



Minnesota Guidebook for Incarcerated Veterans

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Forward

This booklet is a tool for incarcerated veterans and their families who wish to access services that will support a new and better way of life. Be aware, this guidebook is designed to assist Veterans incarcerated in the State of Minnesota and their families. Laws do vary from State to State.

Although staff from the Health Care for Re-Entry Program assisted in updating this guide, please be advised the VA assumes no responsibility for the professional ability or integrity of the non-VA organizations whose names appear in this guide. Being listed in this guide does not constitute an endorsement or recommendation by VA.

To keep this document current, we request that if you discover any incorrect, conflicting, or out-of-date information in this Guidebook, please send the discrepancies to:

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- 3) Vietnam Veterans of America, Inc. for developing the first incarcerated veterans guidebook, which has inspired and informed subsequent efforts; and
- 4) Any public domain and agency resources included in the guidebook.

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SECTION I

USING THIS GUIDE AND SEEKING HELP

This guide is for you to use to plan for your release and to keep as a reference after your release. It includes addresses, phone numbers, and web sites that you can use to find out about programs and other help available after your release. You may want to ask a friend or family member to help you find the information you need if you don't have phone or internet access. Keep in mind that this guide does not include all of the services available to you. What is available in one area may be different from what is available in another, so be sure to check with local resources to learn about services in your area.

While you are in prison, find out which unit in your facility can help you plan for your release. There are many resources available for individuals re-entering the community after incarceration. Some are listed in this booklet but there are many more organizations that provide helpful services. If you are incarcerated in a Minnesota Correctional Facility, please visit the Transitions Department to find out more about the services available to you there. Classes may be offered so you can work on skills development and prepare for life after release. Take the time to put together a reliable and useful plan, and take advantage of the opportunities available to you.

Begin thinking about what specifically you will need upon release. Ask yourself these kinds of questions: Will I need housing? Will I need medical, substance abuse, or mental health care? Do I need to learn a job skill? Do I have any other legal issues, such as child support? How do I restart my VA checks or Supplemental Security Income (SSI)?

Make a list of your needs. Remember that this is just a tool to help you get organized. A sample list might look like this:

- I need a place to live.
- I need a job.
- I need clothing to wear to work.
- I need to find out what benefits I can get as a veteran.
- I want to get addictions treatment.
- I owe child support.

Think about your list as you read through this guide. Who do you think can help you with each of your needs? Which agencies would you like to contact for assistance? Keep track of the steps you take, including the dates and names of people you contact for information or assistance. Although this guide provides national and state addresses for many organizations, we recommend you check your phone book for local, county, and state agencies that know what help is available in your area.

When writing a letter to request information, be clear. Keep your letter short, to the point, and write legibly. Include the following information:

- Your name and contact information.
- A brief statement about your current situation.
- Your specific request.
- What you have done so far (example: I have written to _____ organization and they suggested I contact you).

□ Any restrictions for mailing (example: Mail with staples or paper clips will not be accepted by my prison facility).

When contacting an agency for help by mail, email, or phone, be persistent and polite in order to get results. Ask questions if information is unclear to you. Remember that many organizations are staffed by volunteers who are eager to help, but may not have the answers you are looking for. If someone cannot help you, ask about who can.

The Internet can also be helpful to find information about VA benefits and community resources in your area. This guide includes web addresses, when available. Although you likely cannot use a computer with internet access in your facility, consider visiting the public library after release. Computer access may also be provided at Minnesota Workforce Centers.

Section II of this guide provides information about assistance for specific needs.

Section III covers basic information about seeking VA Financial Benefits.

The last page contains a Checklist that summarizes each section of this guide.

SECTION II

HELP FOR VETERANS

Healthcare for Re-Entry Veterans Program

The **Health Care for Re-entry Veterans (HCRV) Program** is designed to address the community re-entry needs of incarcerated Veterans. HCRV services include:

1. Outreach and pre-release assessments services for Veterans in prison.
2. Assistance in identifying eligibility for VA benefits, such as healthcare.
3. Referrals and linkages to medical, psychiatric, and social services, including employment services upon release.
4. Short term case management assistance upon release.

While you are incarcerated, you will receive healthcare services through the Department of Corrections. VHA may not provide medical services while you are incarcerated, but care can be accessed quickly upon release depending on your needs. The Healthcare for Re-Entry Veterans (HCRV) Specialist is able to assist you in accessing those needed services at your local VHA facility. An HCRV Specialist is able to begin working with you prior to your release and can be a helpful ally in putting together a stable release plan. You can contact the HCRV Specialist by mail, through your case manager, or at your correctional facility through the Transitions Department.

VA Healthcare Services

As a veteran, you may be eligible to receive healthcare through one of the VA Healthcare Systems located in Minnesota. The HCRV Specialist will be able to assist in you completing the enrollment process if you have never utilized VA healthcare services before as well as update your enrollment status if you have received care in the past. An important document that will aid in this process is your **DD-214 or Military Service Record**. If you no longer have a copy, one can be requested while you are incarcerated. Services available through the VA go beyond healthcare. A description of what may be available to you has been included in this guidebook.

Eligible veterans residing in Minnesota are served by four healthcare systems: Minneapolis, St. Cloud, Sioux Falls, and Fargo Healthcare Systems. In addition to the main medical facilities, there are Community-Based Outpatient Clinics (CBOCs) located throughout the state to provide convenient access to veterans residing near those communities. Some of the medical services available include:

- General Medical Clinics
- Specialty Clinics
- Health Education
- Telehealth
- MyHealtheVet
- Women's' Clinic
- Polytrauma/TBI
- Pharmacy services

Every VA Medical Center has a **Health Care for Homeless Veterans (HCHV) Program**, responsible for helping homeless veterans access VA and community-based care to end homelessness among veterans. The HCHV program provides outreach, clinical assessments, and referrals for medical and mental health care, long-term transitional residential assistance, case management, and employment assistance with linkage to permanent housing. Contact information is listed under each specific medical center.

Every VA Healthcare System is equipped to provide a range of **mental health and substance use disorder treatment**. Resources may include emergency inpatient psychiatric care, residential programming, intensive outpatient programming, and outpatient services. Contact information is listed under each specific medical center.

The **VA's Vocational Rehabilitation and Employment (VR&E)** services help Veterans with service-connected disabilities by providing job training and counseling to those who have an employment handicap. Services include assistance finding a job, on-the-job training, job development, and vocational training. If you are not eligible for these services, a VA counselor may help you find other options, goals or programs. Contact your VA Regional Office (VARO) at 1-800-827-1000/612-970-5440.

Depending on when you served in the military, you may still be eligible for **GI Bill Education Benefits**. The Montgomery GI Bill applies to veterans who served on active duty after 6/30/1985 and generally expires ten years after discharge. The Post-911-GI Bill applies to veterans who served on active duty at least 90 days after 9/10/2001 and generally expires fifteen years after discharge. You can apply online at <http://www.gibill.va.gov/apply-for-benefits/> If you don't have the capability to apply online, you can call 1-888-GI BILL-1 (1-888-442-4551) to have a form mailed to you. You may also receive an application form at the school or training establishment you wish to attend. The VA Certifying official at the school (usually located in the Registrar's or Financial Aid office) should have the forms available, can assist you in filling them out, and will submit them to VA.

If you would like to use your GI Bill while incarcerated, GI Bill Beneficiaries incarcerated for other than a felony can receive full monthly benefits if otherwise entitled. Convicted felons that are incarcerated may receive a reduced benefit. Convicted felons residing in halfway houses or participating in work-release programs can also receive full monthly benefits if otherwise entitled. Specific rules apply to specific situations. The first step a student must take in determining their eligibility for benefits is to submit an Application for Educational Benefits (VA form 22-1990). The student must go through the admissions process at the school they are attending and the School Certifying Official for Veterans Educational Benefits (SCO) must also be contacted as they will have to submit additional information to the VA to certify the student in the program of study so they can start receiving benefits. The SCO may also need to contact the Department of Veterans Affairs Regional Office in the region in which they reside for further information on certifying students that are incarcerated.

Through its **Therapeutic and Supported Employment Services (TSES)**, the VA offers structured work opportunities in a therapeutic setting for at-risk and homeless Veterans with physical, mental health and addiction problems. Services also include assistance with finding and keeping a job, and general vocational assistance. For more information contact the TSES Program at your local VA facility. You will need referral from your VA healthcare providers.

VA Healthcare Facilities

The Minneapolis VA Healthcare System serves veterans who reside in the following counties:

| | | | | |
|-------------|------------|----------|------------|----------|
| Cook | Chisago | Dakota | Watonwan | Olmsted |
| Lake | Washington | Sibley | Blue Earth | Fillmore |
| St. Louis | Anoka | Nicollet | Faribault | Winona |
| Koochiching | Hennepin | Le Sueur | Waseca | Houston |
| Itasca | Ramsey | Rice | Freeborn | Wabasha |
| Aitkin | McLeod | Goodhue | Steele | |
| Carlton | Carver | Redwood | Mower | |
| Pine | Scott | Brown | Dodge | |

Minneapolis VA Health Care System
 One Veterans Drive
 Minneapolis, MN 55417
 866-414-5058

Hibbing VA Clinic
 1101 East 37th Street, Suite 220
 Hibbing, MN 55746
 Phone: 218-263-9698

Maplewood VA Clinic
 1725 Legacy Parkway, Suite 100
 Maplewood, MN 55109
 Phone: 651-225-5420

Ely VA Clinic
 720 Miners Drive
 Ely, MN
 Phone: 218-365-0001

Northwest Metro VA Clinic
 7545 Veterans Drive
 Ramsey, MN 55303
 Phone: 612-467-1100

Mankato VA Clinic
 1961 Premier Dr Suite 330
 Mankato, MN 56001
 Phone: 507-387-2939

Albert Lea VA Clinic
 1665 West Main St.
 Albert Lea, MN 56007
 Phone: 507-377-6051

Rochester VA Clinic
 1617 Skyline Drive
 Rochester, MN 55902
 Phone: 507-252-0885

South Central VA Clinic
 1212 Heckman Court
 St. James, MN 56081
 Phone: 507-375-9670

Twin Ports VA Clinic
 3520 Tower Avenue
 Superior, WI 54880
 Phone: 715-392-9711

Shakopee VA Clinic
 1111 Shakopee Town Square
 Shakopee, MN 55379
 Phone: 952-445-4070

Minneapolis VA Community Resource and Referral Center (CRRC). VA CRRC is there to supply needed resources and help homeless veterans overcome barriers to achieving goals including counseling, medical care, prevention, employment services, housing referrals, benefits, Substance abuse treatment, and community partners and services on site. To contact the Minneapolis VAMC Homeless Program, located at the Minneapolis VA Community Resource and Referral Center, call 612-313-3240. 1201 Harmon Place, Minneapolis, MN 55403.

The Minneapolis VA Healthcare System provides a range of **mental health and substance use disorder services** to eligible veterans. If you are experiencing mental health difficulties or having difficulty managing stress related to re-entering the community after incarceration, you can access mental health care and support by contacting Mental Health Intake at (612)467-1921. If you would like to engage in substance use treatment or receive support in staying sober, the Addiction Disorders Service offers a variety of services that range from intensive outpatient treatment, aftercare groups, and individual psychiatric and therapeutic treatments. For more information, contact 612-467-2228. Keep in mind that the HCRV Specialist can assist you in identifying and accessing these services.

Saint Cloud VA Healthcare System serves veterans who reside in the following counties:

| | | | |
|----------|-----------|-----------|-----------------|
| Renville | Kandiyohi | Morrison | Isanti |
| Chippewa | Meeker | Benton | Sherburne |
| Swift | Wright | MilleLacs | Yellow Medicine |
| Stevens | Stearns | Kanabec | Lac Qui Parle |
| Pope | Todd | Crow Wing | Douglas |

St. Cloud VA Health Care System

4801 Veterans Drive
St. Cloud, MN 56303
800-247-1739

Brainerd VA Outpatient Clinic

722 NW 7th Street
Brainerd, MN 56401
Phone: (218) 855-1115

Montevideo VA Outpatient Clinic

1025 North 13th Street
Montevideo, MN 56265
Phone: (320) 269-2222

Max J. Beilke VA Outpatient Clinic

515 22nd Ave E
Alexandria, MN 56308
Phone: (320) 759-2640

The St. Cloud VA Healthcare for **Homeless Veterans Program** aims to assist Veterans' with immediate need of food, clothing, shelter and safety. Program staff is available to assist with case management, referrals to medical treatment, mental health treatment, substance abuse treatment, housing, and additional community resources. To speak with a representative from the St. Cloud VA Healthcare for Homeless Veteran's Program call 320-252-1670.

The **Residential Rehabilitation Treatment Program (RRTP)** is a voluntary treatment program for individuals who suffer from mental illness, substance abuse, or a combination of these disorders. Programs are available for dual disorder treatment, Post Traumatic Stress Disorder and Independent Living Skills. To find out more about RRTP contact 320-255-6390.

Several **outpatient mental health and substance abuse services** are available through the St. Cloud VA HCS. Call 320-252-1670 ext. 6322 to initiate outpatient mental health and/or substance abuse care. For more information on additional medical care, mental health or substance abuse services contact the Veteran Justice specialist at 320-252-1670 ext. 6275.

The Fargo VA Healthcare System serves veterans who reside in the following counties:

| | | | |
|-----------|----------|------------------|----------|
| Big Stone | Kittson | Clearwater | Marshall |
| Traverse | Becker | Beltrami | Cass |
| Grant | Hubbard | Lake of the Wood | Kittson |
| Ottertail | Wadena | Red Lake | |
| Wilkin | Norman | Polk | |
| Clay | Mahnomen | Pennington | |
| Roseau | | | |

Fargo VA Health Care System

2101 N. Elm
Fargo, ND 58102
800-410-9723

Bemidji VA Outpatient Clinic

705 5th St NW Suite B
Bemidji, MN 56601
Phone: (218) 755-6360

Fergus Falls VA Outpatient Clinic

Veterans Home
1839 North Park Street
Fergus Falls, MN 56537
Phone: (218) 739-1400

The **Fargo Healthcare for Homeless Veterans Program** serves the counties in Minnesota that are served by the Fargo VA Healthcare System. Staff in the program can be reached at 701-200-5824 or 701-306-0654 during normal business hours. The Gladys Ray Shelter and Veterans Drop-In Center is also open 7 days a week from 9:00am to 3:00 pm. The address is 1519 1st Avenue South, Fargo, ND 58103. Phone: 701-364-0116

The Fargo VA Healthcare System provides a range of **mental health and substance use disorder services** to eligible veterans. If you are experiencing mental health difficulties or having difficulty managing stress related to re-entering the community after incarceration, you can access the mental health primary care clinic by calling (701)232-3241. If you would like to engage in substance use treatment or receive support in staying sober, the Addiction Disorders Service offers a variety of services that range from intensive outpatient treatment, aftercare groups, and individual psychiatric and therapeutic treatments. For more information, contact 701-232-3241 ext.: 3150. Keep in mind that the HCRV Specialist can assist you in identifying and accessing these services.

Sioux Falls VA Healthcare System serves veterans who reside in the following counties:

| | | |
|---------|------------|-----------|
| Martin | Rock | Lincoln |
| Jackson | Cottonwood | Lyon |
| Nobles | Murray | Pipestone |

Sioux Falls VA Health Care System

2501 W. 22nd Street
Sioux Falls, SD 57105
605-336-3230

Health Care for Homeless Veterans provides outreach in the Sioux Falls community and offers limited transitional housing resources. SF VA partners with Volunteers of America-Dakotas for a Homeless Veteran Outreach Center located at 14th and Cliff in Sioux Falls. Services are provided on a drop-in basis Monday-Saturday 0900-1600. Phone- (605)274-1540. The Veteran Outreach Center offers use of phones for local calls, computers for job or apartment searches, a shower and a washer/dryer for laundry. For more information on all SF VA homeless services contact (605)336-3230, EXT 6890 and ask for the on-call homeless services social worker.

The Sioux Falls VA Health Care System provides **mental health and outpatient substance use disorder** services to eligible Veterans. If you are experiencing mental health difficulties or are having difficulty managing stress related to re-entering the community after incarceration, you can contact mental health scheduling by calling (605)333-6890 and ask for the next available appointment. If you are experiencing severe mental health difficulties and urgently need to speak with a mental health provider you can contact the SF VA Mental Health Crises Line at (605)333-6850. If you would like to engage in substance use services or receive support in staying sober, the Addictions Treatment Program offers outpatient and aftercare services. For more information contact (605) 333-6890 and ask to be connected with the Addictions Treatment Program staff person.

Vet Centers

Vet Centers are community based and part of the U.S. Department of Veterans Affairs that provide readjustment counseling to veterans who have served in combat. Readjustment counseling includes a wide range of psycho social services offered to eligible Veterans and their families in the effort to make a successful transition from military to civilian life. They include:

- Individual and group counseling for Veterans and their families
- Family counseling for military related issues
- Bereavement counseling for families who experience an active duty death
- Military sexual trauma counseling and referral
- Outreach and education including PDHRA, community events, etc.
- Substance abuse assessment and referral
- Employment assessment & referral
- VBA benefits explanation and referral
- Screening & referral for medical issues including TBI, depression, etc.

Brooklyn Park Vet Center

7001 78th Avenue North,
Ste 300
Brooklyn Park, MN 55445
Phone: 763-503-2220
877-927-838

Duluth Vet Center

405 E. Superior Street, Ste
160
Duluth, MN 55802
Phone: 218-722-8654
877-927-8387

St. Paul Vet Center

550 County Road D, Ste 10
New Brighton, MN 55112
Phone: 651-644-4022
877-927-8387

Women Veterans

At each VA Medical Center nationwide, a Women Veterans Program Manager is designated to advise and advocate for women Veterans. She can help coordinate all the services you may need, from primary care to specialized care for chronic conditions or reproductive health. Woman Veterans who are interested in receiving care at VA should contact the nearest VA Medical Center and ask for the Women Veterans Program Manager.

Women Veterans hotline—1-855-VA-WOMEN (1-855-829-6636)—an incoming call center that receives and responds to questions from women Veterans, their families, and caregivers across the nation about available VA services and resources.

If you are not eligible for Veterans benefits, the following sources may be able to help you accessing various resources:

Contact your County Social Service office for assistance accessing treatment and counseling services. Or information can be obtained through the Minnesota Department of Human Services, www.dhs.state.mn.us.

National Alliance on Mental Illness is a non-profit organization committed to improving the lives of adults and children with mental illness and their families. NAMI Minnesota offers education, support and advocacy as well as many free support groups and classes:

NAMI Minnesota

800 Transfer Road, #31

Saint Paul, MN 55114

Phone: 651-645-2948

Toll free: 1-888-NAMI-HELPS

Veteran Organizations

In addition to the US Department of Veterans Affairs, there are many agencies that provide valuable resources and services to veterans. Information on a number of organizations has been included in this guidebook. It is also important to check in your local community to find out about other organizations not included here.

Minnesota Department of Veterans Affairs assists Veterans and their dependents in obtaining resources available to them. Some benefits include VA Compensation and Pension, State Soldiers Assistance Program dental and optical vouchers, GI Bill, and Home Loan Guaranty. Veteran Service Officers can also provide information for a multitude of resources available from private organizations throughout the state of Minnesota. There is an Outreach Worker who visits the correctional facilities in Minnesota to assist incarcerated veterans. For further assistance, call 612-970-5662 or write to:

MN Department of Veterans Affairs

Henry Whipple Federal Building

1 Federal Drive, St. Paul, MN 55111

County Veterans Service Offices: For information regarding veterans' benefits contact your county service officer. You will find a list of County Veterans Service Offices in the state of MN at the end of this guidebook. A list of service officers can also be accessed at <http://mdva.state.mn.us>

Minnesota Assistance Council for Veterans (MACV) Provides assistance throughout Minnesota to positively motivated veterans and their families who are homeless or experiencing other life crises. MACV accomplishes its mission by providing services directly or in collaboration with other service agencies. MACV provides comprehensive program and supportive services to homeless veterans in three primary focus areas: housing, employment and civil legal concerns. Through outreach offices in Minneapolis, Duluth, and Mankato, MACV provides and coordinates services for veterans in need throughout Minnesota.

Duluth Office

5209 Ramsey Street
Duluth, MN 55807
218.722.8763

Mankato Office

12 Civic Center Plaza, Suite
1615
Mankato, MN 56001
507.345.8258

Metro Office

AMC Building 47, One
Veterans Drive
Minneapolis, MN 55417
612.726.1327

The Amicus Veterans Justice Program is focused on providing one on one referral services and assistance for current and former service members who have become involved with the criminal justice system. We aim to provide specialized services to these populations regardless of their length of service, discharge status, or the nature of their crime. The following is a brief summary of the services we offer.

- Felony specific employment readiness and resume writing.
- Assistance in locating shelter or permanent housing.
- Discounted bus passes for ease of travel and job searching.
- Basic hygiene kits, free of cost.
- Referrals for clothing and apartment/home furnishings.

Amicus Veterans Justice Program

3041 4th Ave. S.

Minneapolis, MN 55404

Office: (612)877-4250

Direct: (612)877-4250

www.Amicususa.org

Minnesota Veterans Homes: The Minnesota Veterans Homes are available to Honorably Discharged Veterans who served 181 Consecutive Days on Active Duty, are MN residents (or had service credited to Minnesota), and spouses of eligible Veterans over 55 years of age and reside in the state. All Applicants must demonstrate medical need Information regarding eligibility and admission. Application procedures can be obtained at www.mvh.state.mn.us/admsntf.html or you may contact your veteran county service officer or the Minnesota Department of Veteran Affairs for information. Minnesota Veterans Homes are located in Minneapolis, Hastings, Fergus Falls, Luverne, Silver Bay.

Lutheran Social Services Veteran C.O.R.E. Program of Minnesota:

- Individual, Family & Couples Counseling
- Services for youth and families
- Deployment and Reintegration Support
- Budget and Debt Management Counseling
- Respite Care and Caregiver Support
- Anger and Stress Management
- Resources and Referrals

C.O.R.E. is a joint partnership with the Minnesota Department of Veteran Affairs and Lutheran Social Service of Minnesota (LSS). Office locations are available throughout Minnesota with LSS Masters degree or licensed mental health counselors offering flexible services when and where you need them most. Services are confidential and free. www.minnesotaveteran.org. Call 1-888-881-8261 anytime. 2400 Park Avenue S. Minneapolis, MN 55404.

Minnesota Work Force Centers provide the tools, resources and services for job search, career planning and training needs. There are **Veteran Employment Representatives** located at all workforce centers that provide assistance to veterans seeking employment. The **New Leaf Workshops** are offered to assist individuals with legal background address barriers to obtaining employment. For more information:
http://www.positivelyminnesota.com/JobSeekers/WorkForce_Centers/index.

Veterans Upward Bound (VUB) at Minneapolis Community and Technical College. VUB is a federally funded program designed to prepare veterans for college. VUB offers free college prep courses in writing, reading, math, science, computer literacy, Spanish and study skills. As a full-service education center, veterans can receive career, personal, and financial aid counseling, enrollment assistance, GED preparation, and one-on-one tutoring. In addition, a full-time VA benefits counselor is on staff to assist veterans in applying for educational benefits. Throughout the 34-year history of Veterans Upward Bound, hundreds of men and women have successfully completed college and built careers in their chosen fields. Veterans Upward Bound supplies all books and supplies to students without cost. As an added bonus, students can begin to draw on their VA education benefits while they are enrolled in the program. Veterans with a service-connected disability might be eligible for additional benefits.

Minneapolis Community and Technical College
1501 Hennepin Ave, Minneapolis, MN 55403
Main number: 612-659-6580

Community Housing Resources

There are many resources available to you through your county of residence. The following listing includes both local and national resources, although it is not an exhaustive list. The **Transition Program located in each Minnesota Correctional Facility** has a wide variety of information on local resources for you to review. Consider visiting those areas for further information. Access to stable housing contributes to a successful re-entry plan. Please consider all the options that may be available to you, including family, positive social supports, community re-entry programs, and transitional housing programs in your area.

Alliance of the Streets, a Program of St. Stephens Human Services, seeks to inform poor and homeless people about available resources. They publish Handbook of the Streets for St. Paul and Minneapolis. Local church agencies may be able to provide assistance. Check with the Transitions Area at any MN correctional facility, your County Social Service office, or the yellow pages under Social Service Organizations.

Address: 330 East 22nd Street, Minneapolis, MN 55404 Phone: (612)870-0529

Central MN Re-Entry Project: Creating safer communities by providing ex-offenders the opportunity to transform their lives through mentoring, resources and community partnerships

P.O. Box 6064

St. Cloud, MN 56302

www.cmnrp.org

National Coalition for the Homeless has a directory of shelters and homeless assistance programs online at <http://www.nationalhomeless.org/>. This does not include every program in the country, so be sure to check the phone book for local programs.

Homeless coalitions are organizations made up of agencies involved in housing issues, and may include shelters, food cupboards, housing authorities and other advocates. The Minnesota Coalition for the Homeless can provide a listing of providers across the state. The website is: www.mnhomelesscoalition.org. You can contact them by phone or mail.

Address: 2233 University Ave W. #434, St. Paul, MN 55114 Phone: 651-645-7332

Housing and Urban Development (HUD) has listings online that provide information about emergency shelters, foreclosure prevention program, and links to other resources. For information about Minnesota, go to:

www.hud.gov/local/index.cfm?state=mn

Metro Shelter Hotline, Open Access Connections provides a telephone hotline offering information about metro area emergency shelters and transitional housing programs. The Metro Shelter Hotline operates through a toll-free number to link callers to shelter information, 24 hours a day, seven days a week. Callers access specific information about shelter and transitional housing programs in the counties from which they are calling. The hotline helps ensure that up-to-date information is available to homeless persons quickly and easily.

Address: 1821 University Ave

Ste N184

St. Paul, MN, 55104

Phone: (888) 234 – 1329

For additional information about emergency shelter and homeless services in your area, you can utilize **United Way's First Call for Help** from a landline by dialing 2-1-1. You can also call the **VA's National Call Center for Homeless Veterans**- 1-877-424-3838

Long-Term and Permanent Housing waiting lists can be long, and the length of time varies from community to community. Even if you are not sure where you will be living, apply for housing to get your name on the waiting lists. This will give you as many housing options as possible. To learn how to apply, contact the local **housing authority** listed in your phone book's blue pages. Look for city and county listings under "housing authority," or "public housing." They will usually have various programs at each office.

Community Employment Resources

Finding a job can be difficult and may seem overwhelming, but it is possible and very important. When released, you may find that you are starting over. You should ask about job counseling and training while incarcerated so you are prepared to work when released. Don't wait to get started about thinking what you will do. Start planning now.

The EMPLOY Program is an employment service program available to MINNCOR Industries workers or DOC vocational students. To qualify for the program, an offender must have worked for MINNCOR Industry for at least 6 months or have completed a vocational certification during the last 5 years of their current sentence. The program is designed to help offenders capitalize on work and vocational experiences acquired during incarceration. Some of the services participants receive are: two days of job search training while incarcerated, individualized job leads based on the offender's employment interest and location of release, and after release, offenders are provided with a portfolio containing relevant job search information including resumes and local resources. Additionally, the EMPLOY program provides follow up services with each participant for up to one year after release. Interested offenders should contact their MINNCOR Industries shop supervisor or vocational instructor for an application to apply or write to the EMPLOY Program at:

EMPLOY Program
1450 Energy Park Drive, Suite 110
Saint Paul, Minnesota 55108

The State of Minnesota Vocational Rehabilitation program that helps people with disabilities find and keep jobs. Apply for these programs immediately after your release through your local MN Workforce Center.

http://www.positivelyminnesota.com/JobSeekers/People_with_Disabilities/index.aspx

Community Financial Help

There are public assistance programs you can access through the Department of Human Services, such as medical assistance, Supplemental Nutrition Assistance Program (SNAP) also known as food stamps, and cash assistance (also known as General Assistance). Some of these services can be applied for prior to your release from incarceration, such as medical assistance. Others are applied for by visiting your County Social Service office upon release.

Supplemental Security Income (SSI) benefits can be applied for upon your release. The Supplemental Security Income (SSI) program pays benefits to disabled adults and children who have limited income and resources. SSI benefits also are payable to people 65 and older without disabilities who meet the financial limits. People who have worked long enough may also be able to receive Social Security disability or retirement benefits as well as SSI. For detailed information or assistance, call 1-800-772-1213 (TTY 1-800-325-0778), or contact your local Social Security office. You can also look online at <http://www.ssa.gov/pgm/ssi.htm>.

Legal Help

Veterans' status issues:

Contact your **County Veteran Service Officer** for help with discharge upgrades, seeking VA benefits, and filing a VA claim. Contact phone numbers are listed in the blue pages in the county section. The regional benefits number is 1-800-827-1000, or a listing of the veteran services officers for each Minnesota County can be accessed at www.mdva.state.mn.us.

Other legal issues:

Most law is specific to the state you live in. Most common legal problems are governed by where you live or where the problem occurred. When seeking legal help, make sure you get information that applies to your state, or that the lawyer or other service provider is qualified to work in your state.

Minnesota Assistance Council for Veterans' Vetlaw Program provides legal information, referrals, brief advice and services to homeless veterans and veterans in crisis across the state of Minnesota. This is accomplished primarily through a series of legal clinics that offer brief services and advice to veterans in both civil and criminal matters. Representation services are available for a limited number of veterans who may be eligible based on housing status, income, and legal matter. To find out if you are eligible for the Vetlaw Program or other MACV services, please contact the appropriate regional office (Metro: 612-726-1627, Mankato: 507-345-8258, Duluth: 218-722-8763).

The American Bar Association has a web site with guidelines about free legal services and link to directories of legal aid offices and pro-bono programs. Go to www.abanet.org.

Legal Services or Legal Aid offices have staff lawyers and paralegals to provide free legal help to clients who have low or no incomes. The lawyers are usually experts in the types of problems poor clients often encounter. Go to your County Social Services office for information on local Legal Aid or Assistance.

SECTION III

SEEKING FEDERAL BENEFITS

The Department of Veterans Affairs publishes a booklet called "Federal Benefits for Veterans and Their Dependents" that describes the types of benefits available and lists the addresses and phone numbers for VA facilities nationwide. Write the VA Regional Office (VARO) to request a copy.

**U.S. Dept of Veterans Affairs – Whipple Federal Building
One Federal Drive
St. Paul, MN 55111**

Call 1-800-827-1000 or find information about benefits at www.vba.va.gov/.

Eligibility for VA Benefits During Incarceration

Veterans incarcerated and incarcerated dependents may apply for the same compensation, dependency and indemnity compensation (DIC) – service connected death benefits – and pension benefits as veterans who are not incarcerated. However, Congress restricts the amount of benefits that may be paid to a veteran or dependent while he or she is incarcerated. These benefits are institutionalized as part of law: 38U.S.C. Sec 5313 (a), 38 C.F.R., Sec. 3.665 (a), (d), which reads as follows:

If a veteran is incarcerated as the result of a “felony” conviction as defined by law: “Any offense punishable by death or imprisonment for a term exceeding one year, unless specifically categorized as a misdemeanor under the law of the prosecuting jurisdiction.”

Then, the amount paid to a veteran incarcerated for a service-connected disability is generally limited by law to the 10 percent disability rate, or half the amount of the ten percent rate if the veteran’s disability rating is 10 percent. (If the veteran is rated before incarceration as 20 percent disabled or higher, he will receive only the amount payable to a 10 percent disabled veteran.) Incarcerated DIC recipients will receive one-half the amount paid to a veteran receiving compensation payments for a 10 percent-rated disability.

A veteran may not receive non-service connected VA pension benefits, or any portion of these benefits, while incarcerated for a felony or misdemeanor. However, his family may receive an apportionment of such benefits under the procedure described above. (See 38 C.F.R. Sec.3.666)

One important requirement for eligibility for VA benefits is that the veteran has to have been issued either an honorable or general discharge, or would have received one if not for re-enlisting. If a veteran had two periods of service, one honorable and the other less than honorable, he may still be eligible for VA benefits based on the honorable period of service.

Benefits Payments While Incarcerated

There is a 60-day "grace period" following a conviction when you may still receive full benefits. To avoid an overpayment, it is important that you notify the VARO immediately when you go to prison if you are receiving payments. If you do not notify the VA and receive overpayment, you and your family will lose all financial payments until the debt is paid.

For example, Joe is a veteran who receives a VA pension. He commits a crime, is convicted, and is incarcerated, but doesn't tell the VA right away and keeps getting paid for 6 months. After serving his sentence of 18 months, he is released and applies to the VA to have his pension restarted. He will have an overpayment which must be recovered from the restarted benefits. Until the overpayment is recovered, Joe will have to go without that income.

Your award for compensation or pension benefits should resume from the date you are released, as long as the VA receives notice of release within one year. Form 21-4193, Notice to Department of Veterans Affairs of Veteran or Beneficiary Incarcerated in Penal Institution, available through your counselors should be completed before release, signed by a prison official and submitted to VA Benefits Administration.

Apportionment

Although legally, the veteran can only receive a portion of the full amount payable for his or her disability rating, the remaining balance may be "apportioned to the individual's dependent family". To apply for apportionment, the veteran's dependent family member must send a letter that identifies the veteran and makes it clear they are requesting an apportionment of his VA benefits to the VA Regional Office (VARO) that has jurisdiction over the veteran's case. VA regulations clearly specify this apportionment amount will only go to family members if they can show financial need for such amount. This applies to the spouse, children, or dependent parents who are involved in the application.

In deciding whether any apportionment is appropriate, the amount of the apportionment, and to whom it will go, the following factors are considered:

- The family member's income and living expenses;
- The amount of compensation available to be apportioned;
- The needs and living expenses of other family members; and
- Special needs of any of the family members.

For example: a veteran incarcerated rated as 80 percent disability can only receive the amount he or she would get if he or she were 10 percent disabled. However, his or her family may be apportioned up to 70 percent, the difference of the 80 percent rating. (DIC may also be apportioned with similar restrictions.)

There is a 60-day "grace period" following conviction where the veteran, or Dependency or Indemnity Compensation (DIC) recipient, may still receive full benefits. If the veteran continues to receive benefits after the 60-day period, it will result in an "overpayment". The VA considers it to be the recipient's responsibility and fault if this occurs because the recipient failed to notify the VA of his or her incarceration. Attempts to obtain a waiver in these situations of overpayment are often

unsuccessful. As a rule, the veteran loses most, if not all, financial benefits until the VA recovers the entire overpayment. It has also been a standard procedure that the family will not be entitled to receive an apportionment until the debt is completely recovered. For more information concerning VA debt collection rules that may affect the veteran incarcerated, telephone: 1-800-827-1000 and request a Veterans Service Organization representative or, write to a Veterans Service Organization. One other relevant restriction on veteran's incarcerated eligibility for service connected disability compensation is that: "No total disability rating based on un-employability, may be assigned to an incarcerated veteran." It is important to remember that most VA decisions, including those on apportionment, can be appealed to the Board of Veterans Appeals and, if need be, to the Court of Appeal for Veterans Affairs.

Overpayment

If you have incurred an overpayment, repayment plans are set by the VA Debt Management Center (DMC). The business hours for Debt Management Center are 7:30 am to 12:15 pm and 12:45 pm to 6:00 pm, Central Time. Mondays and the first business day of the month are always the busiest. The best times to call on those days are 10:30 am to 12:15 pm and 1:15 pm to 3:00 pm, Central Time. You can contact the DMC in the following ways:

- The VA Debt Management Center (DMC) Internet homepage is found at <http://www.va.gov/debtman/>
- Call the Debt Management Center toll free on 1-800-827-0648, or
- Contact the Debt Management Center by electronic mail at: dmc.ops@va.gov
- Write the Debt Management Center at:

U.S. Department of Veterans Affairs
Debt Management Center
P.O. Box 11930
St. Paul, MN 55111

Re-starting Benefits at Release

It is important that each disabled veteran receiving compensation or DIC payments promptly notify the VARO. Regular full benefit payments should begin upon release, providing the VA is notified of the veteran's release, including placement within a community treatment center or halfway house in the community, within one year of release. VARO needs formal notification from the prison of your release in order to re-start benefits: The sooner that document is provided to VARO, the sooner VARO can begin to process your request.

Seeking Help After Release

If you would like to get benefits or think you have a pending claim before the VA, it is best to get professional help to assist you.

Many Veterans Service Organizations (VSOs) have trained staff who can help you with your VA claim, and can legally represent your claim before the VA. Some also help homeless and at-risk veterans find the support services they need. You can contact any VSO listed in the Guidebook to learn an office near you.

Seeking Benefits On Your Own

Although we encourage you to seek the aid of a service representative, you may choose to apply for VA benefits on your own. Write your local VA Regional Office or find the forms online at: www.vba.va.gov/pubs/forms1.htm. You can also apply for certain benefits online at: <http://vabenefits.vba.va.gov/vonapp/main.asp>.

HELP SEEKING BENEFITS

If you would like to get benefits or think you have a pending claim before the VA, it is best to get professional help to assist you. Many Veterans Service Organizations (VSO) have trained staff who can help you with your VA claim, and can legally represent your claim before the VA. Some also help homeless and at risk veterans find the support services they need. You can contact any VSO listed below to see if there is a service representative near you.

| Veterans Service Organizations | | |
|---------------------------------------|-------------------|---------------------------|
| American Legion | 4H104 Mpls VAMC | 612-970-3849 |
| Disabled American Veteran | | 612-970-5665 |
| Veterans of Foreign Wars | | 612-726-1777 |
| Paralyzed Veterans | SCI-238 Mpls VAMC | 612-467-2263 |
| MN Department of Veterans Affairs | | 612-970-5662 |
| Vietnam Veteran of America | | 612- 970-5670 |
| MN Order of Purple Heart | 2G-116 Mpls VAMC | 612-467-3247 |
| US Department of Veterans Affairs | | 612-725-2000/800-827-1000 |

Below are brief descriptions of forms needed to file for certain VA benefits. Be sure you use a return address where mail will get to you as quickly as possible. Make photocopies of all forms for your records before sending your packet to the VARO nearest you.

- VA Form 21-526 - Application for Compensation or Pension- must be filed to apply for compensation or pension. Mail your DD-214 and the following forms to the VARO nearest your release destination 30 to 45 days before your release.
- VA Form 21-4138 - Statement in Support of Claim - lets you explain why you deserve the benefits you are asking for because of your disability or disorder. It is best to have an experienced service representative help you complete the form.
- VA Form 21-4142 - Authorization for Release of Information - If you have received medical or mental health care, that may be relevant to your claim, from anyone other than a VA Medical Facility, you need to fill out a VAF 21-4142 giving permission for release of medical records to the VA.
- VA Form 10-10EZ - Enrollment for Medical Benefits - is used by the VA to determine if you can receive medical benefits. Complete the form and bring it with you to the VA medical facility where you will seek evaluation for treatment.
- VA Form 28-1900 - Vocational Rehabilitation for Disabled Veterans - is needed to apply for the vocational rehabilitation program to help veterans who were disabled during their service reach maximum independence in daily living, to learn the skills needed to get a job, and to find and keep a job. Send Form 28-1900 to the VARO in your area 10 to 15 days before your release.
- VA Form 70-3288 - Request for and Consent to Release of Information from Claimant's Records – is used to get records relevant to your claim from VA facilities (regional offices, medical centers, outpatient clinics, and vet centers). Request a fee waiver under section 38 C.F.R. Sec.1.526 (h), which requires the VARO to provide a veteran with one set of his or her records free of charge.

CHECKLIST

Using This Guide

- Ask about classes or resources at your facility to help you plan for your release.
- Make a list of your needs.
- Make a list of who may be able to help you.
- Write letters and/or contact organizations by phone or e-mail.
- Write down the steps you take so that you do not repeat them.

Just for Veterans

- Know where to call toll-free for help.
- Contact organizations about what services they have to offer.
- Think about your housing needs and gather information about what is available locally.
- Learn about job resources and create a plan to find a job.
- Learn about health issues, and what services are available.
- Learn about the resources available for substance abuse and mental health treatment in your area.
- Learn about your options to get financial help.
- Begin to take care of other legal issues.
- Learn about homeless veterans services.
- Learn about resources for women veterans.
- If you are not currently receiving benefits, find out if you can or should be.
- If you are receiving benefits, notify the VA when you go to prison to avoid an overpayment.
- Contact a veteran service representative to represent you and help you file a claim.
- Apply for apportionment so that some of the money withheld may be given to eligible family members.

Toll-Free Numbers

US Department of Veterans Affairs – www.va.gov

Benefits: 1-800-827-1000

Medical Centers –

Minneapolis 1-866-414-5058

St. Cloud 1-800-247-1739

Fargo 1-800- 410-9723

Sioux Falls 1-800-316-8387

Veteran Special Issues Help Line 1-800-749-8387

Information regarding: Persian Gulf War issues

Agent Orange issues

Shipboard Hazard and Defense (SHAD)

Focus on Recovery Helpline – a 24-hour national alcohol and drug abuse addiction and treatment hotline which hooks people up with treatment: 1-800-374-2800 or 1-800-234-1253

National AIDS Hotline – talk to someone who knows about HIV/AIDS and can tell you about AIDS services in your city or state: 1-800-342-2437. Also general health information available.

National Coalition for Homeless Veterans – www.nchv.org 1-800-838-4357

VA's National Call Center for Homeless Veterans- 1-877-424-3838

National Veterans Crisis Hotline – 1-800-273-TALK (8255) The Veterans Crisis Line connects Veterans in crisis and their families and friends with qualified, caring Department of Veterans Affairs responders through a confidential toll-free hotline, online chat, or text. Veterans and their loved ones can call 1-800-273-8255 and Press 1, chat online, or send a text message to 838255 to receive confidential support 24 hours a day, 7 days a week, 365 days a year. Support for deaf and hard of hearing individuals is available.

The Veterans Linkage Line (LinkVet) is a toll free, one stop customer service line and website for all Minnesota veterans and their families. The service connects Veterans and their families to important services and resources. Calls are answered Monday through Friday from 7:00 am to 9:00 pm, Saturday from 10:00 am to 4:00 pm and Sunday from 9:30 am to 3:30 pm. Veterans can call LinkVet at 1-888-LinkVet (546-5838) and TTY at (800) 627-3529.

United Way 211 -- Call 2-1-1 for help identifying local resources for food, housing, employment, health care, counseling and more.

RESOURCE ADDRESSES/SITES

U.S. Dept of Veterans Affairs (USDVA) – www.va.gov

Veterans Health Administration-VISN 23- <http://www.visn23.va.gov/>

VA Homeless Programs- <http://www.va.gov/HOMELESS/>

Veterans Benefits Administration- <http://benefits.va.gov/benefits/>

Minnesota Dept of Veterans Affairs- <http://www.mdva.state.mn.us/>

The American Legion- Dept. of MN- www.mnlegion.org

Disabled American Veterans- www.dav.org

Veterans of Foreign Wars- www.vfw.org

Vietnam Veterans of America- www.vva.org

Reference Service for Minnesota – www.mn.gov

---Education

---Government

---Employment

National Coalition for Homeless Veterans- www.nchv.org

Minnesota State Homeless Coalition- www.mnhomelesscoalition.org

MN Department of Employment and Economic Development-

<http://www.positivelyminnesota.com/>

MN Department of Human Services- <http://mn.gov/dhs/>

County Veterans Service Offices

Aitkin County
217 2nd St. NW, Room 130
Courthouse
Aitkin, MN 56431
Phone: (218) 927-7320/7276
Toll Free: (888) 404-7320

Anoka County
Government Center, Room 216
2100 3rd Ave
Anoka, MN 55303-5034
Phone: (763) 323-5290

Becker County
915 Lake Ave
Detroit Lakes, MN 56501-3403
Phone: (218) 846-7312
Toll Free: (888) 260-0580

Beltrami County Veterans Service Office
616 America Ave NW, Suite 140
Bemidji, MN 56601
Phone: (218) 333-4177

Benton County Courthouse
P.O. Box 129
Foley, MN 56329
Phone: (320) 968-5044

Big Stone County Courthouse
11 2nd Street SE
Ortonville, MN 56278
Phone: (320) 839-6398
Fax: (320) 839-6399

Blue Earth County
County Govt Center
410 South 5th. St.
P.O. Box 8608
Mankato, MN 56002-8608
Phone: (507) 304-4246

Brown County Courthouse
14 S. State Street
P.O. Box 248
New Ulm, MN 56073-0248
Phone: (507) 233-6636

Carlton County Veterans Services
14 N. 11th Street
Suite 120
Cloquet, MN 55720
Phone: (218) 878-3296
(218) 878-3295
(218) 878-3297

Carver County Veterans Service Office
555 West 1st Street
Waconia, MN 55387
Phone: (952) 442-2323

Cass County
400 Michigan Ave.
P.O. Box 1265
Walker, MN 56484
Phone: (218) 547-1340 ext. 314/308

Chippewa County
Court House
629 North 11th St. Suite 1
Montevideo, MN 56265
Phone: (320) 269-6419

Chisago County Veterans Services
313 North Main, Room 239
Center City, MN 55012
Phone: (651) 213-5680

Clay County Courthouse
715 11 St. North, Suite 103
Moorhead, MN 56560-2071
Phone: (218) 299-5041

Clearwater County Courthouse
213 Main Ave. North Dept. 105
Bagley, MN 56621
Phone: (218) 694-6618

Cook County
P.O. Box 117
Grand Portage, MN 55605
Phone: (218) 245-2780

Cottonwood County
P.O. Box 201
Windom, MN 56101
Phone: (507) 831-5522

Crow Wing
Community Service Building
204 Laurel Street, Suite 14
Brainerd, MN 56401-3572
Phone: (218) 824-1058

Dakota County
One Mendota Rd. West, Suite 420
West St. Paul, MN 55118-4772
Phone: (651) 554-5601

Dodge County
22 6th Street East, Dept. 121
Mantorville, MN 55955
Phone: (507) 635-6140

Douglas County
809 Elm Street Suite 1190
Alexandria, MN 56308
Physical Address:
1500 Irving St
Alexandria, MN 56308
Phone: (320) 762-3883

Faribault County
P.O. Box 130
County Office Building
412 N. Nicollet
Blue Earth, MN 56013
Phone: (507) 526-6268

Fillmore County
902 Houston Street NW
Suite 4
Preston, MN 55965
Phone: (507) 765-4937

Freeborn County
P.O. Box 1147, Courthouse
411 S. Broadway
Albert Lea, MN 56007-1147
Phone: (507) 377-5184

Goodhue County
Government Center, Room 101
509 West 5th Street
Red Wing, MN 55066-2540
Phone: (651) 385-3256

Grant County
P.O. Box 29
Elbow Lake, MN 56531
Phone: (218) 685-4801

Hennepin County
Government Center
300 South 6th Street SW, First Level
Minneapolis, MN 55487-0013
Phone: (612) 348-3300/3499

Houston County
611 Vista Drive
Caledonia, MN 55921
Phone: (507) 725-5805 ext. 2205/2332

Hubbard County
Veterans Service Office
201 Fair Ave
Park Rapids, MN 56470
Phone: (218) 732-3561

Isanti County
Government Center
555 18th Avenue SW
Cambridge, MN 55008
Phone: (763) 689-3591

Itasca County Courthouse
123 NE 4th Street
Grand Rapids, MN 55744-2600
Phone: (218) 327-2858

Jackson County
County Resource Center
405 4th Street
Jackson, MN 56143
Phone: (507) 847-4774

Kanabec County
Public Service Building
905 Forest Avenue E., Suite 127
Mora, MN 55051
Phone: (320) 679-6380

Kandiyohi County
2200 23rd Street NE
Suite 2080
Willmar, MN 56201
Phone: (320) 231-6226

Kittson County
410 5th Street South, Suite 210
Hallock, MN 56728
Phone: (218) 843-2198

Koochiching County
Courthouse
715 4th Street
International Falls, MN 56649
Phone: (218) 283-1179

La Qui Parle
600 6th Street, Suite 3
Courthouse
Madison, MN 56256
Phone: (320) 598-3445

Lake County
Courthouse
616 3rd Avenue
Two Harbors, MN 55616
Phone: (218) 834-8326

Lake of the Woods County
P.O. Box 1255
Baudette, MN 56623
Phone: (218) 634-2219

Le Seuer County
Veterans Service
88 South Park Avenue
Le Center, MN 56057
Phone: (507) 357-8279

Lincoln County
Lake Benton (Napa Auto Parts)
101 N. Center Street
Lake Benton, MN 56149
Phone: (507) 368-4256

Lyon County
Veteran Service
607 W. Main Street
Marshall, MN 56258
Phone: (507) 537-6729
Fax: (507) 537-7371

Mahnomen County
P.O. Box 305
County Highway Building
Mahnomen, MN 56557
Phone: (218) 935-5062

Marshall-East
12347 300th St. NE
Newfolden, MN 56738
Phone: (218) 745-6007

Marshall-West
208 East Colvin Ave., Suite 4
Warren, MN 56762
Phone: (218) 749-6007

Martin County
115 W. First Street, Suite 306
Fairmont, MN 56031-1717
Phone: (507) 238-3220

McLeod County
McLeod County Veteran Services
2381 Hennepin Avenue North
Glencoe, MN 55336
Phone: (320) 864-1268

Meeker County
Veterans Services Office
Family Svs Center, Suite 120
114 North Holcombe Avenue
Litchfield, MN 55355-2273
Phone: (320) 693-5445

Mille Lacs County
Veterans Service Office
525 2nd Street SE
Milaca, MN 56353
Phone: (320) 983-8208
Toll Free: (888) 270-8208

Morrison County
213 SE 1st Avenue
Courthouse
Little Falls, MN 56345
Phone: (320) 632-0290
Toll Free: (866) 401-1111

Mower County
Veterans Service Office
201 First Street NE
Austin, MN 55912
Phone: (507) 434-2712

Murray County
Government Center
P.O. Box 57
Slayton, MN 56172
Phone: (507) 836-6148 ext. 154

Nicollet County Government Center
501 South Minnesota Avenue
St. Peter, MN 56082-2533
Phone: (507) 934-0409
(507) 934-0408

Nobles County
County Government Center
P.O. Box 757
Worthington, MN 56187
Phone: (507) 295-5292

Norman County
Courthouse
16 E. 3rd Avenue, Room 107
Ada, MN 56510
Phone: (218) 784-5494

Olmsted County
2100 Campus Drive SE, Suite 200
Rochester, MN 55904-3711
Phone: (507) 328-6355

Otter Tail County
Veterans Service Office
505 S. Court Street, Suite 2
Fergus Falls, MN 56537
Phone: (218) 998-8605
(218) 385-5540

Pennington County
County Courthouse, 1st Floor
P.O. Box 616
Thief River Falls, MN 56701
Phone: (218) 683-7034

Pine County
Pine County Veterans Services
1602 Hwy 23 North
Sandstone, MN 55072
Phone: (320) 216-4250
(320) 216-4253

Pipestone County
811 5th Street SE
Pipestone, MN 56164
Phone: (507) 825-6771

Polk County
612 North Broadway, Suite 219
Crookston, MN 56716-1452
Phone: (218) 281-3066

Pope County
Courthouse
130 East Minnesota Avenue, Suite 125
Glenwood, MN 56334-1628
Phone: (320) 634-5734

Ramsey County
Ramsey County Veterans Services
90 West Plato Blvd., Suite 210
St. Paul, MN 55107
Phone: (651) 266-2545

Red Lake County
25855 St Hwy 32 South
Red Lake Falls, MN 56750
Phone: (218) 253-4249

Redwood Falls County
Redwood County Government Center
403 S. Mill
P.O. Box 130
Redwood Falls, MN 56283
Phone: (507) 637-4034

Renville County
Renville County Veterans Services
105 South 5th Street, Suite 247
Olivia, MN 56277
Phone: (320) 523-3763

Rice County
Government Center
320 3rd Street NW, Suite 7
Faribault, MN 55021
Phone: (507) 332-6117

Rock County
Courthouse
204 East Brown
P.O. Box 509
Luverne, MN 56156
Phone: (507) 283-5061

Roseau County
Courthouse
606 5th Avenue SW, Room 120
Roseau, MN 56751
Phone: (218) 463-3308

Scott County
Government Center, Room 212
200 Fourth Avenue West
Shakopee, MN 55379-1220
Phone: (952) 496-8176

Sherburne County
County Government Center
13880 Business Center Dr.
Elk River, MN 55330
Phone: (763) 765-3100
Toll Free: (800) 433-5243

Sibley County
Veteran Service Office
111 8th Street
P.O. Box 1061
Gaylord, MN 55334
Phone: (507) 237-4090

St. Louis- Duluth
405 E. Superior Street, Suite 130
Duluth, MN 55802
Phone: (218) 725-5285
Toll Free: (800) 450-9777

St. Louis-Ely
320 Miners Drive East, Room 103
Ely, MN 55731-1402
Phone: (218) 365-8203

St. Louis-Hibbing
Courthouse Annex
1814 East 14th Avenue
Hibbing, MN 55746
Phone: (218) 262-6090

St. Louis-Virginia
Veterans Service Office
307 S. 1st Street, Suite 100
Virginia, MN 55792
Phone: (218) 749-7110

Stearns-Melrose
Veterans Service Office
114 So. 1st Ave. W.
P.O. Box 128
Melrose, MN 56352
Phone: (320) 256-1435

Stearns-St. Cloud
Veterans Service Office
3301 County Road 138
Waite Park, MN 56387
Phone: (320) 656-6176
Fax: (320) 656-6257

Steele County
County Admin. Center
630 Florence Avenue
Box 890
Owatonna, MN 55060
Phone: (507) 444-7461
(507) 444-7460

Swift County

Stevens County Veterans Service Office
400 Colorado Avenue, Suite 101
Morris, MN 56267
Phone: (320) 208-6555

Todd County

347 Central Avenue, Suite 3
Long Prairie, MN 56347
Phone: (320) 732-4419
(320) 732-4418

Wadena County

Room 139, Courthouse
Wadena, MN 56482
Phone: (218) 631-7617

Waseca County

Veterans Service Office
307 North State Street
Waseca, MN 56093
Phone: (507) 835-0680

Washington County

P.O. Box 6
14949 62nd Street
Stillwater, MN 55082
Phone: (651) 430-6895
(651) 430-6578

Watonwan County

108 8th Street South, Suite 3
St. James, MN 56081
Phone: (507) 375-1254

Traverse County

P.O. Box 802
Wheaton, MN 56296
Phone: (320) 563-4411

Wabasha County Criminal Justice Center

848 17th St. E, Suite 7
Wabasha, MN 55981
Phone: (651) 565-3864

Wilkin County

Courthouse, Room 103
P.O. Box 177
Breckenridge, MN 56520
Phone: (218) 643-7134

Winona County

202 West Third Street
Winona, MN 55987
Phone: (507) 457-6455

Wright County

10 2nd St. NW, Room C-114
Buffalo, MN 55313-1184
Phone: (763) 682-7326
(763) 682-7325
(763) 682-7327
Toll Free: (800) 362-3667

Yellow Medicine County

Courthouse
415 9th Avenue, Suite 104
Granite Falls, MN 56241
Phone: (320) 313-3037