The **Gloucester County** Smart Book



"Your Key To Re-Entry"

Drafted August 2011

by

The New Jersey Department of Corrections
Office of Transitional Services

Quick Reference: Useful Numbers and Hotlines

American Friends Service Committee Prisoner's Resource Center	1-973-643-2205
CDC National STD and AIDS Hotlines Spanish: English:	1-800-344-7432 1-800-227-8922
Addictions Hotline of NJ	1-800-238-2333
Alcoholics Anonymous	1-800-245-1377
Division of Disability Services (DDS)	1-888-285-3036
Division of Youth & Family Services	1-800-792-8610
Hyacinth AIDS Foundation	1-800-433-0254
Legal Services of New Jersey	1-888-576-5529
NJ Motor Vehicle Commission Driver's License Suspension Hotline Main Information	1-609-292-7500 1-888-486-3339
Narcotics Anonymous of NJ	1-800-992-0401
National Suicide Crisis Hotline	1-800-784-2433
New Jersey AIDS STD Hotline (Beth Israel)	1-800-624-2377
2-1-1 First Call For Help Se habla español or toll free	2-1-1/ 1-800-331-7272
Gloucester County One Stop Thorofare	856-251-6800
Social Security Office	1-800-772-1213
Statewide Domestic Violence Hotline (Woman's Space, Inc.) Bilingual and TTY accessible	1-800-572-7233

The Gloucester County Smart Book

<u>Table of Contents</u>		Page #	
The	e Start of a New Beginning:		
]	How to Use this Book	5	
Get	tting Started:		
]	I.D. and Other Documents	6	
A.	Social Security Card	6	
B.	Birth Certificate	7	
C.	County I.D.	8	
D.	Driver's License	9	
E.	Non-driver's State I.D.	12	
F.	Certificates of Naturalization or Citizenship	12	
G.	Alien Registration Card ("Green Card")	12	
Н.	Military Discharge Papers	12	
I.	Passport	13	
J.	NJDOC Release Papers and Temporary	14	
	ID Card		
Fir	st Steps After Release:		
Where Do I Go to Find		14	
	First Stops	15	
B.	Shelter	15	
C.	Food/Clothing	16	
D.	Transportation	23	
E.	Money: FS/GA	24	
F.	Veterans Benefits	25	
Tal	king Care of Yourself:	27	
Get	tting Support		
Tal	king Care of Yourself:		
Hea	alth Care Resources	27	
A.	Health Care Benefits: Am I Eligible?	27	
B.		28	
C.	Services for People with HIV/AIDS	32	
D.	Services for People with Tuberculosis	33	
	or Hepatitis C		
E.	Dental Care	33	
F.	Substance Abuse Resources/Mental Health	34	
G.	Emergency Mental Health Services	37	
H.	Free/Low Cost Eyeglasses	37	

Fi	nding a Job: Employment	
As	sistance and Training Programs	38
A.		
	Job Search	38
В.	Help with Job Search	
	and Job Training Resources	39
C.	Legal Restrictions on Employment and	
	Protection Against Discrimination	41
D.	Benefits for Employers Who	
	Hire People with Criminal Records	42
E.	Opening a Checking or Savings Account	42
F.	Public Libraries	42
Re	econnecting With Family	44
A.		45
В.		46
C.	Getting and Paying Child Support	47
D.	Domestic Violence Resources	48
Ge	etting More Education	48
	High School and GED	48
	GED Classes	49
C.	Higher Education	49
Ot	her Things You Need to Know	50
A.	Getting Legal Assistance	50
В.	Checking and Correcting	
	Your Criminal Record ("rap sheet")	50
C.	Expungement: Cleaning Up Your	
	Criminal Record	51
D.	Checking and Correcting Your Credit Record	52
E.	Voting Rights	52
F.	Registration of Sexual Offenders (Megan's Law)	53
Th	e Game Plan:	54
	Your First Weeks Out	55
	Other Things I Need to Do	56
	ID Document Checklist	57
	My Contacts and Phone Numbers	
	My Contacts and Phone Numbers	57

The Start of a New Beginning:

How to use this book

This book is intended to prepare you for your arrival home and reintegration back into society. In order to make the transition smoother for you a list of resources have been compiled along with a list of necessary items you will find that are essential to your success. This book focuses on the first few weeks and months of your arrival home and assisting you on managing the transition. Although not every resource available to you will be found in here, there are many that will help to guide your journey. Unless a fee or charge is listed, most of the services and resources listed here are free.

Each section of this book is categorized by items that you will need in order to find employment, return to school, and to obtain identification. It will also provide addresses, websites, phone numbers, and general tips on how to acquire that particular service. You can use the table of contents to easily identify what service you require, and follow instructions as to how to contact providers.

FYI: **Please feel free to utilize your social services department for assistance in contacting an agency or inquiring information about a service found in this book. There are some services that may be free to you that you can contact through your social services department before making an out-of-pocket expense.

There are things that can be completed prior to release from prison. Two things specifically are requesting a duplicate Social Security card for **FREE** and applying for a birth certificate for a **fee**. Please contact your social worker six months prior to release to apply for these items. By doing this while still in custody, you are taking a large step towards making your transition back into the community easier for you. Provided both documents are processed successfully, you will have two necessary forms of identification made available to you the day you are released. This will speed up the process of finding employment.

You will not find every service or organization in Gloucester County in this book however there will be many to help you begin. Also, the organizations that are listed may be able to offer additional resources to you. For current information as services change procedure and/or cost please visit www.njsuccess.org. You can also visit your local library to get free internet access, (see page 42) and www.co.gloucester.nj.us for more county information.

Getting Started: Identification (I.D.) and Other Documents

In order to apply for employment, rent an apartment, apply for general assistance, food stamps, or Medicaid, proper identification will be required. The more identification you have in your possession, the easier it will be for you to obtain these services. Certain items can be obtained while you are still incarcerated. Ask your social worker for assistance, and for the remainder, this book will point you in the right direction.

FYI: In order to obtain identification, various agencies will require proof of address. It is smart to keep bills in your name or official documents that have your name and address for further verification of your address.



A. Social Security Card

If at all possible, apply for a duplicate social security card with your social worker six months prior to release. If for some reason this is not possible or your application has been denied, you will need to visit your closest Social Security Office to apply. The following offices are the local branches in or near Gloucester County. Please find which office is closest to your residence.

Social Security Administration

51 Charles III Dr Glassboro, NJ 08028

Suite 100 Five Executive Campus Cherry Hill, NJ 08002

Office hours:
Monday- Friday 9:00am-4:00pm
Phone numbers:
Toll Free 1-800-772-1213
TTY- 1-800-325-0778

If you choose to visit your local office to apply you will need to fill out the application at the office. You will need to show proof of identification. Your NJDOC Temporary ID card you will receive upon your release serves as proof of identification.

To save time you can download the application online (www.ssa.gov/replace_sscard.html).

Birth Certificato

B. Birth Certificate

The office of Vital Statistics in the New Jersey Department of Health and Senior Services has all the New Jersey birth, marriage, and death records. The fee is \$25.00. However, depending upon where you were born in Gloucester County, you may be able to apply for a birth certificate for a lesser fee.

New Jersey Department of Health and Senior Services

Bureau of Vital Statistics and Registration P.O. Box 370 Trenton, NJ 08625-0370

Contact information for the NJ Bureau of Vital Statistics and Registration: 1-609-292-4087 and 1-866-649-8726 (toll-free nationwide)

FYI: You are able to apply for a birth certificate while you are still in custody and have six months left prior to release. Please see your social worker to do so.

The following is a list of towns where area hospitals are in Gloucester County that you may have been <u>born in</u>. You may go to your registrar's office in the town you <u>live in</u> and apply for a birth certificate however that office may utilize the Bureau of Vital Statistics in Trenton. Your registrar's office is usually located at the municipal building or city hall.

Town/ Address	<u>Phone</u>	<u>Fee</u>
Washington Township Municipal Building 523 Egg Harbor Road Sewell, NJ 08080	(856) 589-0520	\$20
Woodbury City Hall 33 Delaware St Woodbury, NJ 08096	(856) 845-1300	\$20

^{**}Residents of Gloucester County who are born in a residence/ home should contact their local borough or township office for a birth certificate or contact the Bureau of Vital Statistics in Trenton**

^{*} Fees as of August 2011

C. County I.D.

You can obtain a county identification card by going to the Gloucester County Clerk's Office or the Gloucester County Store.

Gloucester County Clerk

1 North Broad Street Woodbury, NJ 08096 Phone (856)853-3237 Fax (856)853-3327

Gloucester County Store Deptford Mall 1750 Deptford Center Road Deptford, NJ 08096 (856) 686-6013

Fee: \$10.00 CASH / VISA / MASTERCARD / MONEY ORDER ONLY (Effective April 1, 2007).

Listed below are the requirements to obtain an identification card.

(1) U.S. citizens must present **one** of the following documents:

Birth Certificate issued by Vital Statistics with a raised seal Birth Certificates for applicants 13 and under must list both parents' Names.

United States Passport Book or Passport Card – Current or expired less than five years
Naturalization Certificate

Non U.S. citizens must present **both** documents listed below: Valid Foreign Passport Current Permanent Resident Card

- (2) You must present a valid ID issued from New Jersey Motor Vehicle with the exception of the Provisional Driver's License. If you do not have one and you are 18 and over, you may bring someone 20 or over with a valid New Jersey Drivers license to sign an identifying witness affidavit.
- (3) You must provide proof of your Gloucester County Address. It must have been mailed less the ninety days ago and include your name and address. Following are some examples: Utility or Credit Card Bill, Checking or Savings Account Statement, Property Tax or Water Bill. Paycheck or

W-2 form. If you are unable to provide acceptable Proof of Address, the identification card will be mailed to you.

D. Driver's License



Once you are released from prison, you can go to the Motor Vehicle Commission (MVC) to get a new driver's license, replace a lost one, or renew a card that has expired. If you believe that your license has been suspended, you should confirm this and figure out what you need to do to get it back. If you were convicted of any kind of drug offense, your license has been suspended.

Prior to your release, you can get a copy of your driver's license record, which is called an "abstract." Please contact your social worker if you are interested in obtaining an abstract. **The fee for an abstract is \$15.00**

Upon your release, you can go to the MVC offices in Gloucester County (listed below) or a Regional Service Center to request a driver's abstract. If you have internet access, you also request an abstract online WWW.STATE.NJ.US/MVC. You will still have to pay \$15.00. If your license was suspended for six months or more because of a drug conviction, the period of the suspension will begin from the time of your release. Other kinds of suspension, such as failure to pay parking tickets, insurance surcharges, or child support, will last until you have paid the fine or worked out a payment plan. For questions about suspension, call the suspension hotline: 609-292-7500.

Restoration Fees, Tickets, and Surcharges: If you found out that your license has been suspended, you will have to pay a restoration fee of \$100.00 in order to have your license reinstated. This does not include any additional fines or surcharges you are required to pay. This fee can be paid at the Regional Service Center (see below).

If you have internet access, this fee can be paid online at <u>WWW.STATE.NJ.US/MVC</u>. You can pay your surcharges and parking tickets on this web site as well.

MVC LOCATIONS IN GLOUCESTER COUNTY

For questions, please call 1 (888) 486-3339

West Deptford

215 Crown Point Road (I-295 Exit 20) Thorofare, NJ 08086

Agency and Driver Testing Hours

Monday- 8 a.m.- 5:30 p.m. Tuesday- 8 a.m.-7:30 p.m. Wednesday, Thursday, and Friday 8 a.m.-5:30 p.m. Saturday 8 a.m.-1 p.m.

Turnersville

Ganttown Plaza 5200 Rt. 42 North (Black Horse Pike) Suite 13 Turnersville, NJ 08012

Agency and Driver Testing Hours

Monday- 8 a.m.- 5:30 p.m. Tuesday- 8 a.m.-7:30 p.m. Wednesday, Thursday, and Friday 8 a.m.-5:30 p.m. Saturday 8 a.m.-1 p.m.

Deptford

725 Tanyard Road Deptford, NJ 08096

Inspection Hours
Monday–Friday 8 a.m.–4:30 p.m..
Saturday 7 a.m.–12 p.m.

Regional Office Trenton

120 S. Stockton & Front Street
Trenton, NJ 08611
Monday- 8 a.m.-5:30 p.m.
Tuesday- 8 a.m.-7:30 p.m.
Wednesday, Thursday, and Friday- 8 a.m.-5:30 p.m.
Saturday- 8 a.m.-1 p.m.

To replace a lost or stolen license, you will have to bring identification to the MVC and pay an \$11.00 fee. The MVC now has very specific kinds of I.D. that are required under the new "Six Point" system:

Please use this guide to prepare yourself for your trip to MVC. Make sure you have the six points of identification necessary to obtain your drivers license or non drivers I.D.

SIX POINT SYSTEM OF IDENTIFICATION

Primary Documents:

(4 Points)

- Birth Certificate or Certified Copy from one of the 50 states.
- U.S. Dept. of State Birth Certificate
- US Passport-Current or Expired less than 3 years
- Current US Passport card
- Current NJ Digital Drivers License
- Valid Active Duty US Military Photo ID Card
- US Adoption papers
- Certificate of Naturalization
- Certificate of Citizenship

Secondary Documents:

(3 Points)

- Civil Marriage/Domestic partnership/ Civil Union Certificate: Issued by the Municipality or State
- Order of Decree of Divorce
- Court Order for Legal Name Change: Signed by a judge or county clerk
- US Military Photo/Retiree Card

(2 Points)

- U.S. Military Discharge Papers (DD214)
- U.S. School Photo ID Card with Transcript or School Records
- U.S. College Photo ID Card with Transcript

(1 Point)

- Current/ Expired (Less than 1 year) Non-Digital NJ Photo Drivers License
- Social Security Card
- Bank statement or record
- ATM Card w/ pre-printed name and applicant signature
- NJ Public Assistance Card w/ Photo
- High School Diploma/GED/ College Diploma
- Veterans Affairs-Universal Access Photo ID Card

You can get a brochure on this "Six Point" system from the MVC offices listed above or from the Motor Vehicle Commission web site, www.state.nj.us/mvc. If your license has expired, you will have to go with your six points of I.D. to the MVC to fill out a renewal application. You may have to take the written test again. License renewal costs \$24.00.

E. Non-driver's State I.D.

New Jersey provides state photo identification for non-drivers. You can get this official state I.D. even if your driver's license is currently suspended. This may be a good option for you if it is going to be some time before you get your license back. You will still need to bring the same type of identification documents described previously, under the new "Six Point" system as well as a 24.00 fee.

F. Certificates of Naturalization or Citizenship

This certificate is necessary for employment upon your release. In general, if you need to replace lost forms, you can contact the US Citizenship & Immigration Service or Application Support Centers to find out about identification and fingerprint verifications. There is a fee to process an application for replacement documents. The National Customer Service Hotline is 1 (800) 375-5283.

Citizenship Locations

Closest field office to Gloucester County

US Citizenship & Immigration Service

Peter Rodino Federal Building 970 Broad Street, Newark NJ 07102

G. Alien Registration Card "Green Card"

To replace a missing Green Card, you must go to the US Citizenship & Immigration Service Office (see above) to fill out an I-90 form. Please make sure that you bring I.D. with you.

You can also visit the website and download the forms at www.uscis.gov. It costs \$450 for processing. If you have any questions or concerns about your status as a result of your criminal conviction, call Legal Services of New Jersey at 1-888-576-5529 before going to immigration.

H. Military Discharge Papers

FYI: You may have the opportunity to meet with the Veterans Administration (VA) liaison from the Veterans Administration during your incarceration. The VA liaison can assist you in requesting a copy of your DD214 (discharge papers) by completing the SF-180 form. Please notify your institution's P.R.E.P.A.R.E social worker for assistance with your requests

and to obtain information on your veteran status. You can also obtain the SF-180 by writing the Veteran Benefit Administration in NJ or the NPRC, which is the main record depository.

Main records depository NPRC, 9700 Page Ave St. Louis, MO 63132-5100

Upon your release, you can also visit the following web site to request military records; www.vetrecs.archives.gov

Once on the www.vetrecs.archives.gov website, follow the on screen instructions for requesting personnel records. You will be asked to print out a signature page which can either be mailed or faxed. Upon receiving the form, the records will be mailed directly to you.



I. Passport

Although a passport may not seem like an important item to have at this point, it can serve as a major form of identification because it is widely accepted. There are fees involved in obtaining your passport. To obtain your passport, you may visit the Gloucester County Clerks Office at:

Gloucester County Clerk 1 North Broad Street Woodbury, NJ 08096 (856) 853-3237

Other Locations: Gloucester County Store- Deptford Mall 1750 Deptford Center Road Woodbury, NJ 08096-5222 856-686-6013 Monday thru Friday 10:00 am-9:00 pm Saturday 10:00 am-5:30 pm

You will need to bring:

- ✓ An original or certified copy of a birth certificate with a raised seal and file date issued by Vital Statistics
- ✓ A naturalization certificate
- ✓ Official military I.D.

- ✓ A previous US passport; photocopies are not accepted.
- ✓ Your Social Security card
- ✓ I.D., such as a valid driver's license, government identification or previous passport issued after your 16th birthday. The expired passport should not be more than 15 years old.
- ✓ 2 identical copies of a 2x2 face front regulation passport photo. (photos can be taken for a \$10 fee you will need an appointment)

\$110 for regular service/passport total made payable to US Dept of State and \$25 check/money order/cash made payable to Gloucester County Clerk or County Store. A passport will be valid for 10 years.

J. NJDOC Release Papers/Temporary I.D. Card

Make sure you keep your prison release papers and temporary I.D. card. Your release papers can serve as identification in some circumstances and your I.D. card is valid for 30 days.



First Steps after Release: Where Do I Go to Find...

This section provides resources for food, shelter, clothing, money, and other emergency needs. We have provided some resource options in Gloucester County that you can utilize upon release.

FYI: Important paperwork will be needed repeatedly throughout your life. Make sure to invest in a folder or safe to keep important documents. Never carry your birth certificate or Social Security card with you. You will only need to produce these items upon request. It is smarter to keep them in a safe place.

Also, make sure to keep a notebook and a pen with you to write down the names and phone numbers of the people you come in contact with at various agencies. Remember, nobody is going to care about your success as much as you do.

Provided for you are agencies and services that can assist you in finding your basic needs.

FYI: It is a good idea to call first to check that the hours of operation haven't changed. Please try to be patient with those that are attempting to assist you.

See the following pages for list of resources.

A. First Stops

The agencies below provide a range of services and/or, depending on what you need, can refer you to other places.

FIRST-STOP AGENCIES

2-1-1/First Call for Help – is a resource for Gloucester County residents, which offers comprehensive information and referrals for human services, health care, government and community resource assistance. Dial 211, which can be accessed from the internet, cell phone or landline, 24 hours a day, 7 days a week. Dial 800-648-0132 for the Homeless Hotline, which addresses emergencies and homeless calls. 211is multi-lingual and accepts TTY callers.



B. Shelter

Access to most of these shelters can be obtained through the Gloucester County Board of Social Services or through a general walk in.

Family Promise of Gloucester County

1002 South Main Street, 2nd Floor Williamstown, New Jersey 08094 (856) 740-4212 (Family shelter)

Services Empowering Rights of Victims (SERV)

PO Box 566 Glassboro, NJ 08028 (856) 881-3335 (Domestic Violence/ Sexual Abuse Shelter – Men and Women)

Street Outreach Program for Homeless Youth (Ages 9-21) PO Box 1004

Williamstown, NJ 08094 (800) 355-0660 *Call this number directly for referral* (Youth Shelter; Motel/Hotel referrals)

Volunteers of America-Eleanor Corbett House

948 Whig Lane Rd Glassboro, NJ 08028 (856) 881-5550 (Single/Family Shelter)

C. Food/Clothing

Here are the food pantries and soup kitchens in Gloucester County. Although each agency has been verified, please call to check for most current hours of operation.

Food Pantries/Soup Kitchens

FYI: Please note that any food pantry that also sells or provides clothing will be indicated next to the address by the designated symbol:



Clayton



CLAYTON BAPTIST CHURCH

Site: 110 S. Delsea Dr. Clayton, NJ 08312

Phone: 856-881-5454 x101

Hours: 1st and 3rd Thursday of every month. 10 am- 12pm *This site provides a food pantry and emergency food.*





Site: 253 Maple St. Clayton, NJ 08312

Phone: 856-863-4900

Hours: Call to make an appointment. Registration is every

Friday.

This site provides emergency food. Please bring Photo I.D.

Dentford

LAURELWOOD SEVENTH DAY ADVENTIST CHURCH



Site: 3051 Good Intent Road Deptford, NJ 08096

Phone: 609-221-5241

Hours: Pantry/Clothing Sign In: Saturday 12-12:30pm Pantry open to serve: Saturday 12:30pm Contact: Michael Gill

This site provides a food pantry, clothing, and community services. Pleas bring Photo I.D.

Franklinville

CHURCH OF THE NATIVITY



Site: 2677 Delsea Dr. Franklinville, NJ 08332

Phone: 856-694-2349

Hours: Thursdays 11:00 am-11:30 am.

Call Tuesday to register.

This site provides a pantry Clayton and Franklinville Residents only. Please bring proof of residence.

Gibbstown

ST. MICHAEL'S/ST. VINCENT DEPAUL'S



Site: 313 Memorial Ave Gibbstown, NJ 08027

Phone: 856-423-4190

Hours: Please call society for food to be delivered.

This site provides food delivery services to those in need who

reside in Gibbstown and Paulsboro.

Glassboro



SAMARITAN CENTER

Site: 123 E. High St. Glassboro, NJ 08028

Phone: 856-863-9030

Hours: Monday, Wednesday, Thursday 2:00 pm-4:00 p.m.

Contact: Ms. Mary Hines

This site provides a pantry and clothing to Glassboro residents. Please bring Photo I.D. and proof of residency if possible. Photo I.D. and proof of residency if possible.

Malaga



NEW LIFE IN CHRIST MINISTRIES

Site: 895 Delsea Dr. Malaga, NJ 08328

Phone: 856-881-7880

Hours: Every 3rd Saturday of the Month: 9:00 am-12:30 pm

Contact: Shirley Swanson

This site provides a food pantry and emergency services.

Please provide proof of county residence.

Paulshoro

PAULSBORO COMMUNITY DEVELOPMENT CORP.



Site: 1536 Pine St. Paulsboro, NJ 08066

Phone: 856-224-1401 Website: tina@sbcdc.org

Hours: Pantry: Wednesday 3:00 pm-4:30 pm 365 days

Clothing: Friday 6-8pm

Contact: Tina Rivers

This site provides a pantry, clothing, and social services for

Gibbstown and Paulsboro Residents.

TRI-COUNTY COMMUNITY ACTION PARTNERSHIP



Site: 10 East Madison St Paulsboro, NJ 08066

Phone: 856-423-0040

Hours: Pantry: Monday-Friday 10:00 am-4:00 pm

This site provides a pantry, clothing, and social services for Gloucester Country Residents. Please provide social security

number, proof of residence, and proof of income.

Pitman

PITMAN PANTRY AT FIRST BAPTIST CHURCH



Site: 30 N. Broadway Pitman, NJ 08071

Phone: 856-589-2266

Hours: Tues: 6:00 pm-7:00 pm; Weds: 4:00 pm-5:00 pm;

Thurs: 12:00 pm-1:00 pm **Email:** pitmanpantry@yahoo.com

This site provides a pantry and special need



OUR LADY QUEEN OF PEACE

Site: 161 Piman Ave & Highland Terrace Pitman, NJ 08071

Phone: 856-589-5673

Hours: Monday & Friday- 9:30 am- 10:00am

This site provides a pantry to Pitman and Glassboro residents

only.

THE WOUNDED HEALER, INC.

Site: 8 N. Broadway, 2nd and 3rd Floor Pitman, NJ 08071

Phone: 609-582-0001

Website: http://thewoundedhealer.us/Food_Bank.html **Hours:** Every 2nd and 4th Wednesday - 3:00 pm-5:00 pm

This site provides a pantry, clothing, and social services for

all county residents..

Sewell

PITMAN CHURCH OF CHRIST



Site: 115 East Holly Avenue, Sewell, NJ 08080

Phone: 856-589-1500

Email: dgrillo@COCHRIST.org
Website: www.cochrist.org
Hours: Office Tues Fri: 0cm 4n

Hours: Office – Tues-Fri: 9am-4pm

Contact: Dotty

This site provides a pantry; clients must call before going.

JOSEPH'S STORE HOUSE @



Faith Fellowship Ministries of Southern New Jersey

Site: 13 Lakeside Lane Sewell, NJ 08080

Phone: 856-881-0111

Website: http://www.ffmsnj.org

Hours: Third Tuesday of each month - 3:00 pm - 6:00 pm Fourth Sunday of each month - 12:30 pm - 1:30 pm This site provides a pantry. Food is distributed on a first come, first serve basis while supplies last. Must register by providing name, address and two forms of ID with proof of residency in Gloucester County.

KING'S THINGS



Site: 1401 King's Highway Swedesboro, NJ 08085

Phone: 856-467-1796

Hours: Tuesday and Wednesday

9:00 pm-12:00 pm /1:00 pm-4:00 pm

This site provides a pantry. Open to all Gloucester County

Residents. Must provide proof of income and residence.

Thorofare

VOLUNTEERS OF AMERICA -GLOUCESTER CO. HOMELESS PREVENTION PROGRAM



Site: St. Paul's United Methodist Church, 74 Church Street,

Thorofare, NJ 08086

Phone: 856-853-0004 or 856-853-0350

Email: emurray@voadv.org
Web: www.voadv.org

Hours: Pantry - Wednesday & Thursday: 9:00 am-12:00 pm

& 1:00 pm-4:00 pm **Contact:** Tanicia Triplett

This site provides a pantry, clothing, and when funds are available, financial assistance for utilities and other bills to

prevent homelessness.

Turnersville

APOSTLE'S LUTHERAN/CIRCLE OF CARING



Site: 4401 Black Horse Pike (RT. 42) Turnersville, NJ 08012

Phone: 856-829-4228

Hours: $Pantry - 2^{nd}$ and 4^{th} Thursdays- 1:00 pm- 3:00 pm *This site provides a pantry for Gloucester County Residents.*

Washington Twp.



Site: 523 Egg Harbor Rd. Washington Twp., NJ 08012

Phone: 856-589-6446

Hours: Thursdays- 9:00 am-12:00 pm

This site provides a pantry, clothing, and social services for Washington Twp. Residents only. Proof of residency is

required.

Westville

CATHOLIC CHARITIES OF GLOUCESTER COUNTY



Site: 1200 N. Delsea Dr. Westville, NJ 08093

Phone: 856-845-9200

Hours: Monday-Friday- 9:00 am-12:00 pm

This site provides a pantry, clothing and other social services

for Gloucester County residents.

Williamstown

CECIL DELIVERANCE TABERNACLE OUTREACH MINISTRY



Site: 1110 Coles Mill Road, Williamstown, NJ 08094

Phone: 856-629-9818

Email: cdtoutreach@verizon.net

Hours: Every 3rd Thursday 12:30 pm-3:30 pm

Contact: Carmen Woods

This site provides a pantry, social services, transportation and

a hot breakfast program.

ST. MATTHEWS COMMUNITY DEVELOPMENT FAMILY LIFE CENTER



Site: 245 Glassboro Rd Williamstown, NJ 08094

Phone: 856-629-4614

Hours: Every 4th Thursday- 9:00 am- 12:00 pm

This site provides a pantry, clothing, and other services to

Williamstown and surrounding towns only.



THE GREATER PROMISE OF HOLINESS

Site: 1480 N. Tuckahoe Rd. Williamstown, NJ 08094

Phone: 856-629-4646

Hours: 1st and 3rd Saturday- 12:30 pm-2:30 pm

Contact: Pastor Connie Smith

This site provides a pantry and clothing.

Woodbury

COLONIAL MANOR UNITED METHODIST CHURCH



Site: 1312 Tatum St. Woodbury, NJ 08096

Phone: 856-845-5926

Hours: Saturdays- 9:30 pm- 11:00 pm

This site provides a pantry for Woodbury, West Deptford,

Westville, and Deptford residents only.

NORTH BAPTIST CHURCH



Site: 1020 N. Evergreen Ave Woodbury, NJ 08096

Phone: 856-845-8433

Hours: 3rd and 4th Saturdays- 2:00 pm-3:00 pm *This site provides a pantry for Woodbury residents.*

SEVENTH DAY ADVENTIST CHURCH



Site: 330 E. Barber Ave. Woodbury, NJ 08096

Phone: 856-848-8975

Hours: Tuesdays and Thursdays- 9:30 am-11:00 am

Contact: Caesar Sprianu

This site provides a pantry for Woodbury, Woodbury Heights, Deptford, West Deptford, Westville, Wenonah, and National

Park residents only.



D: Transportation

There is no general program that will provide assistance paying for transportation. NJ Transit will no longer accept release papers in substitution for bus tickets. However, you may purchase transit tickets from NJDOC for \$2.50 prior to release, which will assist you with reaching your destination.

Some of the programs listed in this book will provide bus passes to help you participate in a particular program. If you are assigned to a community/social service or reporting program, you may want to ask if the program offers transportation assistance.

For specific bus, rail or train schedules and fares, you may call NJ Transit: (973) 275-5555, NJ Text Telephone: 800-772-2287 or visit the NJ Transit Website: http://www.njtransit.com For specific route information on the web site, click on the "trip planner". For your Gloucester County travel convenience, may want to purchase weekly, monthly or discounted transit passes (when applicable).

Gloucester County provides free county bus transportation to senior citizens (60 and older), adult disabled residents (21-59 years of age), veterans, and low-income county residents through the Gloucester County Division of Transportation (DTS) which is located at:

Budd Boulevard Complex, West Deptford, NJ 08096 Hours: 8:30 am - 4:00 pm, Monday through Friday Scheduling 8:30 am to 4:00 pm Dispatch 6:30 am to 4:30 pm Call: 856-686-8355

To Schedule a Ride: call 686-8350 (3 business days in advance)

To Confirm your ride: call 856-686-8359 (1 business day in advance)

Gloucester County also provides the Pureland Shuttle Bus which is a free service for commuting between Camden, Westville, Woodbury, Paulsboro, Gibbstown, Greenwich, and Pureland National Park. For reservations and additional information, contact: South Jersey Transportation Authority at 856-614-1072. Hours: Mon.- Fri. 8:30 am- 5:00 pm. After Hours: call 609-820-4926.

Municipal Shuttles are also available for the municipalities within Gloucester County. The Municipal Shuttle Buses are

available to the general public at no cost. The service provides Gloucester County residents access to nearby shopping facilities, senior lunch programs, and area malls. Consult your municipality for schedule information:

Clayton	881-2882, Ext. 8
Deptford	
Franklin	694-1234, Ext. 7
Glassboro	881-1515
Logan	467-3424
Mantua	468-1500, Ext. 4
Monroe	728-9840
Paulsboro	423-1500
Pitman	582-4766
Washington Twp	589-3227
West Deptford	845-4004, Ext. 137
Westville	456-7785
Woodbury	853-0892
Woodbury Heights	848-2832, Ext. 68

E. Money

Once you are released from custody, you will need a source of income until you can find a job. (see section on "Finding a Job" for job seeking information).

The DOC does not provide any "gate money," except for the money you may have in your inmate account. If it is possible to save any money before you are released, you should try to do so.

Based on need, Parole can give up to \$300.00 in emergency funds, <u>but it is at their discretion</u>. Ask your parole officer about this.

You may be eligible to get some sort of public assistance (welfare), not everyone qualifies for this. Listed below are some basics on seeking and applying for benefits.

GENERAL ASSISTANCE (WFNJ-GA) AND TEMPORARY ASSISTANCE FOR NEEDY FAMILIES (WFNJ-TANF) provide cash benefits, GA for single people and TANF for people who have custody of their children. Both programs will require you to work or actively look for work and both have a five-year lifetime limit. Work First New Jersey also has an Emergency Assistance program that you may qualify for if you are homeless or at risk of becoming homeless: it can pay for things like food, clothing and transportation costs to look for housing, but also utility payments and temporary rental or mortgage payment assistance. Depending on the county you are returning to, you may be able to meet with the P.R.E.P.A.R.E social worker at your institution and complete

a WFNJ-GA application prior to release. You can contact your social worker for more information.

WFNJ-GA AND WFNJ-TANF Application sites in Gloucester County:

Gloucester County Board of Social Services

400 Hollydell Drive Sewell, NJ 08080

Phone: 856-582-9200 TTY: 856-582-2337

Email:esmith@co.gloucester.nj.us

Office Hours:

8:00 PM-4:30 PM Monday - Friday

Extended hours the 1st and 3rd Tuesdays of each month.

FYI: Please call your local office to verify what the eligibility requirements are for obtaining General Assistance

FOOD STAMPS

You may apply for food stamp while applying for GA/TANF. If you were convicted after August 22, 1996, of a drug distribution or sales offense, you may still be able to get Food Stamps if you have completed or are enrolled in a licensed drug treatment program, or completed a program in prison and are drug free (you will be tested). Same goes for possession offenses. Please contact the welfare office in Gloucester County to inquire.



F: Veterans Benefits

If you were receiving veteran's benefits, either for disability or a pension, and you were incarcerated for more than 60 days, you will have to get reinstated after you are released. If you were not receiving benefits and you are a veteran, you may be eligible for benefits or for other programs and services, including health care. You can contact the P.R.E.P.A.R.E social worker in your institution located in the social services department for assistance. You can also contact the Veterans Administration for questions about benefits at 800-827-1000; the health benefit number is 877-222-VETS. The 24-hour veterans mental health hotline is **1-866-VETS-NJ4U**.

The closest VA Benefit Administration is located at:

110A Meadowlands Parkway, Suite 102 Secaucus NJ 07094 201-223-7787

Regional Office

20 Washington Pl., 3rd Floor Newark 973-645-1441

The Veterans Services Officer for Gloucester County is **Duane Sarmiento** located at:

211 County House Road Sewell, New Jersey 08080 Phone: 856 401-7660

Also available at this site: The Gloucester County VA clinic Phone: 1-877-823-5230 Hours 8:00 am- 4:30 pm

The New Jersey Department of Military and Veterans Affairs Officer for this area is **Charles Piscopo** located at:

658 N. Evergreen Ave Woodbury, NJ 08096 Phone: 856-853-0593

Either office can assist you with your Veterans service needs, reinstate benefits or apply for new programs and services.

Websites for additional resources:

Federal Veterans Information: www.va.gov

Info for NJ Veterans: www.vetsinfo.com

New Jersey Dept of Veterans Affairs: www.state.nj.us/military

New Jersey Veterans Guide: www.state.nj.us/military/veterans/njguide

VA Home Loans:

www.homeloans.va.gov

Veterans Counseling Service Center: www.va.gov/rcs/newjersey/html

Be aware that the VA takes considerable time to make decisions. On average, it can take 273 days to process a new application for benefits.

OTHER BENEFIT PROGRAMS: You may be eligible for other cash benefits, including Supplemental Security Income (SSI) disability benefits (if you are seriously disabled and cannot work) call 1-800-772-1213 and the Women's, Infants, Children (WIC) program, which gives food vouchers to low-income parents. You can inquire about WIC at the city and county welfare offices.

Taking Care of Yourself: Getting Support

The transition from prison back to society may take some time to get adjusted and we want to provide you with options to lessen the burden. Taking care of your mind and body will be important for your success. Below are a few places to that may be of assistance.



Taking Care of Yourself: Health Care Resources

It is very important that you pay close attention to your aftercare once you are released from custody. Change in your daily routine cause a certain level of stress. Stress along with any medical condition may worsen if routine monitoring and treatment are not available. Therefore the resources listed below provide information on paying for health care, clinic visits and other resources in Gloucester County.

A. Health Care Benefits: Am I eligible?

In New Jersey, the **Medicaid** program provides health care benefits for some low-income people. If you gain custody of children under 18 when you are released, you may qualify if you are; *single*, *head of house and unemployed*, *or existing earnings are not enough to support the household* Other eligibility requirements include low-income status, over age 65, blindness, or inability to work due to a disability.

If you are disabled and are applying for SSI, you will also be screened for Medicaid at that time. If you qualify for General Assistance benefits, you will get some very basic health care benefits through Medicaid (Plan G). Medicaid is a separate program from GA or TANF, so you don't have to be eligible for those benefits to qualify for Medicaid.

For questions about <u>Medicaid eligibility</u>, or to apply for Medicaid in Gloucester County go to:

Gloucester County Board of Social Services

400 Hollydell Drive Sewell , NJ 08080 Phone: 856-582-9200 TTY: 856-582-2337

Email: esmith@co.gloucester.nj.us

Office Hours:

8:00-4:30 PM Monday thur Friday Extended hours the first and third Tuesdays of each month.

If you are a veteran, you may be eligible for health care benefits through the **Veterans Administration**, which provides a "Medical Benefits Package" for enrolled veterans. You may call 877-222-VETS for more information about eligibility and applying for benefits.

If you are HIV+ or have AIDS, you may also be eligible for the **AIDS Drug Distribution Program** (ADDP), which provides help paying for HIV/AIDS medication for people who do not have other ways of paying. **You can apply for this program before you are released**. Contact the **Aids Drug Distribution Program** at 609-588-7038 or toll free 877-613-4533, Mon-Fri 8am-5pm to apply.

Easter Seals New Jersey provides information, referrals and loans of medical equipment (including wheelchairs) to people in need. For information call 732-257-6662.

B. General HealthCare Providers

Even if you do not have Medicaid or other health insurance and benefits, here are some facilities that provide primary health care at low cost, sliding scale or free service. They are listed below. Most hospitals have charity care, for which you can inquire about during a hospital emergency room visit.

Gloucester County Community Health Centers

Underwood Memorial Hospital

509 N.Broad St. Woodbury, NJ 08096 856-845-0100

UMH provides services for Adult and Family Medicine, Clinical Laboratory Services, Behavioral Health services, Foot Care, Nutritional Counseling, Pediatrics, and Women's Health Care, etc.

Family Medicine Center at Woodbury

75 Red Bank Ave Woodbury, NJ 08096 856-853-2055

Family Health Center at Glassboro:

1120 N. Delsea Dr Glassboro, NJ 08028 856-582-0500

Family Health Center/Women's Health Center at Mullica Hill Commons:

155 Bridgeton Pike Mullica Hill, NJ 08062 856-223-0500

Family Health Center at Paulsboro:

1 West Broad St Paulsboro, NJ 08066 856-423-0033

Family Health Center at Woolwich:

100 Lexington Rd Woolwich Twp, NJ 08085 856-467-7360

Kennedy Health System: Kennedy Memorial Hospital at Washington Twp

435 Hurffville-Cross Keys Road Turnersville, NJ 08012 856-582-2500 Provides services for Adult and Family Medicine, Clinical Laboratory Services, Behavioral Health services, Foot Care, Nutritional Counseling, Pediatrics, and Women's Health Care, etc.

Family Health Services at Washington Township

Kennedy Professional Building, Suite A 445 Hurffville Cross Keys Road Sewell, NJ 08080 856-218-2312

Women's and Children's Services

435 Hurffville-Cross Keys Road, 2nd floor Turnersville, NJ 08012 856-582-3098

Complete Care Health Network

335 N. Delsea Dr Glassboro, NJ 08028 856-863-5720

Service: Family Health care, OB/GYN, Pediatrics, Senior Health, etc. *Accept Medicaid, NJ Family Care, Sliding Scale, Self-Pay, and Private Insurance.*

CamCare Health Corporation

1315 Delaware Street Paulsboro, NJ 08066 856-687-2200

Service: Family Health care, OB/GYN, Pediatrics, Senior Health, etc. *Accept Medicaid, NJ Family Care, Sliding Scale, Self-Pay, and Private Insurance.*

FYI: All of these centers accept Medicaid and some insurance plans, but also provide services on a sliding scale basis, additional fees for x-rays and lab work. Primary and preventive care. Staff there may help you apply for Medicaid, charity care or other benefits if you may be eligible.

Gloucester County Department of Human Services

Location: Budd Boulevard Complex, West Deptford Hours: 8:30 am - 4:00 pm, Mon. - Fri. Phone: (856)384-6870 Fax: (856)384-0207 Website:http://www.co.gloucester.nj.us/government/departments/humanservices/main.cfm

The Office of Community Health Services (856)218-4108

The Office of Community Health Services will provide you valuable health education and screenings services such as: Glucose reading (blood sugar test), Total cholesterol reading, Blood Pressure reading, Derma Scan skin cancer screening, Lifestyle risk assessments, Cardiovascular risk assessments, Diabetes risk assessments, and Body Composition

Assessment. Call and ask to speak with a community health specialist to discuss your needs and schedule the appropriate health services. This is free to all county residents.

Family Planning Centers in Gloucester County Area:

FamCare provides a preventive health service that provides quality, low cost, and easily accessible reproductive health care to women and men during their reproductive years.

Glassboro Office:

711 N. Main St Glassboro, NJ 08028

Telephone #: (609) 871-4220

Fax #: (609) 871-7204

Clinic Session: Monday and Wednesday 9:00 am - 7:00 pm Tuesday 9:00 am - 5:00 pm; Thursday 8:30am-5:30 pm

Male and female patients accepted. Sliding Scale fee and Medicaid accepted. HIV Counseling & Testing available.

Planned Parenthood

Planned Parenthood of Southern New Jersey

35 W. Browning Rd. Bellmawr, NJ 08031

Telephone #: (856) 365-3519

Clinic Session: Tues., Thurs., and Sat. 8:30 am – 4:00 pm; Late Hours: 1st and 3rd Thursdays 10:00 am-6:30 pm

No male patients accepted

Pregnancy Testing only on Thursdays at 10:00 am.

Sliding Scale fee – By appointment only! Accept private

insurance and Medicaid.

No HIV Counseling & Testing available

Planned Parenthood of Southern New Jersey

317 Broadway

Camden, NJ 08103

Telephone #: (856) 365-3519

Fax #: (856) 365-9215

Clinic Session: Tues., Wed., and Thurs. 8:30 am-3:00 pm.

STD Screenings- Mondays at 8:30 am-3:00 pm

This site provides services for Males 25 years old and younger.

HIV testing available for males on site. Females will be

referred for HIV testing.

Sliding Scale fee – By appointment only! Accept private insurance and Medicaid.

C. Services for People with HIV/AIDS

In addition to the clinics listed above, a number of places in Gloucester County offer care and support services specifically for those living with HIV and AIDS.

National AIDS Hotline

1-800-342-AIDS
Spanish Services 1-800-344-7432
TTY Deaf services 1-800-281-AIDS
Offers anonymous, confidential HIV/AIDS information by trained specialists who are knowledgeable and available to assist with questions regarding the disease.

Gloucester County Health Department Washington Twp. Clinic:

856- 218-4183 204 E. Holly Ave. Sewell, NJ 08080 Clinic Session: Every Wednesday 3:00 pm – 4:30 pm Free Clinic – Walk-ins HIV Counseling & Testing available.

Center for Family Services

856-881-7045 250 South Delsea Drive Glassboro, NJ 08028

Hours: Monday-Thursday 9:00 am-9:00 pm

Friday 9:00 am-4:00 pm

Services: Provides professional counseling for individuals, marriage, family, group, parenting classes, women's classes, HIV/AIDS classes and support, housing support, domestic violence/sexual assault, victim services, elder care, and information/referrals.

Fee: Medicaid, Insurance, or self-pay.

STD Screening

Gloucester County Health Department

The Office of Communicable Disease provides confidential STD (Sexually Transmitted Disease) testing and treatment at multiple locations throughout the county. The clinic staff will diagnose and treat common sexually transmitted infections. When attending this free clinic, be prepared to answer personal questions, so that they can more efficiently care for you.

Paulsboro Clinic: 1000 Delaware St.

Paulsboro, NJ 08066
Telephone #: (856) 218-4183
Clinic Session: 1st and 3rd Tuesdays 4:00 pm – 5:30 pm
Free Clinic – Walk-ins
HIV Counseling & Testing available

Washington Twp. Clinic:

204 E. Holly Ave. Sewell, NJ 08080

Telephone #: (856) 218-4183

Clinic Session: Every Wednesday 3:00 pm – 4:30 pm

Free Clinic – Walk-ins

HIV Counseling available:

Testing on Thursdays from 4:00 pm- 5:30 pm

D. Services for People With Tuberculosis and Hepatitis C

In addition to the general medical care facilities listed above, there are a few services especially for people with tuberculosis and hepatitis C. Screening and treatment are available at no cost. Certain eligibility requirements apply.

Please call or visit the **Communicable Disease Program** at 204 East Holly Ave. Sewell, NJ 08090 856-218-4183.

E. Dental Care



The locations listed below don't provide free care, but do have a sliding scale for those without insurance. Waiting lists can be long.

NJ Family Care is available to certain low income parents. In addition to health benefits dental and eyeglasses are offered. For children this service is free. In order to check for eligibility, please call 1-800-701-0710

CamCare Health Corporation

1315 Delaware Street Paulsboro, NJ 08066 856-687-2200

Service: Dental health preventive services, cleanings, examinations, fluoride treatments, oral surgery, endodontics, sealants, etc. *Accept Medicaid, NJ Family Care, Sliding Scale, Self-Pay, and Private Insurance.*

Complete Care Health Network

335 N. Delsea Dr Glassboro, NJ 08028 856-863-5720

Service: Dental health preventive services, cleanings, examinations, fluoride treatments, oral surgery, endodontics,

F. Mental Health and Substance Abuse Resources

FYI: Drug addiction can be fatal to your health, not to mention illegal and can result in jail time. In order to be successful in society seeking services for a drug or alcohol addiction will be necessary. Many of the health clinics, support centers and other resources listed in this guide can help refer you to treatment that most fit your needs. Listed below are some of Gloucester County's treatment resources and each of these will also help with referrals if they can not help you. If you want treatment, you should also ask your parole officer for help — beds in treatment facilities are hard to come by, and they can help get you in. There are Narcotics Anonymous (NA) and Alcoholics Anonymous (AA) support group meetings all over Gloucester County. To find a meeting near you, call 866-920-1212 (for AA) or 800-992-0401 (for NA). For other self-help group resources, call the New Jersey Self Help Clearinghouse at 800-367-6274. Also, you can call the Addictions Hotline of NJ at 800-238-2333.

FYI: Each county has a mental health administrator. When you call this person they will provide you with the names and phone numbers closest to your area to provide services that fit your needs.

The mental health administrator for Gloucester County is:

Dr. Kathleen Spinosi, Administrator Gloucester County Education Campus 1640 Tanyard Rd., Sewell, NJ 08080 Phone: (856) 681-6128 Ext 2036 Fax: (856) 681-6133

The following are the agency listings in Gloucester County that provide Mental Health services:

Newpoint Behavioral Health Care (Community Mental Health Center) (856) 845-8050

404 Tatum St

Woodbury, NJ 08096

Services: Provides Adult Partial Hospitalization program, Children's Partial Hospitalization program, individual psychiatric outpatient treatment, group home placement, medication monitoring, individual therapy, substance abuse programming, etc.

Underwood Memorial Hospital-Behavioral Health

Access Center

856-251-3300

509 N. Broad St

Woodbury, NJ 08096

Services: Provides Adult Partial Hospitalization program and

Children's Partial Hospitalization program.

Kennedy Memorial Hospital Behavioral Health 856-582-1419

Behavioral Health at Wash. Twp

454 Hurffville-Cross Road

Turnersville, NJ 08012

Services: Provides Adult Partial Hospitalization program, Children's Partial Hospitalization program, individual psychiatric outpatient treatment, after-school program, intensive outpatient treatment, medication monitoring, substance abuse programming, etc.

Catholic Charities

856-845-9200

1200 N. Delsea Dr.

Westville, NJ 08093

Hours: Monday 9:00am to 5:00pm

Tuesday, Wednesday, Thursday 9:00am to 8:00pm

Friday 9:00am to 5:00pm

Services: Provides individual, group, and family counseling.

Family Services 856-881-2102

Access Center 1-(877) 922-2377

128 High Street

Glassboro, NJ 08060.

Hours: 24 Hours 7 days a week

Service: Provides counseling and family services to adults,

seniors, and youth.

Fee: Medicaid, Insurance, or self-pay.

The Wounded Healer, Inc.

856-582-0001

8 N. Broadway,

2nd and 3rd Floor

Pitman, NJ 08071

Email: thewoundedhealer@comcast.net

Hours: Monday - Thursday 9:30 AM - 5:00 PM

Services: Provides various types of counseling and family

services.

The following are a list of agencies that provide assistance with substance abuse services:

The Gloucester County Division of Addiction Services is

responsible for coordinating substance abuse prevention and rehabilitation services for Gloucester County,

Located at: Budd boulevard complex, West Deptford, NJ Hours: 8:30 am - 4:30 pm, Monday - Friday Phone: (856)384-6886 Fax: (856)384-0207

Fresh Start at Newpoint Behavioral Health Care

856-881-1306

200 Hollydell Drive Sewell, NJ 08080

Hours: Monday-Friday 8:00 am- 4:00 pm

Family Services 856-881-2102

Access Center 1-(877) 922-2377

128 High Street Glassboro, NJ 08060.

Hours: 24 Hours 7 days a week Fee: Medicaid, Insurance, or self-pay.

SODAT of NJ

Toll Free: 1-888-792-4383

856 845 6363

Gloucester County Office 124 North Broad St. Woodbury NJ 08096

Hours: Monday-Thursday 9:00am-8:00pm

Friday 9:00 am-3:00 pm

Services: Provides substance abuse counseling, programming, evaluation, adolescent groups, gender specific programming, intensive outpatient treatment, etc.

The Wounded Healer, Inc. 856-582-0001

8 N. Broadway, 2nd and 3rd Floor Pitman, NJ 08071

Email: thewoundedhealer@comcast.net

Hours: Monday - Thursday 9:30 AM - 5:00 PM

Services: Provides AA/NA groups, substance abuse counseling, programming, evaluation, adolescent groups, gender specific programming, intensive outpatient treatment,

counseling groups, etc

FYI: While the medical care and drug treatment and or detoxification facilities listed above may be able to assist you with medication for mental health issues, and some counseling as well, there are also places to go to get counseling and therapy and other mental health services. Some of these services listed above require Medicaid or other insurance, but some will also have sliding scale payments. Although the services below provide mental health services, some may also offer substance abuse services, as well.

G. Emergency Mental Health Services

FYI: If at any time you may want to hurt yourself or someone else or you feel like you may be a danger to your self or others, please call 911. It is very important that you call someone for help. Here are a few numbers of places that would be more than willing to come to your aid.

CONTACT of Gloucester County Office Number

Helpline Number: 1-800-648-0132

CONTACT 24 Hr Crisis Number: 2-1-1

Primary Screening Center for Gloucester County:

Newpoint Behavioral Health Care@ Underwood **Memorial Hospital**

509 North Broad Street Woodbury, NJ 08096 **HOTLINE:** (856) 845-9100; 24 Hours/7 days

Newpoint Behavioral Health Care@ Kennedy Memorial Hospital-Washington Twp.

435 Hurffville-Cross Keys Road Turnersville, NJ 08012 HOTLINE: (856) 845-9100; 24 Hours/7 days

H. Free/Low Cost Eyeglasses and Eye care



N.J Family Care

Assists certain low income parents with obtaining eyeglasses. Please call to check for eligibility. 1-800-701-0710

Gloucester County Office of Disability Services provides a free eye exam to all county residents on every 2nd Tuesday of the month from 12:30 pm - 3:00 pm. No appointment is necessary but it is recommended that you call 856-681-6128

prior to your arrival. The eye exams are held at the Gloucester County College Instructional Center Room 425B.

South Jersey Eye Care

512 Lakeland Road Blackwood, NJ 08102 856-374-6078

http://sjeyecenter.org

This office accepts Medicaid and private insurance.

Other resources:

To find a social services agency to apply at for free prescription glasses in your area, dial New Eyes for the Needy at 973-376-4903.

To apply for a free eye exam or glasses, call VISION USA at 1-800-766-4466.

Finding a Job: Employment Assistance and Training Programs

Getting a job is usually one of the most important necessities when released from prison. Not everyone can obtain employment immediately, sometimes things like getting drug treatment, dealing with your housing, health or family situation may come first. For most people, though, finding work is the first step to getting back on your feet. It will be very challenging to get a job once you have been in prison, but it is not impossible, and you need to be persistent and patient. Below are some pointers on job searching, and information about resources that can help you find a job or get training for the job you want.

A. Things to Know Before You Start Your Job Search

Be Prepared: It is essential that you are organized, and have all records of previous employment available when beginning a job search. A resume is the smartest thing you can create. If you are unsure of how to do so, you may go to your local onestop career center and seek assistance. Not only will employers want to know your work history, they will inquire of accurate dates that you were employed with the company. Knowing this information is vital to ensuring employment. Employers will not be interested in hearing that you do not remember dates or addresses for your work history.

employer decides to hire you, he will also need your identification, so make sure that is readily available.

Presentation: Look as neat, clean and organized as possible, no matter what the job is. Be polite and respectful, even when people are not polite and respectful to you, and many won't be. Making the person you want to help you or hire you mad won't get you the job you want.

Talking About Your Criminal Record:

Never omit or falsify a document that asks you specifically if you have a criminal record. The application may ask you to give details to the nature of your crime or it may not. Chances are a criminal background check will be administered prior to employment, and lying will cost you the job.

IT'S A JOB FOR RIGHT NOW, IT'S NOT THE REST OF YOUR LIFE

When you are first starting out, especially if you've been out of the job market for a while, or have never had a job, you need to build a work history, and, of course, you need to make some money. Take whatever job you can get for now — it doesn't have to be the exact job you want, or what you eventually want to be doing. Do this job well —even if it's not a great job — and it can help you get a better one in the future. A year of good job performance will make your criminal record matter less.

B. Help with Job Search /Training: Resources

The following are good places to start in looking for a job.

Gloucester County One Stop Career Center

215 Crown Point Rd, Thorofare, NJ 08086 856- 251-6800

Hours: **Thorofare One Stop** Monday - Friday 8:30 am - 4:00 pm

Gloucester County College Monday - Friday 9:00 am - 4:00 pm

Tuesday - Thursday 6:00 pm - 9:00 pm

The following are Vocational Rehabilitation Services:

Gloucester County Department of Vocational Rehabilitation

Gloucester Regional Service Center 215 Crown Point Road, Suite 200 Thorofare, NJ 08086 856-384-3730 EDWARD GREEN, Manager The Gloucester County Employment and Training Agency (GCETA) provides free training and job placement assistance to <u>eligible</u> residents of Gloucester County. Located at: Route 45 and Budd Blvd. West Deptford, NJ 08096. Hours of operation: Monday thru Friday between 8:30am and 4:30pm. EE, SE, WAT

Goodwill Industries of Southern

New Jersey

2835 Route 73 South Maple Shade, NJ 08052

Counties Served: Camden, Gloucester, Burlington

Phone: 609- 439-0200 Fax: 609-866-1689 **EE, PVE, WAT**

VOCA Corporation Greentree Executive Campus

Suite 5001D

Route 73/Lincoln Drive West

Marlton, NJ 08053

Counties Served: Camden, Gloucester & Burlington

Phone: 856-983-3303 Fax: 856-983-3313

SE

Abilities Center of Southern New Jersey, Inc.

1208 Delsea Drive Westville, NJ 08093

Counties Served: Gloucester, Camden, Burlington, Atlantic,

Cape May, Cumberland, and Salem Phone: 856-848-1025; 856-848-8429 Website: www.abilities4work.com

SE, PVE, WAT, EE

EE = Extended Employment	SE = Supported Employment
PVE = Pre Vocational	WAT = Work Adjustment
Evaluation	Training

FYI: These programs includes diagnostic evaluation, vocational guidance and counseling, therapies, vocational training, rehabilitation workshop and training, tools, supplies, assistive devices, vehicle modification, supported employment/job coaching and job placement assistance. Disability must be significant impediment to employment.

C. Legal Restrictions on Employment and Protections Against Discrimination

If you are interested in getting a job and building a career in a particular area, you should make sure that it isn't one that is forbidden to someone with the kind of criminal conviction that you have on your record. There are about 22 categories of jobs in New Jersey that exclude people with convictions (which conviction it is varies by job). These include: aircraft/airport employees; paid public school employees, school bus drivers and school crossing guards; bank employees; bartenders and waiters in establishments where liquor is served; housing authority and municipal police and parking enforcement officers; New Jersey Turnpike Authority employees; liquor retail, wholesale, manufacturing or distributing employees; paid firefighters; child care center employees; community residences for individuals with developmental disabilities. A much larger number of jobs require that you disclose your criminal record, and those employers perform background checks; some of these, however, also require that employers consider evidence of rehabilitation. These include most jobs in the health care and counseling fields (including drug and alcohol counseling) and social workers.

FYI: If you are going to begin training in a particular field, make sure you find out from the training course whether there are any restrictions that will keep you from getting a job.

Protections for Licensed Occupations:

If you are not absolutely barred from a position because of your conviction, New Jersey law says that you cannot be denied a professional license simply because of your conviction unless the crime for which you were convicted relates to the occupation you want to enter. If the licensing board or agency wants to deny you a license because the crime is related to the occupation, they have to explain, in writing, that they have considered certain factors like the seriousness of the crime, the circumstances of the crime, the date and your age when convicted, whether the crime was an isolated or repeated event, social conditions, and evidence of rehabilitation. You can ask your parole officer about applying for a "certificate of rehabilitation," which can be used in your license application.

D. Benefits for Employers Who Hire People with Criminal Records

As you look for a job you can tell employers that the federal government has programs to support employers who hire people coming out of prison.

FYI: Work Opportunity Tax Credit (WOTC): With the Work Opportunity Tax Credit, your employer may be able to save up to \$4800 the first year you are hired. Make sure to inform your potential employer of this benefit.

Federal Bonding Program: Provides bonding "or insurance coverage" for employers who hire individuals with criminal histories who are otherwise qualified but cannot gain employment due to their criminal backgrounds. Please contact your local one stop for more information: **Gloucester County One Stop Career Center,** 215 Crown Point Rd, Thorofare, NJ 08086 or call: **856-251-6800.**

E. Opening a Checking or Savings Account



After you've gotten a source of income, you may want to open a checking or savings account. A checking account is a great idea because many jobs provide direct deposit, and your check is automatically deposited into your account on payday. Using checks to pay for your bills is also cheaper than using money orders. To open a checking account you usually need a picture I.D. (driver's license or non-driver state I.D.), proof of address, birth certificate, and a Social Security card. You can also request a debit card with your account, which you can use just like a credit card (as long as you have the money in your account already). You can get a debit card for either a checking account or a savings account, but with a savings account you can earn interest on the money you've saved. Fees for these accounts will vary depending on the type of account and bank. Many banks now offer free checking.



F. Public Libraries

Your local public library can be a good resource for your job search. Public computers provide internet access (and help using the computer), job and course listings, and other local directories. Libraries also often carry the government forms mentioned in this guide, and librarians can help you find other information that you need.

LIBRARIES

Gloucester County Library Systems http://www.gcls.org/default.php

County Library

389 Wolfert Station Rd Mullica Hill, NJ 08062 856-223-6000

Branches

East Greenwich Branch

535 Kings Highway Mickleton, NJ 08056 856-423-1149

Glassboro Branch

2 Center St. Glassboro, NJ 08028 856-881-0001

Greenwich Township Branch

411 Swedesboro Rd Gibbstown, NJ 08027 856-423-0684

Logan Township Branch

498 Beckett Rd Logan Twp., NJ 08085 856-241-0202

Swedesboro Branch

1442 Kings Hwy Swedesboro, NJ 08085 856-467-0111

Association Library

Newfield 115 Catawba Newfield, NJ 08344 856-697-0415



Reconnecting with Family

As you prepare to come home, you may be thinking about reuniting with family members, including those you may not have seen for a long time. You may be excited to see your kids, your spouse, your parents, and others who are part of your family, and while most will be glad to see you home, others may be reluctant. All kinds of issues can come up, and you may need some help solving some of the problems that arise. This section provides some information and resources to help solve these issues.

Hotlines For Family Services Resources

NJ Child Abuse/ Neglect Hotline: 1(877)NJABUSE (652-2873)

Child Care Hotline: 1(800) 332-9227

NJ Child Support Hotline: 1 (877) NJKIDS- 1 (655-4371)

Division of Family Development: 1(800) 792-9773

NJ Division of Youth and Family Services: 1 (800) 331-DYFS (3937)

Family Health Line: 1 (800) 328-3838

Family Help Line (for stressed parents): 1 (800) THE KIDS (843-2537

National Domestic Violence Hotline: 1(800) 799-7233

NJ Domestic Violence Hotline: 1(800) 572-7223

Parents Anonymous: 1(800) 843-5437

A. Family Counseling Resources

The following places can provide support, marital and family counseling and parenting classes to help you reunite with your family.

Family Services of Gloucester County 856-881-2102

Access Center 1-(877) 922-2377

128 High Street

Glassboro, NJ 08060.

Hours: 24 Hours 7 days a week

Service: Provides counseling and family services to adults,

seniors, and youth.

Fee: Medicaid, Insurance, or self-pay.

The Wounded Healer, Inc.

856-582-0001

8 N. Broadway, 2nd and 3rd Floor Pitman, NJ 08071

Email: thewoundedhealer@comcast.net

Hours: Monday - Thursday 9:30 AM - 5:00 PM

Services: Provides various types of counseling and family

services.

Fee: Medicaid, Insurance, or self-pay.

Danellie Counseling Center 856-863-0006

42 S. Delsea Dr. Glassboro, NJ 08028

Hours: Monday-Thursday 9:00 am - 8:00 pm

Friday 9:00 am - 5:00 pm Saturday 9:00 am - 2:00 pm

Services: Provides professional counseling for individuals, marriage, family, group, parenting classes, elder care, and

information/referrals.

Fee: Medicaid, Insurance, or self-pay.

Center for Family Services

856-881-7045 (Administrative/Counseling Center)

250 South Delsea Drive Glassboro, NJ 08028;

601 Black Horse Pike Williamstown, NJ 08094

856-728-0404 (Counseling Center)

Hours: Monday-Thursday 9:00 am-9:00 pm

Friday 9:00 am-4:00 pm

Services: Provides professional counseling for individuals, marriage, family, group, parenting classes, women's classes, HIV/AIDS classes and support, housing support, domestic violence/sexual assault, victim services, elder care, and information/referrals.

Fee: Medicaid, Insurance, or self-pay.



Parents Anonymous of New Jersey, Inc.

1-800-843-5437 (24 hour hotline) Hours: Call to confirm group times at different locations Self-help for parents who are under stress and who want to improve their relationship with their children. Groups meet weekly and are facilitated by a volunteer professional; many groups provide child care. Groups meet in most counties throughout the state with some bilingual groups available. Parents Anonymous also offers an on-line support group as well.

B. Child Custody and Visitation

Establishing visitation and gaining custody of your children once you are released is not an overnight procedure. If you had custody of your kids at the time you were incarcerated, and no family was able to take care of them, they may have been placed in foster care. If this is the case, and you do not know your child's case manager's name or number, contact the Division of Youth and Family Services (DYFS) at 800-531-1091. You will have to make an appointment with the case manager for an interview. They may not be willing to give you information over the phone. You'll be asked a series of questions in order to assess when and if you will be given visitation rights, so that you may reestablish your relationship with the child and hopefully gain custody again. This is just a quick overview of what to do and what you can expect.

FYI: If you were convicted of any violent or sexual offenses against children, you may be unable to live with or regain custody of your children.

Listed below are the different offices for DYFS in your area. Please contact the office that applies to your location.

Gloucester East LO- #769

309 Fries Mill Road Echo Plaza Unit 10 Sewell, NJ 08080-9283

856-582-1238 866-753-8124

Fax: 856-582-4065

Manager - Deborah Parker

Gloucester West LO- #770

215 Crown Point Road Thorofare, NJ 08086

856-853-5525 800-847-1741

Fax: 856-853-1152/1264 Manager - San Payne

C. Getting and Paying Child Support

Whether you have custody of your children on your own when you get out, and need help from an absent "non-custodial" parent, or you do not have custody of kids who need your support, child support payments will be an important part of your life after you are released. Some basic information is included below, as far as enforcing a child support order.

Child support, custody and visitation issues are very complicated, and if you can get a lawyer, you should. Contact the Legal Services of New Jersey hotline, from 9:00 am - 4:30 pm, at 888-576-5529, or you can also contact South Jersey Legal Services, 47 Newton Ave, Woodbury, NJ or call 856-848-5360. From prison, you can also contact the Prisoner's Self Help Legal Clinic, P.O. Box 768, Newark, NJ 07101.

Getting and Enforcing a Child Support Order

If you have custody of your children and want financial support from the non-custodial parent, modifications of visitation//custody, you can **apply** for child support at:

Gloucester County <u>Criminal Justice Building</u>

70 Hunter St Woodbury, NJ 08096 856-686-7400

There is a possible fee. To enforce an existing order go to:

Gloucester County Probation-Support Enforcement Unit

55 Delaware St Woodbury, NJ 08096 856-384-4400

You can also call 1-877 NJKIDS1 for more information about this.

Paying Child Support

If you have kids that you did not have custody of before you went to prison, there may be a child support order requiring you to pay a certain amount every month for their support. Even if you did not go to court, for example, the parent with custody filed for the order while you were incarcerated, the court can still order you to pay child support. The amount you pay in child support is tied to your income, and if the court does not know your income, they will assume you are working 40 hours a week at minimum wage. Child support payments are usually taken out of your paycheck. If you have not paid at all or missed payments, you will owe "arrears." Unless you got a modification of your child support order when you went into prison (see below), the amount of arrears that you owe

will have continued to grow while you were inside. When you come out, and get a job, they can begin to take out not just the monthly amount you owe for child support, but more money to pay back the arrears (up to 65% of your pay in total). They may also suspend your driver's license. Here are some things you can do:

D. Domestic Violence/Sexual Assault Resources

The following places provide counseling, support and shelter or referrals to shelter in domestic violence situations. You can also call these 24-hour hotlines:

New Jersey Coalition for Battered Women: (800)-572-SAFE.

Domestic Abuse Hotline for Men and Women: (888) 7HELPLINE (1-888-743-5754)

Gloucester County Prosecutor's Office Domestic Violence Unit (856) 384-5500

National Domestic Violence Hotline 1-800-799-SAFE

Center for Family Services - Services Empowering the Rights of Victims (SERV) 24 Hr. Hotline: (856) 881-3335

Getting More Education

Although getting more education may not be part of your short term plans, it certainly should be something to think about for the future, especially if you do not have a high school diploma or a GED.

A. High School Diploma/GED Certificate/High School Equivalency Degree (HSED)/Vocational School Certificates

It is very important to keep records of any degrees and certificates of completion and work-related licenses that have earned. Before you are released, you can write to the school or agency where you earned your degree or certificate to obtain a copy. Once you have a copy in your possession, this should be kept in your strong box.

FYI: If you earned your GED while incarcerated, please call the Education Department of the institution you were in to obtain a copy.

You can also request your GED transcript or diploma verification from the New Jersey Department of Education providing you completed your diploma in a traditional setting. You will have to fill out a GED Information Request Form.

Please call 609-777-1050 for further assistance.

You may ask that it be sent to you; or you may pick up the form at a local testing center (which you can do after you are released); by downloading the form from the website http://www.state.nj.us/njded/students/ged/ged7.htm; or by writing to: GED Testing Program, Bureau of Adult Education and Family Literacy, New Jersey Department of Education, PO Box 500, Trenton, NJ 08625.

Your chances of getting a job that pays a living wage and of moving forward in a career will improve with more education, and not having the high school diploma or GED will simply lock you out from a lot of opportunities.



B. GED Classes

The places in Gloucester County below offer classes to help you prepare for the GED exam. Call for exact times and procedures. Many locations offer classes at low cost or no cost. For more information, contact the New Jersey Department of Labor and Workforce Development, Division of Workforce Readiness & Literacy at (609) 943-5921. Call individual programs for information on classes offered, fees and/or time schedules.

GED Testing Centers

Gloucester County College **GED Test Center** 1400 Tanyard Rd Sewell, NJ 08090 Chief Examiner: Ms. Bridgette Satchel 856-468-5000 ext. 6227

C. Higher Education



If you already have a high school diploma or a GED certificate, you may want to move forward and get your associate's degree, bachelor's degree or graduate degree.

Local Area Colleges

Gloucester County College

1400 Tanyard Rd Sewell, NJ 08090 856-468-5000

Rowan University

Glassboro Campus

201 Mullica Hill Rd Glassboro, NJ, 08028. 856-256-4000.

Camden Campus

200 North Broadway Camden, NJ 08102-1150 (856) 963-4690

Can I Get Financial Aid?

To pay for this, you will probably try to get some financial aid. If you are applying for any federal financial aid programs after release (such as Pell Grants, Perkins Loans, Federal Family Education Loans, etc.), you are not restricted unless you have a drug-related offense. For possession offenses, a first offense means one year of ineligibility (after your conviction), a second offense, two years, and third offense means you are "indefinitely" ineligible, which to the government means permanently ineligible. For a sales or distribution crime, a first offense has two years of ineligibility, a second offense makes it permanent. Private financial aid or loan programs may not have any restrictions.

Other Things You Need to Know

A. Getting Legal Assistance

To get assistance with civil (not criminal) cases, you can contact the toll free hotline for **Legal Services of New Jersey** (**LSNJ**), which provides information and referrals, **888-576-5529**. For local Gloucester County legal services please contact the office located nearest to you:

South Jersey Legal Services 47 Newton Ave, Woodbury, NJ 856-848-5360

B. Checking and Correcting Your Criminal Record ("rap sheet")

Since employers, landlords and others will be performing criminal background checks and getting copies of your criminal record, it is important that you know what is on it, and that it is accurate. You should also be prepared to answer any questions about your background.

FYI: Background checks are now only done electronically. You may contact State Police Headquarters to inquire how to correct your criminal record. The address is listed below.

State Section of Identification Records and Identification Bureau New Jersey State Police P.O. Box 7068 West Trenton, NJ 08628 1-609-882-2000 ext 6425 1-609-530-4856 fax

C. Expungement: Cleaning Up Your Criminal Record

You may have heard about expungement as one way to clean up your criminal record as you get some distance from your old arrests and convictions. Unfortunately, expungement is fairly limited in New Jersey. You can expunge any arrest that did not lead to a conviction at any point. You can expunge "disorderly persons offenses," which are low level offenses in New Jersey, after 5 years, and most municipal ordinance offenses after 2 years. Convictions for "indictable offenses" (felonies), can be expunged 10 years from the date of conviction, payment of any fine, satisfactory completion of probation or parole or release from incarceration, but whichever is latest. The most serious of these offenses, such as murder, kidnapping, aggravated sexual assault, robbery, arson, perjury and distribution, sale or possession with intent to distribute of controlled dangerous substances (drugs), can never be expunged. Expungement is a broader remedy for offenses committed as a juvenile. Legal Services of New Jersey has published a guide to cleaning up your record through expungement.

To obtain a copy of the book, call 888-576-5529, or go to the LSNJ web site, where you can download it for free: http://www.lsnj.org/english/crime/municipalcourt/clearingyourrecord.cfm.

D. Checking and Correcting Your Credit Record



While New Jersey allows employers to look at your criminal record, many employers - and others like landlords and mortgage companies — will use a credit report instead of or in addition to the state's records. Credit records are maintained by private companies and generally have information about your debts, your history of paying bills and other financial matters, but may also have information about your criminal record. The information may not be correct, and the law does offer you some protections. For example, if an employer uses a credit record to deny you a job, they have to tell you this, and give you the name, address and phone number of the agency that provided the report, and the agency must give you a copy of that information on your request. They cannot charge you money for that request if the employer used the report to deny you a job. If the records of the credit agency contain incorrect information, they must investigate and correct inaccurate information.

You can get ahead of the curve by getting a copy of your credit record and making sure there isn't any incorrect information on it. New Jersey residents are allowed one free credit report each year. Three companies that provide this service are:

Equifax Information Systems, LLC.:

P.O. Box 740241, Atlanta, GA 30374 800-685-1111.

Transunion Personal Credit Report:

PO Box 1000, Chester PA 19022 800-888-4213.

Experian:

PO Box 2002, Allen, TX 75013 800-397-3742.

FYI: By mail, be sure to include your full name, current address, Social Security number, and most recent former address for file-matching purposes.

E. Voting Rights

New Jersey law does not allow you to vote while you are in prison, or while you are on probation or parole for an indictable offense (disorderly person's offenses don't disqualify you). Once you have completed your parole or probation term, you may register to vote. Make sure that you are registered in the county in which you reside. Applications for registration can be obtained from Social

Services prior to release. Also you may apply with the Division of Elections, the Commissioners of Registration office in the County where you live or from your Municipal Clerk once you are released. Registration forms are also available in various State agencies and at Division of Motor Vehicle offices and can be obtained while transacting agency business. If you are not sure, you can visit http://www.state.nj.us/lps/elections/vote doe.html. You will be able to download a voter's registration form and mail it in. This site also explains who can register to vote and where you can register.

F. Registration of Sexual Offenders (Megan's Law)

Sex offenders are required to register with the police under Megan's Law. Offenses include: aggravated sexual assault; sexual assault; aggravated criminal sexual contact; endangering the welfare of a child by engaging in sexual conduct which would impair or debauch the morals of the child; luring or enticing and, if the victim were a minor and the offender not a parent, kidnapping; criminal restraint and false imprisonment and promoting prostitution of a child under 18. You will be registered prior to release, but must re-register your home address at least 10 days prior to any move with the law enforcement agency with which you were registered when released. You will also need to verify your address annually or every 90 days if you are a repetitive and compulsive offender.

The Game Plan

Your first weeks out after leaving prison can be overwhelming. This section is set up to help you get organized and keep yourself on track toward your goals. First, think about what those goals are? What do you want or need to get done in your first week out? In your first month out? Where do you want to be in six months? There are lots of things that other people need you to do — your parole officer, for example, and your family — but you also need to think about what you expect from yourself.

Places to stay	
Appointments to make? Doctors? Job help? Employers? Applying for Benefits?	
People I need to see or call: Who?	
Who?	
Who? Who?	
NOTES:	

Your First Weeks Out

Here is a basic calendar to use to plan your first days out of prison. Below it, there are some questions to ask yourself about what you plan to do. You can mark appointments and tasks on the calendar, and write in dates in the small boxes.

SUN	SUN	SUN	<u>SUN</u>
MON	NOW	<u>MON</u>	NOW
TUES	TUES	TUES	TUES
WED	<u>WED</u>	<u>WED</u>	<u>WED</u>
THURS	THURS	<u>THURS</u>	THURS
<u>FRI</u>	<u>FRI</u>	<u>FRI</u>	<u>FRI</u>
SAT	SAT	SAT	SAT

For how long?	
For how long?	
For how long?	
When?	
When?	
When?	
Where/phone number?	
Where/phone number?	
Where/phone number?	
Other things I need to do (ge prescriptions, go to a suppor	t I.D., get t group, etc.):
Notes:	
110163	
Tives.	

I.D. Checklist Documents	Have?	Need?
Strong Box		
Social Security Card Birth Certificate		
County I.D.		
Driver's License		
Non-driver's I.D.		
Certificate of Naturalization		
Green Card		
Military Discharge Papers		
Passport High School Diploma		
Or GED Certificate		
Prison Release Papers		
Notos:		
Notes:		
My Contacts: Important Names and Phone Parole Officer:	Numbers	
Parole Number:		
Parole Office:		
Address:		

Smart Book Topics

