and certified nursing assistants.
Fees: Third party or private pay.
Clientele: Seniors; individuals recovering from illness/injury/surgery; and persons with developmental and other disabilities.
Services: Companionship, light housekeeping, transportation, meal preparation, medication reminders, errands, and shopping. Personal care services such as bathing, mobility assistance, transferring and positioning, toileting and incontinence, feeding, and dementia care. Respite and 24 hour care offered. Personal emergency response system available.
To Initiate Service: Individuals or family members can call the office directly to arrange a free, in-home assessment.

COMMUNITY CARE, INC
615 South 8th Street, Sheboygan, 53081
(920) 451-3444 or (866) 992-6600; Website: www.comunitycareinc.org
Fees: Medicaid.
Clientele: The Family Care program from Community Care can help those who have long-term care needs expected to last more than 90 days; have a physical or developmental disability; are at least 18 years old; and are Medicaid eligible.
Services: Family Care members receive services where they live. They have support from a Community Care team made up of a nurse and a care worker. The team conducts a comprehensive assessment of their needs, abilities, preferences and values to coordinate the appropriate, long-term care services. Family Care members continue choosing their own physicians while Family Care provides long-term care, making it possible for seniors and adults with disabilities to live at home and stay connected to their community.
Services include: personal care; homemaking and chore services; occupational and physical therapy (except during an inpatient stay); home delivered meals; specialized equipment; and all Medicaid-funded, long-term services.
To Initiate Service: Enrollment into Community Care's Family Care program is conducted through the Sheboygan County Aging and Disability Resource Center at (920) 467-4100.

COMMUNITY RECREATION DEPARTMENT
607 South Water Street, Sheboygan, 53081
(920) 459-3773**; FAX**: (920) 459-4021**; E-mail:** shayon@sheboygan.k12.wi.us
Website: www.sheboygan.rec.com
Contact: John Koehler, director.
Affiliation: Sheboygan Area School District.
Hours: Monday through Friday, 8 a.m. – 4:30 p.m.
Staff: Recreation professional and 300 part-time workers.
Fees: Fixed Payment

Clientele: Residents of the Sheboygan Area School District. All ages are eligible.
Services: Programs in areas of aquatics, fitness, sports, arts, and general leisure.
To Initiate Service: Call, stop at the office or online registration.

COMPASSIONATE PARENTS
Contact: Mental Health America at (920) 458-3951.
Affiliation: Mental Health America in Sheboygan County.
Fees: No fees.
Clientele: Parents who have experienced the death of a child due to any cause.
Services: A monthly, self-help support group offering friendship and understanding to bereaved parents. The group supports and aids parents in the resolution of the grief experienced upon the death of their child and fosters the physical and emotional health of bereaved parents and siblings. Evening meetings are held the second Monday of the month at 7 p.m. at the United Way Building, 2020 Erie Avenue, Sheboygan. Provides a monthly newsletter. Volunteers from the group serve as "phone friends" by providing a listening ear and support.

COPE HOTLINE
Serving Southeast Wisconsin
Hotline: (262) 377-COPE (2673)**; Teen and Senior Line**: (262) 377-7786**.**
E-mail: hotline@copeservices.org**; Website:** www.COPEservices.org**.**
Hours: 24 hours a day, 7 days a week.
Staff: Volunteer managers, hotline manager, information and referral manager, resource specialist, outreach coordinator, senior support specialist.
Fees: Free services.
Clientele: Serving Ozaukee County and surrounding areas including Sheboygan County.
Services: Provides supportive listening and emotional support. Crisis intervention, suicide prevention, information and referral services to resources for Ozaukee County.

CUP OF HOPE GRIEF SUPPORT GROUP AND INFORMATION
W2850 State Road 28, Sheboygan Falls, 53085
Contact: Nancy Simenz, Bereavement Coordinator at (920) 467-1800 or (920) 467-7950;
Fax: (920) 467-1900; **Website**: www.ssrhospicehome.org
Affiliation: Sharon Richardson Community Hospice.
Fees: None.
Clientele: Anyone experiencing the death of a loved one looking for grief support and information.
Services: Professionally led meetings are held at the Hospice Center, W2850 State Road 28, Sheboygan Falls, on the fourth Wednesday of each month from 10:30 a.m. – noon, and the third Thursday of each month from 6 – 7:30 p.m. Preregistration is not required. Both are held in the Hospice Center chapel.

DELAND RECEIVING HOME
824 Kentucky Avenue, Sheboygan, 53081
(920) 452-5329
Contact: Dave Kratz at (920) 459-6425.
Hours: 24 hour daily service.
Staff: House manager and residential childcare staff.
Fees: None.
Clientele: Deland Receiving Home provides temporary care for up to eight children ranging in age from 3 to 17 years who are in need of emergency or interim care.
Services: Short-term group home care supervised by Sheboygan County Department of Health and Human Services.

- Emergency care includes children requiring immediate placement outside their home because of

maltreatment or severe family and/or personal problems.

- Interim care applies to children under care of Sheboygan County Department of Health and Human Services through voluntary request or direction of the court pending diagnostic study, placement, or replacement.
- Respite services allow families to be apart as needed to address concerns and/or behaviors within the family.

To Initiate Service: Contact Child Protective Services intake by Sheboygan County Department of Health and Human Services, (920) 459-6400. Children are placed at Deland by approval of the Sheboygan County Department of Health and Human Services. Voluntary placement agreement signed by a parent or a court order is necessary for placement.

DEMENTIA CARE NETWORK OF SHEBOYGAN COUNTY (DCN)

Contact: Ginny Nyhuis, Community Outreach Coordinator for Alzheimer's Association at (920) 838-1311.
Clientele: The Dementia Care Network is a collaborative effort of professionals dedicated to assisting those affected by Alzheimer's disease and dementia through education, resources, and support.
Services: Free assistance with information, support, and resources; educational speakers; Walk to End Alzheimer's; Medic Alert + Safe Return; caregiver conference; support groups.

DEPARTMENT OF VETERAN AFFAIRS, CLEVELAND COMMUNITY BASED OUTPATIENT CLINIC

1205 North Avenue, Cleveland, 53015
(920) 693-5600; FAX: (920) 693-5604
Contact: Karen Karch, clinic manager.
Hours: Monday through Friday, 8 a.m. - 4:30 p.m.
Staff: Physicians, psychologist, nurse practitioners, nursing staff, social worker, dietitian, and pharmacist.
Fees: Determined by the Department of Veteran Affairs.
Clientele: Veterans.
Services: The clinic offers primary care and mental health services. Those requiring specialty services will be referred to the Zablocki Veterans Affairs Medical Center in Milwaukee.
To Initiate Service: Call the Sheboygan County Veterans Service office at (920) 459-3054 for an application.

DIABETES/NUTRITION FORUMS

Contact: Diabetes Services at (920) 459-5192; Website: www.stnicholashospital.org.
Affiliation: St. Nicholas Hospital.
Fees: None.
Services: Free education series for type 1 and type 2 diabetes including information about: nutrition, medication, insulin pump therapy, continuous glucose monitor sensors, exercise, and coping with diabetes. Led by certified diabetes educators, diabetes nurses, and registered dietician. Call (920) 459-4636 to register.
Clientele: People of all ages with diabetes and their families.

DIVISION OF VOCATIONAL REHABILITATION

3620 Wilgus Avenue, Sheboygan, 53081
(920) 208-5855; FAX: (920) 459-3855
Hours: 7:45 a.m. - 4:30 p.m.
Staff: Vocational rehabilitation counselors.
Clientele: People who have a disability deemed eligible under Order of Selection which presents a substantial impediment to employment where there is a reasonable expectation for competitive work or supported employment outcome.
Services: Rehabilitation services to help a person with a disability become employed and services necessary to maintain or advance on the job.
To Initiate Service: Call or refer online dwd.wisconsin.gov/DVR.

DOMESTIC ABUSE SUPPORT GROUP
Contact: Safe Harbor at (920) 452-7640; **E-mail**: info@sheboygansafeharbor.org
Affiliation: Safe Harbor.
Fees: None.
Clientele: Survivors/victims of domestic abuse.
Services: A free and confidential support group. Meets every Wednesday at 6 p.m. Child care is available during the group.
To Initiate Service: Call Safe Harbor for information and location of meetings.

DRUG FREE COMMUNITY SUPPORT PROJECT
Website: www.frc-sc.org
Contact: MaryAdele Revoy, MS at (920) 892-6706, ext. 208; **E-mail**: mrevoy@frc-sc.org
Affiliation: Family Resource Center of Sheboygan County.
Fees: None.
Clientele: Parents of youth, youth, school personnel and community members.
Services: The drug free community grant serves as a coalition-building mechanism. The grant supports AODA programs and initiatives in Sheboygan County. This initiative includes medication drop boxes at the following locations:
Sheboygan Police Department, 1315 N. 23rd St., Sheboygan, 53081
Sheboygan Falls Police Department, 375 Buffalo St., Sheboygan Falls, 53085
Elkhart Lake Police Department, 40 Pine St., Elkhart Lake, 53020
Plymouth Police Department, 128 Smith St., Plymouth, 53073
Kohler, 319 Highland Dr., Kohler, 53044
The boxes are accessible when the police stations are open. It is preferred that medications are in their original package or prescription bottle. Please cross out your name and address, but DO NOT cover up the name of the medication. No needles are accepted at this time.

DYNAMIC FAMILY SOLUTIONS
Sheboygan: 615 S 8th Street, Suite 220, Sheboygan, 53081
(920) 323-2188: FAX (920) 358-5970
Manitowoc: One East Waldo Blvd., Suite #3, Manitowoc, 54220
(920) 323-7431
Brown: 3021 Holmgren Way, Green Bay, 54304
(920) 323-7431
Door County: 101 North 4th Street, Suite 107, Sturgeon Bay, 54235
(920) 323-7431
Website: www.dynamicfamilysolutions.com
Contact: Brooke Luebke, MS, LMFT
Hours: Monday through Friday, 9 a.m. – 7:00 p.m.; Saturday, 10 a.m. – 2:00 p.m.
Staff: LMFT; LCSW; ALSW; CARII
Fees: Varies, Commercial Insurance; Self Pay; Badger Care
Clientele: Children age 3 to older adult (over 65)
Services: Trauma focused care; Treatment of Post Traumatic Stress Disorder; Individual, Group, Family, Couples, Multifamily, Group, Psychotherapy, Play Therapy, Juvenile Sex Offender Program, Alcohol and Other Drug Treatment, Mental Health Treatment and Hypnotherapy.

EARLY LEARNING CENTER
1227 Wilson Avenue, Sheboygan, 53081
(920) 459-4330; FAX: (920) 459-6708;
Website: www.sheboygan.K12.wi.us/elc

Contact: Pam Kugi, principal; E-mail: pkugi@sheboygan.K12.wi.us
Affiliation: Sheboygan Area School District.
Hours: Monday through Friday, 8 a.m. - 4 p.m.
Staff: Early childhood teachers, educational assistants, school social workers, school psychologists, speech clinicians, and volunteers.
Fees: Vary.
Clientele: Families of children 3 - 5 years of age that reside in the Sheboygan Area School District who could benefit from services.
Services:

- Four-year old kindergarten program: Provides a four-day per week, 3 hour session of early childhood education for 4 year olds. Family involvement is also required. Registration is $20. Contact the school.
- Child Find program: Provides free screening for preschoolers who have reached their third birthday who may have problems which could interfere with learning. Further evaluation may be implemented and special education programs may be recommended. Hours are 8 a.m. to 4 p.m. Contact Kim Gerk or Pam Shavlik, Early Learrning secretaries for appointment (920) 459-4330.
- English language learners: 4-year old English language learner classes provide a four-day a week, 2 1/2 hour session of early childhood education for 4 year old, non-English speaking children. Family involvement is also required. Contact the school at (920) 459-4330. Registration is $20.
- Family school resource center: Provides a variety of free resources to support parents in their role as the first and most important teachers of their children. Videos, books, and pamphlets offer information on general topics such as child development and special interest topics such as Attention Deficit Disorder and special needs children. Most information is focused on the needs of families with young children ages 3 to 8 years. Open during the school year from 7:30 a.m. - 3:30 p.m.
- Early children with disabilities program: Classroom instruction is provided in programs for children ages 3 to 5 who have been identified as having a disability in one or more of the following areas: cognitive disability, learning disability, hearing impairment, visual impairment, speech/language, emotional/behavioral disability, or orthopedically impaired and/other health impaired. Speech/language therapy, classroom instruction, occupational/physical therapy, psychological and social work services are available. Services are based on the individual education plan written for each child. Referrals come from anyone concerned about a young child's development. Contact Beth Smith, Early Learning Center, School Psychologist, at (920) 459-6711. Registration is $20.

To Initiate Service: Parent initiated.

EPILEPSY FOUNDATION HEART OF WISCONSIN

1302 Mendota Street, Suite 100, Madison, 53714
(608) 442-5555/(800) 693-2287
Contact: Arthur Taggart, outreach director; **E-mail**: ataggart@epilepsywisconsin.org
Website: www.epilepsywisconsin.org
Hours: 8 a.m. - 5 p.m., Monday-Friday
Fees: Free services.
Clientele: Any person or family member of a person who has epilepsy or has experienced a seizure. All ages are served.
Services: Community and individual education and outreach pertaining to epilepsy and seizures; formal or informal prepared presentations from Epilepsy Foundation staff; basic case management services which include accompanying patients to doctor visits when requested; emergency medication services for up to a two week supply annually; and support services. Also offers programming for siblings or parents of people with any disability.

FAMILY CAREGIVERS COALITION IN SHEBOYGAN COUNTY

650 Forest Avenue, Sheboygan Falls, 53085

(920) 467-4100; Fax: (920) 459-4353; E-mail: Kathleen.Manny@sheboygancounty.com
Website: www.familycaregivers.org
Contact: Kathleen Manny, Co-Chair or Jane Jensen, Co-Chair
Hours: 8:00 am – 5:00 pm, Monday thru Friday
Affiliation: Aging & Disability Resource Center of Sheboygan County
Fees: None.
Staff: Social worker.
Clientele: A family caregiver is an adult who provides care and assistance to another family member or other loved one with a long term condition based on their relationship and not for financial gain.
Services: Family Caregivers Coalition membership is free and is open to family caregivers and organizations who make a commitment to support family caregivers in Sheboygan County, and who are in agreement with the mission, vision, and initiatives of the Family Caregiver Coalition. We offer social, educational events and an annual retreat.
To Initiate Service: Contact the Aging & Disability Resource Center of Sheboygan County at (920) 467-4100.

FAMILY CONNECTIONS, INC.
2508 South 8 Street, Sheboygan, 53081
(920) 457-1999 or 1-800-322-2046; Fax: (920) 451-0043; E-mail: info@familyconnectionscc.org
Contact: Matricia Patterson, Executive Director or Deb Schreiner, Resource Specialist
Hours: Monday through Thursday, 8 a.m. - 4 p.m. Open weeknights and weekends as needed for training and workshops.
Satellite Office: Affiliated with the Child Care Resource & Referral Agency in Kimberly
Staff: Executive director, early childhood consultants, resource specialist, connections coordinator
Fees: Fixed Payment and for trainings (on our website) we accept credit card or PayPal. Also we accept payments by check for trainings or materials.
Clientele: Regulated child care providers in Sheboygan, Manitowoc, and Fond du Lac Counties needing continuing education hours through trainings and workshops as well as technical consultation regarding child care programming. Individuals who desire to provide child care. Families in need of financial assistance to pay for child care may be eligible for our Connections program. For local child care referrals, contact Child Care Resource and Referral Inc. in Menasha at 1-800-749-KIDS.

FAMILY RESOURCE CENTER OF SHEBOYGAN COUNTY
Plymouth: 1500 Douglas Drive, Plymouth, 53073
(920) 892-6706; FAX: (920) 893-4403; E-mail: ltravis@frc-sc.org; Website: www.frc-sc.org
Contact: Luann Travis, executive director.
Hours: Plymouth: Monday and Wednesday, 9 a.m. - 5 p.m.; Tuesday and Thursday, 1 - 6 p.m.;
Closed Friday.
Staff: Certified parent educators, United Community for Youth coordinator, Military Families Connect coordinator, Literacy Council coordinator, and support staff.
Fees: Donations or fees to cover cost of materials; scholarships available in many situations.
Clientele: Parents, grandparents, foster parents, stepparents, and/or professionals working with children of all ages.
Services:

- Parent education opportunities, some with childcare.
- Parent/child activities, special events, playgroups.
- Support groups.
- Resource and lending library.
- Information and referral.
- Parents as Teachers home visiting program for first time parents, birth to 3 years. Must enroll before the child is 1 year old.

- Drug Free Community: See Drug Free Community listing.
- Literacy Council: See Literacy Council listing.
- Military Families Connect: See Military Families Connect listing.

FAMILY SERVICE ASSOCIATION
1930 North 8 Street, Sheboygan, 53081
(920) 458-3784; FAX: (920) 458-3785; E-mail: cccs@excel.net; Website: www.cccsonline.org
Contact: Ken King, executive director.
Hours: Monday through Friday, 8 a.m. - 5 p.m. and evenings by appointment.
Staff: Budget/credit counselor, housing and foreclosure prevention counselors, bankruptcy counselors, and financial educators.
Fees: Free budget and credit counseling; free debt and housing/foreclosure prevention counseling services.
Clientele: Any individual regardless of age, race, creed, religion, sexual preference, disability, or national origin.
Services:

- Housing counseling: HUD approved counseling agency to help new home buyers with pre-purchase and post-purchase counseling.
- Foreclosure prevention and loss mitigation services: Provides assistance in dealing with mortgage lenders and financial institutions to deal with foreclosures, foreclosure prevention, financial issues, workout programs, and loss mitigations services.
- Advocacy program: A guardianship agency approved by the State of Wisconsin Department of Health and Family Services. Staff has experience working with persons who are mentally ill, cognitively impaired, developmentally disabled, or elderly. Services include guardianships, conservator, and representative payee.
- Representative payee: As representative payee, income including Social Security funds, earnings and other income is deposited in the Representative Payee Trust Account. Clients receive a weekly or monthly living allowance. Funds are used to pay monthly expenses consistent with client's needs including payments for housing, utilities, food, and personal needs.
- Consumer Credit Counseling Service: As a member of the National Foundation for Credit Counseling, Family Services Association offers free budgeting/credit/debt counseling and gambling counseling.
- Educational Programs and Seminars: Presentations are made to schools, clubs, and businesses about all aspects of money management and credit. These presentations are easily adapted to all ages, from teens to senior citizens.
- Bankruptcy Counseling/Education: Agency is approved by the Executive Office for United States Treasury to provide pre-bankruptcy filing counseling and post-filing education programs.

To Initiate Service: Self-referral and through community resources.

FOOD PANTRIES IN SHEBOYGAN COUNTY
In most cases, photo identification is required to verify address.

St. Mark Lutheran Church
1019 North 7th Street, Sheboygan.
Contact: (920) 458-4343.
Open to Howards Grove, Kohler, and Sheboygan.
1st and 3rd Friday of the month, 10 – 11:30 a.m.
Only one visit per month. Need to have photo identification and utility bill for proof of address.
Pantry is closed on holidays.

Plymouth Food Pantry
St. Vincent de Paul Building.
2225 Eastern Avenue, Plymouth.
Contact: Dave Majerus at (920) 893-2989 or (920) 980-8902.
1st and 3rd Wednesday of the month, 9 a.m. - noon and 2 - 4 p.m.

Sheboygan Falls Community Food Pantry

Northside Christian Food Pantry
2133 North 22nd Street, Sheboygan.
Contact: Barb at (920) 458-7070, ext 117.
Every Thursday, 12:30 p.m. - 2 p.m.

Random Lake Interfaith Food Pantry
310 Center Avenue, Adell.
Contact: Deb Naumann at (920) 994-4186.
Every Tuesday, 9 - 11:30 a.m.
Also distributes commodities.

St. Luke United Methodist Church
623 Ontario Avenue, Sheboygan.
Contact: Marcy Kerp at (920) 458-3461.
Last Thursday of the month, 9 - 11 a.m.

Sheboygan Food Pantry
1946 North 15th Street, Sheboygan.
Contact: (920) 452-4737
Third full week of the month.
Monday through Friday, 9 a.m. - noon.
Only one visit per month.
Service to Sheboygan City residents only.

North Side Christian Food Pantry
2133 N. 22nd Street, Sheboygan
Every Thursday from 12:30 p.m. – 2 p.m.
Contact: Jan 458-7070

First Reformed Church
529 Giddings Avenue, Sheboygan Falls
Every 4th Tuesday of the month, 5p-6p
Contact: Chris Tempas 467-4257

Calvary Lutheran Church
2132 N 27th Street, Sheboygan
Monday – Thursday; Call for times-(920) 458-4822

529 Giddings Avenue, Sheboygan Falls.
Contact: Jim Pecquex 920-917-3917.
E-mail: fallspantry@gmail.com
Every Thursday, 9 - 11 a.m.
Only one visit per month. Need to have a phop ID and utility bill for proof of address. Pantry is closed on holidays.

St. Peter Claver Catholic Church
1444 South 11th Street, Sheboygan.
Contact: Noreen at (920) 457-4514.
1st and 3rd Monday of the month, 9 - 10:30 a.m.

Only the 3rd Monday of the month in September and sometimes July.

Salvation Army
710 Pennsylvania Avenue, Sheboygan.
Contact: (920) 458-3723.
Monday through Friday, by appointment,
9 - 3:45 p.m.
Extended hours
Every 1st, 2nd, and 3rd Wednesday of each month, 4:30 - 6:00 p.m.
No appointment necessary. First come, first-served.
Serving Sheboygan, Sheboygan Falls, Kohler & Howards Grove.

Campus Life Food Pantry Family Center
6426 South Business Drive, Sheboygan.
Contact: (920) 457-2381.
Call for date and time. Must bring photo ID & proof of residency.

Week-End Working Families Food Pantry
Sheboygan Christian High School
929 Greenfield Avenue, Sheboygan
Baked Goods
Saturdays at 9 a.m. until gone.
Contact: Betty Anne Steinpreis 458-8482
Picture ID and proof of Employment Verification are required. Will receive a 6 month membership card.

FOSTER GRANDPARENT / SENIORS IN SCHOOLS PROGRAM

2032 Erie Avenue, Sheboygan 53081
(920) 783-0003; Fax: (920) 457-5504
Contact: Barbara Horneck, director; **E-mail**: bhorneck@sheboygan.k12.wi.us
Website: www.sheboygan.k12.wi.us/programs/fgp.html
Affiliation: A program of Senior Corp, under the Corporation for National and Community Service, sponsored locally by the Sheboygan Area School District.
Hours: 8:30 a.m. – 4:30 p.m., Monday - Friday
Fees: No fees for participation.
Clientele: Men and women, age 55 and older who enjoy working with children and pass a background check. Income eligible receive a small stipend.
Services: An intergenerational program that provides opportunities for those 55 and older to serve as tutors

and mentors in the school setting. The caring and supportive relationships provide opportunities for enrichment to those serving. The program also focuses on promoting independence to those living alone by providing social connections, increased physical and mental activity, added routine and structure, and a small tax-free income to those who are income eligible. Supportive services to older adults and at-risk children in the school setting.
To Initiate Service: Contact the office for an application and interview.

THE GATHERING PLACE
730 County PPP, Sheboygan Falls, 53085
(920) 627-6847; Fax: (920) 467-4239; **E-mail**: tgp@stpaulfalls.com; **Website**: www.stpaulfalls.com; www.tgp4memory.com
Contact: Cindy Musial, executive director.
Hours: Monday, Tuesday and Thursday, 9:30 a.m. - 3:30 p.m.
Staff: Executive director, program assistants, lead cook, and volunteers
Fees: Fixed payment
Clientele: Adults with early - mid memory loss including Alzheimer's or related dementia.
Services: The day program is a social model program based on the wellness wheel. Assessments are completed on potential participants. Support for families and caregivers. Provides educational sessions for the community. The mission is to enrich lives by providing each individual the opportunity to maintain independence, personal dignity, and feelings of self-worth while making new friendships.
To Initiate Service: Call for an assessment.

GENERATIONS – AN INTERGENERATIONAL CENTER
1500 Douglas Drive Suite D, Plymouth, 53073
(920) 892-4858; Website: www.GenerationsIC.org
Contact: Joan Ketterman, Interim Director
Hours: Monday - Friday 8am to 4:30pm (See Website for evening programming)
Fee: There are no charges for most programs.
Clientele: Sheboygan County residents.
Services:

- Organizes free or low cost pool, ping pong, Mahjong, cards, crafts and other activities that bring generations together.
- Offers a large atrium/ gathering area for community member to: meet friends for lunch or coffee; use the computers; read the paper or visit one of Generations tenants.
- The center is home to 6 other nonprofit organizations including:
    - The Family Resource Center of Sheboygan County,
    - The Plymouth Adult Community Center,
    - Growing Generations Child Care,
    - Head Start- Plymouth,
    - Parents Plus
    - PIC-A-Deli which is open to the public for lunch, 11 a.m. – 2 p.m.

GENESIS BEHAVIORAL SERVICES, INC.
503 Wisconsin Avenue, Sheboygan, 53081
(920) 457-7802 or (920) 457-7803; FAX: (920) 457-7947
Contact: Jim Simac, Program Coordinator; **E-mail**: James.Simac@CorizonHealth.com
Hours: 24 hours a day.
Staff: Alcohol and drug abuse counselor.
Fees: Third party, fixed payment, sliding fee scale and ability to pay through Sheboygan County Health & Human Services.

Clientele: Adults 18 years and older who have abused alcohol and/or drugs; those dually diagnosed with primary alcohol and drug abuse issues.
Services: Residential programming.
To Initiate Service: All referrals ultimately come from the Sheboygan County Department of Health & Human Services, call (920) 459-3155 and ask for AODA outpatient services; may be referred through other county facilities; probation/parole division; self-referral of client; employee assistance programs; and inpatient hospitals/facilities for extended care.

GIRL SCOUTS OF MANITOU COUNCIL
5212 Windward Court, Sheboygan, 53083
(920) 565-4575; FAX: (920) 565-4583; E-mail: growstrong@gsmanitou.org
Website: www.gsmanitou.org
Contact: Denise Schemenauer, CEO.
Hours: 8:30 a.m. - 4:30 p.m.; summer hours – Memorial Day thru Labor Day - Monday through Thursday, 8 a.m. - 4 p.m. and Friday, 8 a.m. - 1 p.m.
Fees: National membership dues of $20. Financial assistance is available.
Clientele: Manitou Council serves girls in kindergarten through high school in seven counties including Sheboygan.
Services: The Council supports adult leadership and brings the Girl Scout program to girls. A volunteer staff provides local support for each troop and its troop leaders. A paid professional staff provides support and direction to all volunteers. The programs are responsive to the needs of all girls by building courage, confidence, and character.

GOOD AS NEW
349 S. Main Street, Cedar Grove 53013
(920) 668-6722; E-mail: goodasnewstore@gmail.com
Contact: Gwen Gesch, manager.
Hours: Wednesday 9 a.m. – 5 p.m.; Thursday and Friday 9 a.m. – 3 p.m.; Saturday 9 a.m. – 1 p.m.
Staff: Volunteers
Clientele: Anyone
Services: Thrift store offering clothing, household items, and furniture.

GREAT LAKES TRAINING AND DEVELOPMENT CORPORATION
3620 Wilgus Avenue, Sheboygan, 53081
(920) 208-5817; FAX: (920) 208-5819; Website: www.sheboyganjobcenter.com
Contact: Brian Ognacevic, manager.
Hours: Monday through Friday, 8 a.m. - 4:30 p.m.
Fees: None.
Clientele: Individuals who are presently on layoff, who are receiving unemployment benefits or who have exhausted unemployment benefits. Low income adults and youth; youth in foster care; and individuals with disabilities. Funding provided by the Workforce Investment Act.
Services: Employment and training services for youth and adults which include career counseling and consultation. Employability assistance including résumé service; job interview assistance/coaching; career assessment testing; and occupational skills training. Offers tuition assistance for short term or long term raining up to, and including, a 2-year associate degree.
To Initiate Service: Individuals can call for information and eligibility screening. Eligible customers will be provided with an application and will meet with a career consultant. An employment plan will be developed with the customer to meet the customer's needs and outline further services. Referrals are welcome.

GREAT MARRIAGES FOR SHEBOYGAN COUNTY
612 Center Avenue, Sheboygan 53081

(920) 783-3660; FAX: (920) 783-3669; E-mail: info@great-marriages.org**; Website:** www.great-marriages.org
Contact: Deb Wolniak, executive director.
Staff: Marriage educators, marriage mentors.
Hours: Monday – Friday, 8:30 a.m. – 4:30 p.m.
Fees: $35 for Prepare and Enrich survey, mentoring is free.
Clientele: Everyone who is in or thinking about being in a marriage or relationship.
Services: Marriage and Relationship education for:

- Healthy dating and relationship skills for youth and singles.
- Pre-marriage education.
- Marriage enrichment.
- Struggling or crisis couple mentoring.
- Stepfamilies and blended family issues

To Initiate Service: Come to the office or call.

GRIEF SUPPORT GROUP
St. Luke's United Methodist Church, 623 Ontario, Sheboygan
(920) 207-8522
Fees: None
Services: Support group to assist the grief process. Meetings are held every 4th Thursday from 6:00 pm to 7:30 pm. This is a non-religious group. For more information, please contact Nancy Simmonz at (920) 207-8522.

GRIEFSHARE
Word of Grace Community Church
837 Buffalo St., Sheboygan Falls
Services: Support group to assist the grief process. Meetings are held every Tuesday from 6:30 p.m. – 8:00 p.m.

GUIDED PATH COUNSELING, LLC
641 Monroe Street, Suite 111, Sheboygan Falls 53085
(920) 627-2793; FAX: (920) 550-0014; E-mail: ryanmgroh@gmail.com**; Website:** www.guidedpathcounseling.com
Hours: By appointment.
Fees: All major insurances are accepted.
Clientele: No reservation regarding ages of clients.
Services: Therapist treats clients who are suffering with symptoms of depression, anxiety, anger problems, grief, loss, schizophrenia, marital problems/couple counseling, family therapy, and play therapy/behavioral therapy for children.

HABITAT FOR HUMANITY LAKESIDE
P.O. Box 973, Sheboygan, 53082-0973
(920) 458-3399; E-mail: edhfhlakeside@gmail.com; **Website:** http://hfh-wi-lake.huterra.com
Contact: Robert Pamenter, Executive Director
Fees: Sliding fee scale depending on scope of services.
Clientele: 20% - 60% of median county income.
Services: Build houses and do minor repairs for qualified people within Sheboygan and Ozaukee Counties.
To Initiate Service: By application found on our website.

HALO (HOPE AFTER LOSS) ORGANIZATION
Contact: (920) 457-5770
Fees: None

Clientele: Anyone who has suffered pregnancy loss. Post abortion, miscarriage, ectopic, stillbirth, or early newborn death. The loss may be expected related to a fetal anomaly that is not compatible with life outside the womb. Caring support is given to anyone involved in the situation.
Services: Written resources, tangible mementos, one-on-one counseling, and monthly support group meetings. The group meets on the first Thursday of each month at 7 p.m.

HEALTH AND HOPE SUPPORT GROUP
Contact: Mental Health America at (920) 458-3951.
Affiliation: Mental Health America in Sheboygan County.
Fees: None.
Clientele: Adults who are receiving professional help for the treatment of major depression.
Services: The support group is time-limited for six weeks. Participants must be pre-registered and have approval for involvement in the group from a doctor or therapist. Dates and times of sessions vary throughout the year. Meetings are held at the United Way Building, 2020 Erie Avenue, Sheboygan. Although a professional facilitates the group, it is a peer support group.
To Initiate Service: Call for registration information or to be placed on the wait list.

HEALTHY SHEBOYGAN COUNTY 2020 (HSC 2020)
1011 North 8 Street, Sheboygan, 53081
E-mail: public.health@sheboygancounty.com
Services: Healthy Sheboygan County 2020 is a community-based initiative involving volunteers from the public and private sector seeking to make positive changes in the health status of Sheboygan County by:

- Increasing the community's awareness of public health issues specific to Sheboygan County;
- Identifying existing resources through organizations, agencies, citizen groups, and health care providers addressing specific public health issues;
- Forming meaningful, action-oriented coalitions of existing resources to reduce fragmentation while addressing Sheboygan County quality of life issues;
- Mobilizing our community's residents in taking responsibility for adopting healthier lifestyles.

Steering Committee Co-Chairs

- Jean Beinemann, Sheboygan County Division of Public Health, (920) 459-6438

Four Community health committees are their chairpersons are:

- **Activity and Nutrition Committee:**
  - Amy Betke, Sheboygan County Division of Public Health, (920) 459-3036
  - Jeri Dreikosen, Sheboygan Area School District, (920) 459-6738
- **Alcohol and Drug Abuse (AODA) Committee**
  - Family Resource Center, (920) 892-6706
- **Health Literacy Committee:**
  - Mary Paluchniak, St. Nicholas Hospital, (920) 451-7282
  - Ann Wondergem, United Way of Sheboygan County, (920) 458-3425
- **Mental Health Committee**
  - Kate Baer, Mental Health America, (920) 458-3951.
  - Sue Thiel, Sheboygan County Division of Public Health, (920) 459-6441.

For information: Email: publichealth@co.sheboygan.wi.us or contact committee chairs.

HMONG MUTUAL ASSISTANCE ASSOCIATION, INC.
2304 Superior Avenue, Sheboygan, 53081
(920) 458-0808; FAX: (920) 458-0081**; E-mail: mail@hmaaweb.org**
Contact: Chasong Yang, executive director
Hours: Monday through Friday, 8:00 a.m. – 5 p.m.
Staff: Director, Case Manager, Interpreters

Fees: Free services, sliding fee scale, and income eligibility
Clientele: Hmong Community
Services: Family Case Management for Hmong Families, Interpretation and translation services, cultural education program, educational workshops, citizenship class, and immigration services.
To Initiate Service: Personal or individual referrals and agency contacts.

HOME INSTEAD SENIOR CARE
708 Erie Avenue, Suite 6, Sheboygan, 53081
(920) 803-0188; FAX: (920) 803-0180; E-mail: eldercare@hiscsheboygan.com
Contact: Kelli Campbell, manager.
Hours: Monday through Thursday, 8:30 a.m. - 5 p.m. and Friday, 8:30 a.m. - 3 p.m.
Fees: Hourly rate of $15.95 per hour. Long Term Care Insurance.
Clientele: Seniors and disabled individuals.
Services: Non-medical services include companionship, meal preparation, light housekeeping, laundry, incidental transportation, and personal care.

HOME AND HOSPICE ADVANTAGE
1026 South Taylor, Sheboygan, 53081
(920) 452-1851; FAX: (920) 452-1854; Website: www.hospiceadvantage.com
Contact: Jody Holeman, administrator; E-mail: jholeman@hospiceadvantage.com
Hours: 24 hours a day, 7 days a week.
Staff: Specialized nurses, counselors and therapists, social workers, home care aides, volunteers, chaplains, and bereavement counselors.
Fees: Medicare, Medicaid, insurance, private pay.
Clientele: End of life care for patients and their families.
Services: Skilled nursing, home health aide, social worker, chaplain, and volunteers. Hospice provides compassionate care for persons in the last months of incurable diseases. Also provides home care services.
To Initiate Service: Self referral or referral from physician, healthcare facility, family, or others.

HORIZONS 4 GIRLS
2136 Calumet Drive, Sheboygan, 53081
(920) 254-1584; Website: www.Horizons4Girls.com; E-mail: char@packniak.com
Contact: Char Pachniak, CEO/founder
Fees: Free services and sliding scale.
Hours: After school, weekends, mid day summer hours
Staff: Screened and trained mentors
Clientele: Middle and high school female students.
Services: Mentoring, counseling, job shadowing, field trips
To Initiate Service: Referrals from teachers, social workers, counselors, or family.

INSIGHTS, INC
833 Pennsylvania Avenue, Suite 103, Sheboygan, 53081
(920) 482-1250; FAX: (920) 693-2003; E-mail: insightstherapy@gmail.com; **Website**: www.insightstherapyinc.com
Contact: Carol Sherman Haid, MA, LCPC, BCPC, Owner
Hours: By appointment
Staff: Licensed
Fees: Fixed payment and sliding scale.
Clientele: Children and adolescents (elementary through high school) with social, emotional or educational issues; Adults with familial issues, loss, divorce, or life changes; Adolescents and adults with ADHD struggles
Services: Expertise in ADHD and educational coaching, individual therapy, play therapy, family and marital counseling, educational consultations

To Initiate Service: Call or email to schedule a consultation or appointment.

INSIGHTS TO LIFE, LLC
3917 S 18th Street, Sheboygan, 53081
(920) 208-9947; E-mail: insightstolifeinfo@gmail; Website: www.insightstolife.com
Contact: Amy Raml
Hours: By appointment
Staff: BA and MA in Education, Certified Professional Coach, Certified Life Coach, Certified Youth, Parent and Family Coach
Fees: Personal Private Payment Plans
Clientele: Elementary through high school students. As a teacher for the SASD my expertise is working with older students struggling with social, LGBT issues, and other normal hurdles of life.
Services: Life coaching, mentoring, personal development and growth, goal setting enrichment, positive psychology, inspiration, motivation, positive self-esteem and moving forward.

JOB CENTER
3620 Wilgus Avenue, Sheboygan, 53081
(920) 208-5808; FAX: (920) 208-5877**; Website:** www.jobcenterofwisconsin.com
Website for jobs in Wisconsin: www.wisconsinjobcenter.org
Contact: Paul Sjollema, job employment and training specialist.
Hours: Monday through Friday, 7:45 a.m. - 4:30 p.m.
Staff: Job service specialists, veteran representatives, career counselor, and employment and training specialist.
Fees: None.
Clientele: Persons seeking employment and employers seeking employees.
Services: Job matching done by veteran representative, announcements regarding job opportunities, career counseling, employability workshops and assessments, resume building, national career readiness certificate. Internet accessibility available.
To Initiate Service: Registration required.

KINDRED HEARTS – WOMEN'S SUPPORT GROUP
Contact: Wendy Oppermann, CSAC, program coordinator at (920) 459-8587.
Affiliation: Senior Solutions, a program of Lutheran Social Services.
Fees: Contributions.
Clientele: Women 55 and older.
Services: This professionally facilitated group provides opportunity for personal growth, healthy skill building, and emotional healing through experiential learning and support. Kindred Hearts meets from 10 - 11:30 a.m. the first and third Tuesday of each month in the office of Senior Solutions (Room 2) at the Senior Activity Center of Sheboygan, 428 Wisconsin Avenue, Sheboygan.

KINDRED SPIRITS – FAMILY CAREGIVER SUPPORT GROUP
Contact: Wendy Oppermann at (920) 459-8587.
Affiliation: Senior Solutions, a program of Lutheran Social Services.
Fees: Contributions.
Clientele: Family caregivers of adults 55 and older.
Services: This professionally facilitated group provides caregiver support, education, and encourages healthy self-care. Kindred Spirits meets the second and fourth Monday of each month in the Senior Solutions office (Room 2) from 10 - 11:30 a.m. at the Senior Activity Center of Sheboygan, 428 Wisconsin Avenue, Sheboygan.

LA LECHE LEAGUE
1715 Grams Court, Sheboygan, 53081
Contact: Roni Anderson at (920) 698-1477; Sara Demmon at (920) 565-3874; or Rachel Pugh (920) 783-6027.
Website: www.llli.org; **E-mail**: Melanie_2us@yahoo.com
Affiliation: La Leche League International.
Staff: Accredited La Leche League leaders who have personal experience breastfeeding as well as support from La Leche League International.
Hours: Information and support groups meet the second Tuesday of each month from 6:30 - 8 p.m. at First Congregational Church, 1405 South State Hwy. 67, Plymouth, and the fourth Monday of each month from 9:30 - 11 a.m. in Sheboygan. Call (920) 783-6027 for location. Discussion is facilitated by an accredited La Leche League leader.
Fees: None. There is an optional membership of $40. A 10% discount on merchandise purchased through the La Leche League catalog that applies to members.
Clientele: All women who are interested in breastfeeding. Infants and children are welcome at meetings.
Services: Phone help, in home consultation on request, monthly meeting information and support. Free library at our meetings.
To Initiate Service: Phone, then in person or at a meeting.

LABOR OF LOVE COUNSELING & EDUCATION CENTER
1020 Superior Ave., Sheboygan, 53081
(920) 226-9599; FAX: (920) 226-9599; **Website:** www.laboroflovecenter.webs.com
Contact: Laurie Lawrenz
Hours: Monday – Friday, 10 a.m. – 4 p.m. (Other hours by appointment)
Fees: Free Services, Sliding Scale, Third Party
Clientele: Males or Females ages 15 to 99, no one is turned away for inability to pay.
Services: Domestic Abuse Victims - Individual & Group Counseling; Domestic Abuse Batterers – Individual & Group Counseling; Couples – Individual & Group Counseling; General Mental Health Counseling; Sexual Assault Victims – Individual Counseling

LAKELAND COLLEGE
P.O. Box 359, Sheboygan, 53082-0359
(920) 565-2111; FAX: (920) 565-1206**; Website:** www.lakeland.edu
Services: Lakeland is a private, applied liberal arts college committed to expanding access to higher education. Today, that commitment is realized through generous financial aid packages and student-centered initiatives such as small class sizes, faculty that have a passion for teaching, and a state licensed day care center on campus.
To Initiate Service: Call the following offices for assistance:

- Undergraduate evening programs for working adults, (920) 565-1503
- Graduate studies program, (920) 565-1503
- Student organizations, campus nurse, personal counseling, and housing, (920) 565-1228.
- Day care center information, (920) 565-3296

LAKESHORE COMMUNITY ACTION PROGRAM, INC. (CAP)
Outreach Office: 1441 North Taylor Drive, #7, Sheboygan, 53081
(920) 803-6991; FAX: (920) 694-0291**; E-mail:** ruthe@lakeshorecap.org;**Website**: www.lakeshorecape.org
Contact: Ruth Evans, Project HOPE Case Manager.
Hours: Monday, Wednesday, and Thursday, 8 a.m. - 5 p.m.
Staff: Emergency housing and Project HOPE worker, food pantry manager, and administrative staff.
Fees: None.

Clientele: Homeless families and individuals.
Services: Case management and supportive services.
To Initiate Service: Call to schedule an intake.

LAKESHORE COMMUNITY HEALTH CARE
1931 N. 8th Street, Sheboygan, 53081
(920) 783-6633; FAX: (920) 783-6635
Contact: Michele Schmitt, program director.
Staff: Nurses, therapists, dentists, hygienists, administrative staff.
Clientele: Those who are uninsured or under-insured and require health and dental care.
Services: Therapy and support groups for a variety of issues. Routine exams, fillings, fluoride treatments, dentures. The dental clinic is open Monday through Thursday from 8 a.m. – 5 p.m.
To initiate service: Schedule an appointment by calling 783-6633.

LAKESHORE TECHNICAL COLLEGE
1290 North Avenue, Cleveland, 53015
(920) 693-1109; E-mail: don.geiger@gotoltc.edu; Website: www.gotoltc.edu
Contact: Don Geiger, Student Services Director
Hours: Monday through Thursday, 7:30 a.m. - 6 p.m.; Friday, 7:30 a.m. – 3:30 p.m.
Staff: College counselors
Clientele: All enrolled students are eligible.
Services: Short term personal counseling.
To initiate service: Services are initiated by staff, student referral and inquiries.

LATINAS UNIDAS OF WISCONSIN, INC.
(920) 331-0105; E-mail: Latinas.unidas@yahoo.com or tneris5@yahoo.com; **Website**: www.latinasunidaswis.org
Contact: Teresita Neris, President, Community Legal Specialist
Hours: Monday through Friday, 8:30 a.m. - 8 p.m. leave a voicemail after hours.
Staff: Executive director, office assistant, and educators are volunteers.
Clientele: Serves individuals regardless of age, race, color, sex, national origin, or religion.
Services: Targets the mono-lingual, low-income, underserved Hispanic community with educational and charitable services.

- Staff speaks Spanish.
- Provides English as a second language (ESL) classes, Monday and Wednesday 9 - 11 a.m. and 6 - 8 p.m.
- Provides basic computer skills, Monday and Wednesday 9 - 11 a.m. and 6 - 8 p.m.
- Provides GED/HSED (Spanish) classes, Tuesday and Thursday 9-11 a.m. and 6-8 p.m.
- Provides citizenship classes, Tuesday and Thursday 9 - 11 a.m. and 6 - 8 p.m.
- Acts as an information and referral source for educational programs, translation/interpretation services, job searching techniques, health issues, law enforcement information, legal services, escorts, advocacy, and transportation.
- Provides pamphlets and educational material on community resources and educational resources.
- Organizes, sponsors, and promotes educational programs and charitable services through forums, workshops, and family events so families become bilingual.

LAW ENFORCEMENT AGENCIES

Elkhart Lake Police Department
Chief Randy Boeldt
40 Pine Street, Elkhart Lake, 53020
(920) 876-2244

Sheboygan County Sheriff's Department
Sheriff Todd Priebe
525 North 6th Street, Sheboygan, 53081
(920) 459-3111

Med drop box

Kohler Police Department
Chief William J. Rutten
319 Highland Drive, Kohler, 53044
(920) 459-3877
Med drop box

Plymouth Police Department
Chief Jeff Tauschek
128 Smith Street, Plymouth 53073
(920) 893-6541
Medication drop box located in the lobby of the police department.

Sheboygan Falls Police Department
Chief Steven Riffel
375 Buffalo Street, Sheboygan Falls, 53085
(920) 467-7902
Med drop box

Sheboygan Police Department
Chief Christopher Domagalski
1315 North 23 Street, Suite 101, Sheboygan, 53081
(920) 459-3333
Medication drop box located in the lobby of the police department.

LEGAL ACTION OF WISCONSIN, INC.
404 North Main Street, Suite 702, Oshkosh, 54901
(920) 233-6521 or 1-800-236-1128; FAX: (920) 233-0307
E-mail: jkj@legalaction.org**; Website:** www.legalaction.org
Contact: Jacquelyn K. Jarvis, managing attorney.
Hours: 9:00 a.m. - 5:00 p.m.
Staff: Attorneys, paralegal, support staff.
Fees: Clients are not charged a fee for services but may have to pay court costs and costs incurred in litigation.
Clientele: Low-income clients.
Services: Free civil legal services for low-income clients in selected areas of civil law such as family law, housing law, public benefits, consumer law, disability, and public benefits.
To Initiate Service: Prospective client must call our office.

LIBERTAS OF SHEBOYGAN
2108 Kohler Memorial Drive, Sheboygan, 53081
(920) 803-0740; FAX: (920) 803-0739
Contact: Carol Stewart, CSAC counselor.
Hours: Monday, noon - 9 p.m. and Tuesday through Friday, 8:30 a.m. - 5:30 p.m.
Staff: Alcohol and drug abuse counselor.
Fees: Third party and Medicaid.
Clientele: Adolescents and adults.
Services: Assessments, adolescent alcohol and drug abuse intensive outpatient services, and aftercare.

LIBRARIES

Cedar Grove Public Library
Nicole Lynaugh, director
131 West Van Altena Avenue
Cedar Grove, 53013
(920) 668-6834

Elkhart Lake Public Library
Betty McCartney, director
40 Pine Street, P.O. Box R
Elkhart Lake, 53020
(920) 876-2554

Mead Public Library
Sharon Winkle, director
710 North 8th Street
Sheboygan, 53081
(920) 459-3400
www.meadpubliclibrary.org

Memorial Library
Scott Gehrig, director
330 Buffalo Street
Sheboygan Falls, 53085
(920) 467-7908

Kohler Public Library
Erin Coppersmith, director
333 Upper Road
Kohler, 53044
(920) 459-2923

Lakeview Community Library
Darla Jean Kraus, director
112 Butler Street
Random Lake, 53075
(920) 994-4825
lakeviewcommunitylibrary.org

Oostburg Public Library
Trixine Tahtinen, director
213 North 8th Street
Oostburg, 53070
(920) 564-2934

Plymouth Public Library
Martha Rosche, director
130 Division Street
Plymouth, 53073
(920) 892-4416

LIFE POINT COUNSELING, LLC
Phone: (920) 892-7600; Fax: (920) 449-4247; E-mail: lifepoint@frontier.com
Contact: Kay Hunholz, Director.
Hours: Monday through Friday 8 a.m. – 6 p.m. Saturday by appointment only.
Staff: Licensed professional counselors, alcohol and drug abuse counselor.
Fees: Insurance, Medicaid HMOs, and sliding fee scale.
Services: Counseling for individuals, family and marital issues, alcohol and drug abuse, depression, anxiety, and other mental health concerns. Counseling for children. Faith-based counseling.

THE LIGHTHOUSE THERAPY
314 Niagara Avenue, Sheboygan, 53081
(920) 451-8667; FAX: (920) 451-8799; E-mail: lighttherapy@bytehead.com; **Website:** lighthousetherapy.com
Contact: Dan Huber
Staff: Licensed professional counselors
Fees: Insurance, Medicaid, and sliding fee scale.
Services: Counseling for individuals, family and marital issues.

THE LITERACY COUNCIL OF SHEBOYGAN COUNTY
1500 Douglas Drive, Suite B, Plymouth, WI 53073
(920) 892-6706 x206
Email: cdussault@frc-sc.org
Website: www.frc-sc.org
Contact: Carol Dussault, Direct Services Coordinator
Hours: Monday–Thursday, 9:00 a.m.–3:00 p.m.
Affiliation: Family Resource Center of Sheboygan
Staff: Coordinators, volunteers
Fees: Services are provided at no cost. Adult students in the one-on-one tutoring program are asked to pay for their study materials.
Clientele: Adults 18 years and older who need help with literacy skills.
- Adults wishing to improve basic literacy and/or English-language skills
- Adults looking to volunteer their services to assist adults with literacy support. Free training is provided to volunteer tutors.

To initiate services: Call Carol Dussault at the Family Resource Center of Sheboygan County.

LIVING BETTER WITH CHRONIC COPD (CHRONIC OBSTRUCTIVE PULMONARY DISEASE) SUPPORT GROUP
15 W Main Street, Plymouth, 53073; E-mail: bevnke@gmail.com
Contact: Beverly Behnke at (920) 698-2263.
Staff: Peer led.
Fees: None.
Clientele: Open to anyone with an interest in COPD (Chronic Obstructive Pulmonary Disease) support. Includes Emphysema, Bronchitis, Alpha 1, Asthma, and other lung diseases. The group offers support on how to make life easier to cope with these diseases, including information for caregivers and families.
Meetings: The last Wednesday of every month at 1 p.m. at Lutheran Church of Our Redeemer, 3027 Wilgus Avenue, Sheboygan. The meeting place is handicapped accessible.

LIVING BEYOND PROSTATE CANCER
3100 Superior Avenue, Sheboygan, 53081
(920) 459-4614; **FAX**: (920) 451-7281; **E-mail**: Brenda.Davies@hshs.org
Contact: Brenda Davies, Clinical Research Coordinator;
Affiliation: St. Nicholas Hospital and American Cancer Society.
Fees: None.
Hours: 7:00 p.m. – 8:00 p.m.
Clientele: Men of any age that have experienced prostate cancer.
Services: Meets the second Monday of the month in February, April, June, August, October, and December from 7 - 8 p.m. at St. Nicholas Hospital, 3100 Superior Avenue, Sheboygan. Registration is not required. Call Brenda Davies to receive information on upcoming topics or speakers.

LIVING FREE INFORMATION & SUPPORT GROUP
Parkview School, Plymouth
Services: Offering free Christ-centered help to overcome or avoid life controlling problems. Child care is provided. The support group is held every Wednesday.
To Initiate Service: Please call (920) 207-3665 or (920) 892-4080.

LOW VISION GROUP
Contact: Carolyn Neerhof at (920) 564-2668.
Fees: None.
Clientele: A support group for blind and visually impaired persons and their caregivers/spouses that meets the third Thursday of the month at 1 p.m. at the Senior Activity Center (Room 11), 428 Wisconsin Avenue, Sheboygan.

LUTHERAN COUNSELING AND FAMILY SERVICES
1614 South 23rd Street, Sheboygan, 53081; Mailing address: 3800 Mayfair Rd., Wauwatosa, WI 53222
(800) 291-4513; FAX: (414) 536-8333; E-mail: lcfs@lcfswi.org; Website: www.lcfswi.org
Contact: Lisa Huebner/Mary Wright
Staff: Licensed professional counselor
Fees: Insurance, Medicaid, sliding scale
Clientele: Serves individuals regardless of race, creed, religion, or nation origin.
Services: Individual, family marital, and adolescent therapy.

LUTHERAN SOCIAL SERVICES
706 North 9 Street, Sheboygan, 53081
(920) 458-4161; E-mail: Athena.mrotek@lsswis.org
Contact: Athena Mrotek, Assistant
Hours: Monday - Friday.

Staff: Master's level counselors.
Fees: Subsidized fee scale.
Clientele: Serves individuals regardless of race, creed, religion, or national origin.
Services: Individual, family, marital, and adolescent therapy; family education; behavioral and anger management; domestic violence; grief therapy; foreign and special needs adoption as well as independent adoption studies.

MAKE-A-WISH FOUNDATION OF WISCONSIN
100 W College Avenue, Suite 50E, Appleton, 54911
(920) 993-9994; FAX: (920) 993-9996; E-mail: kteofilo@wisconsin.wish.org
Contact: Kris Teofilo, regional director
Hours: 8:30 a.m. – 5:00 p.m.
Staff: Director & Coordinator.
Clientele: Children 2 ½ to18 years of age who have a life-threatening medical condition.
Services: Organization serves the 11 northeastern counties of Wisconsin, including Sheboygan County. The wishes of children with life-threatening medical conditions are granted to enrich the human experience with hope, strength, and joy.
To Initiate Service: Through a referral made by one's doctor, social worker or parent over the phone or online.

MARY'S ROOM
4219 Highway 42 North, Sheboygan, 53083
(920) 208-8258
Hours: All hours by appointment only.
Staff: Volunteers.
Fees: None.
Clientele Served: Anyone who feels they need assistance in the way of maternity clothing or baby clothing (newborns through 4T) and baby items. The decision as to whether assistance is necessary is entirely up to the person or family.
Services:
- Maternity clothing - all seasons and sizes.
- Baby items - bottles, diapers, clothing through size 4T, and blankets.
- Baby furniture - high chairs, Pack N Plays, changing tables, and strollers.
- Miscellaneous - referrals to area agencies; friendship; and layettes which are used in area hospitals for any new mom in need.

To Initiate Service: Call for an appointment. Client meets the volunteer at Mary's Room at the time of the scheduled appointment. Individuals with needs outside of what Mary's Room can provide are referred to other agencies.

MAYWOOD – ELLWOOD H. MAY ENVIRONMENTAL PARK
3615 Mueller Road, Sheboygan, 53083
(920) 459-3906; FAX: (920) 459-4089**; E-mail:** maywood@sheboyganwi.gov**; Website:** www.gomaywood.org
Contact: Rebecca Clarke, Naturalist.
Hours: Ecology Center: Monday through Friday, 9 a.m. - 4 p.m.; Saturday and Sunday, call for hours. Trails are open 6 a.m. - 10 p.m. daily.
Staff: Naturalist, trust administrator, receptionist/volunteer coordinator, environmental education specialists, and volunteers.
Fees: None, except during special community events.
Clientele: All ages and families. School groups from pre-K through college level. Summer camp offerings for children ages 4 - 15. Some workshops are designed especially for adults. Ecology Center, park, and trails are

open year-round to the public.
Services: Maywood offers the public a hands-on nature experience through environmental programs and workshops, recreational opportunities, school field trips, summer camp for children, seasonal community events, an Ecology Center for meetings of environmentally related groups, and natural displays. Miles of free trails in the park for hiking, cross-country skiing, and wildlife viewing.
To Initiate Service: Programs presented by special guests, staff, and volunteers are listed in the EcoEdges newsletter, on the website, and through local press releases.

MEALS ON WHEELS OF SHEBOYGAN COUNTY, INC.
1004 South Taylor Drive, Sheboygan, 53081
(920) 451-7011; FAX: (920) 451-7013; E-mail: mow@powercom.net;
Website: www.sheboyganmealsonwheels.org
Contact: Kelly Heyn, director.
Hours: 8:30 a.m. – 3:00 p.m.
Emergency Hours: Voicemail after hours.
Staff: Executive director, part-time support staff, and volunteers.
Fees: Self-pay and funding through the Department of Health and Human Services and other Resources.
Clientele: Homebound, elderly, disabled, those recovering/rehabilitating from injury or surgery and those unable to obtain or prepare food. No age restrictions.
Services: Volunteers deliver nutritionally balanced meals between 11:15 a.m. – 12:30 p.m. Monday through Friday. Meals are delivered on routes throughout Sheboygan County.
To Initiate Service: A call to the office by client, family member, or health care professional.

MEMORY LOSS SUPPORT GROUPS IN SHEBOYGAN COUNTY

For the Caregiver of Someone with Memory Loss
2nd Tuesday, 6:30-8 p.m.
Libby's House North
2653 Valley Road, Plymouth
Facilitator: Christine Thill, RN – (920) 946-7627
E-mail: cthillrn@libbyshouse.com

For the Caregiver of Someone with Memory Loss
4th Tuesday, 6:30-8 p.m.
Sheboygan County Health/Human Services
1011 N. 8th Street, Sheboygan
Facilitator: Christine Jeske – (920) 467-4100

For Early Stage Memory Loss Individual and Caregiver
3rd Tuesday, 2:30-3:30p.m.
St. Paul Lutheran Church, Room 100
730 County Tk PPP, Sheboygan Falls
Facilitators: Ginny Nyhuis, MSW – (920) 838-1311
Connie Thimmig – (920) 838-3474

MEMORY MATTERS
730 County PPP, Sheboygan Falls, 53085
(920) 627-6847; **Fax**: (920) 467-4239; **E-mail**: tgp@stpaulfalls.com;**Website**: www.stpaulfalls.com
Contact: Cindy Musial, Executive Director
Hours: Thursdays - 9:00 a.m. - 1:00 p.m.
Staff: Executive Director, Program manager
Fees: Fixed
Clientele: Individuals who are in early stages of dementia. They may have a recent diagnosis or simply have memory concerns.
Services: Memory Matters is a proactive approach to brain fitness designed specifically for people concerned about their memory or adults with early dementia or other cognitive impairment. The format is more

education-based. Individuals will learn to develop memory strategies, maintain or improve concentration, learn techniques for stress reduction, gain access to memory loss resources and foster active healthy, successful aging.

MENTAL HEALTH AMERICA IN SHEBOYGAN COUNTY, INC.
2020 Erie Avenue, Sheboygan, 53081
(920) 458-3951; FAX: (920) 458-3441; E-mail: info@mhasheboygan.org;
Website: www.mhasheboygan.org
Contact: Kate Baer, executive director.
Affiliation: Mental Health America.
Hours: Monday through Thursday, 8 a.m. to 4 p.m. Fridays by appointment. Answering machine after hours.
Staff: Executive director, youth educator, administrative assistant, and volunteers.
Clientele: Serves people of all ages in Sheboygan County. Depending on the specific need, may serve residents of adjoining counties who are without a Mental Health America office.
Services: The mission of Mental Health America is to promote mental health, prevent mental and substance abuse conditions, and achieve victory over mental illnesses and addictions through advocacy, education, research, and service.

- Provides mental health education for schools, community groups, and others.
- Acts as an information and referral source for people seeking mental health services such as support groups and therapy.
- Provides pamphlets and educational materials on mental health topics in English and Spanish.
- Participates in Team Blue Ribbon (Child Abuse Prevention Committee).
- Chairs Healthy Sheboygan County 2020 Mental Health Committee.
- Advocates for the care and treatment of persons with a mental illness.
- Promotes coordination of community mental health services and efficient use of resources.
- Acts as a temporary legal guardian for persons found to be incompetent by the courts.
- Distributes a newsletter covering current issues and events related to mental health.
- Provides payment for psychotropic medication on an emergency basis.
- Supports the following self-help groups: Compassionate Parents, Suicide Loss Support Group, and the Health and Hope Support Group for those with major depression.
- Maintains a resource library of materials available for free loan to the public. Some items are in Spanish. Topics include but are not limited to depression, schizophrenia, bipolar disorder, anxiety, stress, and suicide prevention.
- Creates the *Directory of Community Resources* for Sheboygan County that is available online.
- Coordinates free screenings for depression, anxiety disorders, and other common disorders. Also offers anonymous, free screenings for common disorders through the MHA website.
- Sponsors There Is Hope, an annual walk for suicide awareness and prevention.

MENTAL HEALTH SERVICES, INC.
1117 Clara Avenue, Sheboygan, 53081
(920) 459-8287; FAX: (920) 459-7673; E-mail: pam.tegrotenhuis@yahoo.com
Contact: Thomas J. Schroedl, President.
Hours: 24/7
Staff: Adult Care Workers
Clientele: 18 years and older.
Services: 14 beds for community based residential facilities for adults with persistent mental illness. 24/7 non-nursing care.
To Initiate Service: Referral through Sheboygan County Department of Health and Human Services.

MILITARY FAMILIES CONNECT

1500 Douglas Drive, Suite B, Plymouth, 53073
(920) 892-6706; E-mail: LPlatfoot@frc-sc.org; **Website:** www.frc-sc.org
Contact: Lauren Platfoot, Coordinator of Military Families Connect
Affiliation: Family Resource Center of Sheboygan County.
Hours: Monday – Thursday / 9:00am – 3:00pm
Fees: None.
Clientele: Military families and friends of those in the military and military members.
Services: Military Families Connect is dedicated to providing:

- Appropriate referrals to local and state wide resources to organizations that provide services such as financial assistance, housing, food, utilities, and counseling.
- Connections to programs to meet the unique needs of military children such as youth activities or age appropriate outings during monthly meetings, youth camps, and assistance in procuring grants for those camps. Assistance with coordinating services for both the service member and their family members.
- Opportunities to connect with other military families through monthly group meetings and family events.
- Weekly emails forwarding statewide programs and events information for military families.
- Bi-Monthly newsletter with updated information about ongoing state and local programs.

To Initiate Service: Contact Lauren Platfoot for more information about services and resources available to military families.

MULTIPLE SCLEROSIS (MS) SUPPORT GROUP
Affiliation: Aurora Sheboygan Clinic
Contact: Dawn Kelm, volunteer facilitator, at (920) 693-8679; E-mail: webtrek@tds.net
Fees: None.
Clientele: People with multiple sclerosis and caregivers of people with multiple sclerosis.
Meetings: Support group meets the third Monday of each month from 6 - 8 p.m. in the Chinook Room of the Aurora Sheboygan Clinic, Sheboygan.

NARCOTICS ANONYMOUS
Aurora Sheboygan Memorial
2629 N 7th St., Sheboygan, 53081
Meetings: Held every Friday at 7:00 p.m.
To Initiate Service: Please call (920) 451-5548

NARCOTICS ANONYMOUS
Right Way Club
4627 S 12th Street, Sheboygan, 53081
Meetings: Meetings are held very Tuesday at 10:00 a.m.

NARCOTICS ANONYMOUS
Winning at the End of the Road: St Peter's Church
2104 Geele Ave., Sheboygan
Meetings: Held very Tuesday at 7:00 p.m.

NARCOTICS ANONYMOUS
1-800-240-0276
1-888-611-1813 (Manitowoc, Ozaukee, Sheboygan, and Washington Counties)
Fees: None.
Clientele: Individuals of all ages in need of support for any addiction.
Services: Narcotics Anonymous offers support group meetings.

NEAT REPEATS THRIFT SHOP
2627 Eastern Avenue, Plymouth, 53073
(920) 892-9100; Website: www.neatrepeatsthriftshop.com
Contact: Darlene Mech, volunteer coordinator or Laura Herrmann, manager.
Hours: Monday 10 a.m. - 8p.m., Tuesday- Friday 10 a.m. – 5 p.m., Saturday 10 a.m. – 4p.m.
Staff: Volunteers and supporters of Lutheran High School.
Clientele: Anyone wishing to purchase used clothing, household goods, and furniture at very low prices.
Services: Large selection of used items for sale at greatly reduced prices. Items include furniture, clothing, household goods, bedding, toys, books, jewelry, antiques, and more. All are welcome to shop regardless of household income levels. The store also accepts donations of any of the above items provided they are clean and in good condition.
To Initiate Service: Visit the store during regular business hours.

NETT-WORK FAMILY COUNSELING, LLC
2801 Calumet Drive, Sheboygan, 53083; 621 East Mill Street, Plymouth, 53073
(920) 451-6908
Staff: Psychotherapists, psychologist, alcohol and drug abuse counselors.

NEW DAY MEALS
Contact: Bethany Reformed Church at (920) 452-0051; **E-mail**: bethany@bethanyrc.com
Fees: None.
Clientele: Anyone wishing to participate.
Services: A free meal is served on the third Tuesday of each month from 5 - 6:30 p.m. at Bethany Reformed Church, 1315 Washington Avenue, Sheboygan.
To Initiate Service: Come for the meal. No reservations are needed.

NORTHEAST REGIONAL CENTER FOR CHILDREN AND YOUTH WITH SPECIAL HEALTH CARE NEEDS
325 North Commercial Street, Suite 400, Neenah, 54956
(877) 568-5205; Fax: (920) 969-7975**; E-mail:** infoNERC@chw.org
Website: www.northeastregionalcenter.org
Contact: Tracey Ratzburg, Program Administrator.
Hours: 8 a.m. - 4:30 p.m.
Staff: I&R Specialists and an Outreach Coordinator
Fees: None.
Clientele: Families and providers in the northeast counties of Wisconsin who care for children birth to 21 years of age with special health care needs.
Services: Connect people to resources and services available in the community.
To Initiate Service: Contact the office.

NORTHSHORE CLINIC OF SHEBOYGAN
805 N 6th Street, Sheboygan, 53081
(920) 457-8866; FAX: (920) 457-8867; E-mail: nsc@northshoreclinic.org;
Website: www.northshoreclinic.org
Staff: Psychologist and mental health therapists.

NOVO COUNSELING, LLC
833 Pennsylvania Avenue, Suite 103, Sheboygan 53081
(414) 333-8088; Website: www.novocounseling.com
Staff: Mental health therapists.

NU DAWN CLUB
Contact: Karen Davis at (920) 459-3773; E-mail: kdavis@sheboygan.k12.wi.us
Affiliation: Sheboygan Area School District.
Staff: Professionals, peers, and group home staff.
Fees: $16 per year.
Clientele: Adults 18 years and older with cognitive or physical disabilities.
Services: The group meets for recreational and social activities on the second Tuesday of the month in the cafeteria of Horace Mann Middle School, 2820 Union Avenue, Sheboygan.

OPEN DOOR DROP-IN CENTER
817 North 8 Street, Sheboygan, 53081
(920) 452-6875; FAX: (920) 452-9153; E-mail: opendoorsheb@sbcglobal.net
Contact: Mary Buchberger.
Hours: Monday, Wednesday, and Friday, 9 a.m. - 4 p.m.; Thursday, closed; and Saturday, 10 a.m. - 2 p.m. Closed on Tuesday and Sunday.
Staff: Volunteer professionals in areas of social work and psychology as well as consumer volunteers.
Fees: None.
Clientele Served: The Open Door is a recreational and leisure center for adults with mental illnesses and those in need. The Center is not affiliated with any mental health organization or program.
Services: Both recreational and leisure activities are offered such as pool, foosball, crafts, bingo, television, snacks, computers, and referrals. There is also a free clothes closet for those in need.
To Initiate Service: Professional referrals or word of mouth.

OUR VIEW WOMEN'S GROUP
Contact: Safe Harbor at (920) 452-7640; E-mail: maix@sheboygansafeharbor.org
Affiliation: Safe Harbor.
Fees: None.
Clientele: Survivors/victims of domestic abuse and/or sexual assault who speak Hmong.
Services: A free and confidential support group. Childcare is available during the group.
To Initiate Service: Call for information and location of meetings.

OVEREATERS ANONYMOUS
Redeemer Lutheran Church
1808 Eastern Ave., Plymouth
Fees: No dues or fees
Meetings: Held every Sunday in Room 3 from 5:30 – 6:30 p.m.
To Initiate Service: Please call (920) 286-1004.

OVEREATERS ANONYMOUS
Remedy Reformed Church
806 N. 8th St., Sheboygan
Fees: No dues, fees or weigh-ins.
Meetings: Held every Thursday at 2:00 p.m.
To Initiate Service: Please call (920) 849-4882

PARAGON COMMUNITY SERVICES
N5653 Frontage Road, Plymouth, 53073
(920) 892-7060; Fax: (920) 892-7406
Contact: Nick Verhagen at nverhagen@paragon-wi.com
Hours: Monday through Friday, 7:30 a.m. - 3:30 p.m.
Fees: Varies.

Clientele: Adults with disabilities.
Services: Providing creative community activities for people with disabilities.
To Initiate Service: Call the office.

PARENTING WITH PATIENCE… (AND PRAYER)
Contact: Darlene J. Mech, Ph.D. at (920) 451-3141.
E-mail: dr.darlenemech@gmail.com
Fees: $70 per family for materials.
Clientele: Parents of children ages 2-13.
Services: The seven week parenting class is led by a licensed psychologist who is also a pastor's wife. The group is suitable for Christian parents who want to make their homes more peaceful, positive, and loving. Skills taught include praise, rewards/privileges, ignoring, time-out, communication, compliance, allowances, sticker charts, job jars, body safety, and much more. Participants receive numerous handouts, references, feedback, and opportunities to practice the skills taught. The class typically runs in the spring.
To Initiate Service: Parents may call at any time to have their names put on a mailing list or to register for the next class.

PARENTS AS TEACHERS PARENTING PROGRAM
1500 Douglas Drive, Suite B, Plymouth, 53073
(920) 892-6706 / E-mail: PWiedmeyer@frc-sc.org; **Website**: www.frc-sc.org
Contact: Peggy Wiedmeyer, Coordinator of Parents as Teachers
Staff: Trained and certified parent educators
Hours: Monday – Thursday / 9:00am – 3:00pm
Clientele: First time parents of children – birth to 3 years old.
Fees: None
Services: Parents, you are your child's first teachers. And your child was born to learn! The Parents as Teachers (PAT) program supports first time parents of a child birth-three years old. The PAT program provides a trained Parent Educator to conduct monthly or bi-weekly visits to the child's home to help develop early childhood education, provide early developmental screenings, build early literacy, support healthy development and help equip parents with more knowledge to have a greater impact on their children's lives. PAT services assist in supporting your parenting goals and well-being.
To Initiate Services: Call Peggy Wiedmeyer at the Family Resource Center of Sheboygan County for more information. Enrollment is easy!

PARKINSON'S SUPPORT GROUP
c/o Sunny Ridge Health & Rehabiliation Center, 3014 Erie Ave.,Sheboygan, 53081
Contact: Louis Borth at (920) 400-1336 or Kristin Barts (920) 889-2602.
E-mail: lborth@yahoo.com
Affiliation: Wisconsin Parkinson's Association.
Clientele: Any individual with Parkinson's disease, their caregiver, family member, or friends.
Services: The purpose of the support group is to provide support, educational material, discussion groups, and speakers for persons affected by Parkinson's disease. The support group meets the third Tuesday of each month at 2 p.m.
To Initiate Services: Call Louis Borth at (920) 400-1336.

PARTNERS FOR COMMUNITY DEVELOPMENT, INC.
1407 South 13th Street, Sheboygan, 53081
(920) 459-2780 or 1-800-584-8172; FAX: (920) 459-2782**; E-mail:** info@partners4cd.com
Website: www.partners4cd.com
Contact: Lucio Fuentez, Executive director
Hours: Monday - Friday 8 a.m. – 4:30 p.m.

Staff: Professionals, paraprofessionals, and program support.
Fees: Sliding fee scale. Some fees may apply.
Clientele: Eligibility for certain services/programs is based on income levels.
Services: Housing-related services to low income individuals; Partners Cares 4 Kids; Health Exchange Navigators; as well as interpretation, translation, referral and outreach services for the Hispanic Community. It administers:

- State of Wisconsin Weatherization Assistance Program. A free program for those below 60% of Wisconsin Median Income and receiving Energy Assistance benefits.
- Homebuyers Assistance Program: Andres Araujo, Program Director 920-459-2780 ext. 103 email: andres@partners4cd.com. This program provides financial assistance to eligible individuals and families interested in purchasing a home for the first time but need help with down payment and closing costs. Income eligibility is 80% of the County Median Income. This program also offers home rehabilitation services.
- Sunnyside Townhouses: Dawn Zoerner, Property Manager 920-459-9299 email: sunnyside@partners4cd.com Sunnyside Townhouses is a multifamily rental property.
- Hispanic-American Information Center: 920-459-9880 email: outreach@partners4cd.com; Website: www.haic-sheboygan.org. The Hispanic-American Information Center offers information, referrals, outreach, interpretation and translation services to the Hispanic-American community of Sheboygan County.
- Volunteer Center of Sheboygan County: Rachel Rupnik, Program Manager 920-459-2780 ext. 112 email: rachel@volunteersheboygan.com; Website: www.volunteersheboygan.com. The Volunteer Center of Sheboygan County assists nonprofit organizations carry out their retrospective charters/missions by matching quality volunteers with the agencies' services and programs.
- Partners Cares 4 Kids: 920-459-2780 ext. 108 for Hmong; ext. 120 for Spanish. Partners Cares 4 Kids seeks to enroll and retain eligible underserved children in Medicaid and BadgerCare+, focusing on Latino and Hmong children.
- Exchange Navigator Program: 920-459-2780 ext. 117 and ext. 110 Partners' Navigators will provide accurate, unbiased information to help uninsured individuals and families gain coverage and enroll in an appropriate health plan.

To Initiate Service: Contact Partners' office.

PHOENIX BEHAVIORAL HEALTH SERVICES LLC
807 Center Ave, Sheboygan, 53081
(920) 682-1131 Website: www.phoenixbhc.com
Staff: Mental health therapists.

PLANNED PARENTHOOD
2108 Kohler Memorial Drive, Sheboygan, 53081
(920) 458-9401; Fax: (920) 458-8801; Website: www.ppwi.org
Contact: Robin DeZeeuw, center manager; E-mail: Robin.DeZeeuw@ppwi.org
Hours: Tuesday, 8 a.m. - 4 p.m.; Wednesday, 10 a.m. - 6 p.m.; Friday, 9 a.m. - 5 p.m. Closed on Monday and Thursday.
Staff: Nurse practitioner, reproductive health assistants, and center manager.
Fees: Third party, family planning only services, Medical Assistance, and self pay. Funding assistance available for those who qualify.
Clientele: Confidential family planning and reproductive healthcare services for men, women, and teens.
Services: Provides confidential reproductive healthcare care services including annual exams, sexually transmitted disease testing and treatments, HIV screening, and pregnancy testing and counseling. Also provides community education and referral services as appropriate.
To Initiate Service: Call to schedule an appointment.

PLYMOUTH ADULT COMMUNITY CENTER
1500 Douglas Drive, Suite C, Plymouth, 53073
(920) 892-4821
Contact: Joann Van Horn Wieland, executive director; **E-mail**: info@generationsic.org
Website: www.GenerationsIC.org
Hours: Monday through Friday, 8:00 a.m. to 4:00 p.m. See website for evening programming.
Staff: Director, Craft Instructor, Fitness instructor, and Volunteers.
Fees: None. Donations accepted.
Clientele: Seniors age 55 and over.
Services: Multipurpose senior center provides recreational, wellness, and educational activities. Host of the Sheboygan County meal site program. Also provides services for hearing aids, eyeglass adjustments, toenail clipping, blood pressure checks, and exercise group.

PLYMOUTH YOUTH CENTER
609 North Street, Plymouth, 53073
(920) 893-0665
Contact: Bennie and Joyce Fritz at (920) 892-8681.
Hours: Monday through Friday, 2:30 - 5 p.m. during the school year.
Fees: None.
Services: A youth center providing a variety of activities for students in 5th - 8th grades.

POST PARTUM MOTHER'S GROUP
Labor of Love Counseling & Education Center
1020 Superior Ave., Sheboygan, 53081
(920) 226-9599
Services: Every Tuesday at 10:00 a.m. A support group for people to come share & discuss their experiences.
To Initiate Service: Please call (920) 226-9599

PRAISE FELLOWSHIP ASSEMBLY OF GOD CHURCH
2313 North 31st Street, Sheboygan, 53083
(920) 452-0111
Contact: Rev. Chuck Apple or Brian Dorheim, Connections Pastor.
Fees: A one-time fee for class materials may apply.
Services: Non-denominational support groups featuring Biblical teachings. Designed to address multiple life issues.

- Grief Share Support Group: A 13-week series for individuals dealing with the loss of a loved one.
- Divorce Care Support Group: A 13-week series for individuals recovering from divorce and/or separation.

To Initiate Service: Call for additional meeting information and/or to register.

PREVEA HEALTH CENTER/PLYMOUTH
825 Walton Drive, Plymouth, 53073
(920) 892-4322; FAX: (920) 893-9506
Hours: Urgent Care open Monday through Friday, 8 a.m. – 8 p.m.; Saturdays and Sundays, 8 a.m. – 4 p.m.
Services: Wide range of medical services including family practice, obstetrics/gynecology/women's care, urology, physical/occupational/speech therapy, diabetes, x-ray, lab, chiropractic, digestive health, and urgent care.

PROGRESSIVE BEGINNINGS, LLC

2131 S. Business Drive, Sheboygan, 53081
(920) 803-1617; FAX: (920) 803-1622**; E-mail:** progbeg@progressivebeginnings.net
Website: www.progressivebeginnings.net
Satellite Offices: Cedarburg and Brookfield
Contact: Michele Nickels, Owner
Hours: Monday – Thursday, 9 a.m. – 6 p.m.
Staff: Occupational therapist, physical therapist, speech and language pathologist, physician assistant, chiropractor, naturopathic doctor.
Fees: Third party, state insurance, private insurance, discounted time of service fees.
Clientele: All ages (birth through geriatrics). Specialized pediatric programs for children with developmental delays, orthopedic and neurological injuries, sensory processing disorders, and feeding or language difficulties. The adult programs are beneficial for individuals with pain, deconditioning, orthopedic or neurological disorders, and cognitive disabilities. We also provide primary and chiropractic care for the family focusing on health and wellness.
Services: Primary Care, Integrative/Holistic Medicine, OT, PT, Speech Therapy, Chiropractic, Acupuncture. Specialty services include: Naturopathic Medicine, Integrative/Holistic Primary Care, Therasuit program, feeding program for picky eaters, and aquatic therapy in an on-site warm water pool. We also have our Progressive Kids program focusing on treating the cause of developmental delays and disorders like autism.
To Initiate Service: Call Progressive Beginnings Family Wellness Center at 920-803-1617.

PROJECT ANGEL HUGS
307 East Mill Street, Plymouth, 53073
(920) 892-9138; E-mail: angelhugz2u@frontier.com; **Website:** www.ProjectAngelHugs.com
Contact: Chari Perl, Operations Director.
Hours: Tuesday through Thursday, noon - 4:30 p.m.
Staff: Director and volunteers.
Fees: Free.
Clientele: Children touched by cancer and their families.
Service: Provides emotional support for children with cancer and their families by sending cards and gifts made by local youth through the mail. The mailing brightens the days of the children receiving them and raises awareness of how cancer affects children and their families. The mission is to nurture a passion of Christ-centered service in the hearts of youth while ministering to the emotional needs of children with cancer and their families.
To Initiate Service: Contact made by family members, or through websites, hospital parties and word of mouth.

PROJECT INDEPENDENCE
3816 South 12 Street, Sheboygan, 53081
(920) 694-1162/(920) 889-0173; **FAX**: (920) 694-4678
Contact: Nick Verhagen, Director of Day Services; **E-mail**: nickverhagen@tlchomes.net
Website: www.tlchomes.net
Affiliation: TLC Homes
Hours: Monday - Friday, 9:00 a.m. – 3:00 p.m.
Staff: Program supervisor and recreation assistants.
Fees: Fixed payment.
Clientele: Sheboygan county residents over the age of 55 with developmental disabilities, assorted dementias, mental health issues, and other limitations due to the aging process and able to function in a small group setting. Additionally, individuals who display characteristics consistent with aging but have not reached fifty-five will be considered on a case-by-case basis. Individuals who have a high potential for chronic aggressive and/or abusive behavior, or with substantial health care requirements, may not be appropriate.
Services: Project Independence is a day program for adults 55 or older who require assistance to remain in the

community and avoid premature institutionalization. A goal-oriented approach to help each individual achieve or maintain his/her highest potential is used. Programming has been designed to maximize a person's independence in areas such as activities of daily living, community integration, and interpersonal adjustment.
To Initiate Service: Contact the director for an application. Applicants are evaluated for their suitability for enrollment. A two-week trial period may be required for assessment purposes.

RCS EMPOWERS, INC.
1607 Geele Avenue, Sheboygan 53083
(920) 458-8261; FAX: (920) 458-8361; Website: www.rcsempowers.com
Contact: Ronald Van Rooyen, president.
Adult Services: Vicki Pfister at vpfister@rcsempowers.com;
Birth to Three: Sheila Sprang at sprangs@co.sheboygan.wi.us
Hours: Monday through Friday, 7 a.m. - 3:30 p.m.
Staff: Case managers, trainers, art therapists, job developers, supervisors, and job coaches.
Fees: Third party contracts, private pay.
Clientele: Children 0-3 who are developmentally delayed or adults with disabilities.
Services: Birth to Three program offers service coordination and early childhood services. Adult programming includes day services, job placement, vocational training, recreation group, art therapy, and high school transition.
To Initiate Service: Clients are usually referred by the funding source but families may contact RCS.

RTS BEREAVEMENT INFANT LOSS
Contact: Donna Mayer, RN, MSN; **E-mail**: donna.mayer@aurora.org
Fax: (920) 451-5560 (Best to contact me before faxing as fax is on different unit in hospital.)
Affiliation: Aurora Sheboygan Memorial Medical Center.
Fees: None.
Clientele: Women and their families experiencing loss through miscarriage, stillbirth, newborn death, and ectopic pregnancies.
Services: A program that offers emotional and educational support for people to resolve their feelings and learn how to deal with their loss. Parent meetings are scheduled several times a year in addition to the individualized client contacts.
To Initiate Service: Call Community Education at Aurora Sheboygan Memorial Medical Center at 451-5495.

RAINBOW KIDS, INC.
824 Superior Avenue, Sheboygan, 53081
(920) 452-2838; FAX: (920) 208-4382; E-mail: director_rainbowkids@excel.net;
Website: www.rainbowkidswi.org
Contact: Michele Hemb, Director.
Hours: Monday – Thursday from 9:00 a.m. – 4:00 p.m. & Friday from 9:00a.m. to Noon.
Fees: Free to all participants
Clientele: Families who have experienced a significant loss due to death, divorce, separation, abandonment, incarceration, or other crisis. Age 4 through adult.
Services: Peer support groups for children, teens, and adults who are grieving. Small groups meet once a week for 14 weeks for discussion and activities that help them work through the grieving process. Groups are led by trained volunteer facilitators.

- **Rainbows** is offered for elementary school students.
- **Spectrum** is offered for high school students.
- **Prism** is offered for adults.
- **Silver Linings** is a six-session, peer support program offered to children and youth ages 5 through 18 who

are faced with a community crisis event or whose loved ones are in the military.

REBUILDING TOGETHER – SHEBOYGAN COUNTY, INC.
P.O. Box 1012, Sheboygan, 53082-0831
(920) 276-1417
Clientele: Elderly, disabled and low income homeowners.
Services: Home projects including fixing windows, doors and ramps.

REHAB RESOURCES, INC.
3821 Kohler Memorial Drive, Sheboygan, 53081
(920) 208-9648; FAX: (920) 208-6316; Website: rehabresourcessheboygan.com
Contact: Brenda Schilder, physical therapist; E-mail: bschilder@rehabresourcesinc.net
Hours: 7:30 a.m. - 4:30 p.m.
Staff: Physical, occupational, and speech therapists.
Fees: Third Party, Medical Assistance, and insurance.
Clientele: Serves children of all ages in Sheboygan County. Contracted by the county to provide children from birth to three years old for services in a natural environment.
Services:
- Medically based physical, occupational, and speech therapy services in home and clinic setting.
- Evaluations, casting, and fitting for children who require lower extremity orthotics.
- Assists families in advocating for their special needs child.
- Assists families in transition to Early Childhood programming.
- Collaborates with pediatricians and specialists in providing treatment strategies to assist children in reaching their fullest functional potential.

To Initiate Service: Therapy services are initiated through a doctor's referral. Caregivers may call if they have concerns regarding their child's development. Staff will assist the family in pursuing the most appropriate services that are medically necessary for their child.

REINS, INC.
215 North Avenue, Cascade, 53011
(920) 946-8599; E-mail: reins.board@yahoo.com; Website: www.reinsprogram.yolasite.com
Fees: Fixed payment and scholarships.
Clientele: Ages 4 and above with physical, mental, social, or behavior disabilities.
Services: A nonprofit group accredited by NARHA that provides therapeutic horseback riding for people with disabilities. Instructors and volunteers provide assistance for riders. Program runs from mid-June through mid-August.

ROCKY KNOLL HEALTH CARE CENTER
N7135 Rocky Knoll Parkway, Plymouth, 53073
(920) 893-6441; Website: www.myRockyKnoll.net
Contact: Pam Zatrow, Admissions, (920) 946-4840
Business Hours: 8 a.m. - 4:30 p.m.
Staff: Professionals and support staff.
Fees: Payment is accepted from a variety of sources including: Medicare, Medicaid, private insurance and private payments.
Clientele: Individuals requiring short-term physical therapy, occupational therapy, and speech therapy as well as long-term nursing care.
Services: Various rehabilitation therapies as well as long-term care.
To Initiate Service: Call to meet with a clinical case manager or nurse who will explain the transition process and answer questions.

RUNAWAY AND YOUTH SERVICES (RAYS)
706 North 9 Street, Sheboygan, 53081
(920) 458-7100 or 1-800-686-1346 (emergency/24-hour hotline)
Contact: Catherine Pape, program manager; E-mail: cpape@lsswis.org
Affiliation: Lutheran Social Services.
Hours: Monday through Friday, 9 a.m. - 5 p.m.
Staff: Youth and family advocates. Crisis prevention specialists.
Fees: Donations appreciated.
Clientele: Youth (10-21) and families in Sheboygan County.
Services: 24-hour hotline; crisis intervention for teens and families, medications to resolve problems related to family conflict, running away, depression, alcohol/drug-related problems and school issues; classroom and community presentations on teen/family issues; temporary emergency shelter serving runaways; life skills training and other educational groups; case management services for homeless youth age 16-21; after-school drop-in for middle and high school students.

SAFE HARBOR
929 Niagara Avenue, Sheboygan, P.O. Box 582, Sheboygan, 53082-0582
(920) 452-7640 (24 hour crisis line); (920) 452-8611 (business line); or 1-800-499-7640
Website: www.sheboygansafeharbor.org
Contact: Laura Roenitz, executive director.
Office Hours: Daily, 9 a.m. - 5 p.m. Advocates are available 24 hours a day.
Staff: Advocates, social worker, and volunteers. Trilingual staff: English, Hmong, and Spanish.
Fees: None.
Clientele: Victims of domestic violence and sexual assault.
Services:

- Crisis line
- Crisis counseling
- Shelter
- Transportation
- Food
- Advocacy
- Education
- Court accompaniment
- Support groups with children's activities
- Assistance with domestic abuse restraining orders
- Access to medical services
- Referral/information
- Community education and training

SAFE HAVEN LAW (WISCONSIN ACT 2)
Under Wisconsin's Safe Haven Law enacted in 2001, a parent may confidentially turn over an unwanted, unharmed newborn up to three days old to any hospital employee, emergency medical technician, or police professional in the state without fear of having police called or being prosecuted. The newborn will be given any needed medical attention and then placed in foster care for adoption.

ST. NICHOLAS HOSPITAL
3100 Superior Avenue, Sheboygan, 53081
(920) 459-8300 or (920) 893-6141
Contact: Andy Bagnall, president/CEO.
Services:

- Cancer Services: For inpatients and outpatients who have been diagnosed with cancer. Services include: nursing care, inpatient/outpatient chemotherapy, hospice care, blood transfusions, radiation therapy, social services, dietary counseling, and pastoral care. Call (920) 459-4745 or (920) 459-4767 (24 hours).
- Cardiac Services: Comprehensive preventive, diagnostic, and primary care for patients with all types of heart disease.

- Diabetes Center: Patient education and individual counseling provided for the management of diabetes. Nutrition therapy, blood glucose testing, and foot clinics are offered. Call (920) 459-5192.
- Diabetes Foot Clinic: Complete foot health assessment and education; nail clipping for a fee. To make an appointment, call (920) 459-5192.
- Health Promotion Classes: St. Nicholas Hospital health promotion classes are designed to help prevent illness and disease and promote personal wellness. Programs offered include nutrition, weight management, pain management, smoking cessation classes, women's wellness, childbirth programs, cancer prevention and education programs, senior wellness, and diabetes and stroke classes. Call (920) 459-4636.
- Lifeline (A Personal Emergency Response System): For a fee, elderly, disabled, ill, or surgical patients have 24 hour access to emergency help by wearing a necklace or wristband with a help button. When activated, immediate access to the hospital's control center is gained. The operator calls a responder who goes to the subscriber's house and offers help or, if needed, calls for an ambulance. Lifeline units also offer voice communication which allows the subscriber to talk to the operator without actually lifting the receiver. Call the Lifeline office at (920) 457-5770, Monday through Friday from 8:30 a.m. to 5 p.m. for information.
- Sleep Center: The Sleep Center offers diagnostic testing for sleep apnea, narcolepsy, night terrors, insomnia, sleep-related movement disorders, circadian rhythm disturbances, and other sleep disorders. Call (920) 459-4766.

ST. NICHOLAS HOSPITAL GRIEF SUPPORT

Contact: Director at (920) 457-5770 or (920) 451-7265; or visit the website at www.stnicholashospital.org
Affiliation: St. Nicholas Hospital.
Fees: None.
Clientele: Those who have experienced a significant loss.
Services: A support group for grieving individuals. Meets the second and fourth Thursday of each month (except on holidays) from 10 - 11:30 a.m. on the lower level of the hospital, 3100 Superior Avenue, Sheboygan.

ST. NICHOLAS HOSPITAL HOME HEALTH AND HOSPICE

3100 Superior Avenue, Sheboygan, 53081
(920) 457-5770 or 1-800-924-4110; Website: www.stnicholashospital.org
Contact: Tanya Smith, RN, CHPN, director; E-mail: tsmith@sns.hshs.org
Hours: 8 a.m. - 4:30 p.m. 24 hour nurse availability.
Staff: Registered nurses; licensed practical nurses; home health aides; physical, speech, and occupational therapists; and social workers.
Fees: Third party and private pay.
Clientele: Any Sheboygan County person residing at home who requires assistance with nursing and rehabilitation services.
Services: Services are available 24 hours a day, seven days a week, including intermittent skilled nursing, physical therapy, occupational therapy, speech therapy, home health aide, social worker, home phototherapy, foot clinics, and hospice care. State-licensed, Medicare certified, and accredited. Home healthcare helps a person achieve the greatest possible level of health and comfort while at home. Home care is appropriate across the lifespan for individuals recovering from serious illness or injury as well as those suffering from chronic conditions. Hospice is a special type of care for patients in the final phase of life who can no longer benefit from curative treatment. Also offer Lifeline service and perinatal bereavement services (HALO, hope after loss organization) for those who have experienced the loss of a newborn, fetus, or infant.
To Initiate Service: Self-referral or referral from a medical doctor or social worker from a health care facility, friend, family, clergy, or social services.

ST. VINCENT DE PAUL SOCIETY

4215 Highway 42 North, Sheboygan, 53083

(920) 457-4844
Contact: Tara Brown.
Store Hours: Monday through Thursday, 9 a.m. - 5 p.m.; Friday, 9 a.m. - 6 p.m.; Saturday, 9 a.m. - 4 p.m.
Office Hours: Monday through Friday, 10 a.m. - 4 p.m.
Fees: None.
Clientele: Persons in need of material or spiritual aid as determined by a personal home interview conducted by Society members.
Services: Short-term emergency assistance with food, clothing, furniture, rent, and utility bills.
To Initiate Service: Self-referral or referrals from other agencies.

ST. VINCENT DE PAUL STORE
2225 Eastern Avenue, Plymouth, 53073
(920) 892-4913, ext. 101; E-mail: outreach@svdpplymouth.org; **Website**: www.svdpplymouth.org
Contact: Jeane Sager, Conference Outreach Director
Store Hours: Monday through Friday, 9 a.m. - 7 p.m. and Saturdays, 9 a.m. - 5 p.m. Closed Sundays.
Office Hours: Monday through Friday, 10:30 a.m. – 4:00 p.m.
Fees: Free services.
Clientele: People in need of material or spiritual aid as determined by a personal home interview.
Services: Short-term emergency assistance with clothing, furniture, rent, and utility assistance.
To Initiate Service: Self referral and referral from other agencies.

SALVATION ARMY
710 Pennsylvania Avenue, P.O. Box 1207, Sheboygan, 53082-1207
(920) 458-3723; FAX: (920) 458-5140; Website: www.sheboygan.salvationarmywi.org
Contact: Corrie Skubal, Social Services Director, **E-mail**: corrie_skubal@usc.salvationarmy.org
Hours: 8:30 a.m. - 4:30 p.m.
Staff: Social workers, counselors, pastors and early childhood professionals.
Clientele: Families and single individuals of all ages. Minors are served in the context of their families. Each family or individual is served according to individual need and interviewed at each visit. Assistance is based on individual need without discrimination.
Services:

- Red Shield Free Clinic: Every Thursday and every second and fourth Monday of each month from 6 - 9 p.m. For low income, uninsured residents of Sheboygan County. Services include medical examinations, prescription medications, dental assessments, eyeglasses and exams, and other medical services on a case by case basis. Spanish Clinic: 1st Thursday of every month. Also the second and fourth Monday of every month. Individuals may call for an appointment. A limited number of walk-ins are also served.
- Children's Dental Clinic: Available to children ages 3 - 12 years. For low income, uninsured children. Services include exams, cleanings, x-rays, fluoride treatment, restorations, and education.
- Short-term emergency assistance with food, utility bills, rent, clothing, and furniture. By appointment.
- Evening food pantry is available the first and third Wednesday of the month, 4:30 - 6:30 p.m. No appointment necessary.
- Emergency shelter is open 24 hours a day, 7 days a week; casework performed on an individual basis.
- Spiritual counseling.
- Children and youth activities year round.
- Networking and referral with other agencies.
- Weekly meal provided on Saturday, 11:00 a.m. – 12:30 p.m.
- Seasonal activities include Christmas assistance with toys, clothing, and food as well as Coats for Kids.
- Legal Clinic: second and fourth Thursday of each month, 1:30 - 4 p.m. Free service provided by volunteers from the Sheboygan Bar Association on a first come, first served basis.

To Initiate Service: Services initiated by calling (920) 458-3723.

SALVATION ARMY BREAD OF LIFE ASSISTANCE CENTER
110 East Mill Street, Plymouth, 53073
(920) 893-4076
Contact: Ginger Weimer, director; E-mail: ginger_weimer@usc.salvationarmy.org
Hours: Tuesday and Wednesday 10 a.m. - 3 p.m.; Thursday 10 a.m. - 1 p.m.
Fees: None.
Staff: Volunteers and part-time staff.
Clientele: Individuals of all ages. Minors served in the context of their families. Individuals are served according to the need after an application and interview process at each visit. Assistance is based on the individual's needs without discrimination.
Services:

- Short-term emergency assistant with utility bills, rent, and prescriptions. Appointment required.
- Referrals to budget/financial counseling.
- Christmas assistance with toys and program for children.
- Emergency food pantry.
- Networking and referral with other agencies.

To Initiate Service: Referral from other agencies, by appointment. ID required. Each client must fill out an application and meet with staff or volunteer at each visit to the center. Verification of need is required for most services.

SALVATION ARMY DAY CARE CENTER
1125 North 13, Sheboygan, 53081
(920) 457-4162; FAX: (920) 457-1268
Contact: Terri Schultz, director; E-mail: terri_schultz@usc.salvationarmy.org
Hours: Monday through Friday, 5:30 a.m. - 6:30 p.m.
Fees: Full-time and part-time rates available. United Way scholarships for eligible families.
Clientele: Sheboygan County residents age 6 weeks through 12 years of age.
Services: Full and part-time childcare and pre-school program.

SAMARITANS HAND
2911 Main Avenue, Sheboygan 53083
(920) 254-6922
Contact: Julie Conard; **E-mail**: info@samaritanshand.org
Staff: Director, team of volunteers and an advisory board.
Hours:11-3, Monday, Tuesday, Thursday and Friday; Wednesday – 10-2
Fees: Sliding scale
Clientele: Anyone within the Sheboygan and Lakeshore Communities with a drug and/or alcohol addiction.
Services: This outpatient clinic treats the mind, body, and spirit. We believe that with a Christ-centered approach, our clients can find: mental, physical, emotional, along with spiritual healing. Our mission is to bring hope to the hopeless and healing to the hurting. Our clinical services include substance abuse assessments, Individualized treatment planning, individual clinical counseling, biblical 12-step group therapy, faith-based AODA support meetings, mentoring/recovery discipleship and drug screening.
To Initiate Service: Please call (920) 254-6922.

SENIOR ACTIVITY CENTER OF SHEBOYGAN
428 Wisconsin Avenue, Sheboygan, 53081
(920) 459-3290; FAX: (920) 459-3198; **Website**: www.sheboyganseniorcenter.com
Contact: Wendy Schmitz, Supervisor, **E-mail**: wschmitz@ci.sheboygan.wi.us
Hours: Monday through Thursday, 8:30 a.m. – 4:00 p.m.; Friday – 8:00a.m. – 2:00p.m.

Staff: Fitness coordinator, volunteer manager.
Fees: Some fees depending on the activity.
Clientele: All older adults 55+.
Services: May activities, trips and volunteer opportunities; fitness activities, arts, recreation and volunteer opportunities.
To Initiate Service: Walk-in for the Senior Activity Center's open activities. Register in advance for classes and trips. New participants will receive a tour.

SENIOR DINING SITES (SHEBOYGAN COUNTY)
Available to those 60 and older. Reservations require 24 hour notice. Monday meals need to be called by noon on Friday. Call the site at the number listed.

Sheboygan Senior Dining Site
Zion Covenant Church.
Site Manager: Darcy Vollrath.
1125 North 6th Street, Sheboygan.
(920) 207-2522.
Meal time: Monday - Friday from 10am-1pm.

Sheboygan Falls Senior Dining Site
Site Manager: Toni Becker.
650 Forest Avenue, Sheboygan Falls.
(920) 467-9042.
Meal time: Monday - Friday at noon.

Plymouth Senior Dining Site
Site Manager: Susan Wenzel.
1500 Douglas Drive, Plymouth.
(920) 892-4821.
Meal time: Monday - Friday at noon.

Cascade Senior Dining Site
Cascade Village Hall.
Site Manager: Mary Kempf.
301 Milwaukee Ave., Cascade.
(920) 994-9934.
Meal time: Mondays at noon.

Oostburg Senior Dining Site
Civic Center.
Site Manager: Joyce Rawerdink.
213 North 8 Street, Oostburg.
(920) 564-2113.
Meal time: Wednesday at 11 a.m.
Reservations not necessary.

Howards Grove Senior Dining Site
Site Manager: Toni Becker.
913 South Wisconsin Drive, Howards Grove.
(920) 467-9042.
Meal time: Tuesday at noon.

Cedar Grove Senior Dining Site
First Reformed Church.
Site Manager: Dolores Meinen.
237 South Main Street, Cedar Grove.
(920) 668-6863.
Meal time: Monday at 11:30am.

Adell Senior Dining Site
Site Manager: Mary Jane Kempf.
510 Siefert Street, Adell.
(920) 994-9934.
Meal time: Monday - Friday at noon.

SENIOR SOLUTIONS
428 Wisconsin Avenue, Sheboygan
(920) 459-8587; FAX: (920) 208-3807
Contact: Mary Kay Howie
Affiliation: Lutheran Social Services and Senior Activity Center of Sheboygan.
Hours: Monday, Tuesday, and Wednesday, 9 a.m. - 4 p.m.
Staff: Certified counselor, human services worker, and volunteers.
Fees: Contributions and Medicare accepted.
Clientele: Individuals 55+ and affected family members seeking emotional or aging counseling for older adult issues and life transitions such as: care giving, substance abuse, loss and grief, isolation, depression, death and dying, power and control, and family relationship.
Services: Age specific, affordable, and accessible information, assistance, advocacy, and counseling provided

in-office (Room 2) at the Senior Activity Center or through outreach services as determined necessary.

SEXUAL ASSAULT SUPPORT GROUPS
Affiliation: Safe Harbor; E-mail: info@sheboygansafeharbor.org
Clientele: Survivors and victims of incest, child and adult sexual assault as well as their parents.
Services: Free and confidential support groups. The survivor/victim group meets Tuesday at 2 p.m.
To Initiate Service: Call Safe Harbor at (920) 452-7640 for information and location of meetings.

SHARON S. RICHARDSON COMMUNITY HOSPICE
W2850 Hwy. 28, Sheboygan Falls, 53085
(920) 467-1800 or 1-866-467-2011; Fax (920) 467-1900; Website: www.ssrhospicehome.org
Contact: Mary Brasseaux, hospice administrator; E-mail: mbrasseaux@ssrhospicehome.org
Hours: Consultations, requests, and referrals from a variety of sources are accepted any hour of the day or night, every day. Same day admissions can be arranged.
Staff: Administrative, medical directors, registered nurses, licensed practical nurses, certified nursing assistants, social workers, chaplain, dietician, volunteer coordinators, and therapy coordinator.
Fees: Medicare, Medical Assistance, insurance, private pay, and sliding scale with deferred payment options. Services are provided regardless of a patient's ability to pay.
Clientele: In-home and across the community services are provided to anyone in Sheboygan County (and surrounding counties within a 60 mile radius) with a terminal diagnoses or life-limiting illness regardless of age, type of disease, or stage of disease. Patients for the Hospice Center are accepted from across Wisconsin. No residency requirement for the hospice facility or services in the community.
Services:

- Free consultation for anyone with a terminal illness or life-limiting illness.
- Hospice services are provided in the patient's home, nursing home, assisted living facilities, hospital, and hospice facility for anyone with a six-month prognosis.
- Palliative care is offered for those with life-limiting illness and who may be receiving aggressive treatment and has a prognosis greater than six months.
- Consider the Conversation is documentary film that encourages individuals to talk about life's final chapter. Staff answers questions and advanced directives are available. To schedule a viewing, contact Kathy Arndt, community liaison, at (920) 467-7942.

To Initiate Service: Patients, families/caregivers, or physicians contact the office to begin the process or for a free consultation.

SHEBOYGAN COMMUNITY GAY STRAIGHT ALLIANCE (GSA)
823 Union Avenue, Sheboygan, 53081; Mailing Address: 3917 S. 18th Street, Sheboygan, 53081
Phone: (920) 208-9947; **Email**: amylraml@gmail.com
Contact: Amy Raml
Hours: First Tuesday of every month at 7pm
Staff: Support Group
Fee: Free
Clientele: Everyone welcome.
Services: We offer support, friendship and a safe atmosphere.
To Initiate Service: Word of mouth, referrals, friends and family.

SHEBOYGAN COUNTY AARP CHAPTER 338
Contact: Carol Zoran at (920) 467-6634 for reservations.
Clientele: Anyone past the age of 50 who is a member of the American Association of Retired Persons national group.
Fees: Services are provided at no cost or on a sliding fee scale.

Services: Programs dealing with problems and interests of the senior citizen as well as entertainment. The group meets at Arabella's restaurant, 715 Indiana Avenue, Sheboygan, on the third Tuesday of each month at 11:30 a.m. except June, July, and August. If there are changes to the time/place, it will be in the newsletter of the Sheboygan Activity Center.

SHEBOYGAN COUNTY AIDS TASK FORCE
Contact: Elizabeth Campion, RN, Sheboygan County Division of Public Health at (920) 459-4382 or 1-800-596-1919, extension 4382; E-mail: public.health@sheboygancounty.com
Hours: Monday through Friday, 8 a.m. - noon and 1 - 4:30 p.m.
Clientele: Sheboygan County residents of all ages.
Services: Information regarding HIV infections, prevention of transmission, and antibody testing. Referrals to local service providers or to regional and state services as needed. Provide educational programs to target age groups in schools, university settings, and at-risk populations.
To Initiate Service: Contact the number given above. If the contact person is not in the office to accept the call, leave a message using a first name and phone number. For information regarding available support groups, contact the northeast regional office of the AIDS Resource Center of Wisconsin at 1-800-773-2068.
Additional AIDS information is available through the Wisconsin AIDS information line at 1-800-334-2437 or the National AIDS information line at 1-800-342-2437.

SHEBOYGAN COUNTY CANCER CARE FUND
1621 N. Taylor Drive, Suite 100, Sheboygan, WI 53081
Contact: Tim Renzelmann, Vice President; **E-mail**: TRenzelmann@physhealthnet.com
Phone: (920) 457-2223 (or 45-SCCCF); **Fax**: (920) 452-3594; **Website**: www.scccf.org
Hours: Monday-Friday, 8:00 am – 5:00 pm
Staff: Volunteers
Fees: None.
Clientele: Cancer patients and survivors and those diagnosed with a blood disease that reside in and/or are being treated in Sheboygan County.
Services: The Sheboygan County Cancer Care Fund (SCCCF) offers financial "gestures" (assistance) to those in our community (Sheboygan County) that have been diagnosed with cancer or a disease of the blood. Additionally, SCCCF offers supportive services and opportunities along with healthy living opportunities designed to help area cancer patients and survivors live a healthy lifestyle.
To Initiate Service: To initiate services you may call SCCCF (920-458-7433) for application instructions and more info, visit our website, or speak to a healthcare representative at Matthews Oncology Associates, Sheboygan Cancer & Blood Specialists or The Vince Lombardi Cancer Clinic.

SHEBOYGAN COUNTY DETENTION CENTER
2923 South 31 Street, Sheboygan, 53081
(920) 459-1301; FAX: (920) 459-1307
Contact: Paul Brinkman, jail administrator; **E-mail**: paul.brinkman@sheboygancounty.com
Shelley Saunders, LCSW, mental health; **E-mail**: Shelley.sauders@sheboygancounty.com
Hours: **Lobby hours**: Monday through Friday, 8 a.m. - 4 p.m.
Visiting hours:
Males
Last names beginning with A - L: Saturday from 12:00 p.m. - 2:30 p.m. and 6 - 9 p.m.
Last names beginning with M – Z: Sunday from 12:00 p.m. - 2:30 p.m. and 6 - 9 p.m.
Females
Fridays – 12:30 p.m. – 2:30 p.m /Friday – 6:00 p.m. – 9:00 p.m.

SHEBOYGAN COUNTY HEAD START
4350 Tower Drive, Sheboygan, 53081

(920) 458-1154 or 1-800-232-4609; Website: www.hsshebco.org
Additional sites:

- 1429 North 5 Street, Sheboygan
- 1227 Wilson Avenue, Sheboygan
- 2530 Weeden Creek Road, Sheboygan
- 1500 Douglas Drive, Plymouth

Contact: Julie Perkovich, director; **E-mail**: jperkovich@hsshebco.org
Hours: September through May

- Monday, Tuesday, Thursday, and Friday, morning or noon class; 3 ½ hours, 4 days per week.
- Monday, Tuesday, Thursday, and Friday, 7 hours, 4 days per week.
- Full day/full year class, 6 a.m. - 6 p.m., 5 days per week. Six hours is Head Start and 6 hours is child care for working parents.

Staff: Early childhood teachers and assistant teachers, family advocate staff, psychologist, nurse, cooks, bus drivers, interpreters.
Fees: None. Family must meet federal poverty guidelines to be eligible for services.
Clientele: Children must be three or four years of age on or before September 1st of the year they are to attend. Funded to serve 202 children in Sheboygan County.
Services: Head Start is a family development program offering the following services:

- Kindergarten readiness pre-school
- Developmental, hearing, and vision screening for all children
- Referrals to appropriate community agencies when problems are identified
- On-going child assessment through the program year
- Nutritious meals and snacks served
- Transportation provided in most cases
- Fluoride varnish application three times per year
- Identify family strength and family needs
- Referrals to community agencies
- Help families develop attainable family goals

To Initiate Service: Countywide recruitment, referrals, or call the administration office.

SHEBOYGAN COUNTY HEALTH AND HUMAN SERVICES DEPARTMENT
DIVISION OF COMMUNITY PROGRAMS AND ELDER SERVICES
1011 North 8 Street, Sheboygan, 53081
(920) 459-3155 or 1-800-596-1919 – Mental Health and Substance Abuse Treatment Center
(920) 459-3151 or 1-800-596-1919 - Mental health crisis services
(920) 467-4100 or TTY: (920) 467-4195 – Aging and Disability Resource Center
E-mail: human.service@sheboygancounty.com
Contact: Tom Eggebrecht, director.
Hours: Monday through Friday, 8 a.m. - 5 p.m. and evenings by appointment.
Emergency Hours: 24 hour mental health crisis line – 920-459-3151.
Staff: Psychiatrist, psychologist, social workers, para-professionals, volunteers, alcohol and drug abuse counselors, and psychiatric nurse.
Fees: Third party and fixed payment based on ability to pay.
Clientele: Sheboygan County residents with appropriate treatment needs including those who are developmentally disabled, mentally ill, chemically dependent, physically disabled, and/or aged.
Services:

- Assessment: Determine appropriate service needs through intake, evaluation, and treatment planning for persons with developmental disabilities, mental illness, or alcohol/drug abuse problems. Includes court-ordered intoxicated driver assessments and early intervention services for children with disabilities, ages 0 - 3. Family support for families with children with disabilities, newborn - 21.

- Outpatient: Clinical evaluation. Individual, family, or group therapy for persons with a mental illness, alcohol or drug abuse problems.
- Inpatient: Treatment of mental illness and alcohol and drug abuse problems through hospitalization under provider contracts.
- Residential: Community-based residential facility placement and support services in independent living settings for persons with mental illness, or alcohol/drug abuse problems.
- Community Support (PACE): Advocacy and support services to help persons with severe and persistent mental illness maintain independent living.
- Therapeutic Activity and Service Coordination (TASC): Service coordination and advocacy for persons with multiple disabilities.
- Case Management: Advocacy, referral, and support for persons with developmental disabilities, mental illness, or alcohol or drug abuse problems, aged, infirm, physically disabled adults.
- Adult Protective Services: Guardianship and evaluation for protective services or placement for adults with disabilities or infirmities of aging.
- Vocational: Vocational programming for adults with disabilities that includes sheltered and supported employment.
- Social Services and Counseling for Adults: Including financial placement, home care, abuse and/or neglect assessment, and case management.
- Respite Care: Assistance with locating respite resources.
- Turning Point: Provides crisis non-hospital stabilization for persons 18 or over who are experiencing a mental health or substance abuse crisis. Turning Point hours of operation are 24 hours a day. Contact Sheboygan County Crisis Services at (920) 459-3151 to initiate service.

To Initiate Service: Contact Sheboygan County Health and Human Services Treatment Center at (920) 459-3155 or the Aging and Disability Resource Center at (920) 467-4100.

SHEBOYGAN COUNTY HEALTH AND HUMAN SERVICES DEPARTMENT
DIVISION OF ECONOMIC SUPPORT
3620 Wilgus Avenue, Sheboygan 53081
(920) 208-5800; FAX: (920) 208-5900
Contact: Liz Mahloch, division manager.
Hours: Monday through Friday, 8 a.m. - 4:30 p.m.
Clientele: Sheboygan County residents.
Services: Employment and financial service programs including:

- Low income energy and housing assistance program.
- Fuel assistance.
- FoodShare Wisconsin (formerly food stamps).
- Medical Assistance.
- Wisconsin Works (W-2).
- Child care provider certification and eligibility authorization, payment determination for funding.

To Initiate Service: Call for an application.

SHEBOYGAN COUNTY HEALTH AND HUMAN SERVICES DEPARTMENT
DIVISION OF PUBLIC HEALTH
1011 North 8 Street, Sheboygan, 53081
(920) 459-4382; FAX: (920) 453-0529**; E-mail:** public.health@sheboygancounty.com
Website: www.sheboygancounty.com
Contact: Jean Beinemann, Program Supervisor.
Hours: Monday through Friday, 8 a.m. - noon and 1 p.m. - 4:30 p.m.
Staff: Public health nurses, registered dietitian, paraprofessionals, and registered sanitarian.
Fees: No fees for most services. Contact office for fee schedule.
Clientele: Sheboygan County residents. Some programs follow state and/or federal guidelines regarding

income or other standards.

Services:

- Communicable disease control
- Teenage pregnancy teaching and care
- Immunization clinics
- Women/Infant/Children (WIC) Nutrition Program
- Health education programs
- Information and referral
- Refugee health services
- Nurse intervention program for at-risk families with children ages 0 – 5
- Counseling and testing for AIDS/HIV
- Prenatal care coordination
- Lead poisoning prevention
- Environmental health information
- Dental sealant program
- Tobacco education and control
- Community health assessment
- Hotel, bed and breakfast, and facilities inspections
- Restaurant and food service program
- Campground inspections and consultations
- Swimming pool and spa inspection
- Sheboygan County Activity and Nutrition Coalition

To Initiate Service: Self-referral or referrals by other agencies, school personnel, or health care providers. Phone (920) 459-3030.

SHEBOYGAN COUNTY HEALTH AND HUMAN SERVICES DEPARTMENT
DIVISION OF SOCIAL SERVICES
1011 North 8 Street, Sheboygan, 53081
(920) 459-6418; E-mail: human.services@sheboygancounty.com

Contact: Martin J. Bonk, division manager.

Hours: The division provides 24 hour child protective services and juvenile court intake services. Regular business hours are Monday through Friday, 8 a.m. - 5 p.m. and by appointment after 5 p.m. Call the local law enforcement agency to initiate services by pager after hours including Monday through Friday, 5 p.m. - 8 a.m., Saturdays, Sundays, and holidays.

Staff: Social workers, para-professionals, and volunteers. Volunteers are needed for transportation of children and adults, supervising visitations, and for mentoring children. Contact Pat Prigge at (920) 459-4047.

Fees: Fees are assessed for children in placement, child care, and juvenile justice services. Other fees may be assessed for various programs and services.

Clientele: Sheboygan County residents of all ages.

Services: Provides social services and counseling that includes:

- Children and families: child protective services, juvenile court services, restitution and community service work, counseling, crisis intervention, placement services, and information and referral.
- Home consultant services.
- Wraparound services.
- Various contract services.

To Initiate Service: Self-referrals or referrals from other agencies or law enforcement. Phone (920) 459-6418 for more information.

SHEBOYGAN COUNTY HUMAN RIGHTS ASSOCIATION, INC.
Contact: Head Start office at (920) 458-1154.
Clientele: General public.
Services: The Human Rights Association acts on behalf of the right and dignity of all people. The Association serves as the granting agency for Head Start. It also manages the Growing Generations Child Care Center at 1500 Douglas Drive in Plymouth, provides the meals for the Senior Meal Program in Plymouth, and provides the meals for the summer food service program to the children in the Sheboygan Area School District.

SHEBOYGAN COUNTY JUVENILE DETENTION CENTER
525 North 6th Street, Sheboygan, 53081
(920) 459-1300; FAX: (920) 459-0547
Visitation Hours: Daily at 7:00 a.m. – 9:00 a.m./12:00 p.m. – 1:00 p.m./5:30 p.m. – 7:30 p.m.
Rules: Vistation is for family members only, which include the following: Parents, Grandparents, Step-Parents, Foster Parents, Brothers and Sisters (under 18 accompanied by a related parent). You may visit 3 times per day, or 1 visit per period, but each session will be limited to 30 minutes.
******If juveniles are in a school program, they will not be allowed visitation.***

SHEBOYGAN COUNTY INTERFAITH ORGANIZATION (SCIO)
1251 Geele Avenue, Sheboygan, P.O. Box 73, Sheboygan, 53082
(920) 457-7272; FAX: (920) 451-9493; E-mail: scio@excel.net
Contact: Kimberly Damrow, executive director.
Hours: Monday through Friday, 8:30 a.m. - 5 p.m.
Staff: Supervisors, house staff, day care workers, coordinators, and administrative assistant.
Volunteers: Mentors, seamstresses, consultants (clothing), drivers, and maintenance.
Clientele: Varies based on program.
Services: A variety of programs are available to assist individuals and families in providing the best care and quality of life to meet their needs.

- Bridgeway and Beyond Transitional Living Program is a three phase process that helps single mothers and their children move from a life of poverty to self-sufficiency.
- Building Bridges Child Care Center offers developmentally appropriate activities to enhance a child's emotional, physical, social, and intellectual well-being.
- Volunteer Transportation provides rides to individuals in the community who would otherwise not be able to attend doctor appointments, treatment, dental appointments, and counseling.
- Farmers' Market provides fresh, native products directly from farmers to residents. Senior Nutrition Farmers Market vouchers are available through the organization.
- Working Women's Wear strives to help women take a step toward success by providing attire and supportive programming to help them obtain and sustain employment.
- Nourish Farm to Family Philanthropy program connects local farmers with volunteers in order to bring meals using locally grown ingredients to struggling families in the Sheboygan area. Includes harvesting, preparation, and sharing a meal with local shelter guests.

SHEBOYGAN COUNTY VETERANS SERVICE OFFICE
Courthouse Annex, 615 North 6 Street, Sheboygan, 53081
(920) 459-3053; FAX: (920) 459-3055; Website: www.sheboygancounty.com
Contact: Charlene K. Cobb, veterans' service officer; E-mail: charlenecobb@sheboygancounty.com
Hours: Monday, Wednesday, and Thursday 8 a.m. - noon and 1-4p.m.; and Friday 8 a.m. – noon. Closed Tuesday morning, Friday afternoon, weekends and holidays.
Fees: None.
Clientele: Veterans, their survivors and dependents.
Services: Assist applicants with access to county, state, and federal benefit programs that are specific to

veterans.

SHEBOYGAN COUNTY VICTIM WITNESS SERVICES
Sheboygan County Courthouse, 615 North 6 Street, Sheboygan, 53081
(920) 459-3099; FAX: (920) 459-4383
Contact: Dione Knop, coordinator.
Hours: Monday through Friday, 8 a.m. - 5 p.m.
Staff: Victim witness specialist, family violence specialist, and support staff.
Fees: None.
Clientele: Victims and witnesses of crimes committed in Sheboygan County.
Services: Information on the charging decision and court process, victim's rights and participation in the criminal justice system. Referrals are made to appropriate community resources and counseling services. Advocacy and support for victims throughout the court process. Public outreach and presentations are made to raise awareness.
To Initiate Service: The office initiates contact with victims of crime when criminal charges are issued by the District Attorney's office. Victims may also call or come in person to the office to inquire about the status of their case.

SHEBOYGAN COUNTYWIDE CRIME STOPPERS
525 N 6th Street, Sheboygan 53081
(920) 459-3848; FAX: (920) 459-4305
Contact: Detective Gerald Urban, Detective; **E-mail**: Gerald.urban@sheboygancounty.com
Website: www.cufthem.com
Affiliation: Sheboygan County Sheriff's Office
Fee: Free
Services: A volunteer civilian board collaborates with all Sheboygan County law enforcement agencies by providing a tip line to be used by citizens to report information about crimes and remain anonymous. The board meets on the third Tuesday of each month at the Sheboygan County Sheriff's Department. The purpose of the tip line is to assist law enforcement in solving crimes and to recover stolen property, illegal drugs and weapons. The main purpose of the tip line is to encourage citizens who might not otherwise come forward, to report information about crimes. Cash rewards are paid for information about a crime that leads to an arrest.
To Initiate Service: Report information about a crime anonymously using our web site at www.cufthem.com, texting "SCTIP" + your message to 274637 (CRIMES) or calling 1-877-CUF-THEM (1-877-283-8436)

SHEBOYGAN INTERNAL MEDICINE ASSOCIATES
2920 Superior Avenue, Sheboygan, 53081
(920) 452-6000; FAX: (920) 458-3420
Contact: Monica DeMuth, NP, Clinical Staff Manager
Website: www.simasc.com
Hours: Monday through Friday, 8:00 a.m. – 5:00 p.m.
Fees: Sliding scale and third party.
Staff: Physicians, nurse practitioners.
Clientele: Adults age 16 and older.
Services: General medical care, full lab and x-rays.
To Initiate Service: By appointments.

SHEBOYGAN HOUSING ASSISTANCE CENTER
PO Box 1207; 710 Pennsylvania Avenue, Sheboygan, 53081
Phone: (920) 458-3723, extension 263**; FAX:** (920) 694-1299
Contact: Char Neitzel-Goostree, Housing Counselor; **E-mail**: char_neitzel-goostree@usc.salvationarmy.org
Affiliation: The Salvation Army.

Staff: Wisconsin licensed advanced practice social work, volunteers
Hours: Monday through Friday, 8:30 a.m. - noon and 1:00 p.m. – 4:30 p.m. or by arrangement at other times.
Fees: Free.
Clientele: Sheboygan county residents.
Services: Centralized intake services are provided for Sheboygan County residents seeking assistance or information concerning housing issues. Designed as a homelessness prevention program, services may include an assessment, financial assistance for rent, landlord/tenant mediation, education, fair housing counseling, and referrals services to establish and maintain stable housing. The program provides centralized intake through a "one-stop shop" for all housing issues and available housing programs. Designed to help establish and maintain stable housing.
To Initiate Service: By phone or during walk-in times, Tuesdays 1:00pm-2:30pm and Fridays 8:30am-10:00am

SHEBOYGAN HOUSING AUTHORITY
611 North Water Street, P.O. Box 1052, Sheboygan, 53082
(920) 459-3466; FAX: (920) 459-4097
Contact: Joe Rupnik, executive director. E-mail: housing@excel.net
Hours: 8 a.m. – 4:30 p.m., Monday through Friday.
Staff: Executive Director and Administrative Assistant
Clientele: Low income families, elderly (62), near elderly (55+), and disabled persons.
Services: Affordable housing for elderly persons, disabled persons, and people with children in the household. The Housing Choice Voucher Program is also offered.
To Initiate Service: Interested persons should call the office for an application. Names are put on a waiting list on a first come, first served basis.

SHEBOYGAN LAKESHORE I LOVE MY ADDICT SUPPORT GROUP ON FACEBOOK
St. John United Church of Christ
1248 Lincoln Ave., Sheboygan, 53083
On Facebook under Sheboygan Lakeshore I Love my Addict; E-mail: kelzek@yahoo.com
Services: A support group for the loved ones of addicts.
Meetings: Held every Sunday from 6:00 p.m. – 7:00 p.m.

SHEBOYGAN NEIGHBORHOOD PRIDE
Contacts: Chuck Adams (920) 459-3917 or Diane Wilcenski (458-9571)
Services: Sheboygan Neighborhood Pride (SNP) is a community resource empowering citizens to work together to improve their neighborhoods, reduce crime and enhance the quality of life in the community. Our focus in recent years has been encouraging the creation of neighborhood associations, assisting existing neighborhood associations, and acting as an advocate/mediator for neighborhoods in their relationships with local government. We've also been involved in a number of anti-drug initiatives focused on residential neighborhoods, workplaces, and schools.
To Initiate Service: Call if interested in learning more about neighborhood associations or connecting with an existing association.

SHEBOYGAN POLICE DEPARTMENT - ASIAN COMMUNITY LIAISON SERVICES
1315 North 23 Street, Suite 101, Sheboygan, 53081
(920) 459-4268; FAX: (920) 459-0205; **E-mail**: steve.cobb@sheboyganwi.gov
Website: www.sheboyganpolice.com
Contact: Captain Steve Cobb, Captain, Patrol Division
Staff: Police, communications, support staff
Hours: Anytime
Fees: None.

Clientele: Laotian and Hmong citizens of Sheboygan and the surrounding area.
Services: Liaison between citizens, the police department, and the judicial system. (Interpretation &Translation)
To Initiate Service: Contact Capt. Cobb between 8:00a.m. – 5:00p.m., Monday thru Friday; after hours contact police dispatch at (920) 459-3333.

SOCIAL SECURITY ADMINISTRATION
606 North 9th Street, Sheboygan, 53081
(877) 635-3549; **FAX: (920) 458-5801**
Website: www.socialsecurity.gov
Hours: Monday, Tuesday, Thursday, Friday – 9:00 a.m.-3:00 p.m., Wednesdays – 9:00 a.m.-12:00 p.m.
Clientele: Benefits: Retirees age 62 or older; survivors and disabled of any age. Other services: any age.
Services: Social Security cards, Social Security and Supplemental Security Income benefits. Apply for Medicare.
To Initiate Service: Contact via phone or in person or www.socialsecurity.gov. National teleservice provided 7am - 7pm Monday through Friday by calling 1-800-772-1213.

SPECIAL OLYMPICS WISCONSIN (NORTHEASTERN AREA)
2140 Holmgren Way, Green Bay, 54304
(920) 497-2422; FAX: (920) 497-0126; Website: www.specialolympicswisconsin.org
Contact: Carla Lieb, regional director of sports; E-mail: CLieb@specialolympicswisconsin.org
Clientele: Individuals with cognitive disabilities who are at least 8 years of age.
Services: Offers year-round sports and training for athletic competition in a variety of events and continuing opportunities to develop physical fitness and social interaction. Green Bay office services Sheboygan County.

SUICIDE LOSS SUPPORT GROUP
Contact: Mental Health America at (920) 458-3951.
Affiliation: Mental Health America in Sheboygan County.
Fees: None.
Clientele: Adult family and friends of a person who has died by suicide.
Services: A confidential monthly support and educational group. Meetings held last Monday of the month. Call MHA for more information.

T.L.C. – TOGETHER WE LIVE WITH CANCER
Affiliation: Matthews Oncology Associates and Sheboygan Cancer and Blood Specialists.
Address: Most sessions take place at Matthews Oncology Associates / Sheboygan Cancer and Blood Specialists, 1621 North Taylor Drive, Sheboygan.
Fees: None.
Clientele: Cancer survivors, their families, friends, and caregivers.
Services: Together We Live with Cancer (TLC) is a "supportive community" that provides cancer survivors, their families, friends, and caregivers with health and wellness opportunities for the body, mind, heart, and spirit. TLC offers group survivorship sessions that meet twice a month, a quarterly newsletter, and a variety of survivor and caregiver activities throughout the year. All TLC events and activities are open to anyone experiencing cancer in their life (survivors, family, friends, and caregivers) throughout the many stages of the disease (newly diagnosed, in treatment, or months and years after diagnosis). TLC is sponsored by Matthews Oncology Associates, Sheboygan Cancer and Blood Specialists, and St. Nicholas Hospital. For more information on upcoming sessions, topics, and activities contact Tim E. Renzelmann at (920) 458-7433. Groups meet the second Tuesday of the month at 6 p.m. and the third Thursday of the month at 2 p.m.
To Initiate Service: Dates may vary. Call to confirm meeting dates.

TAILS OF COMFORT
Contact: Kristi Irving, MA, LCPC, LPC – (920) 693-1663
Fees: Free
Clientele: Anyone experiencing the loss or impending loss of a cherished pet.
Services: Our goal is to provide a safe environment to foster an understanding...of the grief process and work through difficult feelings. We offer compassion, guidance and understanding while sharing stories, celebrating memories and, most importantly, listening! You can also find us on Facebook.
To Initiate Service: We meet the second Monday of each month from 6pm-7pm. Meeting will be held at Wesley House, 829 Union Avenue, Sheboygan, WI 53081.

TEEN MENTAL ILLNESS SUPPORT GROUP
St. Luke United Methodist Church
623 Ontario Avenue, Sheboygan, 53081 (corner of 7th & Ontario, downtown)
(920) 980-8376
Contact: Kathy Reid, Facilitator
Fees: None
Clientele: Teens seeking support, information, and to tell their stories and share experiences.
Services: Informal support group meets on the follow Tuesdays in 2014: October 14th & 28th; November 11th & 25th; and December 9th & 23th.

THE TEE BOX
1930 N 8th Street, Sheboygan, 53081
Contact: Chaplain Rick Cawthon, (920) 254-6566; Ken King, (920) 458-3784; Roy Kluss, (920) 946-1975; Rich Testwuide, (818) 384-8031
Fees: None
Clientele: Helping ex-offenders adjusting to new life in a positive fostering environment.
Services: Providing a clean, secure, and supportive living environment setting for men who have been released from jail/prison and have been broken or devastated by alcohol, drugs or poor decisions leading them to the consequences of incarceration.
To Initiate Service: Contact one of the above.

TEEN AGE PARENT PROGRAM (TAPP)
830 Virginia Avenue, Sheboygan, 53081
(920) 459-3539
Contact: Faye Milbrath, teacher.
Affiliation: Sheboygan Area School District.
Staff: Instructor, counselor, and education assistant.
Fees: Free to students in the Sheboygan Area School District. Students in schools outside the Sheboygan Area School District may apply for enrollment but their school district pays a tuition fee.
Clientele: School-age pregnant adolescents in the Sheboygan Area School District.
Services: The professionally led program allows students to continue to earn credits for graduation while attending TAPP. This program is designed to meet the unique needs of pregnant and newly parenting school-age women (12-21) in four critical areas: parenting skills, career education, medical education, and social/emotional support in building interpersonal skills. From August to June, the group meets weekdays from 9 a.m. to 2 p.m. except Wednesday when the hours are 9 a.m. to 12:30 p.m. Summer school may also be available.
To Initiate Service: Enroll through local school with help from the guidance counselor.

TURNING POINT
1202 North 31 Street, Sheboygan, 53081
(920) 458-6188

Email: Cynthia.geldreich@lsswis.org
Contact: Cindy Geldreich, program supervisor.
Affiliation: Lutheran Social Services.
Hours: 24 hours per day.
Fees: Wisconsin Uniform Fee.
Clientele: Persons 18 or over who are experiencing a mental health or substance abuse crisis.
Services: Provides crisis stabilization for mental health or substance abuse issues.
To Initiate Service: Contact Sheboygan County Crisis Services at 920-459-3151.

UNITED WAYS/UNITED FUNDS IN SHEBOYGAN COUNTY

Cedar Grove Area United Fund
P.O. Box 454
Cedar Grove, 53013

Random Lake-Adell United Fund
P.O. Box 100
Random Lake, 53075

United Way of Sheboygan County
2020 Erie Avenue
Sheboygan, 53081
Phone: (920) 458-3425
Jon Doll, executive director

Oostburg Area United Fund
P.O. Box 700198
Oostburg, 53070

UNIVERSITY OF WISCONSIN - EXTENSION, SHEBOYGAN COUNTY

5 University Drive, Sheboygan, 53081
(920) 459-5900
Contact: Sarah Tarjeson, County Department head. Email: Sarah.tarjeson@ces.uwex.edu
Hours: Monday through Friday, 7:30 a.m. - 4:30 p.m.
Staff: Professionals with expertise in the fields of youth development, family living education, small business, agriculture, and community resource development.
Clientele: Services are available to all residents of Sheboygan County.
Services: University research and resource-based educational programs for individuals and groups. Programs included are small business management, human and family development, human health and nutrition, farm financial management, 4-H clubs, short-term learning opportunities, horticulture and agronomy.

UNIVERSITY OF WISCONSIN - SHEBOYGAN

One University Drive, Sheboygan, 53081-4789
(920) 459-6600; E-mail: uwshb@uwc.edu
Contact: Dr. Jackie Joseph-Silverstein, campus executive officer and dean.
Services: University credit classes for freshman and sophomores; Associate of Arts and Sciences degree; collaborative, baccalaureate degrees in several majors including Special Education, Early Childhood Education, Nursing, and Engineering; Masters' degree in Education; non-credit adult enrichment short courses and workshops; College for Kids enrichment courses in summer for students entering grades 2 - 8.
To Initiate Service:

- Student Services office at (920) 459-6633 (voice/TDD). Responsible for admissions, registrations, financial aid, academic counseling, and career counseling for students wishing to take university credit coursework.
- Center for Engagement Learning office at (920) 459-6617. Responsible for registrations for non-college credit short courses, workshops for adults, business development and professional training classes, College for Kids summer enrichment courses and Study Abroad opportunities.

US TOO- PROSTATE CANCER SUPPORT GROUP

Contact: Jeff Shea, RTT, CMD at (920) 457-6800, extension 2686; **E-mail**: jeff.shea@aurora.org

Affiliation: Vince Lombardi Cancer Clinic – Sheboygan and Aurora Health Care.
Fees: None.
Clientele: All men diagnosed with prostate cancer or benign prostate conditions. Spouses and family members are welcome.
Services: Meets the third Wednesday of every other month January through November from 6:30 - 8 p.m. at the Vince Lombardi Cancer Clinic, 1222 North 23 Street, Sheboygan. Medical professional's present information and discussion topics. Former patients take an active role in helping newly diagnosed patients. This group is a chapter of the international US TOO organization. Members receive a newsletter and a meeting notice prior to each meeting.

VINCE LOMBARDI CANCER CLINIC
1222 North 23 Street, Sheboygan, 53081-3171
(920) 457-6800; FAX: (920) 459-1423
Contact: Deb Gray, RN, Cancer Nurse Navigator at (920) 457-6800 Ext. 2660
E-mail: debrorah.gray@aurora.org
Hours: Monday through Friday, 8 a.m. - 5 p.m.

Services: Chemotherapy, radiation therapy, hematology consults high risk breast clinic, cancer information, genetic counseling, nutritional consults.

VOLUNTEER CENTER OF SHEBOYGAN COUNTY
1407 S. 13th Street, Sheboygan, 53081
(920) 459-2780 ext. 112; FAX: (920) 459-2782; Website: www.volunteersheboygan.com;
E-mail: rachel@volunteersheboygan.com
Contact: Rachel Rupnik, Program Manager
Hours: 8:00 a.m. – 4:30 p.m.
Staff: Program Manager, Administrative Assistant, and volunteers
Clientele: All age groups and all demographics. The Volunteer Center only refers volunteers to non-profit organizations within Sheboygan County.
Services: The Volunteer Center's mission is to mobilize people and resources to help improve the quality of life for people within Sheboygan County. Also acts as a clearinghouse of volunteer opportunities. Non-profits interested in receiving volunteers must join as a Partner Agency.
To Initiate Service: A complete listing of volunteer opportunities is available on the website or volunteers can contact the Volunteer Center via phone or e- mail.

THE WEDNESDAY NIGHT ADVENTURERS
(920) 452-8611 EXT 412; E-mail: AmandaP@sheboygansafeharbor.org
Contact: Amanda Petermann
Affiliation: Safe Harbor.
Fees: Free and open to the public.
Clientele: Children ages 5 - 17. Must either have witnessed domestic violence and abuse or is a victim. Also available for children who have low self-esteem or have experienced being a child of divorce.
Services: These professional and peer-led support groups meet at Safe Harbor, 929 Niagara Avenue, Sheboygan. Snacks and materials are provided for the children.
To Initiate Service: Call Safe Harbor at (920) 452-8611, extension 412 for dates, times, and registration information.

WELCOME TABLE- REDEEMER LUTHERAN CHURCH ELCA
1808 Eastern Avenue, Plymouth, 53073
Contacts: Russ Groblewski, BOD President – Phone: (920) 889-4660, **Email**: russgroblewski@gmail.com
Bill Bartnik, BOD VP – Phone: (920) 893-3668, **Email**: bill.bartnik@sargento.com

Hours: Tuesdays, 5:30 p.m. – 6:30 p.m.
Staff: Voluntary Food Preparers and Servers
Services: We provide fellowship and a free meal every Tuesday evening from 5:30PM to 6:30PM in the Fellowship Hall at Redeemer Lutheran Church.
To Initiate Service: No reservations are needed - just show up. Everyone is welcome.

WHOLISTIC HEALTH CENTER, LLC
5934 South Business Drive, Sheboygan, 53081
(920) 459-9277; FAX: (920) 459-7920; E-mail: wholistic@choiceonemail.com
Website: www.wholistichealthcenter.org
Contact: Therese Jaeckle, APNP, CEO
Hours: 9 a.m. - 5 p.m. Evenings and emergency hours by appointment.
Staff: Psychotherapists, psychiatrist, bodywork therapists, educators, acupuncturist, and occupational therapist.
Fees: State certified outpatient clinic for mandated mental health services. Insurance, Medicare, Medicaid, and personal payment plans.
Clientele: All ages, male and female.
Services: Psychological services including psychiatry, counseling, therapy, evaluation, and testing. Bodywork therapies to maintain and restore health such as massage, myofascial release, myotherapy, acupuncture, and reflexology. Also offers classes, seminars, special events, consultation, and e-newsletter. Offers traditional and alternative options in health care.
To Initiate Service: Self-referral, physician referral, and agency referrals.

WIDOWS / WIDOWERS DINING GROUP
5528 South Business Drive, Sheboygan, 53081
(920) 627-5020
Contact: Lori
Clientele: Must be a widow or a widower to join the group (This is not a "singles" group).
Hours: The group meets on the 2nd Thursday of each month at Fountain Park Steakhouse in Sheboygan. Cocktails are at 5 p.m. and dinner at 6 p.m. (on your own, off the menu).
Fees: None. Cocktails and dinner are on your own.
Comments: No formal program is presented. This is strictly a social group of people who have all suffered the same loss; and would like to share social conversation with others who understand what that loss is like.

WINNEBAGOLAND CENTRAL OFFICE OF ALCHOLICS ANONYMOUS
280 North Main Street, Fond du Lac, 54935
(920) 922-7512
Affiliation: Alcoholics Anonymous.
Services: The regional office serves Sheboygan County and provides information on Alcoholics Anonymous meetings in the area, print materials, and handles 12-step calls.
To Initiate Service: Call the office.

WISCONSIN DEPARTMENT OF CORRECTIONS
3422 Wilgus Avenue, Sheboygan, 53081
(920) 459-3097; FAX: (920) 459-4386; E-mail: ruth.ries@wisconsin.gov
Contact: Supervisor Ruth Ries, Corrections Field Supervisor and Supervisor Michelle Hetebrueg.
Affiliation: Wisconsin Department of Corrections.
Hours: Monday through Friday, 7:45 a.m. - 4:30 p.m.
Staff: Probation and parole agents.
Fees: Supervision fees are charged. Sliding Fee Scale.
Clientele: Supervise all Sheboygan County adult criminal offenders who are on probation or parole. The agency is responsible for the control and supervision of criminal offenders sentenced to state prison or placed

on probation by the court.
Services: Counseling, surveillance, apprehension authority of clients, and referrals to other community resources.
To Initiate Service: Referral by the Wisconsin criminal courts.

WISCONSIN PUBLIC SERVICE CORPORATION
1-800-450-7260; Website: wisconsinpublicservice.com
Contact: Customer assistance program advisor**.**
Hours: Phone is answered 24 hours a day in Green Bay.
Fees: None.
Clientele: All customers of Wisconsin Public Service.
Services:

- Specialized help to customers who are having difficulty paying their natural gas/electric bills. Budget planning, special payment plans, and referrals to community agencies such as weatherization resources.
- Visit the website for energy saving tips and information on understanding the WPS bill.

WOMEN SURVIVING CANCER SUPPORT GROUP
Affiliation: Aurora Sheboygan Memorial Medical Center
Fees: None.
Clientele: Women who have had treatment for any type of cancer.
Services: An information and support group for women facing the physical and emotional adjustments following cancer treatment. Meetings are held the 2nd Thursday of the month September – May at 6 p.m. at the Sheboygan Clinic.
To Initiate Service: Call (920) 451-5079.

WORD OF GRACE IN SHEBOYGAN FALLS
837 Buffalo Street, Sheboygan Falls, 53085
920-467-6058; E-mail: info@wogcc.com
Contact: Jenifer Lueck
Fees: Free
Services:

- *GriefShare* is a class designed to help folks grieve properly in a safe and Christ centered place. We have leaders that are trained to guide you in your very unique grieving and healing process. The support group meets every Tuesday at the Word of Grace Community Church from 6:30p.m. – 8p.m.
- *Celebrate Recovery* is lead by Pastor Mike Lueck and helps folks from all walks of life and faither to overcome addictions, hurts and hang-ups. The support group meets every Tuesday at the Word of Grace Community Church from 6:30p.m. – 8p.m.

WOMENHEART OF SHEBOYGAN
Contact: Eileen M. Dreczka at (920) 912-7890; **E-mail**: eil763@yahoo.com; **Website**: www.womenheart.org
Affiliation: WomenHeart.
Fees: None.
Clientele: Women with heart disease or those concerned about heart disease.
Services: Group meets the fourth Thursday of the month (no meetings in November or December) at 6:30 p.m. at the Aurora Sheboygan Memorial Hospital (conference room C), 2629 North 7 Street, Sheboygan. WomenHeart is a national, patient-centered organization dedicated to promoting women's heart health through advocacy, community education, and patient support.

YMCA (SHEBOYGAN COUNTY YOUNG MEN'S CHRISTIAN ASSOCIATION)

812 Broughton Drive, Sheboygan, 53081
(920) 451-8000; FAX: (920) 451-8019
Contact: Donna Wendlandt, president.
YMCA Hours: Monday through Friday, 5:30 a.m. - 10 p.m. and Saturday, 7 a.m. - 7 p.m.
Office Hours: Monday through Friday, 8 a.m. - 8:30 p.m. and Saturday, 8 a.m. - 5 p.m.
Staff: Youth development staff and physical education instructors.
Fees: Fixed payment.
Clientele: Youth ages 6 months through adult.
Services:

- Social-physical programs, league programs, and sports programs for youth.
- Adult recreation activities.
- Fitness programs including nautilus and weight training.
- Specialty fitness programs including cardio-rehabilitation and water exercise.
- Day care for children 3 years - 5th grade.
- Movement education and gymnastics.
- Outdoor Skills and Education Center at Camp Y-Koda.

YMCA (SHEBOYGAN FALLS YOUNG MEN'S CHRISTIAN ASSOCIATION)

305 Buffalo Street, Sheboygan Falls, 53085
(920) 467-2464; FAX: (920) 467-4641
Contact: Mike Gustafson, executive director.
Hours: Monday through Friday, 5:30 a.m. - 9 p.m.; Saturday, 7 a.m. - 3 p.m.
Staff: Youth development staff and physical education instructors.
Fees: Fixed payment.
Clientele: Individuals ages 6 months through adult.
Services:

- Social-physical programs, league programs, and sports programs for youth.
- Adult recreation activities.
- Fitness programs including nautilus and weight training.
- Specialty fitness programs including cardio-rehabilitation and water exercise.
- Child care for infants through 5th grade.
- Movement education and gymnastics.
- Outdoor Skills and Education Center at Camp Y-Koda.

YOUTH GRIEF SUPPORT GROUP

Contact: Sara Hester-Johnson or Stephanie Pritzl at (920) 457-5770.
Affiliation: St. Nicholas Hospital.
Staff: Trained bereavement facilitators.
Fees: None.
Clientele: Youth between the ages of 5 to 18 who have experienced the death of a loved one or significant person in his or her life.
Services: The group helps children follow their own natural grieving patterns through interaction with peers and trained bereavement facilitators. As part of the group and through age-appropriate activities, children learn to accept the reality of their loss, express their feelings in appropriate ways, commemorate the life that is finished, and learn to go on with life and loving. Groups are formed as needed.

SHEBOYGAN COUNTY SCHOOLS

CEDAR GROVE-BELGIUM

Cedar Grove-Belgium Area School District, www.cedargrovebelgium.k12.wi.us

Cedar Grove–Belgium Elementary School (Grades Pre K - 4)
50 West Union Avenue (Mailing address: 321 North 2nd Street), Cedar Grove, 53013
Phone: (920) 668-8518; FAX: (920) 668-6933
Principal: Craig Gunderson
Guidance Counselor: Sally Ketterhagen

Cedar Grove–Belgium Middle School (Grades 5 - 8)
50 West Union Avenue (Mailing address: 321 North 2nd Street), Cedar Grove, 53013
Phone: (920) 668-8518; FAX: (920) 668-8566
Principal: Jeanne Courneene
Guidance Counselor: Beth Smittkamp

Cedar Grove–Belgium High School (Grades 9 - 12)
321 North 2nd Street, Cedar Grove, 53013
Phone: (920) 668-8686; FAX: (920) 668-8605
Principal: Josh Ketterhagen
Guidance Counselor: Jessica Luecke

ELKHART LAKE

Elkhart Lake–Glenbeulah School District, www.elgs.k12.wi.us

Elkhart Lake–Glenbeulah Elementary/Middle School (Grades Pre K - 8)
251 East Maple, P. O. Box 518, Elkhart Lake, 53020
Phone: (920) 876-3307; FAX: (920) 876-3105
Principal: Deb Hammann
Guidance Counselor: Kalli Holzwart
Psychologist: Sue Williamson

Elkhart Lake–Glenbeulah High School (Grades 9 - 12)
201 North Lincoln Street, P.O. Box K, Elkhart Lake, 53020
Phone: (920) 876-3381; FAX: (920) 876-3511
Principal: Jim Brown
Guidance Counselor: Melanie Bunyea

HOWARDS GROVE

Howards Grove School District, www.hgsd.k12.wi.us

Northview Elementary School (Grades Jr. K - 4)
902 Tyler Road, Howards Grove, 53083
Phone: (920) 565-4457; FAX: (920) 565-4458
Principal: Diane Weiland
Guidance Counselor: Amy Bares
Psychologist: Teresa Keehn

Howards Grove Middle School (Grades 5 - 8)
506 Kennedy Avenue, Howards Grove, 53083
Phone: (920) 565-4452; FAX: (920) 565-4460
Principal: Andy Hansen
Guidance Counselor: Judy Faust

Howards Grove High School (Grades 9 - 12)
401 Audubon Road, Howards Grove, 53083
Phone: (920) 565-4450; FAX: (920) 565-4451
Principal: Scott Fritz
Guidance Counselor: Dale Nennig

St. Paul's Lutheran School (Grades K - 8)
Website: www.stpaulshowardsgrove.org
441 Millersville Avenue, Howards Grove, 53083
Phone: (920) 565-3780; FAX: (920) 565-3781
Principal: Mark Nolte

KOHLER

Kohler School District, www.kohlerpublicschools.org

Kohler Elementary / Middle School (Grades Jr. 4K – 7)
333 Upper Road, Kohler, 53044
Phone: (920) 459-2920; FAX: (920) 459-2930
Principal: Lori Neurohr
Counselor: Laura Multer
Psychologist: Cindy Payne

Kohler High School (Grades 8 - 12)
333 Upper Road, Kohler, 53044
Phone: (920) 459-2920; FAX: (920) 459-2930
Principal: Quynh Trueblood
Counselor: Christine Voice
Psychologist: Cindy Payne

OOSTBURG

Oostburg School District, www.oostburg.k12.wi.us

Oostburg Elementary School (Grades 4K - 5)
203 North 7th Street, Oostburg, 53070
Phone: (920) 564-2392; FAX: (920) 564-6694
Principal: Ann Steenwyk
Guidance Counselor: Matt Heinen
Psychologist: Bryce DeRoos

Oostburg Middle School (Grades 6 - 8)
408 New York Avenue, Oostburg, 53070
Phone: (920) 564-2383; FAX: (920) 564-6138
Principal: Sherri Stengel
Guidance Counselor: Carol Steindl, Ben Koepsell

Oostburg High School (Grades 9 - 12)
410 New York Avenue, Oostburg, WI 53070
Phone: (920) 564-2346; FAX: (920) 564-6138
Principal: Scott Greupink

Oostburg Christian School (Grades Pre K - 8)
Website: www.oostburgchristian.com
22 South 6th Street, P.O. Box 700319, Oostburg, 53070
Phone: (920) 564-2664; FAX: (920) 564-3166
Principal: Robert Adams

PLYMOUTH

Plymouth School District, www.plymouth.k12.wi.us

Fairview Elementary School (Grades 4K - 4)
300 Salem Drive, Plymouth, 53073
Phone: (920) 892-2621; FAX: (920) 892-5071
Principal: Amy Flood
Guidance Counselor: Joanna Williams
Psychologist: Ray Wolf

Horizon Elementary School (Grades 4K - 4)
411 Highland Avenue, Plymouth, 53073
Phone: (920) 892-2225; FAX: (920) 892-5073
Principal: Todd Hunt
Guidance Counselors: Joanna Williams, Lindsay Bakke
Psychologist: Ray Wolf

Parkview Elementary School (Grade 4K - 4)
500 Parkview Drive, Plymouth, 53073
Phone: (920) 892-4076; FAX: (920) 892-5077
Principal: John Mather
Guidance Counselor: Lindsay Bakke
Psychologist: Ray Wolf

Riverview Middle School (Grades 5 - 8)
300 Riverside Circle, Plymouth, 53073
Phone: (920) 892-4353; FAX: (920) 892-5072
Principal: Chris Scudella
Assistant Principal: Tracy Mueller
Guidance Counselors: Robin Hoopman, Theresa Unger
Psychologist: Susan Williamson
Police Liaison Officer: Todd Kronberg

Plymouth Comprehensive High School (Grades 9 - 12)
125 Highland Avenue, Plymouth, 53073
Phone: (920) 893-6911; FAX: (920) 892-6366
Principal: Dr. Jennifer Rauscher
Assistant Principal: Pam Harney
Guidance Counselors: Maggie Stielow, Sam Scharinger, and Megan Rickmeier

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St. John the Baptist Catholic School (Grades 3K - 8)
Website: www.sjbplymouth.org
116 Pleasant Street, Plymouth, 53073
Phone: (920) 893-5961; FAX: (920) 893-3160
Principal: Amy Nelson
Guidance Counselor: Jeane Sager

St. John Lutheran School (Grades 3K preschool - 8 / daycare)
Website: www.stjohnplymouth.org
222 North Stafford Street, Plymouth, 53073
Phone: (920) 893-5114; FAX: (920) 892-2845
Principal: Tim Gieschen

RANDOM LAKE

School District of Random Lake, www.randomlake.k12.wi.us

Random Lake Elementary School (Grades Early Childhood - 4)
605 Random Lake Road, Random Lake, 53075
Phone: (920) 994-4344; FAX: (920) 994-4820
Principal: Sandy Mountain
Guidance Counselor: Amber Zellner
Psychologist: Sheila Feider

Random Lake Middle School (Grades 5 - 8)
605 Random Lake Road, Random Lake, 53075
Phone: (920) 994-2498; FAX: (920) 994-4820
Principal: Dave Farnham
Guidance Counselor: Pam Rogers

Random Lake High School (Grades 9 - 12)
605 Random Lake Road, Random Lake, 53075
Phone: (920) 994-9193; FAX: (920) 994-4820
Principal: Scott Schulz
Guidance Counselor: Ann Fowler

St. John Lutheran School (Grades Preschool - 8)
Website: www.stjohnrandomlake.org
W5407 Highway SS, Random Lake, 53075
Phone: (920) 994-9190; FAX: (920) 994-9721
Principal: Brad Jentsch

SHEBOYGAN

Sheboygan Area School District, www.sheboygan.k12.wi.us

Cleveland Elementary School (Grades 4K - 5)
411 East Washington Avenue, Cleveland, 53015
Phone: (920) 693-8241; FAX: (920) 693-8357
Principal: Susan Buesing
Guidance Counselor: Mary Calkins
Psychologist: Kris Schoenenberger-Gross

Cooper Elementary School (Grades K - 5)
2014 Cooper Avenue, Sheboygan, 53083
Phone: (920) 459-3693; FAX: (920) 459-4033
Principal: Larry Brahan
Guidance Counselor: Kristin Torrison
Psychologist: Stephanie Polzar

Early Learning Center (Grades Early Childhood - 4K)
1227 Wilson Avenue, Sheboygan, 53081
Phone: (920) 459-4330; FAX: (920) 459-6708
Principal: Pam Kugi
Psychologist: Beth Smith
Social Worker: Pam Kugi

Elementary School of Arts and Academics (Grades K - 5)
3508 North 21st Street, Sheboygan, 53083
Phone: (920) 459-0947
Principal: Elizabeth Brown

Grant Elementary School
1528 North 5th Street, Sheboygan, 53081
Phone: (920) 459-3626; FAX: (920) 459-3719
Principal: Deborah Streblow
Guidance Counselor: Lisa Biemann
Psychologist: Kathy Kobelsky

Jackson Elementary School (Grades K - 5)
2530 Weeden Creek Road, Sheboygan, 53081
Phone: (920) 459-3573; FAX: (920) 459-6496
Principal: Lynn Walters
Guidance Counselor: Regan Haulotte
Psychologist: Stephanie Polzar

James Madison Elementary School (Grades K - 5)
2302 David Avenue, Sheboygan, 53081
Phone: (920) 459-3585; FAX: (920) 459-3589
Principal: Jason Ledermann
Guidance Counselor: Rebecca Kindred
Psychologist: Kristine Polzin

Jefferson Elementary School (Grades K - 5)
1538 North 15th Street, Sheboygan, 53081
Phone: (920) 459-3620; FAX: (920) 453-5209
Principal: Bill Klein
Guidance Counselor: Sara Christians
Psychologist: Kris Schoenenberger-Gross

Lincoln–Erdman Elementary School (Grades 4K - 5)
4101 North 50th Street, Sheboygan, 53083
Phone: (920) 459-3595; FAX: (920) 459-4049
Principal: Amanda Barttelt Schermetzler
Guidance Counselor: Melissa Rank
Psychologist: Elizabeth Smith

Longfellow Elementary School (Grades K - 5)
819 Kentucky Avenue, Sheboygan, 53081
Phone: (920) 459-3580; FAX: (920) 459-0451
Principal: Karl Bekkum
Guidance Counselor: Tammy Olig
Psychologist: Kathy Kobelsky

Northeast Wisconsin (N.E.W.) Montessori Charter School (Grades 1 - 6)
411 East Washington Avenue, Cleveland, 53015
Phone: (920) 693-8241; FAX: (920) 693-8357
Administrator: Elizabeth Brown
Guidance Counselor: Mary Calkins
Social Worker: Andrea Walter

Pigeon River Elementary School (Grades K - 5)
3508 North 21st Street, Sheboygan, 53083
Phone: (920) 459-3563; FAX: (920) 459-4002
Principal: Susan Buesing
Guidance Counselor: Dean White
Psychologist: Vera Shircel

Sheridan Elementary School (Grades K - 5)
1412 Maryland Avenue, Sheboygan, 53081
Phone: (920) 459-3550; FAX: (920) 459-3833
Principal: Kelly Cvetan
Guidance Counselor: Jeanna Goodman
Psychologist: Caitlin Zozakiewicz

Wilson Elementary School (Grades K - 5)
1625 Wilson Avenue, Sheboygan, 53081
Phone: (920) 459-3688; FAX: (920) 803-7760
Principal: Charles Renzelmann
Guidance Counselor: Monica Bonestroo
Psychologist: Vera Shircel
Social Worker: Maureen McAvoy

Lake Country Academy (Grades 4K - 8)
4101 Technology Parkway, Sheboygan, 53083
Phone: (920) 208-3020, FAX: (920) 208-3022
Administrator: Carla Koepp

Sheboygan Leadership Academy
1305 St Clair Avenue, Sheboygan 53081
Phone: (920) 208-5930
Principal: Peggy Henseler

Farnsworth Middle School (Grades 6 - 8)
1017 Union Avenue, Sheboygan, 53081
Phone: (920) 459-3655; FAX: (920) 459-3660
Principal: Todd DeBruin
Assistant Principal: Kelly Blum
Guidance Counselors: Gloria Larson, Sara Sandman
Psychologist: Stephanie Polzar
Social Worker: Lori Tobin

Horace Mann Middle School (Grades 6 - 8)
2820 Union Avenue, Sheboygan, 53081
Phone: (920) 459-3666; FAX: (920) 459-3669
Principal: Vicki Ritchie
Assistant Principal: Troy Wagner
Guidance Counselors: Renee Zenk, Leslie Laster
Psychologist: Kristine Polzin
Social Worker: Carla Vorpahl

The Mosaic School (Grades 6-8)
830 Virginia Avenue, Sheboygan, 53081
Phone: (920)459-0946; FAX: (920)459-6769
Principal: Ted Hamm

Urban Middle School (Grades 6 - 8)
1226 North Avenue, Sheboygan, 53083
Phone: (920) 459-3680; FAX: (920) 459-4065
Principal: Dr. Ted DiStefano
Assistant Principal: Zach Pethan
Guidance Counselors: Andy Bonestroo, Tami Stauss
Psychologist: Andrea Walter
Social Worker: Lori Tobin

George D. Warriner Middle & High School for Personalized Learning (Grades 6 - 12)
712 Riverfront Drive, Suite 101, Sheboygan, 53081
Phone: (920) 459-0945; FAX: (920) 459-0950
Administrator: Jake Konrath

North High School (Grades 9 - 12)
1042 School Avenue, Sheboygan, 53083
Phone: (920) 459-3600; FAX: (920) 459-3601
Principal: Jason Bull
Associate Principals: Lee Thennes, Pam Lensmire
Guidance Counselors: Brian Pilz, Judy Rowe, Jennifer Marks, Trevor Tagel, Chia Xiong
Psychologist: Andrea Walter
Social Worker: Suzanne Speltz

South High School (Grades 9 - 12)
3128 South 12th Street, Sheboygan, 53081
Phone: (920) 459-3637; FAX: (920) 459-6733
Principal: Mike Trimberger, Jr.
Associate Principals: Adam Englebretson
Guidance Counselors: Kevin Heling, Erin Wood, Stephen Schneider, Ann DePagter
Psychologist: Cindy Payne
Social Worker: Carla Vorpahl

Alternative Programs and Tower Academy
721 N 6th Street, Sheboygan, 53081
Phone: (920) 459-3329; FAX: (920) 459-4024
Program Administrator: Lisa Patton
Guidance Counselor: Mary Calkins
Social Worker: Barb Kultgen, Tammy Rueger, Becky Zak, Ellen Cheney

Central High School (Grades 9 - 12)
621 S Water Street, Sheboygan, 53081
Phone: (920)459-3520; FAX: (920)803-7756
Principal: Jake Konrath
Guidance Counselor: Jennie Maramonte

IDEAS Academy (Grades 9 - 12)
830 Virginia Avenue, Sheboygan, 53081
Phone: (920)459-0950; FAX: (920)459-0950
Administrator: Ted Hamm

Bethlehem Lutheran School (Grades 3K - 8)
Website: www.ourbethlehem.com
1121 Georgia Avenue, Sheboygan, 53081
Phone: (920) 452-5071; FAX: (920) 452-0209
Principal: Patrick Vanic

Christ Child Academy (Grades Pre K - 8)
Website: www.christchildacademy.com
2722 Henry Street, Sheboygan, 53081
Phone: (920) 459-2660 or (920) 459-2663, FAX: (920) 459-2665
Principal: Mark Ruedinger

Ebenezer Christian School (Grades K - 8)
610 North 25th Street, Sheboygan, 53081
Phone: (920) 452-5464; FAX: (920) 803-0478
Principal: Martena Hause

St. Elizabeth Ann Seton (Grades 3K - 8)
Website: http://holyfamilyschoolsheboygan.net/
814 Superior Avenue, Sheboygan, 53081
Phone: (920) 452-1571; FAX: (920) 208-4371
Principal: Sister Betty Uchytil

Immanuel Evangelical Lutheran School (Grades Pre K 3 - 8)
Website: www.immanuel-school.com
1626 Illinois Avenue, Sheboygan, 53081
Phone: (920) 452-9681, FAX: (920) 452-0102
Principal: Heidi Wallner

St. Paul Lutheran School (Grades 3K - 8)
Website: http://stpaulsheboygan.org
1819 North 13th Street, Sheboygan, 53081
Phone: (920) 452-6882; FAX: (920) 452-7893
Principal: Wendy Kretschmar

Sheboygan Christian School (Grades Pre K - 8)
Website: www.sheboyganchristian.com
418 Geele Avenue, Sheboygan, 53083
Phone: (920) 457-3060; FAX: (920) 457-6441
Principal: Kathy Andringa

Trinity Lutheran School (Grades Pre K - 8)
Website: www.trinitysheboygan.org
824 Wisconsin Avenue, Sheboygan, 53081
Phone: (920) 458-8248; FAX: (920) 458-8267
Principal: Greg Becker

Lutheran High School (Grades 9 - 12)
Website: www.lutheranhigh.com
3323 University Drive, Sheboygan, 53081
Phone: (920) 452-3323; FAX: (920) 452-1310
Principal: Al Holzheimer
Guidance Counselor: Laura Adameak

Sheboygan County Christian High School (Grades 9 - 12)
Website: www.scchs.com
929 Greenfield Avenue, Sheboygan, 53081
Phone: (920) 458-9981; FAX: (920) 458-9957
Principal: Jim Hofman
Guidance Counselor: Kindra Back

SHEBOYGAN FALLS

School District of Sheboygan Falls, www.sheboyganfalls.k12.wi.us

Sheboygan Falls Elementary School (Grades Early Childhood - 4)
1 Alfred W. Miley Avenue, Sheboygan Falls, 53085
Phone: (920) 467-7820; FAX: (920) 467-7824
Principal: Nancy Chessman
Guidance Counselor: Nikole Humski, Britne Stanke
Psychologist: Melanie Salzman

Sheboygan Falls Middle School (Grades 5 - 8)
101 School Street, Sheboygan Falls, 53085
Phone: (920) 467-7880; FAX: (920) 467-7885
Principal: Meloney Markofski
Guidance Counselor: Britne Stanke, Patrick Uselding
Psychologist: Casie Rindfleisch-Schulz

Sheboygan Falls High School (Grades 9 - 12)
220 Amherst Avenue, Sheboygan Falls, 53085
Phone: (920) 467-7890, FAX: (920) 467-7825
Principal: Luke Goral
Guidance Counselors: William Van Dyk, Janis Jarosch